

Part 1

wǒ wéi shí me xǐ huān 《yì jīng》?
我为什么喜欢《易经》？

tóng nián shí hòu de wǒ zǒng shì tīng dà rén shuō mǒu rén kě yǐ suàn mìng yīn wéi tā dǒng yì jīng
童年时候的我总是听大人说，某人可以算命，因为他懂易经。

yì jīng cóng cǐ zài wǒ měng dǒng hào qí de nián suì lǐ zhǒng xià liǎo yī kē shén mì de zhǒng zǐ
《易经》从此在我懵懂好奇的年岁里种下了一颗神秘的种子。

dào liǎo zhōng xué shí bù zhī shì hé yīn yuán zài nǎ lǐ nòng dào yī běn 《yì jīng》, jiù ài bù
到了中学时，不知是何姻缘在哪里弄到一本《易经》，就爱不
shì shǒu dì kǔ dú liǎo yī gè jiǎ qī dǒng liǎo yī diǎn pí máo jiù xué zhuó gěi zì jǐ suàn suàn mìng ǒu
释手地苦读了一个假期，懂了一点皮毛，就学着给自己算算命，偶
ěr gù nòng xuán xū bāng shēn biān de rén suàn suàn hěn dé yì
尔故弄玄虚 帮身边的人算算，很得意。

suí zhuó nián suì de zēng cháng shēng huó de máng lù jì yì lǐ de yì jīng yǐ zài nǎo hǎi lǐ jiàn jiàn
随着年岁的增长，生活的忙碌，记忆里的易经已在脑海里渐渐
dì dàn qù suī shuō zhǐ huì bèi 《yì jīng》 de sì gè zì “yuán, hēng, lì, zhēn” (wàn
地淡去。虽说只会背《易经》的四个字 “元，亨，利，贞”（万
wù de qǐ shǐ shēng cháng fā zhǎn hé zhōng jí de sì gè jiē duàn què bù zhī zhēn zhèng de hán yì
物的起始，生长，发展和终极的四个阶段），却不知真正的含义。

ké shì wǒ shì fǒu hǎo xiàng zhī dào yī xiē zì jǐ de mìng yùn zhù zài dà shān lǐ de wǒ jiù xiàng
可是我是否好像知道一些自己的命运 - 住在大山里的我就向

“yuán”, zhǐ yǒu nǔ lì pǎ chū dà shān cái huì dào dá “hēng, lì, zhēn” de jiē duàn
“元”，只有努力趴出大山，才会到达 “亨，利，贞” 的阶段。

cóng cǐ zhǐ wéi liǎo zì jǐ de lǐ xiǎng qián tú bù tíng dì pīn bó zài méi yǒu pèng guò
从此只为了自己的理想，前途 不停地拼搏，再没有 碰过

yì jīng liǎo zhuǎn yǎn jǐ shí nián guò qù liǎo cái yì shí dào zì jǐ dāng chū de lǐ xiǎng jī hū shí
《易经》了。转眼几十年过去了，才意识到自己当初的理想几乎实
xiàn liǎo duì zì jǐ nián yòu de qǐ méng shū yòu kāi shǐ gǎn xìng qù liǎo dāng wǒ dú dào kǒng zǐ de
现了。对自己年幼的启蒙书又开始感兴趣了。当我读到 孔子的

“jiā wǒ shù nián wú shí yǐ xué 《yì》 kě yǐ wú dà guò yǐ” 《lùn yǔ》 shù
“加我数年，五十以学《易》 可以无大过矣” 《论语》 述

而》。这就使我更加坚定了学习《易经》的信念，并将学习心得与
有兴趣的朋友分享。

Why do I like "I Ching"?

When I was a child, I always heard the adults say that a person can predict the future when he understands the "I Ching". These conversations planted a mysterious seed in my mind and piqued my ever-present curiosity about the I-Ching (sometimes referred to as the "Book of Changes").

Later in middle school, by chance, I obtained the famous book "I Ching". During my holidays I started to read it and could not put it down. Although I only understood little of what it said, I used the book to try and divine my future. Occasionally, I also tried to ascertain the future of others, I was so happy with myself!

As I grew older, most of my earlier learnings of I-Ching became buried in the deep recesses of my mind as more pressing matters of life overwhelmed me. Yet, while most of my learnings were hard to recall, I could still recite four characters from the book: "Yuan", "Heng", "Li", and "Zhen" (the four stages of birth, grow, develop and complete). These stuck with me even I didn't know their true meaning. But somehow the memory of them seems to have helped me understand my own destiny. Living in a small village in the mountains was my "Yuan" (the first stage of birth). Following from "Yuan" and after working hard and moving away from my village have I experienced "Heng", "Li", "Zhen".

The years went by as they do and recently, I realized I had not thought about the I-Ching for many years. But with a settled life my passions have been renewed with vigour and my enthusiasm is great. As for I-Ching, Confucius has been quoted as saying: "Add me for a few years, I can learn the Yi [I-Ching] for fifty years without a big mistake".

This small quote has strengthened my belief in learning the Book of Changes and through this blog, I will record my learning experience with anyone who is interested.