

Southminster News

Open Hearts Open Minds Open Doors

October 2025

Office Hours Monday - Friday 9am to 4pm



1011 – 4 Avenue South, Lethbridge, AB T1J 0P7
Phone: 403 327-3404 * Fax: 403 320-9863
Email: smunited@shaw.ca
Webpage: southminsterunited.org

Find us on Facebook



Sunday Worship Services 10:30 a.m.

In person or live streamed on Facebook

Minister's Message:

The day that you are receiving this is Chuseok, which is **Thanksgiving Day in Korea**. Along with the Lunar New Year, they are the two largest holidays in Korea. Everyone goes to their hometown for Chuseok, so when MiYeon and I were living in Seoul, a city of 10 million people, the city felt almost abandoned for the four days of Chuseok. Subway cars that were normally packed would be totally empty. The hi-ways across the rest of the country however...



Baptism in the Old Man River on September 14, 2025

There will be plenty of feasting at Southminster this month. The first Sunday of October is **World Communion Sunday** where we intentionally consider our unity with all Christians across the world. The next Sunday following this will be **Thanksgiving Sunday** where we are invited to offer gratitude for the many blessings we enjoy in our lives, especially access to food. We, therefore, follow this up the next week with **World Food Sunday**. And round out the month with Reformation Sunday, a remembrance of our Protestant spiritual heritage.

On World Food Sunday, October 19th, we will have our annual **Soup Luncheon fundraiser** to benefit the **Canadian Foodgrains Bank**, you are invited to give generously in a free will offering for a bowl of soup to support this vital global partner of The United Church of Canada which seeks to end hunger across the globe.

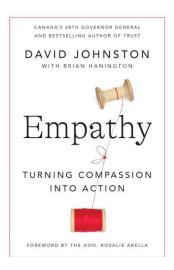
A week later we will feast again at the **Fall Supper hosted by the Men's Club on Saturday, October 25th** at 6:00pm. Tickets will be available on Sundays at Coffee Hour following worship, and in the office during the church's regular business hours. Many thanks to all the men taking on a role to put on another great evening.

This month will also see municipal elections across Alberta, so my Thanksgiving gratitude goes out to every candidate who has put their name forward for public scrutiny to serve as mayor, city councillor, or school board trustee. We are so blessed to live in a country where we have the freedom to choose who represents us in government, and our prayers are with countries that are still weighed down with the yoke of authoritarian oppression. God's blessing to each candidate as we strive for a society of peace, prosperity, and good health.

Tuesday Book Club

The Book Club meets weekly on Tuesdays in the Lounge at 4pm, to discuss one or two chapters of the current book.

Their next book is "Empathy Turning Compassion into
Action" by David Johnston. They
will start it on October 14.



If you have any questions, please contact Carol R. at romses@shaw.ca

There will be an option to join via Zoom for anyone who wants to participate remotely. Please contact the office if you require a link for this.

Recreational Pickleball at Southminster Mondays at 4:15pm to 6pm

All equipment provided!

Ted Coatham will offer a short
lesson in the beginning of the
class, followed by actual play time.

We are offering this court time for FREE! Come and try it out. It's fun!

Tad Talks of 2025-2026 begin on

Saturday, October 11, at 10:30AM

During the Church Year 2025 - 26, **Tad Talk** will go back to **BIBLE STUDY**.

Please note the date change, 2nd Saturday of October!

In October, Tad Talk will be on October 11th at 10:30am in the Lounge. For a few months we will discuss the "Miracle" stories in the Bible. Please bring suggestions about miracle stories you wish to discuss.

You can list any number of them from the Old and the New Testament.

Working together to end global hunger

Canadian Foodgrains Bank is a partnership of 15 church and church-based agencies working together to end global hunger. They support programs implemented by the member churches and agencies through their local partner organizations in countries around the world.

The Foodgrains Bank engages Canadians in working together to end global hunger; they inform and inspire actions such as giving, learning, praying, and advocating. World Food Day is on October 16! To celebrate and advocate for those who don't have enough food, we at Southminster come together each year and host a luncheon to raise money and awareness for The Canadian Foodgrains Bank. On Sunday October 19th, please join us for a Luncheon after worship with a donation of \$10 per person. You will get a nutritious hot soup lunch with buns, treats, coffee and tea.

