



Mission Statement:

Providing Social, Recreational, Educational, and Mentoring Programs for Families and Individuals with Special Needs.

Who We Serve:

The Rock'n Our Disabilities Foundation is an inclusive community for individuals with a wide variety of physical and mental disabilities such as Down Syndrome, Autism Spectrum Disorder, Developmental Disorder, Cerebral Palsy, Williams Syndrome, Intellectual Disabilities, ADHD, Brain Injuries, and many more.

What is Rock'n Our Disabilities Foundation?

Rock'n Our Disabilities (RODF) is a non-profit charitable organization with a mission to serve those with special needs and disabilities in our local community. With that in mind, we provide an accurate source of information and networking to anyone and everyone who comes to us for help. The core of our services is to provide free-of-charge food boxes, recreational activities, educational/learning opportunities, and social activities for individuals with special needs and their families. Our goal is to help build relationships, quality of life, and share community. We also provide clothing, food, material supplies, and funds to families where a family member with special needs is in crisis and conventional resources are unavailable.

Are you an IRC client?

If so, you can get reimbursed monthly payments for Social and Recreational activities.



**For more information on our programs, events sign-ups,
get vendor info, and Sponsorship Opportunities:**

Call (760) 998-2241 or visit www.rocknourdisabilitiesfoundation.org

Special Needs Classes Offered

- Karate - Ongoing
- Dance Class - ongoing
- Motion & Fitness Class - ongoing
- Energy & Motion - ongoing
- Basketball - 2x a year
- Pickleball
- Skating
- Swimming (Seasonal)
- Paint & Craft Classes
- Soccer
- Parent Support Group - weekly
- Education for Employment
- Prepping for College
- Learning Center Workshops - ongoing

Soaring Eagles Club

We are building skills for better life experiences for kids and adults with disabilities while allowing them to continue learning, growing, and socializing with others.

Food Distribution (Off-campus)

Fridays from 10 to 12 (or until food runs out.)

Special Events

- Eggxtra Special Egg-Hunt Trunk
- Special Needs Prom
- Spooky Spooktacular Halloween
- Hesperia Days Parade

Fundraisers:

- Dash for disABILITIES Superhero 5K Walk & Roll - Last Saturday in April
- Mystery Dinner - First Friday in August
- Softball Tournament



Eggxtra
Special
Egg Event



Dash for
DisABILITIES
Superhero
5k Run, Walk
& Roll



A Very
Merry
Christmas
Event



Check the website for the full scope of classes and to sign up
rocknourdisabilitiesfoundation.org



@rocknourdisabilitiesfoundation



@rocknourdisabilitiesfoundation



@rocknourdisabil



rocknourdisabilities@gmail.com