FIRST RESPONDERS FRST SUPPORT TEAM Midwest

PEER SUPPORT & CRITICAL INCIDENT DEBRIEF TRAINING

40 HOUR BASIC TRAINING

Peer Support is a means for a department to show support to their employees, offering them opportunities to care for themselves and their families. Peer Support helps those, who without it, might turn to substances, illegal activity, poor performance, seeking a different career, mental health issues and even suicide.

Peer Support is an informal, private opportunity, for someone to speak to a peer, to assist with any issues the First Responder may be having difficulty. It helps clarify concerns and explore available resources. Peer Support is preventative maintenance.

This training will equip First Responders, Chaplains and Mental Health Professionals with listening skills to recognize, help to prevent and understand the effects of stress and refer to outside resources, if needed. Throughout the training, participants will be expected to participate in peer support exercises which elicit personal information and feelings. Following this training, the Peer will be able to provide services at their agency as well as assist and lead groups following critical incidents.

Who should attend?

- Police, Fire, Dispatchers, Paramedics, Chaplains, Mental Health Professionals that work with First Responders

REGISTRATION IS FIRST COME, FIRST SERVED

TRAINING OPPORTUNITY

Columbus, Ks

April 19-23, 2027

8a – 5p

LOCATION:

Cherokee Co Ambulance
Columbus Station
520 S. East Ave
Columbus, Ks 66725

CONTACT:

Jeff Bragg
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785-262-9687

Registration:

$475

For registration, information, details and cancellation policy see:

www.frstmidwest.org



Eric Hansen- Eric is a Licensed Master Social Worker (LMSW) and Licensed Master Addiction Counselor (LMAC) in Kansas and a Certified Alcohol and Drug Counselor (CADC) in Missouri. I have a Master of Divinity with an emphasis in counseling and a second Masters Degree in Social Work from Park University. I have cultural competence from living in culturally diverse settings, providing treatment in culturally diverse settings, experience working in a detox unit, providing individual and group therapy with an inpatient psychiatric unit, adolescents, and military/first responders.
Eric is experienced working with high intensity trauma, addiction, and relationship devastation. Eric works with many first responders and has worked with FRST Midwest the last several years in many initiatives including the West Coast Post trauma Retreat.

Jeff Bragg – Retired Olathe Police Department, former OPD Peer Support Coordinator, FRST Midwest Ed Chair

Jeff served the Police Department for 30 years. He retired as a Major at OPD as the division commander of the personnel and training units. He was an original member of the Peer Support Program at OPD in 2007 and rose to be the coordinator until his retirement. Jeff was instrumental in creating the FRST Midwest organization and continues to serve as the educational chair of the organization.