

# Team Calendar - 2025 Season

Away Meet

Home Meet

Non-Pool Events

| April        |                                      |                       |                                |                                |        |          |
|--------------|--------------------------------------|-----------------------|--------------------------------|--------------------------------|--------|----------|
| Sunday       | Monday                               | Tuesday               | Wednesday                      | Thursday                       | Friday | Saturday |
|              |                                      | 1                     | 2                              | 3                              | 4      | 5        |
| 6            | 7<br>Spring Clinic<br>6-730pm        | 8                     | 9<br>Spring Clinic<br>6-730pm  | 10<br>Spring Clinic<br>6-730pm | 11     | 12       |
| 13           | 14                                   | 15                    | 16                             | 17                             | 18     | 19       |
| 20<br>Easter | 21<br>Spring Clinic<br>6-730pm       | 22<br>Back to Synchro | 23<br>Spring Clinic<br>6-730pm | 24<br>Spring Clinic<br>6-730pm | 25     | 26       |
| 27           | 28<br>SEASON STARTS<br>Practice 6-8p | 29                    | 30<br>Practice 6-8p            | Practice 6-8p                  |        |          |

| May                                     |   |                       |   |  |        |   |
|---|---|-----------------------|---|--|--------|---|
| Sunday                                  | Monday  | Tuesday               | Wednesday   | Thursday   | Friday | Saturday                                  |
|   |   |                       |   | 1<br>Practice 6-8p                                 | 2      | 3   |
| 4                                       | 5<br>Practice 6-8p                                | 6                     | 7<br>Mandatory<br>Parent Mtg 7pm<br>Practice 6-8p | 8<br>No Practice<br>Park Potluck<br>(Buddy Reveal) | 9      | 10<br>Picture Day<br>8-10 AM<br>@Rusch    |
| 11<br>(Mother's Day)                    | 12<br>Practice 6-8p                               | 13                    | 14<br>Practice 6-8p                               | 15<br>Practice 6-8p                                | 16     | 17  |
| 18<br>Judges Clinic<br>@ Auburn 9am-3pm | 19<br>Practice 6-8p                               | 20                    | 21<br>Mock Meet<br>@ Antelope 6-830pm             | 22<br>Practice 6-8p                                | 23     | 24  |
| 25                                      | 26<br>ALL TEAM PRACTICE<br>HOLIDAY<br>No Practice | 27<br>Practice 6-830p | 28<br>Practice 6-830p                             | 29<br>Practice 6-830p                              | 30     | 31<br>Meet vs. Cordova<br>@ Cordova 7:00A |

| June   |                       |         |                       |  |  |                           |
|--------|-----------------------|---------|-----------------------|--|--|---------------------------|
| Sunday | Monday                | Tuesday | Wednesday             | Thursday                                   | Friday   | Saturday                  |
| 1      | 2<br>Practice 6-830p  | 3       | 4<br>Practice 6-830p  | 5<br><b>SWIM-A-THON</b><br>Practice 6-830p | 6<br><b>Bye Week</b>                           | 7                         |
| 8      | 9<br>Practice 6-830p  | 10      | 11<br>Practice 6-830p | 12<br>Practice 6-830p                      | 13<br><b>Meet vs. FEC</b><br>@ Rusch 4:30P     | 14                        |
| 15     | 16<br>Practice 6-830p | 17      | 18<br>Practice 6-830p | 19<br>Practice 6-830p                      | 20<br><b>Meet vs. Davis</b><br>@ Rusch 4:30P   | 21                        |
| 22     | 23<br>Practice 6-830p | 24      | 25<br>Practice 6-830p | 26<br>Practice 6-830p                      | 27<br><b>Meet vs. Auburn</b><br>@ Auburn 5:30P | 28<br><b>Poster Party</b> |
| 29     | 30<br>Practice 6-830p |         |                       |  |  |                           |

| July   |   |                           |                       |                       |   |  |
|--|---|---------------------------|-----------------------|-----------------------|---|--|
| Sunday   | Monday  | Tuesday                   | Wednesday             | Thursday              | Friday  | Saturday   |
|  |   | 1                         | 2<br>Practice 6-830p  | 3<br>Practice 6-830p  | 4<br><b>HOLIDAY</b><br><b>No Practice</b>   | 5  |
| 6  | 7<br>Practice 6-830p                              | 8                         | 9<br>Practice 6-830p  | 10<br>Practice 6-830p | 11<br><b>PM @ RUSCH PARK</b><br>Practice 630-830p                                 | 12<br><b>DRESS REHEARSAL</b><br><b>RUSCH PARK</b><br>Practice 5-8p |
| 13<br><b>WATERSHOW</b><br><b>10:00 AM</b><br>Plan for 7-12pm | 14<br><b>ALL TEAM PRACTICE</b><br>Practice 6-830p | 15<br>Practice 6-830p     | 16<br>Practice 6-830p | 17                    | 18<br>Practice @ Rusch<br><b>8am-9:30AM</b><br><b>CHAMPS (Figures)</b><br>@AUBURN | 19<br><b>RUSCH PARK</b><br>Practice 5-630P                         |
| 20<br><b>CHAMPS</b><br><b>(Routines)</b><br><b>@SUNRISE</b>  | 21  | 22<br><b>Banquet Nite</b> | 23                    | 24                    | 25  | 26   |
| 27   | 28  | 29                        | 30                    | 31                    |   |  |

