

Swimmer Name: \_\_\_\_\_

Guardian Name: \_\_\_\_\_

**Parent Board Approval:**

**JR Program** \_\_\_\_\_

# Swans Junior Program Checklist

Every Swimmer must have **all completed paperwork and money turned in** to enter the water.

*No Exceptions.*



- ☐ Swimmer Registration & Medical Form
- ☐ Waiver & Release of Liability/Publicity Release Authorization Form
- ☐ Swimmer's Conduct Agreement
- ☐ Registration Fee for Junior Program \*\*

\*\*All registration fees are non-refundable

# Swimmer Registration Form Page 1

Please be sure to fill out both sides/pages (2) of this form completely:

## Swimmer Information

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Swimmer's Cell \_\_\_\_\_

Address \_\_\_\_\_

☐ My swimmer has permission to sign themselves out at the end of practice. Parent Initials \_\_\_\_\_

## Parent/Guardian Information

### Guardian 1:

Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

### Guardian 2:

Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_

Address: \_\_\_\_\_

If different than Guardian1

Email: \_\_\_\_\_

## Alternative Emergency Contacts:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## Swimmer Registration Form Page 2

### Insurance Information:

Company: \_\_\_\_\_ Group/Policy # \_\_\_\_\_

Primary Member: \_\_\_\_\_

### Medical Information:

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Hospital: \_\_\_\_\_ Phone: \_\_\_\_\_

Dentist: \_\_\_\_\_ Phone: \_\_\_\_\_

Known Medical Condition/Allergies: \_\_\_\_\_

\_\_\_\_\_

### Authorization to Render Emergency Care: (Check the desired action)

☐ In the event of an accident or emergency, the undersigned hereby authorizes a representative of the Sunrise Swans Artistic Swimming Team, including coaches, lifeguards, and parents volunteers/chaperones, to make such arrangements as they consider necessary for the swimmer to receive medical care from an emergency medical team member or to be transported to a medical facility for further treatment by a licensed medical provider while the summer is under the supervision of the team.

☐ I/We do not choose the above option for the following reason(s):

\_\_\_\_\_

\_\_\_\_\_

### Parent/Guardian Signature:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Swimmer Registration Form Page 3

### Sunrise Swans Artistic Swim Team Waiver and Release of Liability

In consideration of being allowed to participate in the Sunrise Swans Artistic Swim Team events, activities, or programs, I've knowledge and agree that:

1. I understand that I/ my child or ward will be engaging in travel and activities that involve the risk of serious injury, including permanent disability and death, severe social and economic losses and other losses including damage to property.
2. I knowingly and freely assume all such risks.
3. I, for myself, my minor child or ward, and on behalf of my and their heirs and assigns, release, waive, discharge and covenant not to sue Sunrise Swans, it's officers, agents, employees, and sponsors as well as its affiliate clubs, from any and all liability for any and all claims, demands, losses or damages on account of injury, including death and damage to property, whether caused by negligence or otherwise.

This is to certify that, as swimmer (18+) / parent/guardian of this participant, I do consent to his/her waiver and release as set forth above and agreed to assume all such risks and to waive the right to sue the releases.

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Name of Swimmer

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Signature of Parent/Guardian/Swimmer 18+

Print Name

Date

### Sunrise Swans Synchronized Swim Team Publicity/Media Release Authorization

I, hereby give permission to have my child's picture and name printed in any publicity, website, or media for the purpose of promoting the Sunrise Swans Artistic Swim Team.

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Name of Swimmer

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Signature of Parent/Guardian/Swimmer 18+

Print Name

Date

## Swimmer's Code of Conduct Contract Page 4

Each swimmer is expected to abide by such Swimmer's Code of Conduct. Each **SWIMMER** and a **PARENT/GUARDIAN** must sign the code of conduct to acknowledge receipt of the same and to agree to abide by its terms in order to prevent any misunderstandings.

- Swimmers will treat coaches, officials, parents, volunteers and other swimmers with respect.
- Swimmers will not use abusive or threatening language or gestures towards coaches, officials, parents, volunteers or other swimmers.
- Swimmers shall not engage in fighting or other physical acts towards coaches, officials, parents, volunteers or other swimmers.
- Swimmers shall not damage property at the Antelope Pool, or other pools or the personal property of any swimmer.
- Swimmers shall not lie or steal.
- Swimmers shall not use or possess tobacco, drugs, or alcohol.
- Swimmers shall not commit acts of bullying in any form.
- Swimmers shall not engage in any unsafe behavior.
- Swimmers shall refrain from unsportsmanlike-like conduct.
- Swimmers shall not use or possess weapons.

I have read the Swimmer's Code of Conduct for the Sunrise Swans Artistic Swim Team. I reviewed the document with my child. We agree to abide by its terms. Any violation of the code may result in the following disciplinary action, at the discretion of the Sunrise Swans Parent Board and/or coaching staff, as follows:

- First violation – dismissal from the current practice session and potentially the next practice session.
- Second violation – removal from future competition and/or practices and meeting with parent/guardian, swimmer and Sunrise Swans Parent Board and/or coaching staff.
- Third violation – temporary or potentially permanent dismissal from the team without program refund.
- Depending upon the severity and/or frequency of the incident(s) one or all of the potential disciplinary actions may be taken.

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Signature of Swimmer

Print Name

Date

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Signature of Parent

Print Name

Date

## Swimmer's Social Networking Code of Conduct Contract Page 5

**Purpose:** To provide every swimmer with the opportunity to enjoy a safe, non-threatening, bully-free environment in which they can reach individual and team goals. This is based upon the overall principles of mutual respect and cooperation. To achieve this, swimmers are responsible for maintaining a POSITIVE AND COOPERATIVE attitude at all practices, meets, team events, as well as within social media sites (i.e. Facebook, Instagram, Snapchat, TikTok etc.).

**Guidelines:** As a member of the Sunrise Swans Artistic Swim Team, I will strive to meet the following Social Networking Code of Conduct as listed below:

- At ALL times, when posting comments about this team, or any individual member, I will only encourage good sportsmanship by demonstrating positive support for all players, coaches, officials, volunteers, and our opponents at every meet, practice, or other team event. I will also show respect to all parents, swimmers, and coaches by supporting the values of discipline, loyalty, commitment and hard work, and using only appropriate language when doing so.
- At ALL times, when posting comments, I will treat my Coaches, other swimmers, officials and parents with respect regardless of race, sex, creed or abilities and I will expect to be treated accordingly.
- At ALL times, when on a social networking site, if inappropriate comments arise regarding any member of this team (swimmers, coaches, parents), I will choose not to engage in a response, but rather do my best to either ignore, change the topic, or respond by identifying the inappropriateness of the comment.
- I understand that failure to follow these guidelines completely will not be tolerated by any member of the team and may result in disciplinary action. This discipline may include, but may not be limited to:
  - Removal from future competition and/or practices and meeting with parent or guardian.
  - Dismissal or termination of participation/attendance in one or more practices/meets.
  - Dismissal or termination of participation/attendance for the season without program refund.

I understand that my compliance with this Social Networking Code of Conduct is a direct reflection on the team, as well as myself. Depending upon the severity and/or frequency of the incident(s) one or all the potential disciplinary actions may be taken. I understand that if I want to appeal against any disciplinary action, my appeal shall be heard by the Sunrise Swans Parent Board and/or coaching staff.

I understand that by signing this document I agree to comply with this Social Networking Code of Conduct.

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Signature of Swimmer

Print Name

Date

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Signature of Parent

Print Name

Date