



Presents:  
First Responder Mental Health Education



When: Monday July 7<sup>th</sup>, 2025

Where: Salina Regional Training Center, 3770 Yost Dr, Salina, KS 67401.

Cost: Just your time. Its free!

Topics:

0900 – What is Peer Support – Roger Lippert (Retired Johnson Co EMS OPS Chief)

1000 – Moral Injury – Richard Bull (Retired Lawrence Fire Engineer)

1100 – Self-Care – Roger Lippert

1200 – Lunch (on own)

1300 – Running Critical Incidents with Mental Health in Mind – Richard Bull

1400 – Substance Abuse for First Responders – Pat Hinkle (Retired Lenexa Police Captain, Therapist)

1530 – Sleep Hygiene – Pat Hinkle

LEO – KS-CPost Hours Available, Fire/ EMS CEs available

Sign up: [www.frstmidwest.org](http://www.frstmidwest.org)