



النُّور AL NOOR

MIJS ONLINE E-NEWSLETTER

صَلَّى عَلَيْهَا فَاطِمَةُ الزَّهْرَاءُ

Peace be upon Fatima (S)
The first defender of Imamah!

Celebrating
Islamic Mother's Day
on the Wiladat of
Lady Fatima (S)!

Check out our special
Mother's day
Section!

JAMADI AL AWWAL-JAMAADI AL AAKHIR 1446



SNIPPETS FROM THIS EDITION

Fatima bint Hizam al-Qilabiyya
is the real name of Lady Ummul
Banin (S)

A tribute to the Holy mothers
of our Ma'sumeen (S)

Learn & implement Lady Fatima's
daily Bedtime routine!

what's inside?

- MIJS Spiritual Hospital
- MIJS Online news updates
- Mother's Day celebrations!
- Interesting Historical Events
- MIJS Book Club
- Activity corner, articles & more!!

In this Issue

TABLE OF CONTENTS

TITLE :	PG#
WELCOME NOTE FROM THE PRINCIPAL	3
NOTE FROM THE EDITOR'S DESK	4
➡ EVENTS CALENDAR - JAMADI AL AWWAL	5
FIVE QUALITIES OF LADY ZAINAB (S)	6
LESSONS FROM THE LIFE OF LADY FATIMA (S)	7
AALIM CORNER: SCHOLARLY ADVICE	9
NUDBAH OF THE HEART	10
ACTIVITY TIME!	11
MIJS ONLINE NEWS CORNER	12
ARTISTS CORNER	14
➡ EVENTS CALENDAR - JAMADI AL AKHIR	15
LADY FATIMA (S) AND SURAH AL-KAWTHAR	16
MIJS ONLINE BOOK CLUB	18
THE ACTIVE TABLIGH OF LADY FATIMA (S)	20
ACTIVITY TIME!	22
LADY UMMUL BANIN (S): THE FIRST NOHA RECITER OF IMAM HUSSAIN (S)	23
THE BEAUTIFUL TITLE OF LADY FATIMA: AL-RADHIYA TUL MARDHIYA	25
ACTIVITY CORNER	27
LADY FATIMA AL-ZAHRA: THE RADIANT LIGHT AND LEADER OF ALL WOMEN	28
CHEF'S CORNER	30
SPECIAL LADY FATIMA AL-ZAHRA: OUR SPIRITUAL MOTHER	31
LESSONS FROM THE MASUMEEN (A)	32
ATTRIBUTES OF LADY FATIMA ZAHRA (S)	33
MIJS ONLINE'S SPIRITUAL HOSPITAL	35
MIJS STAFF'S BOOK READING SESSIONS	37
SPECIAL THE HONOURED MOTHERS OF THE MASUMEEN (A)	38

WELCOME NOTE FROM

The Principal

**A woman was created in this world
who reached a very high position.**

**She reached the point that if she is pleased,
Allah (SWT) will also be pleased, and if she is angry
Allah (SWT) will also be angry. Who is this Lady?
She is none other than our Holy Lady Fatima Zahra(S).**

**In my opinion, the highest station that Lady Fatima (S)
has achieved is that Allah's satisfaction and anger
are dependent on her satisfaction and anger.
This position is the highest station that can ever be imagined.
- Agha Panahian Ali Raza**

Salāmun 'alaykum dear Readers of our Fatimiyyah edition,

In these six weeks of Fatimiyyah (S) that began with commemoration of the Shahaadat days of Lady Fatima (S) up till the Wilaadat date of Lady Fatima (S) -if we pondered and acted on the above message, and we tried our best to keep away from the acts which displeases Allah (SWT), we would have played our role towards hastening the reappearance of Imam Mahdi (ATF)!

21st December 2024 marks the last day of our 1st term (Academic year 2024-2025) - and beginning of our 2 weeks of winter break. While our winter break is starting with the celebration of Wilaadat of Lady Fatima (S), we will, inshaaAllah, resume to our new term with the blessings of the Holy month of Rajab.

This year, like previous ones, our Baaligh princesses will be celebrating their special day @ MIJSONline, on the Wilaadat of our Holy Lady Fatima (S). May these young girls, along with all the students and mothers of MIJSONline, and all of our beloved readers, be blessed with the Noor (enlightenment) in their lives, hearts and souls as a gift from this luminous personality we are celebrating - Ameen.

With du'as,

Tehseen Khaku
Principal @ MIJSONline

NOTE FROM THE

Editor's desk

***Congratulations to the Imam of our time (ATF)
and all lovers of the Ahlulbayt (s) on the occasion of
the Birth of Sayyadatun Nisaa Al 'Aalameen:
The Best of All Women of the Universe!***

As Salaamu 'alaykum,

On the auspicious occasion of the Wilaadat of Lady Fatima Zahra (S), we are overjoyed to present yet another beautifully compiled edition of the AL-NOOR E-magazine - Alhamdulillah!

As always, we have tried to put together enriching material - with this issue focusing on aspects of the Shahaadat of Lady Fatimah (S) as well as her Wilaadat - being a celebration of **Islamic Mother's day**. With this in mind, it was also important to remember and honor the mothers of all our Ma'sumeen (s) - along with the noble Lady Ummul Banin -mother of Hz Abbas (s). With all the featured content contributed by our creative students & staff members, we hope that this edition has done some what justice in paying tribute to all of these holy personalities- InshaAllah.

Along with the **Mother's day special feature**, we have our regular columns of MIJOnline News corner, Book club, Aalim Corner, Chef's corner and Activities laid out. You will find that even though this theme is one that we have covered before, our content is different from previous issues - promising to be an engaging and interesting read - InshaAllah!

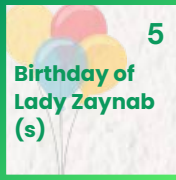

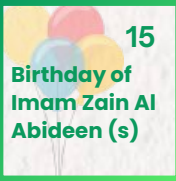
I will end here with a note of gratitude to the *visionary leadership duo behind MIJOnline- **our principal Tehseen Khaku & our vice principal Zehra Mukhtar*** - who are the driving force behind the successful launch of each edition of the AL-NOOR E-magazine.

Additionally, every insightful edition we roll out is because of the hard work & dedication of our proactive **Creative team**, along with the contributions of our very **enthusiastic students and staff members**. May Allah (SWT) accept all our efforts! Aameen.

Wassalam, *Sadaf Ali Zaheer* (Editor)

Jamadi Al Awwal

EVENTS CALENDAR

1	2	3	4	 5 Birthday of Lady Zaynab (s)	6	7
8	9	10	11	12	 13 Martyrdom of Lady Fatima (s)*	14
 15 Birthday of Imam Zain Al Abideen (s)	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	<p>*According to some narrations</p>			

FIVE QUALITIES OF LADY ZAINAB (S)

By @ImamRezaEN

- **She was completely obedient to the Imam (s)**

On the day of Ashura, when the tents were set on fire, she hurriedly went to Imam Sajjad (s) and sought his guidance and carried out his command.

