## 乾卦 & 坤卦 Qian Hexagram & Kun Hexagram

《易经》根据先有天地,再生万物的理念,用乾代表天,父亲,刚健有力;坤卦代表地,母亲,阴柔顺从,两者互动变化生出万物,所以乾卦和坤卦排在六十四卦的第一,二卦。

I Ching follows the concept of heaven and earth regenerating everything. I Ching uses Qian represents heaven, father, vigorous and powerful; and Kun to represent earth, mother, feminine and submissive. Qian and Kun interact with each other produce everything in the universe. Because of their importance, they are the first and second among the 64 hexagrams listed in the I Ching.

In future blogs, I will introduce each hexagram within its literary meaning and hidden meaning that will help us to make wise decisions.



## 乾卦 Qian Hexagram

This Qia hexagram represents heaven. it is formed by doubling the basic trigram of Qian  $\stackrel{\circ}{\cancel{\times}}$  ( $\equiv$ ) (refer to blog 3). See how all six lines are "yang" and symbolize energy and creativity. The Judgment (the original explanation) of the Qian is: "yuan  $\overline{\pi}$  (primal), heng  $\overline{\Rightarrow}$  (prosperous), li  $\overline{\uparrow}$ 



## 坤卦 Kun Hexagram

win guò you liông gè zhòng fù dì jì bèn kūn guò zù chéng dù shì yin yòo , qí guò cí shì yin yòo , 其卦词是 "元 hèng ; 加 zhì zhèn 。君子有攸往,先后得主,利;西南迷得 pèng , 表京北,安贞吉"。卦词告诉我们: 坤代表地,是万物 之时,丧东北,安贞吉"。卦词告诉我们: 坤代表地,是万物 之母,当万物有了开始,人们就要像母马一样,柔顺而健 xíng , 以厚德载物,抚育着万物的生长。

The Kun hexagram represents Earth which is structured by doubling the basic trigram of Kun 坤(☷). All six lines are "yin" and

symbolize earth, female and soft. The Judgment of the Kun stated that it will have supreme fortune by obtaining the spirit of a mare (gentle and

tolerant) and seeking friends from various fields for helping to fulfill one's goals. This hexagram interprets the logical function of the Earth through an analogy where the mare (female horse) is analogous with the Earth: when everything is formed by the interaction of the Heaven and Earth, then the Earth should act as a mother figure to show gentleness, open-mindedness, and tolerance to nurture their children just as a mare nurtures her foal.

初九 (从下往上, 第一条线) 的爻辞是"潜龙勿用"。意思 shì chù zòi zhè gè wèi zhì jiù xiòng mói cáng zòi shên yuān lì de lóng sui rán gàng jiàn yǒu lì què wù 是处在这个位置就像埋藏在深渊里的龙,虽然刚健有力,却无 neng fā hui neng liáng bì yù nión qing huò zhì wèi bì jiào di de rén yòo bù duán xuè xì ti shèng 能发挥能量。比喻年轻或职位比较低的人,要不断学习,提升 自己的人格修养,培养自己的实力。

**Chu-Jiu** (yang in first position which is the bottom line), the statement of this line *Yao ci* (the interpretation and explanation of each line): "Hidden dragon, it's not the time to act". This hexagram uses the dragon to represent a person or a company. So, for example, a young person new to a company has much energy and enthusiasm but, just like a hidden dragon, is unable to perform. This statement tells us that as a young person (low position) needs to continue learning silently, cultivate one's moral character (virtues) and improve one's own ability, and wait for the right time to act.

初六 (从下往上,第一条线)的爻辞是 "履霜,坚冰zhì chù zài bì jiào jiàn nón dì shí kè xiàng cái zhuò bing shuāng yì yàng zhè gè 意思是处在比较艰难的时刻,像踩着冰霜一样。这个guà cí gào sù wò men suĩ rón yǎn qián dì xíng shì duì zì jì bù lì dàn shì yè yào cài qù pì 事词告诉我们虽然眼前的形势对自己不利,但是也要采取积 其 zhù dòng dì fūng shì qù huò jiè bù lì yin sù xòn gián dì zhuāng bèi zì jì dàng huán jìng hào 极主动的方式去化解不利因素,充分的装备自己,当环境好 shì yò men cái huì dò xiàn shēn shōu 时,我们才会大显身手。

**Chu-Liu** (yin in the first position which is the bottom line). The statement *Yao ci* of this position is "Frost underfoot, hard ice on the way". This statement shows us that it is a difficult period when at the beginning of any new stage, just as it is difficult to walk on ice, but spring will eventually arrive to melt the ice. This statement reveals that although the first step of a new stage is hard, we must take a proactive approach to self-cultivate and seek advice. And so, when the positive situation comes, just as when spring arrives, we will have more energy and better skills to solve problems and move forward.

