



- To help the healing process & protect the newly acquired tattoo's color & shape,
- Tattoo aftercare is just as important as having the tattoo made.

## FIRST 7 DAYS AFTER GETTING YOUR TATTOO

- Remove the bandage within 2 hours & wash your tattoo gently with water.
- Make sure all the dry plasma/ blood is washed off.
- Now pat dry your tattoo with fresh tissue & leave open to dry.
- Once your tattoo is dry i.e. after 10-15 mins, apply a very thin layer of the ointment suggested.
- Do not over lubricate your tattoo; however do not let it dry out either.
  Repeat this for the next 7 days; 2-3 times a day.
- Do not re-bandage your tattoo; instead keep it covered wearing loose clothes as your tattoo needs to breathe to heal well.
- Wash your hands before & after touching your tattoo to avoid infection.
- While bathing, wash your new tattoo with water but do not soak it for more than 5 minutes.
- From the fourth day your tattoo will start scabbing; this scab has to peel off naturally leaving the ink behind into your skin.
- If the scabs come off pre-maturely then the ink will come off as the ink is attached to your scabs.
- Resist scratching the tattooed area or picking at scabs no matter how much it itches.

## THINGS TO REMEMBER

- Do not let anyone touch your freshly made tattoo as bacteria might infect it.
- Do not soak your tattoo; stay out of pools, hot tubs, oceans etc.
- Do not expose your tattoo to direct sunlight or tanning beds, it may fade your tattoo.
- Avoid eating anything heaty (red meats, pulses etc.) & alcohol as it may cause heat boils on & around your tattoo.
- Do not exercise the tattooed area till all your scabs have fallen off as stretching your skin may force the scabs to leave your skin resulting in loss of colour.
- It is advised to moisturize your tattoo daily even after its healed.

## TOUCH UPS

- If you take proper care of your tattoo as per the instructions above, you'll have a healthy tattoo which will not require any touch ups.
- However, if you require a touch up, it will be decided by the
  Tattoo Artist at EkArth Studio & will be charged at their discretion.

www.ekarthstudio.com +91-9767766000