- **She never missed her night prayers**

Imam Sajjad (s) said: "My aunt, Lady Zainab (S), never missed her night prayers throughout her life, not even on the eve of the 11th of Muharram.

- **She was a selfless sacrificer**

On the day of Ashura, she took her two sons to Imam Hussain (s) and sought permission for them to fight on the battlefield before the Imam's sons.

- **She had a monotheistic view**

In response to Ibn Ziyad, who asked, "Did you see what God did to your brother and Ahl Al-Bayt?" she replied, "I saw nothing but beauty."

- **She was courageous and brave**

With the potency of her sermons in front of Yazid and Kufans, she exposed their schemes and disgraced them.



Image Credit: Issam Al-Mussawi

LESSONS FROM THE LIFE OF LADY FATIMA (S)

By Zaakira e Ahlulbayt (S) – Sister Sadia Batool

Lady Fatima (S) has inspired me in many ways. As the leader of the women of the worlds, her life shines with guidance, paving the way to understand what is beloved in the eyes of Rabb-e-Fatima (S).

One such incident is when she was a new bride in her husband's home. On seeing her sad, Imam Ali (s) gently asked the reason.

An answer from a newlywed bride in today's society might reflect separation from her beloved parents and family.

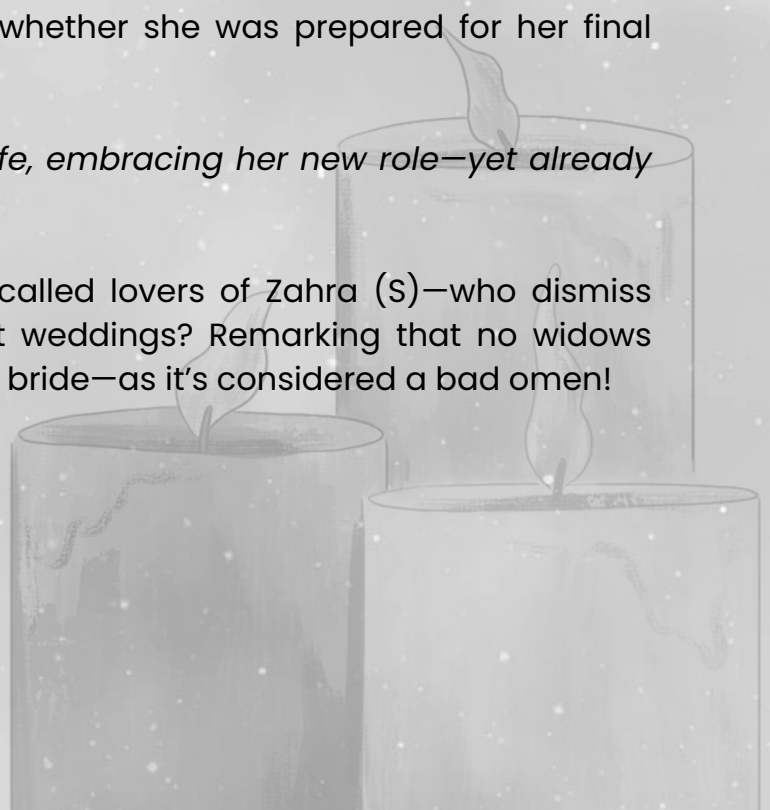
But no, Fatima (S) was far above such worldly concerns; her pains were for Allah (SWT), and her pleasures were for Allah (SWT).

She replied: "After coming to my new home and leaving my old home, I remembered that one day I must leave this world for the final journey to my eternal home."

As if Zahra (S) was concerned about whether she was prepared for her final home—the Akhirah.

Where can we find a bride—so full of life, embracing her new role—yet already contemplating the final journey?

Are we not the same society—the so-called lovers of Zahra (S)—who dismiss even the slightest thought of death at weddings? Remarking that no widows must even cast their shadows on a new bride—as it's considered a bad omen!



Yet, here we have the perfect lady reminding us that the thought of the final journey is the perfect start to a new life.

This thought ensures that:

- Nothing haram enters our lives.
- All wajibs (obligations) and mustahabs (recommended acts) are embraced with sincerity.
- Patience, tolerance, service, and excellent character (akhlaq) become part of our daily lives.

These qualities will surely make both this home and the eternal home very beautiful.

May we follow this great leader of ours. Ameen.



Image Credit: irannationalmuseum.ir

AALIM CORNER

Scholarly Advice



Agha Ali Raza Panahian: "If you read chapter Yasin from the Holy Quran every day and gift it to Lady Zahra (S)- continuing this one simple act, for a year- you will have a special relationship with Lady Fatima (S)."

Image Credit: panahian.net

NUDBAH OF THE HEART

by Teacher Zehra Mukhtar

***The days of Fatimiyya, we await for the Avenger of Karbala
Each drop of blood which has fallen on the land of Gaza,***

