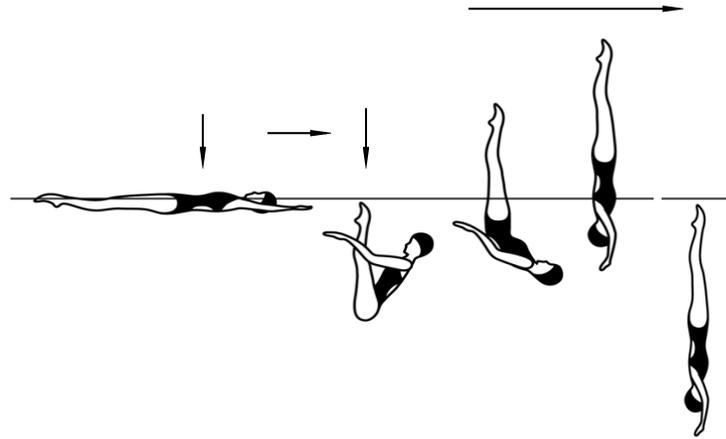


Barracuda



Barracuda

DD 1.9

				Total
NVT	13.0	37.0	14.0	64
PV	2.03	5.78	2.19	10

Water Levels	Excellent/ Near Perfect	Very Good	Good	Competent	Satisfactory	Deficient	Weak
Score	9.5	8.5	7.5	6.5	5.5	4.5	3.5
Barracuda	Lower Ribs or Higher	Waist	Top of Pelvis	Showing Crotch	Upper Thigh	Mid-Thigh	Above Kneecap

- Back Layout Position:** The body is extended on the back, with the face, chest, thighs, and feet at the surface. The ears, hips, and ankles are in line.
- Back Layout Position to Back Pike Position:** From a **Back Layout Position**, the legs are raised to vertical as the body is submerged to a **Back Pike Position**, with the toes just under the surface.
- Back Pike Position:** The toes are just under the surface and the legs are perpendicular to the surface. The body is bent at the hips to be as compact as possible (angle of 45° or less), head in line with trunk. Legs are extended and together.
- Back Pike Position to Vertical Thrust:** From a **Back Pike Position**, with legs remaining perpendicular to the surface, a vertical upward movement of the hips is rapidly executed as the body unrolls to assume a **Vertical Position**. In the **Back Pike Position** the toes may clear the surface prior to the Thrust. Maximum height is desirable.
- Vertical Position:** The body is extended, perpendicular to the surface, legs together, head downward. The ears, hips and ankles are in line.
- Vertical Descent:** From a **Vertical Position**, without pause, the body descends along its longitudinal axis, at the same tempo as the Thrust, until the toes are submerged.