Team Calendar - 2025 Season

Away Meet   Home Meet   Non-Pool Events

| April        |                                      |                       |                                |                                |        |          |
|--------------|--------------------------------------|-----------------------|--------------------------------|--------------------------------|--------|----------|
| Sunday       | Monday                               | Tuesday               | Wednesday                      | Thursday                       | Friday | Saturday |
|              |                                      | 1                     | 2                              | 3                              | 4      | 5        |
| 6            | Spring Clinic<br>6-730pm             | 8                     | Spring Clinic<br>6-730pm       | Spring Clinic<br>6-730pm       | 11     | 12       |
| 13           | 14                                   | 15                    | 16                             | 17                             | 18     | 19       |
| 20<br>Easter | 21<br>Spring Clinic<br>6-730pm       | 22<br>Back to Synchro | 23<br>Spring Clinic<br>6-730pm | 24<br>Spring Clinic<br>6-730pm | 25     | 26       |
| 27           | 28<br>SEASON STARTS<br>Practice 6-8p | 29                    | 30<br>Practice 6-8p            | Practice 6-8p                  |        |          |

| May                  |                              |  |  |  |        |  |
|----------------------|------------------------------|--|--|--|--------|--|
| Sunday               | Monday                       | Tuesday                                    | Wednesday                                      | Thursday                                     | Friday | Saturday                                   |
|                      |                              |  |  | 1<br>Practice 6-8p                           | 2      | 3  |
| 4                    | Practice 6-8p                | 6  | 7 Mandatory<br>Parent Mtg 7pm<br>Practice 6-8p | 8 No Practice<br>@Hawthorn<br>@Auburn 7:00am | 9      | 10<br>Picture Day<br>8-10 AM<br>@Rusch     |
| 11<br>(Mother's Day) | Practice 6-8p                | 13   | Practice 6-8p                                  | Practice 6-8p                                | 16     | 17   |
| 18<br>@Auburn 7:00am | Practice 6-8p                | 20   | 21 Mock Meet<br>@Auburn 6-830pm                | Practice 6-8p                                | 23     | 24   |
| 25                   | 26<br>HOLIDAY<br>No Practice | 27<br>ALL TEAM PRACTICE<br>Practice 6-830p | 28<br>Practice 6-830p                          | 29<br>Practice 6-830p                        | 30     | 31<br>Meet vs. Cordova<br>@ Cordova 7:00am |

| June   |                   |         |                         |                                     |  |                    |
|--------|-------------------|---------|-------------------------|-------------------------------------|--|--------------------|
| Sunday | Monday            | Tuesday | Wednesday               | Thursday                            | Friday   | Saturday           |
| 1      | Practice 6-830p   |         | Practice 6-830p         | 5<br>SWIM-A-THON<br>Practice 6-830p | 6<br>Bye Week                                  | 7                  |
| 8      | Practice 6-830p   | 10      | Practice 6-830p         | Practice 6-830p                     | 13<br>Meet vs. FEC<br>@ Rusch 4:30P            | 14                 |
| 15     | Practice 6-830p   | 17      | Practice 6-830p         | Practice 6-830p                     | 20<br>Meet vs. Davis<br>@ Rusch 4:30P          | 21                 |
| 22     | Practice 6-830p   | 24      | Practice 6-830p         | Practice 6-830p                     | 27<br>Meet vs. Auburn<br>@ Auburn 5:30P        | 28<br>Poster Party |
| 29     | Practice 6-830p   |         |                         |                                     |  |                    |
| 23     | Practice 530-830p | 25      | 26<br>Practice 530-830p | 27<br>Practice 530-830p             | 28<br>5-10ish PM<br>Meet @ Davis<br>5-10ish PM | 29                 |

| July  |                        |   |                         |                             |  |   |
|---|------------------------|---|-------------------------|-----------------------------|--|---|
| Sunday  | Monday                 | Tuesday                                     | Wednesday               | Thursday                    | Friday   | Saturday  |
| 30  | 1<br>Practice 530-830p | 2<br>ALL TEAM PRACTICE<br>Practice 530-830p | 3<br>Practice 530-830p  | 4<br>HOLIDAY<br>No Practice | PM @ RUSCH PARK<br>Practice 530-830pm                          | 6<br>DRESS REHEARSAL<br>RUSCH PARK<br>Practice 9-12pm |
| 7<br>WATERSHOW<br>10:00 AM<br>Plan for 7-12pm | 8<br>Practice 530-830p | 9<br>ALL TEAM PRACTICE<br>Practice 530-830p | 10<br>Practice 530-830p | 11<br>Practice 530-830p     | 12 Practice @ Rus<br>930a -12pm<br>CHAMPS (Figures)<br>@AUBURN | 13<br>RUSCH PARK<br>Practice 4-630PM                  |
| 14<br>CHAMPS<br>(Routines)<br>@SUNRISE        | 15                     | 16<br>Banquet Nite                          | 17                      | 18                          | 19   | 20  |
| 21  | 22                     | 23  | 24                      | 25                          | 26   | 27  |
| 28  | 29                     | 30  | 31                      |                             |  |   |

SUNRISE SWANS

\*\*Please fill in any days you know your swimmer will miss.

