

Darryl Arrington, PhD

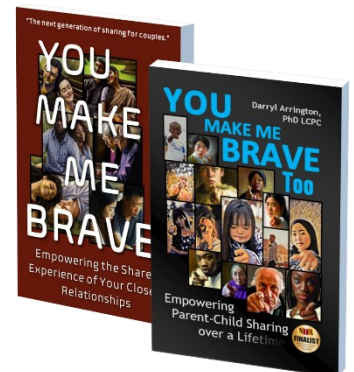
Empowering lives through experiential sharing and storytelling

Darryl Arrington, PhD, is a counselor, author, and narrative architect rooted in urban and rural communities, where he blends clinical expertise with spiritual passion to foster courage and personal growth. His work as a mental health clinician and author reflects a deep commitment to empowering receptive minds and souls. He also supports survivors of trafficking, helping them reclaim dignity and purpose through story.



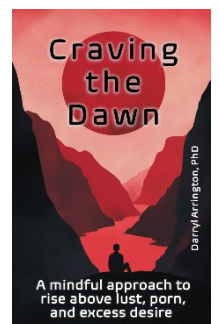
Frequent subjects

- **Empowered Couples | Thriving Relationships**
How couples can build existential cohesion through sharing for empowerment and meaning | How parents and their adult children can live out their lives together impactfully
- **The Power of Story in Healing | The Power of Light in Life**
How hope impacts healing and the heart | How shared life is life
- **Faith, Legacy, and Love**
How obstacles frustrate spiritual growth | How the right way, the empowered truth, and the pursuit of life bring peace in relationships and individuals



Recent Presentations & Breakouts

- Dying of Thirst: The motivations that lead men—including Christian men—to sex trafficking
- Telemental healthcare for survivors of trafficking
- Your True Identity: How you—in Christ—should excel the worthless discourse that surrounds you



Contact

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Book Darryl for your next keynote or workshop today.