



需卦由下乾三(天、男人)上坎三(水、险)组成。又称“水天

需”，危在前。第四卦（蒙卦）讲了启蒙教育，这一卦（需卦）

是讲启蒙后的人，当我们获得了一定的知识，就有不同的欲望，

当欲望得不到满足时，就会产生很多烦恼。为了减少烦恼，需卦

告诉我们，要节制自己的欲望，不能随心所欲，需要耐心等待。

卦辞：“需，有孚，光亨，贞吉，利涉大川”。卦辞告诉我们：

你的需求不可能立即得到满足，成功需要一个等待的过程。如果

想要目标顺利达成，你就需要：有诚信，守住光明正道，克服万

难，合理节制自己的欲望，适可而止。为了减少欲望带来的痛

苦，增加满足带来的幸福。请看以下的每一个爻辞给我们的启

示：

初九，“需于郊，利用恒，无咎”。这个爻辞用“在郊外等待”

来比喻成功在望。虽然我们的目标就快到了，但是还没有达成，

还需要等待。我们要充分利用这些时间来修养自己，培养耐信和

恒心，明白有恒是成功的根本，不要冒险前行，就不会有灾难。

jiǔ èr, “xū yú shā, xiǎo yǒu yán, zhōng jí”。zhè gè yáo cí gào sù wǒ men zài jiē jìn chéng
九二，“需于沙，小有言，终吉”。这个爻辞告诉我们在接近成
gōng shí, huì shòu dào xián yán xián yǔ de yǐng xiǎng。jiù hǎo xiàng jǐ gè rén jìng zhēng tóng yí yàng dōng xī,
功时，会受到闲言闲语的影响。就好像几个人竞争同一样东西，
qí tā rén kě néng huì jiǎng nǐ de huài huà, pò huài nǐ de shēng yù, cóng ér jiàng dī nǐ de jìng zhēng
其他人可能会讲你的坏话，破坏你的声誉，从而降低你的竞争
lì。zhè shí nǐ yào jiǎn shǒu zhèng dào, bù yòng tīng qí xián yán, jiù huì jí xiáng。hǎo xiàng zài shā tān
力。这时你要坚守正道，不用听其闲言，就会吉祥。好像在沙滩
shàng xíng zǒu, nǐ de jiǎo suī rán gǎn dào bù shū fu, dàn shì bù huì yǒu dà de shāng hài。
上行走，你的脚虽然感到不舒服，但是不会有大的伤害。

jiǔ sān, “xū yú ní, zhì kòu zhì”。zhè yī guà shuō míng zài jiē jìn chéng gōng shí, yí dìng yào
九三，“需于泥，致寇至”。这一卦说明在接近成功时，一定要
nài xīn děng dài。rú guǒ mào rán qián xíng, jiù huì zhāo lái huò huàn。nǐ xiǎng yào de dōng xī, kě néng
耐心等待。如果冒然前行，就会招来祸患。你想要的东西，可能
hěn duō rén dōu xiǎng yào, suǒ yǐ nǐ bù yí dìng néng dé dào, zhè shí nǐ xū yào liǎo jiě zì jǐ de cháng
很多人都想要，所以你不一定能得到，这时你需要了解自己的长
chù, míng bái “jìn rén shì, tīng tiān mìng” de dào lǐ。zhǐ yào nǐ nǔ lì liǎo, dé bù dào nǐ
处，明白“尽人事，听天命”的道理。只要你努力了，得不到你
xiǎng yào de dōng xī, yě bù yào miǎn qiǎng, fǒu zé hòu guǒ bù kān shè xiǎng。jiù hǎo xiàng zài zhāo zé
想要的东西，也不要勉强，否则后果不堪设想。就好像在沼泽
zhōng xíng zǒu, bù xiǎo xīn jiù huì diào jìn ní kēng lǐ。
中行走，不小心就会掉进泥坑里。

liù sì, “xū yú xuè, chū zì xué”。zhè gè yáo cí gào sù wǒ men, jīng guò cháng qī de děng
六四，“需于血，出自穴”。这个爻辞告诉我们，经过长期的等
dài hé jiǎn kǔ de fèn dòu, zhōng yú qǔ dé le chéng gōng。jiù hǎo xiàng zài dòng xué de xuè bó zhōng táo liǎo
待和艰苦的奋斗，终于取得了成功。就好像在洞穴的血泊中逃了
chū lái。zhè shí wǒ men yě yào gēng jiā xiǎo xīn, bù yào ràng yù wàng chōng pò tóu nǎo, yào hěn lěng jìng
出来。这时我们也要更加小心，不要让欲望冲破头脑，要很冷静
dì sī kǎo: shí me shì nǐ zhēn zhèng xū yào de dōng xī, xué huì kòng zhì zì jǐ de yù wàng, zì wǒ
地思考：什么是你真正需要的东西，学会控制自己的欲望，自我
tiáo shì, cái bù huì yǒu zāi nán。
调适，才不会有灾难。

jiǔ wǔ, “xū yú jiǔ shí, zhēn jí”。nǐ jīng lì le gè zhǒng děng dài hé nǚ lì, zhōng yú
yǒu liǎo chéng jì, dàn shì nǐ yào míng bái nǐ de chéng jì bù shì nǐ yī rén de nǚ lì, ér shì hěn duō
rén bāng zhù nǐ, pèi hé hé zhī chí nǐ de jié guǒ。suǒ yǐ nǐ yào dǒng dé fēn xiǎng nǐ de fù guì hé
jiǔ shí jiā yáo, cái huì jí xiáng。rú guǒ nǐ de xū qiú mǎn zú shí, zhī zhī chī hē wán lè,
bù wù zhèng yè, nà huì gēng jiā wēi xiǎn dì。

