



**Aaron U. Adamson, DMD**

290 Brinkby Ave., Reno, NV 89509

Tel: (775) 826-7833 Fax: (775) 826-6017

## **Preoperative Instructions for I.V. Sedation/General Anesthesia**

- No food or drink for **6 hours** prior to your scheduled surgical appointment. Try to drink an increased amount of fluids the day and night before surgery.
- If you are currently taking any medications, continue to take medications as prescribed by your physician unless instructed differently by Dr. Adamson. If you take medications in the morning, take the medications with a small sip of water at least **2 hours** prior to your scheduled appointment.
- Each patient must be accompanied by a responsible adult who is able to be present at the time of the appointment, remain in the office during sedation, and either drive the patient home or accompany the patient home via taxi/bus.
- No smoking for at least **12 hours** prior to your appointment. We recommend that patients stop smoking several days or weeks prior to surgery for improved safety with sedation, decreased chance of postoperative infection, and improved tissue healing.
- No driving a vehicle or operating machinery for **24 hours** following surgery.
- Wear loose, comfortable clothes.
- Please do not wear lipstick or nail polish to your scheduled appointment. If nail polish or acrylic nails are present, they may need to be removed for the placement of a monitor on the finger.
- Any jewelry will need to be removed at the time of surgery (including earrings, necklaces, rings, and any facial piercings).
- Corrective contact lenses will need to be removed prior to surgery.
- If you are feeling sick (runny nose, cough, sore throat, stomach ache) the day before or morning of your scheduled appointment, please call the office to reschedule.