九二 (从下往上, 第二条线)的爻辞是"见龙在田, 利见大师, 实际是现在的龙已经冲出地面, 德行和能力受到关注, 这时如果能结交有才德的人, 得到进一步的栽培, 将会对自己的发展更加有利。

Jiu-Er (from bottom to top, yang in second position), Yao ci: "the dragon is seen on the field, it profits to meet a great man". At this stage you, like the dragon has been noticed by others and your moral character and capabilities are acknowledged. Currently, it is beneficial for you to seek wisdom and advice from knowledgeable people (great man) to move forward in achieving your goals.

尤三 (从下往上,第三条线)的爻辞是 "君子终日乾乾, 夕 ti ruò ; lì yù jiù "。意思是君子要本着乾卦的精神,日夜精进 bù xiù giên jù zì jī dì wèi zhì suì rán mù biò huán méi yòu da chéng dan shì yù dao wèi xiân 不休;根据自己的位置,虽然目标还没有达成,但是遇到危险 shì,只要自我警惕,也不会有伤害。

**Jiu-San** (From bottom to top, yang in third line), Yao ci: " a true gentleman follows the spirit of Qian: energetic and strive for self-cultivation, cultivating inner strength all day long; although in a dangerous situation, there is no harm." The statement tells us should you encounter danger while your goal

iù àr cóng xià wũng shàng dì èr tiáo xiàn de yáo cí shì "直方大,不习,无 从下往上,第二条线)的爻辞是"直方大,不习,无 bù " " 。 意思是当我们面对现实时,要以真诚, 正直,包 容的态度,不要染上坏习性,顺其自然的发展,就不会有不 利。

**Liu-Er** (from bottom to top, yin in the second position) Yao ci: "If you maintain straight, square and great, don't get a bad habit, there will be no disadvantage". This statement tells us the way to deal with everything around us. There will be no disadvantages if we perform the great manners of being righteous, view things from different aspects, be broad-minded, and don't form bad habits in our daily practice.

in son cong xiù wòng shàng cong xiù wòng shàng xi sin tióo xiàn dì yòo cí shì "恰可 zhōng kẽ zhēn huò còng wòng 去。 (从下往上,第三条线)的爻辞是"含章可贞,或从王 shì xiù chéng yòu zhōng"。意思是在你虽然做出了一些成绩,但是你 dì chéng jì shì hên duō rén hé zuò jià shàng wòi zài tióo jiàn pèi hé dì jié guò hòu yào xuàn yào à pì dì gông lào yào bù duàn tí shēng zì jì dì pìn dé xiù yàng hé gōng zuò néng lì cái huì yòu 子会有 bòo 功劳,要不断提升自己的品德修养和工作能力,才会有好的结果。

**Liu-San.** Yao ci: "Although excellent work has been done, still need to remain steadfast, because king's service is never successfully concluded." This statement tells us that although you have done an excellent job in your field, do not seek glory and award as the results of your work are

has not yet been achieved, so long as you are vigilant and apprehensive, the danger will be of no harm to you.

achieved through cooperation with others and various conditions. It would be beneficial if you consistently cultivate your moral character and improve your ability.

九四(从下往上, 第四条线)的爻辞是"或跃在渊, 无咎"。
yi si shì yòu kè nèng huì de dao ti shèng yè kè nèng huì die jìn shèn yuân mei yòu bù lì zhì 意思是由可能会得到提升,也可能会跌进深渊,没有不利之
chù zhè shì shàng guà dì dì yì gè yào jìn rù xin dì wèi zhì wèi lài qing kuàng nàn yì yù 处。这是上挂的第一个爻,进入新的位置,未来情况难以预定。如果继续努力,条件配合就可以向上飞跃,否则又会陷入为不利之地。

Jiu-Si (from bottom to top, yang in fourth line), Yao ci: "advance or retreat, no harm". This fourth line is also the first line of the above trigram (hexagram is formed with two trigrams). It is a new position and a moment of new opportunity but there exists uncertainty. But there will be no harm so long as you continue cultivating your inner strength to move forward, otherwise you may descend back to your previous position.

Liu si cóng xià wáng shàng dì sì tióo xiòn 的爻辞是"括囊,无咎无义"。意思是扎紧袋子,没有利弊。这是上挂的第一个爻, ti xīng rén men dāng jin rù liào xīn dì wèi zhì 你要更加收敛,无论你才华多 gáo ,都不要太外露,要做到谨言慎行,虽然不会得到称赞, dàn bù huì yòu zài hòi lua yòu lua yòu lua bù yòu lua bù yòu lua bù yòu lua huì yòu zài hòi lua qua di dì yì gè yòu chi xing rén men dāng jin rù liào xīn dì wèi zhì nì yòu géng jià shòu liàn wù lùn nì cài huà duò duò 是是是我的第一个爻, 是醒人们当进入了新的位置,你要更加收敛,无论你才华多 gáo ,都不要太外露,要做到谨言慎行,虽然不会得到称赞, dàn bù huì yòu zài hòi lua yòu xài hòi lua yòu zài hòi lua yòu xài hòi lua yòu zài hòi lua yòu zài hòi lua yòu zài hòi lua yòu xài hòi lua yòu zài hòi lua xài lua xài lua yòu xài hòi lua xài lua xài lua yòu xài hòi lua xài lua

