



DOGGIE DEVELOPMENT ACADEMY
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ELIMINATING JUMPING

Here are a few simple guidelines that you can use to help eliminate jumping. Note that this is just for general cases and specific issues may require a more directed treatment plan.

First there are a few DON'T'S:

- DON'T EVER encourage jumping in any way, shape, or form if you wish to eliminate it.
- DON'T EVER use any form of physical punishment to correct jumping (i.e.: hitting or kneeing the dog in the chest). If there is a case where the jumping can't be stopped, remove the dog or yourself from the situation and try treating it again at the next opportunity.

Next, follow the LEADERSHIP EXERCISES (either given by the trainer or available on our website). This will help establish you as the pack leader and help dictate to the dog what behaviors are acceptable and allowed.

The dog should also have been taught a good sit or sit-stay with the "Watch Me" command. This will give you a tool to use when treating jumping.

If the dog jumps on you, immediately say "OFF", fold arms, and turn away. If the dog continues to jump, pay them no attention and keep your back to them. Take a step away if necessary. Be patient and persistent.

Once the dog stops, wait a couple seconds, have them sit (if the dog hasn't already along with the "Watch Me"), release and praise. If the dog jumps again, repeat the above steps.

If there is an issue with the dog jumping on other people or family members, the individual being jumped on can use the same above technique if they are ok with it. In a situation where it is not ok, have the dog on a leash when greeting others and practice having them sit (sit-stay is preferred) when a person comes over. Setup mock practice sessions if necessary. If the dog jumps, tell him "OFF", have them sit and do a "Watch Me", release and praise. If you are unable to stop the dog from jumping on someone, walk him away from the person until you can get his attention

back on you, give him at least two obedience commands to take the dog's mind off the situation, and try greeting again.

Always make sure to reward any time when the dog doesn't jump and shows the correct behavior to help make that behavior permanent. Always be consistent with the treatment.

If you have questions or need a more specific treatment plan, please contact us.