



## **GLUTEN-FREE MENU**

(Please double check with your server as some items may change without notice.)

Please request no flour chips, flour bowls or tortillas.

**Jose's tortilla chips and table salsa is gluten-free.**

### **AVAILABLE SAUCES**

**Green Chile**

**Chile Con Queso**

**Tomatillo Sauce**

**Vegetarian Green Chile**

### **SALADS**

House salad (Please request no shell)

Fajita salad (No marinade and no shell)      **(All dressings are gluten-free)**

Taco salad with no chips and no shell)

**APPROVED SAUCES: Green Chile, Chile con Queso, Tomatillo and Veggy Green**

## **BOTANAS**

Guacamole with no flour chips

Mexican Mushrooms with no flour shell or flour tortillas

Queso Fundido with no shell or flour tortillas

## **SOUP**

Jose's Famous Chicken soup (Request corn tortillas)

Tortilla soup with no cheese. (The jack cheese is powdered with Cellulose)

## **FAJITAS**

All Fajitas are available. (Please request corn tortillas instead of flour and no marinade.)

## **COMBINATIONS** (Please request no flour chip on beans)

#1. Cheese enchilada & beef taco with approved sauce

#2. Two beef or two cheese enchiladas (or one of each enchilada)with  
approved sauce

#8. One ground beef, one chicken and one cheese enchilada (change red sauce)

#11. Two tacos: shredded beef, ground beef or chicken

**APPROVED SAUCES: Green Chile, Chile con Queso, Tomatillo and Veggy Green**

**ENCHILADAS** (Please request no flour chip on beans)

All enchilada plates are available

**TACOS GRANDES**

All taco plates are available.

Grilled Chicken Tacos (please request corn tortillas)

**LITE SPECIALS**

Mama's Skinny Enchiladas with approved sauce

**ESPECIALES MEXICANOS** (Please request no flour chip in beans)

Available items include:

Chicken Taquitos

Blue Corn Taquitos

Camarones ala Diablo (Please request no flour bowl)

Carne Asada (Please request corn tortilla)

Carnitas Chile Verde with approved sauce (Please request no flour bowl)

**POSTRES**

Flan (Please request no shell)

Helados (Please request no shell)

**APPROVED SAUCES: Green Chile, Chile con Queso, Tomatillo and Veggy Green**

**NINOS** (Please request no flour chip in beans)

One ground beef taco

One cheese enchilada with approved sauce

One ground beef enchilada with approved sauce

Nachos

**BRUNCH** (Available Saturday and Sunday from 11am to 3pm)

(Please request no flour chip in beans)

Huevos Rancheros

Huevos Carnitas with one of our approved sauces and corn tortillas

Mexican Skillet with corn tortillas

Seafood Omelet with one of our approved sauces

Avocado Omelet

Busted Yolk Black Bean Tacos (Please request corn tortillas)

**APROVED SAUCES: Green Chile, Chile con Queso, Tomatillo and Veggy Green**

**PLEASE AVOID THE FOLLOWING SAUCES:**

(These sauces contain flour)

Hot Green Chile

Half & Half Chile

O'Shea's sauce

Cream Cheese sauce

Grandma's Hatch Green Chile