Thank you to all who signed up so quickly to bring soups, buns and treats! We hope to have an equally wonderful response to the lunch invitation! Please join us after service to enjoy a tasty lunch while helping the Canadian Foodgrains Bank feed those far away.

- Melanie Winters, Co-chair of Church in Society



UCW Trip to High River for a High Tea at the Noble Tea House

18 ladies from Southminster visited the **Noble Teahouse** (build in 1909 by Joan and Anne Noble) in High River on September 13 for a memorable High Tea.

Aside from enjoying the great food, we also supported a very worthwhile cause: Women who have successfully completed the **Narrow Road Home** recovery program can be found employe here, using their talents and creativity at The Noble Teahouse.

Narrow Road Home is a women's healing house of recovery in High River. They provide individualized recovery and healing programs for women who find themselves in unfortunate life crises and need professional support and recovery. They offer a unique, effective approach to inner-healing and spiritual growth with the primary goal being personal transformation.













Appeal for Volunteer Teachers of English as a Second Language

In the spring of this year, the Federal Government cut back funding for English instruction as a second language, resulting in the **cancellation of the ESL program** for refugees and immigrants at the Lethbridge Polytechnic. These classes ended in the summer.

They were the only intermediate formal instruction in English for newcomers in Lethbridge, and their cancelation leaves a serious gap in the support system for integrating newcomers into our community. We would like to **re-establish intermediate English**

Instruction in the city for refugees and immigrants through a volunteer teacher initiative.

We are looking for volunteer teachers, who would be willing to donate two to three hours of their time per week primarily in the evening as either class instructors, teaching assistants or tutors. The term would last from October through December.

If you are interested and would like to volunteer or if you would like more details, please contact **Brian Black** by email at: brian.black@uleth.ca or by phone at 403 327-8520.

Ernest and Stella Layton organist & soloist

at three Lethbridge churches – **Knox Presbyterian** 1908-1921, **Wesley Methodist** 1921-1924 and **Wesley United** 1925-1931



Ernest Layton was born in 1882 London, England and came to Hamilton, Ontario in 1901. He travelled to Lethbridge in 1908 where he assumed his duties at Knox Presbyterian Church, later Knox United.

Lovina Stella Lombard was born in 1888 in the United States and came to Alberta where she married Ernest in 1913 in Lethbridge. She was a teacher of voice and piano [LAB] and often sang solos in the churches where Ernest was organist.

The Laytons transferred their membership to Wesley Methodist when Ernest became organist and choirmaster 1921-1924 and when the church became Wesley United 1925-1931. Stella became a member of the senior choirs and director of the girl's choir 1930-31.

At Ernest's funeral in 1931, held at Wesley, the organ remained silent as a tribute to this esteemed gentleman. After his death, Stella returned to the States to remarry. She died in 1974 at the age of 86.





The following are samples of music played throughout 1925 (100 years ago) with Ernest at the console and Stella as soloist:

- Feb. 25 Mass choirs of Lethbridge under the auspices of the Music Festival, will render selections from Handel's Messiah Oratorio conducted by George Bower. Soloists Sopranos Stella Layton, Mrs. R.W. Murdock. Contraltos Mrs. A. Millhouse and Mrs. Crawford, Tenor David Morgan Calgary, Bass Elgar Higgin Calgary. Accompanied by organ, one hundred voices and a full orchestra.
- March 7 Sunday Morning Anthem 'He That Dwelleth In Sacred Places' [Rebecca Clarke]. Evening Organ Prelude by Layton and Anthem Inflammatus, Rossini's Sabet Mater. Soloist Stella Layton and choir.
- June 13 Celebrating Church Union Morning Anthem 'Te Deum' in B flat [Stanford]. Evening Anthem 'Oh Love That Will Not Let Me Go' [by Scottish minister George Matheson]; Trio 'Protect Us Through the Coming Night. Miss Brownlee, Mrs. Young and Mrs. Crawford.
- Sept. 12 Sunday Morning Anthem 'Oh Lord Most Holy' [Cesaer Franck]. Evening Anthem 'Publican' [Beardsley Van de Water] Soloist Stella Layton.
- Oct. 17 Sunday Morning Anthem 'Onward Christian Soldiers' [Sabine Baring-Gould]. Evening selections from Handel's Elijah Duet 'Lord, Bow Thine Ear.' Air 'Is Not His Word Like Fire"; Air "Woe unto Thee; Quartet 'Cast Thy Burden'. Soloists Mamie Gibson, Stella Layton and Mr. & Mrs. Meldrum.
- Dec. 19 Sunday Evening Service filled with Christmas Music, Congregation sings carols and heard solo 'O Holy Night' [Adam]. Soloist Stella Layton, violin obligato Miss Doris Goodman.