shàng liù, “rù yú xué, yǒu bù sù zhī kè sān rén lái, jìng zhī zhōng jí”。zhè yī yáo cí jǐng
gào wǒ men, dāng wǒ men qǔ dé chéng gōng hòu, jiāng huì yǒu sān wèi bù sù zhī kè dēng mén bài fǎng duó qǔ
wǒ men de cái fù: guān shuì rén yuán yào qiú jiāo shuì; bù fǎ zhī tú wú lǐ lè suǒ; zǐ nǚ wú jié
zhì de xū qiú。rú guǒ nǐ néng zhèng què chǔ lǐ tā men: lǎo shí jiāo shuì; míng biàn shì fēi; jiào yù
zǐ nǚ zì lǜ, jiù huì jí xiáng。

xū guà tí xǐng wǒ men, kòng zhì yù wàng; bù yào jí yú dá dào mù biāo; chéng gōng shì yī duàn màn cháng
de lǚ chéng。tā hái gào sù wǒ men, yī dàn wǒ men de mù biāo shí xiàn liǎo, jiù bì xū yǔ tā rén
fēn xiǎng wǒ men de chéng gōng hé cái fù, lǚ xíng wǒ men de zhí zé, bìng míng zhì dì chǔ lǐ “bù sù
zhī kè” de yāo qiú。rú guǒ wǒ men bù míng zhì dì cǎi qǔ xíng dòng, jiù kě néng dài lái fán nǎo hé
chōng tū。xià yī gè guà “sù guà” jiāng zhǐ dǎo wǒ men rú hé chǔ lǐ chōng tū。

5 需卦 Xu Hexagram

The **Xu** hexagram represents waiting. It is combined with Qian 乾 ☰ (Heaven, men) at the bottom and above is the Kan 坎 ☵ (water, danger) trigram. This hexagram shows the danger that lies ahead. The previous Meng hexagram tells us that it is very important to be educated after birth. The Xu hexagram warns that as an educated person we have gained certain knowledge and desires, but those desires can cause deep anxiety and great worries within us. The Xu hexagram tells us to not covet too much and to be patient in satisfying our remaining desires.

The **Judgment** of the Xu Hexagram: “Need, integrity, righteousness, steadfast, and it is auspicious when crossing a great river.” This hexagram tells us to not expect our needs to be satisfied immediately: success is a long journey of waiting. When waiting, we should not be passive rather, we should be preparing for our future by showing integrity and being persistent in our self-improvement while also controlling our desires. In doing so, we become aware of any dangers ahead help us to avoid difficult situations. The following Yao ci helps us to reduce our suffering and increase our happiness.

Chu-Jiu. Yao ci: “Waiting in the outskirts, use this time to practice persistently, no harm”. The Yao ci tells us that when we are close to reaching our goal, we are not there yet and need to be patient use this time to cultivate ourselves. We need to understand that perseverance is the foundation of success and by not rushing to reach our desires, we will avoid harm. Like being on the outskirts of a city after a long journey, we are close to reaching our desire but still need to be patient and persevere.

Jiu-Er. Yao ci: “Waiting on a sand land, small gossip, it is auspicious at the end”. This position tells us that we are coming closer to our goal, but there are

obstacles on the way to reach our target. For example, we may be faced with a situation where we are contenting with others for a promotion, some may spread rumours concerning others to destroy their reputation. At this time, we need to be steadfast and continue to do the right thing. While we may be uncomfortable with the gossip, by focussing on our work, the gossip will be shown to be unfounded, and we will reach our goal. Just like walking on shifting sand, our feet feel uncomfortable, but the sand does no harm and we will reach the water at the end.

Jiu-San. Yao ci: “Waiting in the mud, Brigands are invited”. This Yao ci tells us that when we are very close to success, we need to be particularly aware of our situation as it can be dangerous if we are too ambitious. Just like standing in mud, we may sink further into the mud if we move too fast to grasp our object. When we seek a goal, we should remain mindful that others may also covet the same goal. While these people may not be “brigands”, they may succeed over us. So long as we have tried our best, we must respect our fate.

Liu-Si. Yao ci: “Waiting in blood, leave the cave,” This hexagram warns us that we have reached our dream as we have been waiting and hard working for a long time to get what we want. Currently, we need to control our desire by staying calm and thinking about what we really need. By reducing our desires, we can avoid a dangerous situation, as this Yao ci tells, us, the blood represents too much desire (blood) and we must escape the cave (our greedy desires).

Jiu-Wu. Yao ci: “Waiting with wine and food, it is auspicious”. When we have reached our success after a long time of waiting, we need to think about the people who have helped us on our journey to reach our goal. So, it will be auspicious for us to share our success (our food and wine) with others.

However, we must avoid danger by continuing to improve ourselves. We cannot spend all day eating, drinking, and showing off.

Shang-Liu. Yao ci: “Entered a cave, there are three uninvited guests, it is auspicious if you treat them with honour”. This Yao ci tells us that when you have become successful, there will be three types of uninvited “guests” who desire to relive you of your wealth: guests from the government want you to pay tax; outlaws will seek to steal your wealth through schemes, and your children will ask you to fund their desires. There will be no harm if you can deal with them through: honestly paying tax; wisely recognizing schemes; and educating your children on self-discipline.

The Xu hexagram reminds us to: control our desire; do not rush to reach our goal; and to be mindful that reaching our goals is a long journey. It also tells us that once our goal has been achieved, we must share our success and wealth with others, perform our duty, and wisely deal with demands from “uninvited guests”. If we fail to act wisely, we may create conflict and need to know how to deal with this conflict. The next hexagram “讼卦 Song Hexagram” will guide us in how to deal with conflict.