***From Adam to Khatam, to the land of Parachinar,
Each cry we didn't hear, from near or far,***

***The child who took the last breath all alone,
Or each child who is hungry and thirsty to the bone,***

***Peace be upon you, for what you patiently endured.
Angels call out, that excellent is the final home,***

***It's not enough to sit and share some post,
We are with you we then proudly boast,***

***Each cell of our existence must crave for the saviour,
Wail and weep, await for him in every behaviour,***

***For sure, when each hope dims away and fails,
Keep reminding, that with him justice prevails.***

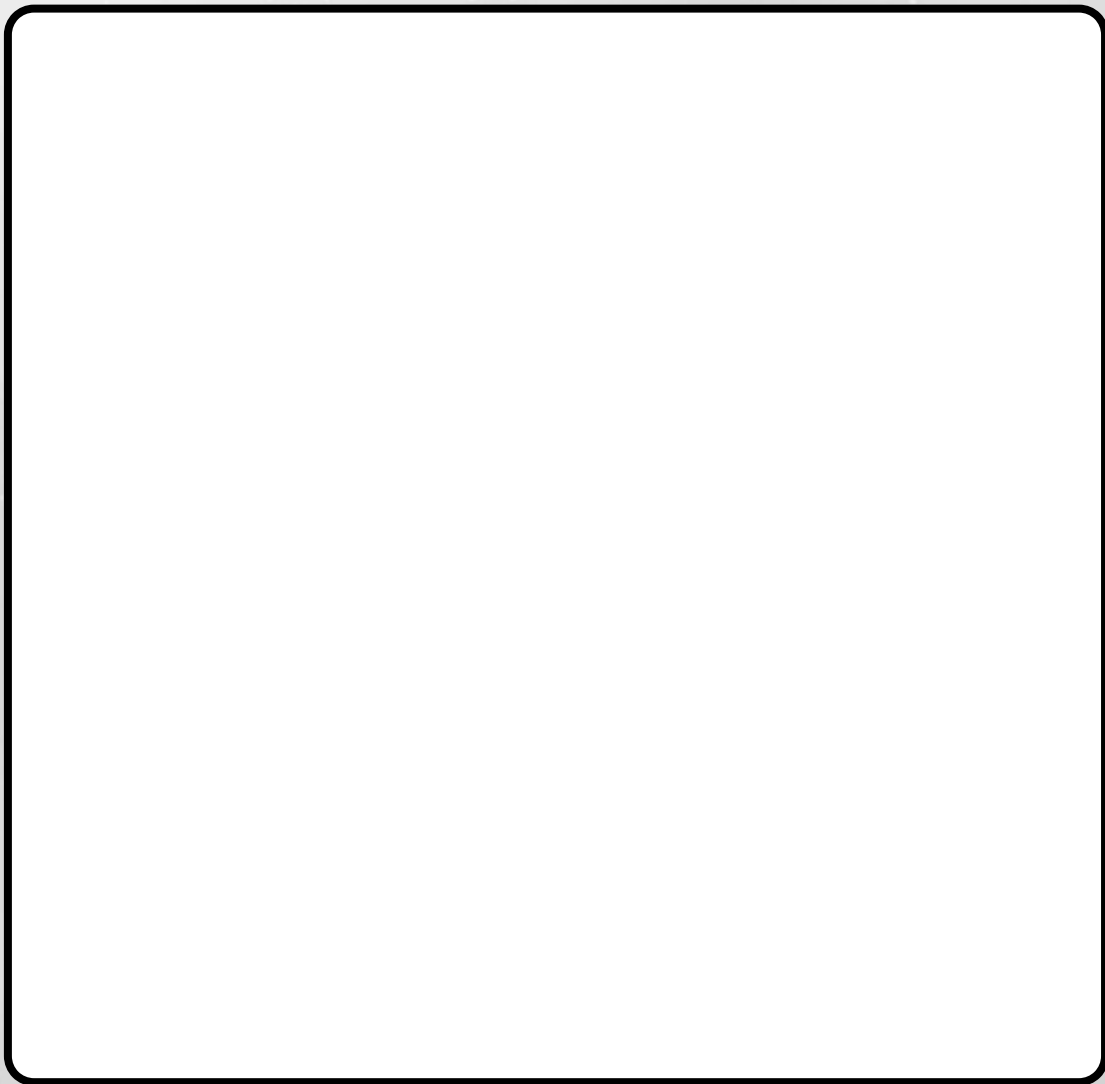


Image Credit: imamhussain.org

Activity Time!

With the help of an adult, search the history of Jannatul Baqee.

Design a model or a map to show how you will help Imam Mahdi (ATF) rebuild Jannatul Baqee



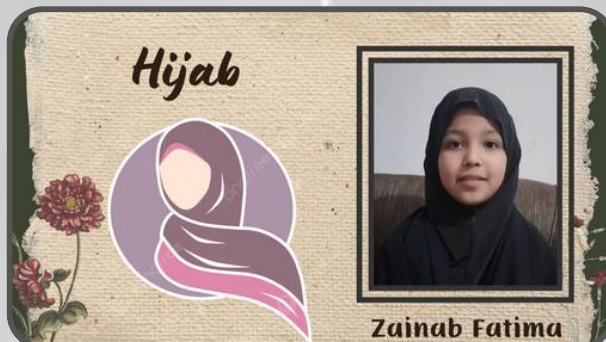
MIJS ONLINE'S News Corner

NOV 24'

Shahadat of Lady Fatima (s).

MIJS Online commemorated the Martyrdom Anniversary of the Lady of Light, Lady Fatima (S) on 16th November 2024. Students of all classes actively participated in the event, their contributions echoing the profound teachings and sacrifices of the Holy Lady.

The primary students gathered to commemorate the martyrdom of Lady Fatima (S) in a heartfelt event. The little companions talked about the Tasbeeh of Lady Fatima (S) and its benefits, while Grade 1 students talked about some of her beautiful titles. The students of Grade 2 shared different objects that reminds them of Lady Fatima (S) and her noble qualities. It was a truly special event, filled with learning as the children came together to honour the legacy of this remarkable personality.



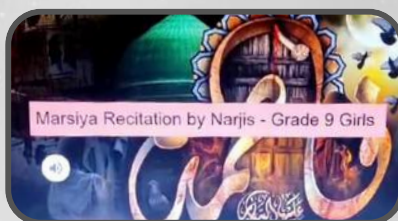
CONTINUED

The Grades 3-6 section dedicated this day for the Lady Fatima's martyrdom. Each grade played their role in participating with their contribution on spreading knowledge of the Holy Lady. Grade 3 talked about the sermon of Fadak. Amazingly explained the introduction on Lady Fatima (S) and then about her famous sermon. Grade 4 shared light on the life of the Holy Lady, beautifully explaining her life's main events. Grade 5 talked about Lady Fatima's connection with Surah al Kawthar. They unfolded the meaning of each verse and its connection with our Holy Lady. Lastly Grade 6 spoke on the patience of Lady Fatima (S) through her life. They mentioned how our Lady endured a life filled with hardships with patience and devotion.



The Grades 7-11 girls put together a wonderful event for the start of Ayyame Fatimiyya. They researched about different aspects related to the life of Lady Fatima Zahra (S) and discussed lessons we can take from them in various presentations.

They also watched a clip from a majlis based on the Tafseer of Ayat e Nur and how it relates to Lady Fatima Zahra (S) & listened to beautiful recitations of



Kalaam and Marsiya by the girls. They ended off the event with Ziyarat of Lady Fatima Zahra (S). May Allah accept all our efforts to commemorate this tragedy.

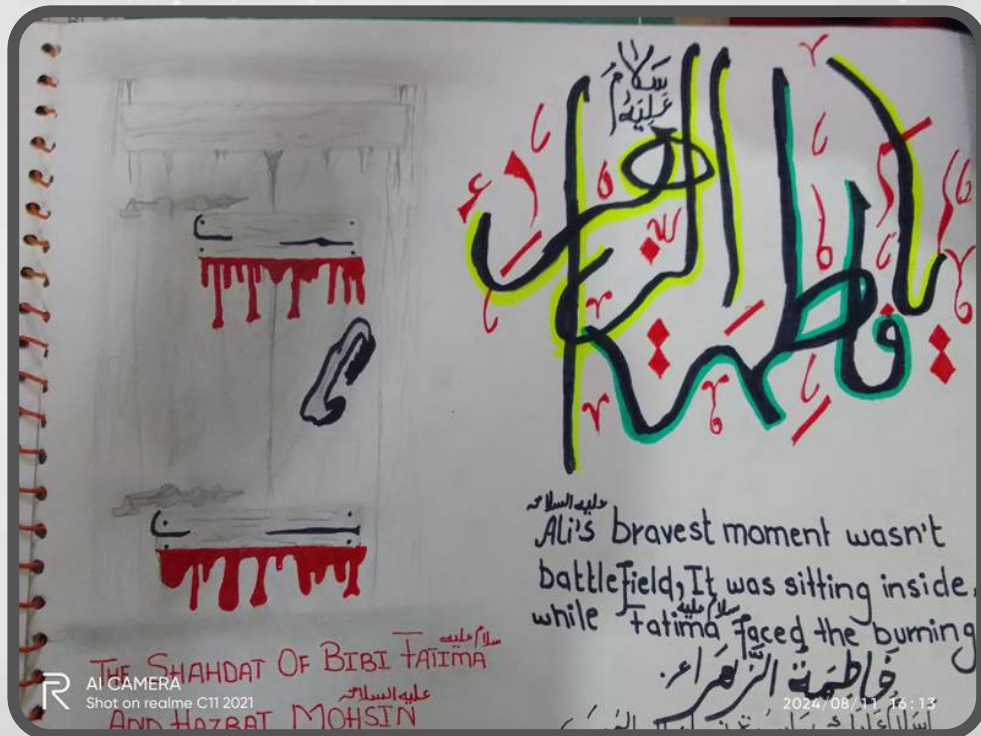
The boys of Grades 7-11 came together to commemorate the days of Fatimiyya. Amazing talents in the form of artwork, recitation and Speeches was displayed. Topics covered were importance and essence of Ayyam e Fatimiyya, some verses from surah noor, a part of kutba e fadak, some verses from surah insan and surah kauthar where boys shared their research put together on ppts and explained live to the participants. The event concluded by remembering her tragedy through nohas.