Canyon Church Camp

- Christina Whittmire, president, Canyon Church Camp

The weather is beautiful, so camp construction goes on! Crews will continue to work until the weather turns. This past month they completed much of the interiors of the new buildings. They have also replaced the lodge roof (we had a few leaks that necessitated a replacement), built a deck on the kitchen door, put railings on the cabin porches, built the wheelchair ramps on the director's cabin and craft shack, and levelled out the ground in the lower camp. It all looks fantastic!

Volunteers will continue painting the building interiors, so if you want to come help, please let me know. We can always use another set of hands!

Thank you to Simon Hann who designed and is organizing the building of the bunk beds. Simon, Dale Steele and several Lethbridge Kinsmen members spent a day on site putting together 6 sets of bunk beds. There are quite a few more to build, so Simon would love to hear from all you handy folks!

A big thank you to the Southminsterites that painted at camp in September – Taina Arnell, Amy Dodic, Simon and Cathy Hann. I am looking forward to adding more names to my thank you list. 😉

Thank you for your continued support as we carry on this important ministry.







The Harambee Grandmas gratefully welcome your

DONATIONS

of unused fabric, yarn, and notions

for our upcoming annual Fabric and Yarn Sale.

Please contact us at

harambeegrandmas@telus.net or call 403-331-0504

to arrange for pickup or drop-off.

DEADLINE FOR DONATIONS: October 11







The Harambee Grandmas 8th Annual

Fabric & Yarn Sale

Yarn, Notions and Craft Supplies Friday, October 24 - 4:00 to 7:00 PM

Fabric Sale

Saturday, October 25- 10:00 AM to 4:00 PM **McKillop United Church** 2329 - 15 Ave S. Lethbridge Payment options - cash, debit, or credit card

Please bring your own shopping bag







Fit 4 Life Fridays at 10 am

Group Fitness Class for all fitness levels, ages and genders. Classes run for about 50 minutes. All equipment provided, just come wearing indoor shoes and comfortable clothes. This fall, our fitness class leaders are our own Gabrielle **Dumont** and her co-coach **Nancy** who are

willing to share this role.

Classes will always be a mix of strength and cardio, using different equipment, and appropriate for all fitness levels including seated.

By Donation - suggested \$5/person, pay what you can

SOUTHMINSTER UCW TEA & BAZAAR Sat. Nov. 15, 2025 2-4pm Planning is on for this year's event!

The **Annual UCW Christmas Tea and Bazaar** will be held on Nov. 15th from 2-4 pm. It will again feature Tea with Fancy Sandwiches and Decadent Dainties. There will also be a Bake Table, a Crafts Table, Jewellery, and Christmas Surprises.

We will be asking for items for these tables as well as donations towards sandwich fillings, and of course, VOLUNTEERS! Joyce Boisvenue and Carol Romses will be happy to answer any questions.

Mark your calendar, plan to attend and invite a friend to come with you!



Hello, I am the Making Connections Worker at **Coalhurst Elementary School**, my role supports students and families in our school accessing supports.

We would like to extend our thanks to the Southminster United Church for the donation of crayons, markers, scissors and school supplies. The supplies have been a great help to many students.

Thank you for the kindness and generosity.

- Ms. Allyssa

A message from the February "POD" – by Wanda Gibbons:



A coffee party was hosted Saturday, Aug. 23, by Joan Smith in her backyard for our coffee pod. Coffee, served in china mugs decorated with shoes; blueberry muffins; applesauce loaf; cherries and havarti cheese were served on paragon china. In attendance Joan and Harold Smith, Joyce Bach, Ann Marie McDonald, Steve Dobay and Wanda Gibbons. Absent Brook Culley and Brenda Albrecht.

It was lovely to have two roses in attendance.