Liu-Si. Yao ci: "The bag is tied, neither harm nor praise". We now move to the fourth line which is also the first line of the second trigram, so this represents a new position and a moment of new opportunity - but there exists uncertainty. In this new position, you need to be cautious and avoid displays of pride. So be like a tied bag and don't have it open to reveal what is inside. By keeping your bag tied, there will be neither praise nor harm, and you will create a safe position for yourself.

九五 (从下往上,第五条线)的爻辞是 "飞龙在天,利见大府"。意思是这条龙已经来到很高的位置,是大显身手的好时机,这时需要与德才兼备的人携手合作,共同成就伟业。

in wu cóng xiò wàng shàng di wù tióo xiàn bì yu có shì thương cháng yuán ji yèc tả tà 大五条线)的爻辞是 "黄裳元吉,文在 zhông yè "。意思是黄色是土地色,属于中性色,代表和谐与吉xiàng " zhè gè yào cí gào sù wò men lài dòo zhè gè gào wèi shi yào còi qù 祥。"这个爻辞告诉我们,当我们来到这个高位时,要采取

**Jiu-Wu** (from bottom to top, yang in fifth line), Yao ci: "the dragon flies in the sky, it profits to see a great man". The statement tells us that the dragon has come to a very high position. It is a great opportunity to achieve your goals, but you must seek and cooperate with great men (expertise, knowledgeable, morality and political integrity).

shì dáng dì tài dù yòo zin zhòng xié tiáo gè zhông yì jiàn néng qù néng shēn , 除了自适当的态度(要尊重,协调各种意见,能屈能伸),除了自 jǐ néng lì wài huán yòo jiàn shòu zhèng dòo cái néng jǐ xiáng 己能力外,还要坚守正道才能吉祥。

**Liu-Wu.** Yao ci: "Yellow dress is auspicious; it is a natural tone". When we come to a very high position, we need to act in a neutral manner. Just as yellow is a neutral colour, in this position one should respect various opinions, cooperate with people from all walks of life, and be flexible when dealing with problems. At this high position, when making decisions beyond our ability, we must consistently maintain steadfastness and hold on to the values of Dao and avoid extremes to achieve auspiciousness.

上九(从下往上,第六条线)的爻辞是 "元龙有悔"。 爻辞的意思是 "龙飞得太高,有懊悔"。 来到这最高的位置,前处在去路,根据物极必反的道理,所以会有懊悔。 这也体现《易疗原》的基本理念: 事物发展的必然规律是周而复始,阴阳互动的结果。

**Shang-Jiu** (from bottom to top, yang in top line), Yao ci: "the dragon overreaches himself; it is regret". The dragon has reached the top level and there is no further path to move forward based on the principle of natural development which states: "when reaching an extreme, things are bound to

上六(从下往上,第六条线)的爻辞是"龙战于野,其血玄hung"。 \$\frac{1}{2}\$ xing wo men dang ni loi dao zul giao wei zhì shi yi qian wu qu lù zhì yi you zin qiù giàn wu qu lù zhì yi you zin qiù giàn wu qu lù zhì yi you zin qiù giàn wu qu lù zhì yi you zin qiù giàn wu qu lù zhì yi you zin qiù giàn wu qu lù zhì yi you zin qiù giàn wu qu lù zhì yi you zin qiù giàn wu qu lù zhì yi you zin qiù giàn wu qu lù zhì yi you zin qiù giàn wu qu lù zhì yòu xin qiù giàn bìòn zi xiòn zin xiòn xiòn kài shì xi cái néng huò de xin shèng zhè hè qián guò dì shàng jiù yi yòng dù shì tì xiòn 重新开始,才能获得新生。这和乾卦的上九一样,都是体现 易经的基本理念:事物是不断的发展和变化的道理。

**Shang-Liu**(yin in top I) Yao ci: "The dragons are battling in the wilds, their blood flows dark and yellow." The top of the Kun hexagram represents one who has reached the ultimate stage and there is no further path to move forward. Here, like the dragons, you fight and bleed but eventually, you must make a decision: continue to fight until death, or retreat and start

revert to their opposite state". So, you now need to prepare and start	anew albeit from a position of weakness. This reveals the principle of I
something new.	Ching: nothing is forever, everything is changing. (This also helps us to
	understand why the book "I Ching" is also called "The Book of Change".)