It was a day well spent remembering the Lady of Light and illuminating our hearts with her marifat, Alhamdulillah.



Artists Corner

SYED MUHAMMAD SHAHMEER (GR 8 BOYS)







SARIM MEHDI (GR 8 BOYS)



Jamadi Al Akhir

EVENTS CALENDAR

1	2	 3 Martyrdom of Lady Fatima (s)*	4	5	6	7
8	9	 10 Victory of the Battle of Jamal.	11	12	 13 Death Anniversary of Lady Ummul Baneen.	14
15	16	17	18	19	 20 Birthday of Lady Fatima Zahra (s)	21
22	23	24	25	26	27	28
29	30	31	<p><i>*According to some narrations</i></p>			

LADY FATIMA (S) AND SURAH AL-KAWTHAR

By Mahdi Raza (Sabiqaen)

The Divine Gift

Surah Al-Kawthar was revealed as a divine gift to the Prophet Muhammad (S), celebrating the immense blessings granted to him. Al-Kawthar symbolizes the River of Abundance in Paradise, promised to the Prophet and his followers. The surah was revealed during a time when the Prophet was mocked for not having a lasting lineage. However, its message affirmed that his true legacy would endure through Lady Fatima (S), the mother of his descendants. Her blessed lineage became a source of pride and strength, fulfilling the divine promise of enduring abundance.

Symbol of Patience and Resistance

Lady Fatima (S), alongside Imam Ali (A), Imam Hasan (A), and Imam Hussain (A), faced immense trials and opposition. Their collective endurance reflects the essence of Surah Al-Kawthar, promising triumph over adversity. Their lives exemplify steadfastness in the face of oppression, embodying the spiritual strength the surah represents.

Overcoming Oppression

Lady Fatima (S)'s life symbolizes resilience against the oppression faced by early Muslims. Despite challenges, her legacy resonates with the promise of Surah Al-Kawthar: victory and divine favor in the face of adversity.

Symbol of Purity and Devotion

Lady Fatima (S) is revered as an epitome of purity and devotion. Her character aligns with the spiritual and moral abundance represented in Surah Al-Kawthar, emphasizing values of righteousness and devotion to Allah.



السلام عليك يا قاطبة الزهراء



Mother of the Imam

As the mother of the Imams, Lady Fatima (S) holds a central place in Islamic spiritual heritage. Her children continued the prophetic mission, serving as a lasting legacy of divine abundance.

Connection to the Prophet's Blessings

Lady Fatima (S)'s life highlights the continued blessings stemming from the Prophet Muhammad (s). Her unwavering commitment to faith and justice reflects the mercy and abundance described in Surah Al-Kawthar.

Perpetual Light for the Ummah

Lady Fatima (S) remains a guiding light for the Muslim community, reinforcing the concept of "Kawthar" as her life and teachings continue to inspire generations. She symbolizes spiritual wealth and eternal guidance, affirming the surah's timeless promise.



Image Credit: Khamenei.ir

MIJS ONLINE'S Book Club




Fatima Is Fatima


Ali Shariati

Al-Islam.org

 **Book:** Fatima is Fatima

 **By:** Ali Shariati

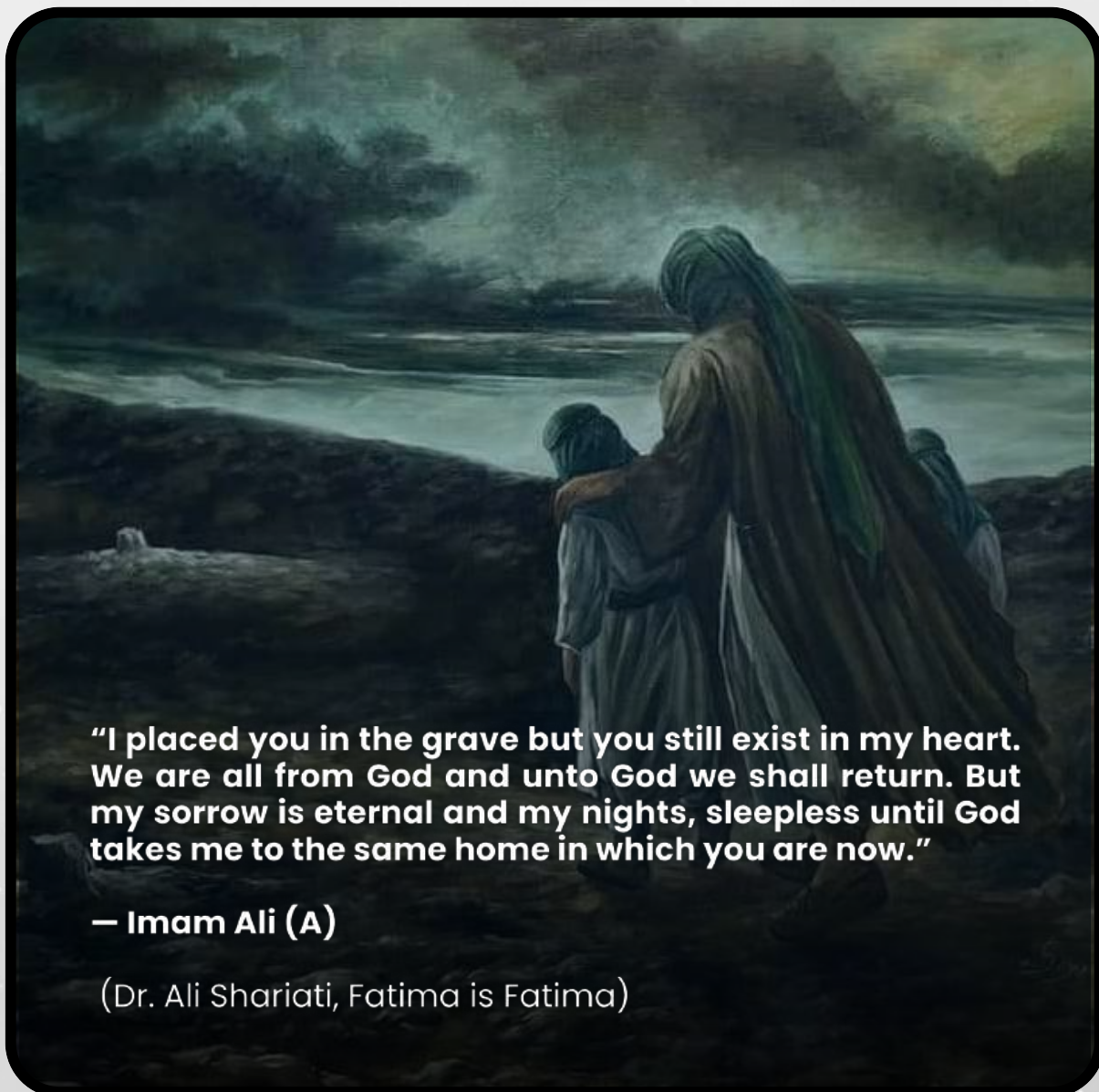
 **Description:** This wonderful book is compilation of lectures given by Dr. Ali Shariati about the life of Fatima az-Zahra (S) the daughter of the Prophet (S) and how she is a manifestation and a symbol of the way and an essential direction of 'Islamic thought' and an important source of learning for the Arabs that considered a man without sons as without descendants, while Allah (SWT) gave the Prophet (S) the best descendants through his daughter. Dr Shariati stresses the importance of her figure and invites all women around the world to look up to her as a universal role model.