SOUTHMINSTER MEN'S CLUB DINNER SATURDAY, OCTOBER 25 SOUTHMINSTER HALL 6PM \$30 ROAST BEEF MASHED POTATOES

TURNIP & CARROT MASH

SOUTHMINSTER MEN'S CLUB PRESENTS:

The annual Southminster Fall Dinner on Saturday, October 25 at 6pm.

Dinner will be delicious roast beef with all the trimmings, salad and desserts, all lovingly prepared by the men of Southminster. Musical entertainment, too!

We would appreciate your donations for the **Silent Auction**, taking place in the evening of the dinner. Auction items may be dropped off at the Office. If you would like an item picked up, please contact Steve Dobay at srdobay@gmail.com.

Think about inviting your friends and neighbors. It's always a fun evening.

Tickets \$30 available during Coffee Hour and at the office.

By Baz Skinner, Youth Ministry



OUR NAME AND LOGO

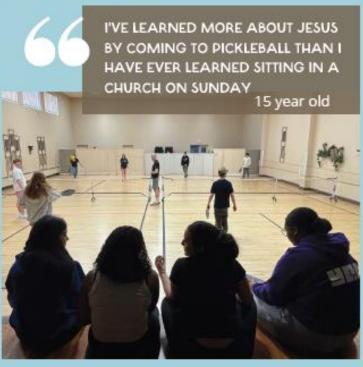
In the earlier parts of our story I tasked the teens to come up with a name that reflects our values. The name we chose was one created by a teen from McKillop: "YOUnited Youth", because a keystone of our group is ""you can be you, with us". When it came to a logo creation, we connected with a puffin story from the Atlantic coast. In an effort to bring puffins back to islands, very basic puffin statues were put up to attract puffins who are very community centric birds. Puffins, trying to make sure the new birds felt included, stood on one foot thinking the the statue post was a singular foot. It was an effort to ensure the "bird" felt included. Our logo is also a nod to the 150th anniversary of the United Church which was held in Newfoundland.

VOLUNTEERS

This group would not be successful without volunteers, and we have many, but I want to hold up two in particular- Hilary Squires and Ted Coatham. Hilary is a steadfast presence in our group, who provides affirmation, unconditional love and joy in the lives of our young people. She shows up for our youth and she is foundational in the success of this ministry. Ted is our pickleball coach. He's an exceptional coach who trains us on the courts, and off. He's patient, understanding and adapts to our group's needs with joy and a sense of humour. His hands on coaching/ministry is also why we had to implement a pickleball rule "don't hit Ted!" It's risky being a coach-yet he comes back every week-and we couldn't be more thankful. Thank you to all our volunteers, office staff, parents and grandparents for your support in this youth group!

PICKLEBALL

Before we even met as a group, I had teens asking me at church if we could play pickleball. I brought this to Southminster, who gave us a re-occurring time—Tuesdays after school. Responding to their hunger after school, I began picking up pizzas—and thus the legacy of pickleball and pizza began. Balancing play with conversations on the stage when they aren't on the courts—a joy filled program was created. In the first week we had 2 teenagers—and we ended the year with 17 teens! An overwhelming number, especially considering we only have space for 8 at a time! But sometimes the greatest gift for teens is simply a place to gather, free of charge—and all our churches have space for our youth to gather in.





LOOKING FORWARD...

We will be practicing BEING a church not just GOING to one

...and what does that look like? How can we build our faith in our daily routines? It's important to me that every single youth who gathers with us knows they are loved exactly as they are, and I want to teach them how to show that love as they continue about their days.

Drop-in Pickleball and Pizza

Every Tuesday that's a school day at Southminster United Church from 3:30pm to 5:00pm---but let's be real, teens start showing up at 3:00pm and that's absolutely welcome. Newcomers are welcome, so bring your friends. If you're not interested in pickleball, but you just want to hang out--that's welcome, too. We've got Baz, Hilary and Kathy (Dr. Pizza!) who will be around if anyone needs to chat, or if anyone is feeling awkward being in a new environment. This is a very chill event.

Youth Trek

We've got 8 teens from our local congregations flying to Vernon, BC with Hilary and Baz in mid October for a weekend of faith formation, fun and fellowship with other teens in the Pacific Mountain Region and Chinook Winds Region.

