



How Our Program Works

A simple guide to donations, classes, and program fees

At Rock'n Our Disabilities, we do our best to keep things affordable while offering a full schedule of year-round activities for our members. Because we run **two different program structures**, here is an easy breakdown that explains what each option covers and the additional fees for certain classes or field trips.

Program One

\$100 Monthly Donation

This program helps us keep our mission strong while allowing families to enjoy a wide variety of activities at no additional cost.

What Program One Covers:

Seasonal Programs

- **Basketball**
- **Rock'n Rhythms Choir**

Annual Programs

- **Karate**

Rock'n Tots (In-House)

- Included with Program One

Rock'n Tots (Penny's Place – Apple Valley)

- *Not included — small fee required*

Arts & Recreation

- **Dance class**
- **Saturday Camps**
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- **Big holiday events**

Such as Trunk or Treat, Pancakes with Santa, Easter events, and more

Food Security

- **Food Bank access**

(Weekly pickups, pantry distributions, and emergency food resources)

Therapy Classes (Blue on the Calendar)

These are specialized 3-hour therapeutic sessions offered Monday through Friday.

Rates

- **Private Pay:** \$25.00 per day
- **Self-Determination Funding:** \$75.00 per day

These classes are not included with Program One donation.

Self-Determination Recreation Program

Families using Self-Determination funding for recreation may choose this option.

Cost:

- **\$100 per week**

This covers all recreational classes that are normally part of Program One.

Field Trips & Special Outings

These activities vary throughout the year and include things like:

- Cruises
- Movie outings
- Water parks



- Whale watching
- Bowling
- Get Air trampoline park outings
- And other special excursions

Cost:

Field trips have their **own separate price**, depending on the event.

At a Glance

Program / Activity	Cost	Notes
Program One Donation	\$100/month	Covers most recreation activities
Therapy Classes	\$25/day (private), \$75/day (SD)	Not included in Program One
Self-Determination Recreation Program	\$100/week	Alternative to donation model
Rock'n Tots – In House	Included	
Rock'n Tots – Penny's Place	Small fee	Separate location
Field Trips	Varies	Special pricing per event