 **Reader's Review:** Firstly, the title of this book is what inspires me to read this book as there are only few personalities in this world who are because who they are not because of what family, religion or cast they belong to. Secondly, this book not only helped me to learn more about Sayeda Fatima Zahra's (S) entire life but to solve many of my questions, issues because she stands as role model for all whether you are a female, male a child or whichever religion you belong to. It sparks your intellect and makes you a better person at the end as you get a rope to hold on to whom you are going to follow and reach the Divine Lord.

 **Total Pages:** 129

 **Language:** English

CONTINUED



"I placed you in the grave but you still exist in my heart. We are all from God and unto God we shall return. But my sorrow is eternal and my nights, sleepless until God takes me to the same home in which you are now."

— Imam Ali (A)

(Dr. Ali Shariati, Fatima is Fatima)

You can access the 'Fatima is Fatima'
book for free at: al-islam.org

[Click to download the pdf](#)

THE ACTIVE TABLIGH OF LADY FATIMA (S)

By Teacher Fizza Riasat

Mubahila & Lady Fatimah (S)

Lady Fatimah (S) is the only witness who stood witness to Messengership in Mubahila in all women. She stepped out of her house with her family and got victory against the people of Najraan.

Lady Fizza (S)

In 7 A.H. Holy Prophet (S) awarded Lady Fatima (S) a slave girl like Lady Fizza; and with her also her behavior was such that one day Lady Fizza did household work and she took rest, and the next day Lady Sayyidah (S) worked and Lady Fizza took rest, so that Islamic equality be maintained and slaves do not feel humiliated.

House Chores

Lady Fatima (S) faced challenges in house chores, by grinding wheat, cooking food, feeding her kids at the same time, balancing house chores, tableegh and ibadat. How she did tableegh by staying home when it was needed.

Hijab

Lady Fatimah (S) was so modest that even when a blind companion of her father came to the house, she could not call him in, and after her death even arranged for a coffin that would conceal the shape and size of the body.

Tableegh

Lady Fatimah (S) knocked every door in Madina, reminding the people about Ghadeer. Despite her injuries, she didn't stay at home, & fought for the rights of Imam Ali (A) till her last breath.

Fadak

Lady Fatimah (S) came to the court, amidst a group of Hashemite ladies to lodge a protest at this oppression, and admonished them in a highly comprehensive speech, in which along with mentioning the favors of her father,



services of her husband and Islamic teachings, presented Quranic verses on inheritance, so that claimants of 'the Quran is sufficient for us' (Hasbona Kitabullaah) be convinced through Quran. But when it had no effect, she mentioned that it was a gift from her father, and also presented witnesses to support her claim. After which, according to some narrations, the caliph accepted her claim, but Umar intervened and took away the document and she was deprived of her rights.

Bayt ul Huzn

Lady Fatimah (S) asked Imam Ali (A) to build Bayt ul Huzn, where she can cry on her beloved father and how she was treated after her father. The chamber in which Lady Fatima (S) used to mourn for her father was left intact for around 65 years, but in 1988 A.D. that was also demolished and today its traces too have disappeared.

"...and they who act unjustly shall know to what final place of turning they shall turn back."

Her Funeral

According to her bequest, Imam Ali (A) gave her bath and shroud and the children said farewell to their mother. Her bier was lifted in darkness of the night in a coffin she had got made during her lifetime. In this way, she was buried in the presence of only some family members and sincere friends, and the traces of the grave were obliterated because of the circumstances.

Hidden Grave

Lady Fatimah (S) willed Imam Ali (A) to take out her bier in the dark of night, and not to allow participation of those who oppressed her.



Image Credit: WikiShia

Activity Time!

If you could spend one whole day with Lady Zahra (s), what would you do, what would you say to her?

Write one thing you would speak to her about...



Image Credit: @imamredaas

LADY UMMUL BANIN (S): THE FIRST NOHA RECITER OF IMAM HUSSAIN (S).

By Teacher Kaneez Zahra

Few names & personalities in history are so beautiful inside & out that when you think about writing them you are short of words as they hold such high position due their pure character and love towards Ahlul Bayt s. One of them is Fatima bint Hizam al-Qilabiyya, commonly known as Ummul Banin ("mother of several sons").

In our previous edition of Al Noor Magazine (Vol.2) we shared a glimpse from life of Lady Ummul Banin. In this edition we will get honour of sharing an important thing that was actually initiated by this noble lady. Before that we extend our condolences to Prophet Mohammad (S), Imam Zamana(s), the Ahl-e-Baits and to all Momineen and Mominaat on the death anniversary of Lady Ummul Banin (13th Jamadi-us-Akhir).

The First Majlis and Noha Reciter:

She was the first one to hold a congregation [Majlis] for Imam Hussain (A) right after his martyrdom. She was a poetess, and wrote the first latmiyyah in his honour. After the arrival of Imam Sajjad (A) and Lady Zainab(S) in Madinah, Lady Ummul Banin used to gather women in her house and used to narrate them how Imam Husains and his companions were martyred by Yazidi forces. Lady Ummul Banin was a great poet and she is considered as the first Noha (lamentation poetry) reciter for the martyrdom of Imam Husains.

She used to visit regularly the famous Jannat al-Baqi cemetery in Madinah and recite her Nohas in a very sad voice that everybody present there used to weep bitterly. She transformed the Jannat al-Baqi cemetery in Madinah as "the Centre of Azadari of Imam Husain(s)".

The Nohas recited by Lady Ummul Banin for the martyrdom of Imam Hussain (A) are recorded in history and are considered as masterpieces in Arabic literature.

Lines from the Latmiyya recited by Lady Ummul Banin for her sons:

When women addressed her as Ummul Banin and expressed condolences to her, she composed the following lines:

Oh women of Medina! Do not call me Ummul Banin and do not know me as the mother of the hunting lions anymore.