Uncharted

In February, older teens (15-17 years old) in Chinook Winds will be gathering together for a weekend at Camp Chief Hector in Kananaskis. There will be friendship, camp fires, ropes courses and a bunch of activities at their winterized camp.

Youth Council

We have a few local youth representing the United Church on a regional and national level. They will be participating in leadership activities throughout the year and will be guiding some of the activities we do at a local level. These teens have prioritized more unity amongst young people at local, regional and national levels, and I'm looking forward to supporting them in these initiatives.



Intergenerational Activities

An area of interest for the teens is intergenerational activities. Youth loved when the adults who play after us challenged them for a game of pickleball. A few teens have expressed interest in doing a few activities with younger kids in their congregations, too. We will be exploring what that looks like, so stayed tuned!!

Building Skills

Anxiety is a growing part of teen life. Anxiety about friendships, safety in schools, the future of the planet, and how to fit in. Our group will be providing space to talk about and to distract from those stressors. We will be exploring different ways of handling anxiety through faith. We will explore different ways including walking the labyrinth, service projects, through music, through play, and a few other ways. We will also be learning how to show up for each other, and what that looks like. In a post-pandemic era, it's also a bit harder to build community without the internet. We will be exploring that deeper, and learn how to set boundaries so we can be more present with the people we gather with.

Continuing with some of the classics

We had so much fun this last year, we want to do some of it again. So whether that's hide and seek in the dark, playing games, baking, having themed group discussions or doing crafts--- there's one thing that's for sure... we will be continuing the trend of existing in a joy-filled and loving community. Check out our website to learn about upcoming activities and events for youth aged 12-17 years old.



This is a photo of General Council 45 in Calgary, AB.

The goal of the national church was to have 100 youth present, 50% being indigenous and/or racialized. First Third was represented well, and our Executive Minister, Treena Duncan, affirmed our region's continued priority of First Third Ministry.



It appears CABBAGE is a rather touchy subject for us Southminster folks! **Hilary** mentioned during her Children's Time on September 27 that she is not a fan of cabbage, and will mostly likely never prepare her grandmother's Cabbage Roll Casserole (she believes it might be "disgusting"). This created a wave of opposing views, and a request for the recipe to be published. With Hilary's permission, it is on this page.

Steve Dobay also contributed to the controversy. What side of the cabbage patch do you stand on?

IN DEFENCE OF THE HUMBLE CABBAGE ROLL

I felt there were some recent "aspersions" cast upon this wonderful meal. I would like to say a few words in response. Cabbage rolls are enjoyed by many cultures around the world. The traditional cabbage roll that we are familiar with, is very popular in Eastern Europe, with Romania, Ukraine, Poland and Hungary having their own varieties. They can, of course be made as a casserole, without the hassle of the "rolling" part, but the best way to enjoy them is freshly made, with a side vegetable. It was a staple in our household as I was growing up.

For those of you looking for a taste of authentic home-made cabbage rolls, I have good news for you. The Hungarian Club, to which I belong, is making cabbage rolls for sale next week. This has ben an annual tradition in the Club for over 50 years. We are taking orders now, and the sale is Friday Oct 10th. These are fresh, flavorful, uncooked cabbage rolls, and the price is \$25/dozen. If anyone is interested, please contact me by phone (403-382-1286) or email (srdobay@gmail.com) by Sunday Oct 5th. I can also take orders in the Church Hall after the service on Sunday. I will pick up all the orders on Friday Oct 10th and bring them to the Church on Sunday Oct 12th.

By way of information, the Hungarian Canadian Oldtimers Society has been active in Lethbridge since 1927, and is vibrant and strong, with a growing membership. We have social and other activities monthly. You can find more information about our Club on our website

https://www.hungarianoldtimerslethbridge.com/, and on our Facebook page "Hungarian Canadian Old Timers Society of Lethbridge".

Steve Dobay

Cabbage Roll Casserole (from Hilary)

My Mom had this recipe stuck to her fridge door for years. One day I asked if I could have it and it came down from the fridge that day. It is simple and very good. Can be frozen easily in meal size packages. Tastes just like cabbage rolls without the fuss.

