

JCPS Local Resource Guide

Alabama Care Network Mid-State

- Provides care coordination services for all *Medicaid* patients in Jefferson/Shelby Counties
- Refer any patient with chronic medical problems, frequent ER visits, complex social situations, difficulty filling prescriptions, frequently missed appointments, etc.
- Visit <https://www.alabamacarenetwork.com/> to enroll and begin referring patients
- Participating practices earn an increased Medicaid base fee schedule with the potential to qualify for bonus payments for quality care, cost-effectiveness, and designation as a patient-centered medical home
- **Healthy Lifestyle Program:**
 - ACN Mid-State provides a box filled with nutrition education and aids to help kids with obtaining a healthy weight (portion control size plate, jump rope, frisbee)
 - Mid-State will offer a virtual nutrition and physical activity program called Eating Smart Being Active (weekly one-hour sessions over a 6-week period)
 - Any child with Medicaid who is age 6-14 with a BMI >85th%ile is eligible
 - Participants receive a gift card after attending the last session of the program to go toward the purchase of fresh fruits and vegetables
 - Contact Susie Bonner at sjones@uabmc.edu to enroll a patient
- **Virtual Asthma Summer Camp for young teens:**
 - Participants receive a box with goodies and great info.
 - The morning session is focused on high yield asthma control topics and the afternoons are focused on cooking and exercise.
 - Contact Camp Social Worker Felicia Pike- fpike@uabmc.edu

Help Me Grow Alabama

- Connects families to health and developmental resources so children (birth to age eight) can start school healthy and ready to succeed.
- Any patient can be referred, especially if any developmental or social risk factors
- Children are regularly screened for developmental problems using ASQ's. If concerns arise, the family will be referred to available resources and services
- <https://helpmegrowalabama.org/>
- **ASQ Enterprise**
 - Provided by Help Me Grow Alabama. A user-friendly online system for scoring and tracking ASQ's. Cost is a one-time fee of \$285.

Regional Autism Network

- Care coordination services for ANY child diagnosed with autism
- Jefferson and Shelby Counties are in Region V- 205-934-1112
- <https://mh.alabama.gov/aiacc/regional-autism-network/>

Autism Guide for Parents- see attached handout

- Created using resources from UAB Developmental Med Clinic

Dyslexia testing and therapy

- Alabama Scottish Rite Learning Center (East Birmingham)
 - (205) 957-2424
- Alabama Game Changers (Hoover)
 - (205) 364-2347
- Hettie Johnson Institute at Spring Valley School (Lakeshore Drive)
 - (205) 423-8660
- Read/Write Learning Center in Montgomery- offers remote academic language therapy
 - (334) 328-2134

PIRC- Psychiatric Intake Response Center at Children's

- Phone line open 8am-11pm
- Parents can call if their child needs therapy, psychology, or psychiatry
- PIRC will give them 2-3 names of providers in their area who take their insurance and are accepting new patients. Parents then call the providers to set up an appointment.
- Quickest way to connect patients with mental health resources.
- 205-638-PIRC

PATHS Program:

- Provided through Children's Behavioral Health
- Primary care providers in rural areas can consult with a psychiatrist for help managing patients with psychiatric needs
- Hoping to expand to urban areas in late 2022
- <https://www.childrensai.org/paths>

Partial Hospitalization Program

- The Partial Hospitalization Program (PHP) provides an option for 12-18 year old patients who do not or no longer meet the qualifications for an inpatient hospital stay, but could also use more intense treatment than the typical outpatient structure provides.
- Programming is every weekday Monday through Friday and begins promptly at 8:30 am ending at 2:30pm. Individual sessions and family sessions may be scheduled outside of the scheduled programming times.
- ***Wait list is currently 2-3 months but could change
- <https://www.childrensai.org/partial-hospitalization-program>

Substance Use Assessment Clinic

- Specializes in the evaluation of substance use concerns in adolescents
- Physicians and psychologists spend time with patients and families over a staged visit approach to diagnose and establish treatment plans for patients with substance use disorders and/or co-occurring mental health diagnoses.
- Appointments are typically made through referrals from primary care or subspecialty providers, but do not require a referral.
- Call 205-638-9231 for more information

Childcare Resources

- Nonprofit that helps families find childcare
- <https://www.ccr-bhm.org/>

Alabama Partnership for Children: Comprehensive website for resources in our state
<https://alabamapartnershipforchildren.org/>

- **Handbook for Alabama Parents**
 - Available on the app store: search for *AL Parent Manual*
 - Has resources for: Pregnancy and Infant Care, Healthcare, Your Child's Development, As your Child Grows, Disability and the Family, Family Resources
 - **AWESOME!- DOWNLOAD THIS APP IMMEDIATELY**
- **Help Me Grow Alabama-** see above
- **Alabama Family Central**
 - Makes finding education, healthcare, child care and family resources fast and easy.
 - Alabamafamilycentral.org
 - 888-928-3471
- **Strengthening Families**
 - Distributes the *Smart Start Parenting Kit* to new moms at delivery hospitals
 - Kit Includes:
 - A child's first book to highlight the importance of reading and talking to children from birth
 - A congratulation card to parents
 - *The Handbook for Alabama Parents*; a comprehensive resource and referral guide
- **First 5 Alabama**
 - Offers education on helping kids 0-5 grow and thrive
 - \$10 for parents to join
 - <https://www.first5alabama.org/>

Planet Fitness

- *High School Summer Pass*- free summer membership for teens 14-19
- Every teen who signs up is entered for a chance to win a \$500 scholarship (one per state) and one grand prize of a \$5000 scholarship
- <https://www.planetfitness.com/summerpass/preregistration>