I had some sons, because of whom I was called Ummul Banin. But now there is no son left for me and I have lost all of them.

Yes, I had four hawks [sons], which were shot and whose jugular veins were cut.

The enemies slashed their pure bodies with their spears. My sons ended the day while they were on the ground with severed bodies.

If only I could know if it is true that they cut off the arms of my son, Abbas?

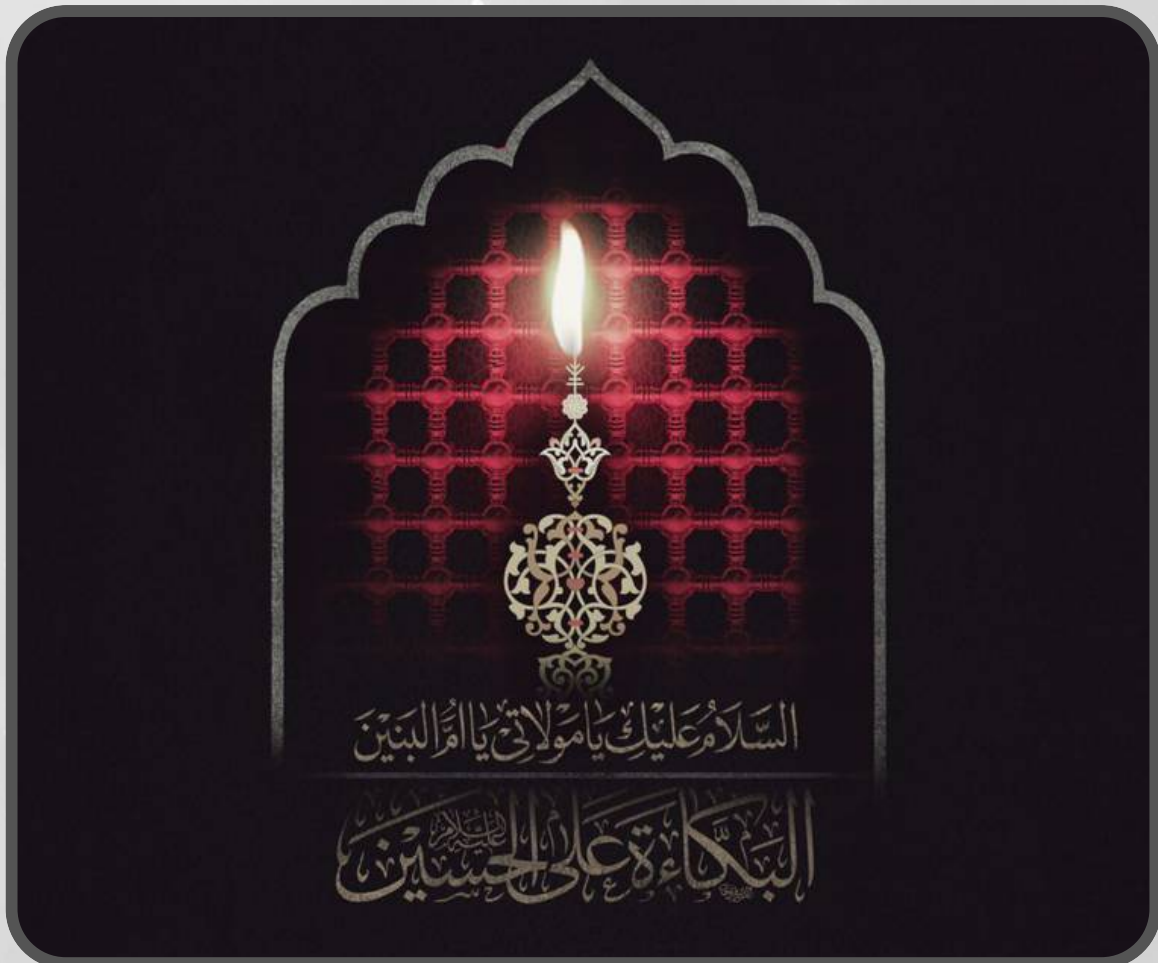


Image Credit: sibtayn.com

THE BEAUTIFUL TITLE OF LADY FATIMA: AL-RADHIYA TUL MARDHIYA

By Haya Batool (Grade 10 Girls)

Allah mentions in the Holy Qur'an in Surah Fajr, verse 28: "Return to your Lord, well pleased [with Him] and well pleasing [to Him]."

Meaning of Al-Radhiya Tul Mardhiya

The title 'Al-Radhiya Tul Mardhiya' means "She who is gratified and shall be satisfied."

- Al-Radhiya (رَاضِيَّة): Well pleased with Allah as her Lord.
- Al-Mardhiya (مَرْضِيَّة): The one with whom Allah is well pleased.

Lady Fatima Al-Zahra (S), the daughter of the Holy Prophet (S), was the wife of Ameer Al-Momineen (Imam Ali) and the mother of the Leaders of the Youth of Paradise, Imam Hasan and Imam Hussain (A). She was also the Chief of the Women of Paradise.

Significance of the Title

This title reflects Lady Fatima's ethical virtues, intellectual brilliance, piety, self-sacrifice, generosity, devotion, patience, and noble character. Allah created Lady Fatima (S) as a sign of His magnanimity and greatest mercy.

Example of Divine Creation:

- Allah created Prophet Muhammad (S) as a sign of His might among His prophets.
- He created Lady Fatima Al-Zahra (S) as a symbol of His ability to create a woman with unparalleled moral excellence and spiritual perfection.

Lady Fatima (S) is the one whom Allah praises. He is satisfied when she is pleased and angered when she is angered. What a noble lady she is!

Attributes of Al-Radhiya Tul Mardhiya

1. **Al-Radhiya:** She remained content with whatever Allah decreed for her, even during life's most challenging moments. Despite her trials, she always expressed gratitude toward her Lord.

CONTINUED

- **Al-Mardhiya:** This term comes from Mardhiyoon, meaning those with an exalted rank and lofty position near Allah. Lady Fatima attained this high status through her piety, patience, and unwavering trust (Tawakkul) in Allah.

Despite her short life, she flourished spiritually and morally. Her father, the Holy Prophet (S), mentioned that when his daughter Fatima (S) stood in prayer, a radiant light emanated from her forehead, illuminating the streets of Madinah.

Her Heavenly Names

Imam Ja'far Al-Sadiq (A) narrated that Lady Fatima was given nine heavenly names: Fatima, Siddiqah, Mubarakah, Tahera, Zakiyyah, Radhiya, Mardhiya, Muhaddatha and Zahra

Salutations to Lady Fatima Al-Zahra (S)

Peace be upon you, O the one pleased with Allah and to whom Allah is pleased.

Peace be upon you, O Leader of the Women of Paradise and the World.

Peace be upon you, O Daughter of the Mercy for All Worlds (the Holy Prophet).

Peace be upon you, O Wife of Ameer Al-Momineen, Imam Ali Ibn Abi Talib (A).

Peace be upon you, O Mother of the Leaders of the Youth of Paradise, Imam Hasan and Imam Hussain (A).