1 lb ground beef

1 can diced tomatoes 500ml

1 chopped medium onion

½ cup water

1 tsp salt

3/4 cup Minute Rice

3 cups shredded cabbage

garlic powder to taste

1 tbsp worcestershire sauce (I have omitted this) Grated cheese or cheese slices

Brown beef, add onions, salt, pepper, garlic powder and worcestershire sauce. Mix together tomatoes, water and rice in bottom of casserole. Place cabbage in casserole. Pour meat mixture over and top everything with cheese. Cover and bake for 1 – 1 ½ hours at 325 F. Makes 5 servings.

~ Courtesy of Hilary's grandma, Lil McKillen

Saturdays at Ten Thirty (SATT) in October

Oct 4 Banner painting with Amy

Oct 11 Tad Talk about Miracles in the Bible

Oct 18 Linda's Bridge for Beginners

Oct 25 Men's club Dinner prep?

at Southminster October 2025

Saturday	4 8:45-11# Sam Sportball (UH) 9am-tpm Pickleball (SMH) Saturdays at Ten-Thirty— Banner painting 1-6pm Symphony (5, SMH)	8:45-11:45am Sportball (UH) 10am-Spm Isidoro (SMH, K) Saturdays at Ten-Thirty— Tad's Bible Study (L)	8:45-11:45am Sportball (UH) 9-11am Pickleball (SM H) Saturdays at Ten-Thirty— Beginner Bridge with Linda (L) 12pm-11pm Masons (SMH, K)	8:45-1145am Sportball (UH) 6pm Southminster Fall Dinner Presented by the Men's Club	Southminster Hall (SMH) Sanctuary (S) Upper Hall (U H) Lounge (L) Wesley Room (W) Chapel (Ch) Board Room (BR) Kitchen (K)
Friday	3 10-10:45am Fit for Life (SMH) 6:30-8pm Tanya Gill (UH)	10-10:45am Fit for Life (SMH)	17 10-10:45am Fit for Life (SMH)	24 10-10:45am Fit for Life (SMH) 4-10pm Candelight Concert (5, L)	31 10-10:45 am Fit for Life (SMH) 5pm-lam Patterson (SMH) HAPPY HALLOWEEN
Thursday	2 10:30-12 pm Coffee and Conversation (L) 11 am-1 pm Blankers for Canada 4:30-7pm Sportball (UH) 6-8:30pm Ir's About Music (S) 8-9pm Kickboxing (UH)	9 10:30-12 pm Coffee and Conversation (L) 11 am-1 pm Blankers for Canada 4:30-7pm Sportball (UH) 6-8:30pm It's About Music (S) 6:45-8:45pm Tuti Corda (SMH) 8-9pm Kickboxing (UH)	16 10:30-12 pm Coffee and Conv. (L) 11 am-1 pm Blankets for Canada 4:30-7pm Sportball (UH) 5pm Symphony (BR) 6:30pm Church Council (L) 6-8:30pm It's About Music (S) 6:45-8:45pm Tutti Corda (SMH) 8-3pm Kickboxing (UH)	10:30-12 pm Coffee and Conversation (L) 11 am-1 pm Blankets for Canada 4:30-7pm Sportball (UH) 6-8:30pm lt's About Music (S) 6:45-8:45pm Tutti Corda (SMH) 8-3pm Kickboxing (UH)	30 10:30-12 pm Coffee and Conversation (L) 11 am-1 pm Blankets for Canada 4:30-7pm Sportball (UH) 6-8:30pm lt's About Music (S) 6:45-8:45pm Tutti Corda (SMH) 8-3pm Kickboxing (UH)
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Sunday		5 9:45-11:45 am Lutherans (ch) 10:30 am Worship—World Communion S unday 1-10pm Symphony (S) 3-5pm Roberts A cademy (SMH) 6:30-8:30 pm Community Band (SMH)	9:45-11:45 am Lutherans (ch) 10:30 am Worship (s) Thank sgiving S unday 3-5pm Roberts Academy (s) 2-11pm Indian Newcomers (SMH)	9:45-11:45 am Lutherans (Ch) 10:30 am Worship (5, SMH) Foodgrains Lunch 9-5p m Roberts Academy (5) 6:30-8:30 pm Community Band (SMH)	26 9:45-11:45 am Lutherans (ch) 10:30 am Worship (5, SMH) 3-5pm Roberts Academy (5) 6:30-8:30 pm Community Band (SMH)