

# Darryl Arrington, PhD

*Empowering lives through experiential sharing and storytelling*

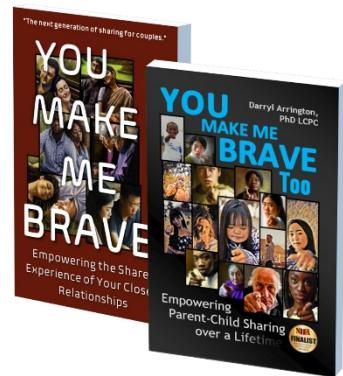
Darryl Arrington, PhD, is a counselor, author, and narrative architect rooted in urban and rural communities, where he blends clinical expertise with spiritual passion to foster courage and personal growth. His work as a mental health clinician and author reflects a deep commitment to empowering receptive minds and souls. He also supports survivors of trafficking, helping them reclaim dignity and purpose through story.



## *Frequent subjects*

- **Empowered Couples | Thriving Relationships**

How couples can build existential cohesion through sharing for empowerment and meaning | How parents and their adult children can live out their lives together impactfully



- **The Power of Story in Healing | The Power of Light in Life**

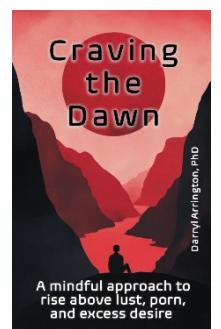
How hope impacts healing and the heart | How shared life is life

- **Faith, Legacy, and Love**

How obstacles frustrate spiritual growth | How the right way, the empowered truth, and the pursuit of life bring peace in relationships and individuals

## *Recent Presentations & Breakouts*

- Dying of Thirst: The motivations that lead men—including Christian men—to sex trafficking
- Telemental healthcare for survivors of trafficking
- Your True Identity: How you—in Christ—should excel the worthless discourse that surrounds you



## *Contact*

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**Book Darryl for your next keynote or workshop today.**