Peace be upon you, O the Most Truthful, the Most Pure, and the Martyr.

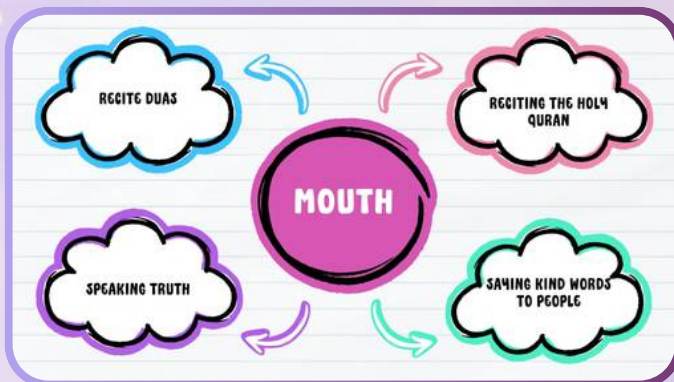
Peace be upon you, O the one who submitted to the will of Allah and earned His pleasure.



Activity Corner

BY GRADE 2 STUDENTS

Practical Learning Activity: The students of Grade 2 participated in an activity titled "Being a Fatimi, means to take care of our body & soul." They explored the importance of looking after both their physical and spiritual well-being through fun, interactive tasks.



GOOD DEEDS CHART

THE PARTS OF OUR BODY ARE WITNESSES TO OUR ACTIONS. LET'S DO MORE AND MORE GOOD DEEDS WITH DIFFERENT PARTS OF OUR BODY

	S	SUN	M	T	W	THU	F
Hands	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ears	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mouth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

LADY FATIMA AL-ZAHRA: THE RADIANT LIGHT AND LEADER OF ALL WOMEN

By Yousma Batool (Grade 11 Girls)

Zahra:

- *The name Zahra literally means "light" and the title "Zahra" of Lady Fatima means "the glowing" or "the radiant one". Lady Fatima had a bright and glowingly radiant face.*

- In Bihar Ul Anwar vol 43 It is reported that the Prophet had said, that when Lady Fatima was born, "Allah created her light like a lamp and hung it on the side of the Throne, thus it illuminated the seven heavens and seven earths".

- In another occasion, it is reported that Imam Sadiq was once asked why Lady Fatima was given the name "Zahra"? And he replied that when she stood in the place of prayer, her light would shine upon the inhabitants of the skies just as the stars shine upon the inhabitants of the Earth." She would shine as brightly to the angels in the sky as the stars shine for us people on the Earth.

- In another narration in Bihar Ul Anwar vol 43, pg 17 by Imam Sadiq, he explains how this light that shone from Fatima Zahra would overwhelm the angels and they would prostrate to Allah and ask him what this light was. And Allah explained that this light was from His own light that he has placed in the sky and this is the light that was given to the Holy Prophet and from which Allah will bring the Aimmah that will carry on His commands. This Noor from her face was transferred to all the 12 Imams.

Sayyadat Nisa Al Alamin:

- Another very well-known title of Lady Fatima is Sayyadat Nisa Alamin. This title has been reported many times, even Ziyarat Ashura where it says Asalamu Alaik Yabna Fatima, Syeda Nisa Alameen. It means that Lady Fatima is the leader of women in the entire Universe not just her time and highlights Fatima's unparalleled status among all women

- Mufaddal ibn 'Umar says, "I asked Imam Sadiq to explain these words of the Prophet where he says, 'Fatima is the leader of the women of the world.' Is she the leader of the women of her time?"

CONTINUED

Imam Sadiq (A) replied, "It was Maryam who was the leader of the women of her time; Fatima is the leader of all women, from the beginning until the end (Tabari, 1413 (A.H.), p. 149.)

Fatima az-Zahra' (S) was different from all women in her high qualities and noble characteristics that took her to the highest rank of virtue and perfection. She is the leader of the women of the world and showed her immense love for others. It is through her that the Holy Prophet's progeny continues and the one who has the light of Allah.

Her faith, piety, and connection to Allah has made her a beacon of light, setting an example for all women and all people on how to live a life rooted in devotion, integrity, and resilience.



Image Credit: imamhussain.org

Chef's Corner

HEALTHY POMEGRANATE SNACK



Ingredients:

- 400 ML Natural or Greek yogurt
- 1 pomegranate
- 2 tablespoon honey
- 30 grams chopped nuts

Method:

- Mix 1 tablespoon of honey into the yogurt. (Add a little more if you want a sweeter taste.)
- Divide half of the pomegranate seeds between two glasses.
- Put half the yogurt on top.
- Add another layer of pomegranate then top with the remaining yogurt.
- Sprinkle on the remaining pomegranate seeds and then top with the chopped nuts.
- Drizzle with the rest of the yogurt.

CAN YOU REMEMBER A STORY FROM THE LIFE OF LADY FATIMA (S) WHICH INCLUDED THIS HEAVENLY FRUIT



LADY FATIMA AL-ZAHRA (S): OUR SPIRITUAL MOTHER

There is something comforting about calling Lady Fatima 'مادر' (mother). It invokes a feeling of intimacy and proximity. Maybe it's because she has never left anyone alone.

Whenever she prayed, she remembered everyone around her but herself. When a woman was in need, she gave her own wedding dress before the very night of her marriage. When a hungry man knocked on the door on three consecutive days while she was about to open her fast, she without hesitation offered her food to him despite that being the last meal left.

It's this love that she has in abundance that is a guarantee that there is no difficulty she won't help solve if you whisper 'Yā fāṭimatu aghythy'ná' because if she could always stay in peace and pray for the neighbours, what makes you think she won't be able to calm the chaos within the people who love her?

Let's call out to our spiritual mother with this special salawat which Agha Marashi Najafi recommended to recite in the qunoot of salah.

Seeking help through her wasila.

اللهم إني أسألك بحق فاطمة وأبيها وبعلمها وبنيتها والسر المستودع فيها

O Allah, I ask you in the name of Fatima, her father, her husband, and her children and the secret entrusted to her.

Salawat of Sayyida Fatima (s).

اللهم صل على فاطمة وأبيها وبعلمها وبنيتها والسر المستودع فيها عدد ما أحاط به علمك

O Allah, bless Fatima and her father, her husband, and her children [as many times] as the numbers comprehended by Your knowledge.

Lessons from the Masumeen

BEDTIME ROUTINE!

Prophet Muhammad (s) informed his daughter Lady Fatima Zahra (S) that before going to bed, she should do these four things:

Recite Salawat – 10 times:

This will bring intercession from the Prophets.

Recite Surah Ikhlas – 3 times:

This is like reciting the entire Qur'an.

Seek Forgiveness for All Believers:

This brings happiness to all believers.

Recite Tasbihat al-Arba':

This is equal to performing Hajj and 'Umrah.

