

Dina's Jamaican Green Banana Porridge

Dina's Jamaican Green Banana Porridge was evaluated within Pioneer Ridge Long Term Care and Senior Services in Thunder Bay through resident taste testing and institutional kitchen use.

Pilot results

8 of 12

participating residents
wanted the porridge added to
the breakfast menu once a
week

8 of 10

residents who regularly eat
porridge approved of the
product

Stable

texture was maintained during
foodservice without
significant separation or
thinning

Nutrition & Food Services feedback

"When I tallied up the taste testing results, there were 8 residents out of 12 who would like to see the Green Banana Porridge on the breakfast menu once a week."

- Nutrition & Food Services, Pioneer Ridge Long Term Care

Institutional kitchen observations

- The product was successfully prepared and served within Pioneer Ridge's foodservice operation.
- The porridge maintained its consistency during service without significant separation or thinning.
- Resident response was generally positive, while individual preferences varied.
- The pilot provided Seniors Farm with practical feedback on preparation, consistency and menu acceptance in a long-term-care setting.

Source

Pioneer Ridge pilot documentation and Nutrition & Food Services feedback retained by Seniors Farm.