

Winter 2026	HOPE	MISSION	CHILLIWACK	MAPLE RIDGE	ABBOTSFORD	LANGLEY
	MON	TUES	WED	THURS	FRI	SAT
Week 1	Fraser Canyon OAT Clinic (10-1)	Haven in the Hollow - MCSS (9-12)	Pathways OPS - Ruth&Naomi's (10-2)	Ridge Meadows MOPS (1130-530)	The Hub - Phoenix Society (11-5)	Lookout Wellness Centre (10-4)
RedLion ALT TUES Feb 3 & 17 Mar 3 & 17	Public Health Unit - Fraser Health (2-6)	Red Lion - Lookout (1230-5)	Lookout Wellness Centre (2-6)	February 5 & 19 March 5 & 19		Feb 7 & 21 Mar 7 & 21
	MON	TUES	WED	THURS	FRI	SAT
Week 2	Fraser Canyon OAT Clinic (10-1)	Haven in the Hollow - MCSS (9-12)	Pathways OPS - Ruth&Naomi's (10-2)	Feb 12 & 26 March 12 & 26	The Hub - Phoenix Society (11-5)	Feb 14 & 28 Mar 14 & 28
HUB ALT TUES Feb 10 & 24 Mar 10 & 24	Public Health Unit - Fraser Health (2-6)	The Hub - Phoenix Society (1230-5)	Lookout Wellness Centre (2-6)	Langley Memorial MOPS (12-6)		ColeStarne's Residence - Lookout (12-6)