

What to Bring:

- Comfortable clothing for 5 to 7 days
- Hearing aids, eyeglasses, and eyeglass care
- Medications with labels
- Personal effects (pictures, items that remind of home)
- Incontinence (diapers)
- Personal Toiletries (Shampoo, conditioner, toothpaste, Mouthwash, lotion, deodorant, nail and toe clippers, Q-tips,
- Towels and wash rags
- Bedside shoes, shower shoes
- Favorite snacks, Nutritional Supplements (Boost, Ensure, etc.), spring water
- Mattress pad- Egg crate mattress
- Personal bedding (optional)- Twin mattress for Hospital bed