

# Homeschool 2023

Great for homeschoolers and unschoolers, as well as for families disillusioned about the current state of public education.

- Inexpensive/very low-cost homeschool curriculum
- Adaptable to any age of learner or location of learner
- Highly personalized, learner-centered activities
- No standardized tests. Worksheets optional.

Requires you and helps you learn:

To try. To explore. To create. To problem solve. To look for patterns. To plan. To research. To share. To express yourself. To think. To do. To wait. To start and to finish. To learn how to learn.

- **Learn ASL**

Learn ASL. Or BSL or FSL. Learn Sign Language. There are books, videos, and all sorts of resources available. Learn and practice every day. If you already know ASL, teach someone or hold conversations with new learners.

- **Grow plants**

If you have space for a garden - containers, small plot, large area, community space - do that. Research and plan what you will grow. Plot and create what you will need to make sure your plants thrive. Monitor and record what happens. Not much space? Try regrowing in a single planter. Grow plants, however you can. Be sure to touch the soil.

- **Write letters and MAIL them**

Write them by hand. Correspond to family, friends, or new buddies. Tell them stories or write them poems. Write about your experiences, your life. Reply back. MAIL them with the USPS

- **Create a “new word” dictionary**

Make a dictionary of new words you learn. Illustrate it how you like. Include “slang” and profanity. Create your own dictionary.

- **Upcycle something**

Turn something old into something new. Look at it from a different perspective and give it a new use. Be creative. Upcycle something. Maybe several things.

- **Follow something in the sky**

Everyday. Become a cloud watcher. Or follow the cycles of the Moon, the Sun, constellations, and the Planets. Take note of the time of year, the weather, what is happening. Maybe even learn more about them. Lots of books on these subjects.

- **Observe and record the weather**

Everyday. Think of all the ways weather is measured. Read, measure, and record. Write about what you observe. Plot and chart it. Look at it. Notice any patterns?

- **Move your body**

Move your body mindfully, with intent. Feel your body as you move. Sense and acknowledge how it feels when you move. Run, walk, tai chi, yoga, skateboarding, dance, swim. Everyday.

- **Make rhythmic noise**

Cause a vibration. Make rhythmic noise. Sing, strum, tap, clap, hum. Use your body or an instrument. Everyday.

- **Meditate and Breathe**

Take minimally 10 minutes a day to meditate. Longer if you do not have time. Be still and quiet. Everyday.

- **Learn to do one new thing**

Gain a new skill. Learn to play an instrument. Become a beekeeper. How to paint. Learn to read Tarot. How to make tinctures. How to weave or sew. How to perform CPR. Learn to do something useful or creative.

- **Read and be read to**

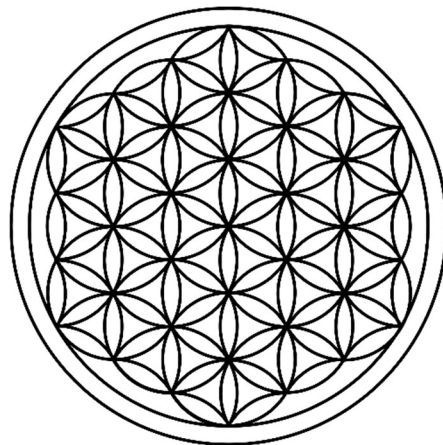
Read books, short stories, plays, letters, speeches, poems, user agreements, old documents, investigative journalism, legislation. Read words. Read to someone. Listen to someone read. Everyday.

Imagine at the end of a year, you want to show what you did with friends and family. Keep records. Take photos. Make collages. Write in journals. Scrapbook. Record videos and audio. Save all that sort thing so that you can tell the story of what you did over the year.

As you do these things, you will discover teachable moments. Go with it. Learning to sew and need to understand fractions? Take some time to learn them in relation to sewing. Did fractions come up again while cooking? How was it the same as with sewing? How was it different? See a reference to an event in the past? Look it up. Find out what actually happened from authentic sources. How does it fit with what you read? Go with those teachable moment. Teach yourself by exploring ideas.

Whatever you do, whatever you are learning, make notes about it. You want to see all that you did. All that you learned. Remember, think about telling your story at the end of the year.

Love. Love yourself. Love others. We're unique individuals, connected to each other.



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