VACATION Calendar - 2025 Season

SWIMMER:

| April  |                                      |         |                     |          |        |          |
|--------|--------------------------------------|---------|---------------------|----------|--------|----------|
| Sunday | Monday                               | Tuesday | Wednesday           | Thursday | Friday | Saturday |
| 27     | 28<br>SEASON STARTS<br>Practice 6-8p | 29      | 30<br>Practice 6-8p |          |        |          |

| May                                     |                              |  |  |  |        |   |
|---|------------------------------|--|--|--|--------|---|
| Sunday                                  | Monday                       | Tuesday                                  | Wednesday                                      | Thursday                                 | Friday | Saturday                                  |
|   |                              |  |  | 1<br>Practice 6-8p                       | 2      | 3   |
| 4                                       | 5<br>Practice 6-8p           | 6  | 7 Mandatory<br>Parent Mtg 7pm<br>Practice 6-8p | 8 No Practice<br>@ Rusch Park<br>@ Rusch | 9      | 10<br>Picture Day<br>8-10 AM<br>@ Rusch   |
| 11<br>Mother's Day                      | 12<br>Practice 6-8p          | 13                                       | 14<br>Practice 6-8p                            | 15<br>Practice 6-8p                      | 16     | 17  |
| 18<br>Judges Clinic<br>@ Auburn 9am-3pm | 19<br>Practice 6-8p          | 20                                       | 21 Mock Meet<br>@ Antelope 6-830pm             | 22<br>Practice 6-8p                      | 23     | 24  |
| 25                                      | 26<br>HOLIDAY<br>No Practice | 27 ALL TEAM PRACTICE<br>Practice 6-8:30p | 28<br>Practice 6-8:30p                         | 29<br>Practice 6-8:30p                   | 30     | 31<br>Meet vs. Cordova<br>@ Cordova 7:00h |

| June   |                        |         |                        |                                      |   |                         |
|--------|------------------------|---------|------------------------|--------------------------------------|---|-------------------------|
| Sunday | Monday                 | Tuesday | Wednesday              | Thursday                             | Friday                                  | Saturday                |
| 1      | 2<br>Practice 6-8:30p  | 3       | 4<br>Practice 6-8:30p  | 5<br>SWIM-A-THON<br>Practice 6-8:30p | 6<br>Bye Week                           | 7                       |
| 8      | 9<br>Practice 6-8:30p  | 10      | 11<br>Practice 6-8:30p | 12<br>Practice 6-8:30p               | 13<br>Meet vs. FEC<br>@ Rusch 4:30p     | 14<br>Landrill Practice |
| 15     | 16<br>Practice 6-8:30p | 17      | 18<br>Practice 6-8:30p | 19<br>Practice 6-8:30p               | 20<br>Meet vs. Davis<br>@ Rusch 4:30p   | 21                      |
| 22     | 23<br>Practice 6-8:30p | 24      | 25<br>Practice 6-8:30p | 26<br>Practice 6-8:30p               | 27<br>Meet vs. Auburn<br>@ Auburn 5:30p | 28<br>Poster Party      |
| 29     | 30<br>Practice 6-8:30p |         |                        |                                      |   |                         |

| July   |                        |                        |                        |                        |  |   |
|--|------------------------|------------------------|------------------------|------------------------|--|---|
| Sunday   | Monday                 | Tuesday                | Wednesday              | Thursday               | Friday   | Saturday  |
|  |                        | 1                      | 2<br>Practice 6-8:30p  | 3<br>Practice 6-8:30p  | 4<br>Holiday   | 5   |
| 6  | 7<br>Practice 6-8:30p  | 8 ALL TEAM PRACTICE    | 9<br>Practice 6-8:30p  | 10<br>Practice 6-8:30p | 11 PM @ RUSCH PARK<br>Practice 630-830p                        | 12 DRESS REHEARSAL<br>RUSCH PARK<br>Practice 5-8p |
| 13<br>WATERSHOW<br>10:00 AM<br>Plan for 7-12pm | 14<br>Practice 6-8:30p | 15<br>Practice 6-8:30p | 16<br>Practice 6-8:30p | 17 No Practice         | 18 Practice @ Rusch<br>8-9:30AM<br>CHAMPS (Figures)<br>@AUBURN | 19<br>Rusch Park<br>Practice 5-630P               |
| 20<br>CHAMPS<br>(Routines)<br>@SUNRISE         | 21                     | 22<br>Banquet Nite     | 23                     | 24                     | 25   | 26  |

MANADORTY PRACTICES