Additional Recommendations to Imam Ali (s):

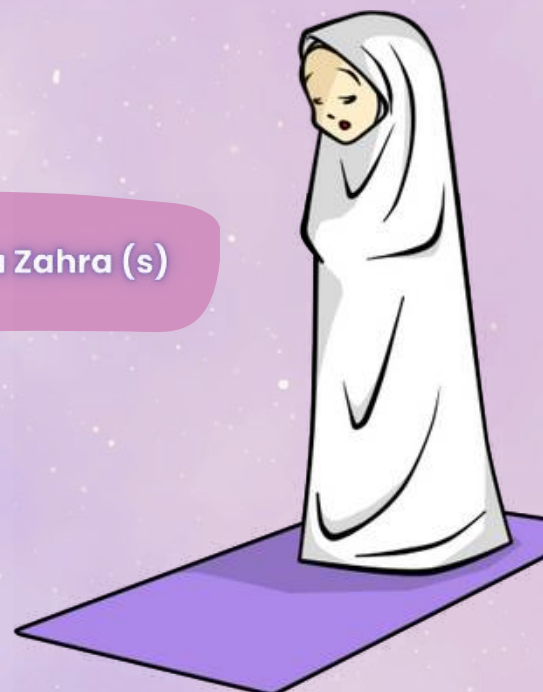
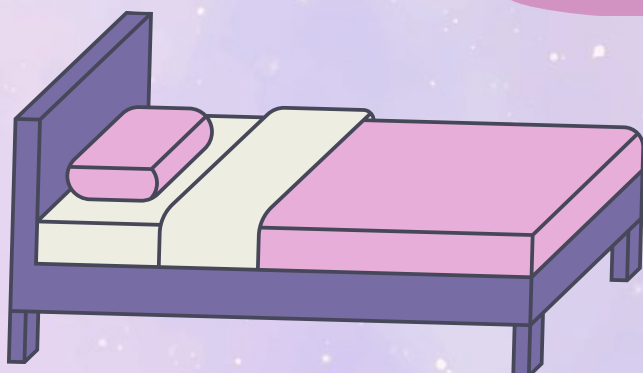
Recite Surah Al-Hamd – 4 times:

This equals giving 4,000 dirhams in charity.

Say Astaghfirullah – 10 times:

This helps resolve disputes among believers.

Recite the Tasbih of Fatima Zahra (s)



ATTRIBUTES OF LADY FATIMA ZAHRA (S)

By Teacher Midhat Fatima

OBEDIENCE OF LADY FATIMA (S) TOWARDS ALLAH (SWT)

Lady Fatima (S) was a loving servant of Almighty Allah (SWT). She followed and obeyed all the teachings of Islam for the love and pleasure of Almighty Allah. Lady Fatima (S), one of the most noble and prominent people close to Allah (SWT), was honored through the revelation of many verses in the Holy Qur'an.

The Holy Prophet (S) has highlighted the Status of Lady Fatima (S) at many occasions. Regarding her Faith, he said: "Belief in Allah (SWT) has entered the heart of Fatima (S) so deeply that she makes herself free from all [worldly] involvements to worship her Lord."

INFALLIBILITY OF LADY FATIMA ZAHRA (S)

Lady Fatima (S) was infallible, and this is an indisputable fact. Almighty Allah purified her from every sin and defect and endowed her with all virtues, making her an example for all the women of the world. She was an ideal figure in faith, worship, chastity, purity, charity, and kindness to the poor and the deprived. In the Verse of Purification, Allah (SWT) Says:

"Allah (SWT) only desires to keep away the uncleanness from you, O People of the House, and to purify you a thorough purifying." (Surah Al-Ahzab, Verse 33)

The People of the House (the Ahlul Bayt) were Ali, Fatima, Al-Hasan, and Al-Hussain (S). The verse clearly proves the infallibility and purity of these individuals from every sin and vice. Allah (SWT) chose them to be examples for His creation and guides to His obedience and pleasure.

It is impossible for Allah (SWT) to grant such a status to sinners or guilty people.

CHARITY TO THE POOR

Lady Fatima (S) was charitable and exceedingly kind to the poor and the deprived. She, her husband, and her two sons were referred to in this Qur'anic verse:

"And they give food out of love for Him to the poor, the orphan, and the captive. We only feed you for Allah's sake; we desire from you neither reward nor thanks." (Surah Al-Insan, Verses 8-9)

CONTINUED

Lady Fatima (s) milled wheat and barley for her poor neighbors who were unable to do so. She carried water to her weak neighbors who could not fetch it themselves.

CHASTITY AND VEILING

Lady Fatima (s) was the highest example of chastity, honor, and veiling for all Muslim women.

Imam Ali (s) said, "Once, a blind man asked permission to visit Lady Fatima (s), but she asked him to stay behind a screen." The Messenger of Allah (s) asked Lady Fatima (s), "Why did you screen him though he is blind and could not see you?" She replied, "He could not see me, but I could see him."

The Prophet (s) said, "I witness that you are a part of me."

Once, Imam Ali (s) asked Lady Fatima (s), "When is a woman closer to her Lord?". She replied, "When she keeps to her house..." Imam Ali (s) offered her answer to the Prophet (s), who said: "She is true. Fatima is a part of me."

Veiling is beauty and honor for a woman. Whenever a woman adorns herself with chastity, she attains the highest position and the most honorable rank, earning admiration and respect from all.

DEVOTEDNESS

Lady Fatima (s) devoted herself entirely to Almighty Allah, turning to Him in all her affairs. This deep devotion is evident in her heartfelt supplications.

Lady Fatima (s) often supplicated to Allah with this du'a:

"O Allah, by Your knowledge of the unseen and Your power over creation, make me live if You know that life is better for me, and make me die if You know that death is better for me."

"O Allah, I ask You for loyalty, and for the fear of You in pleasure and in anger, and for moderation in wealth and poverty."

"O Allah, I ask You for incessant bliss, and I ask You for ceaseless delight, and I ask You for satisfaction with fate, and I ask You for a good life after death, and I ask You for the looking at Your face, and the eagerness to meet You without a harming distress or a dark sedition."

"O Allah, adorn us with the adornment of faith, and make us guided and guides, O You, the Lord of the Worlds!"

MIJS ONLINE'S Spiritual Hospital



PHYSICAL AND SPIRITUAL CURES THROUGH
ASMA UL HUSNA & TIBB E AIMMA



اللَّهُ نُورُ السَّمَاوَاتِ وَالْأَرْضِ

"Allah is the Light of the heavens and the earth."
(Qur'an 24:35)

"Every knowledge, discovery and invention is a light & positive energy from Allah.

- Allah has illuminated the heavens with the light of the stars, the sun and the moon.
- And He has illuminated the heart of the believer with faith and submission."

— Imam Sadiq (s)

In Surah Noor, Allah says:

Allah is the Light of the heavens and the earth. The parable of His Light is a niche wherein is a lamp—the lamp is in a glass, the glass as it were a glittering star—lit from a blessed olive tree, neither eastern nor western, whose oil almost lights up, though fire should not touch it. Light upon light. (24:35)

The Qur'an describes a glass lamp in the niche of a wall. In the glass is oil from an olive tree that shines like a star even before the oil is lit. Once it's lit – there is light upon light.

The niche is the heart of the human being with faith and submission, and the lamp is the light of Allah that shines in our hearts.

It is also narrated by scholars that the lamp is Lady Zahra who is the mother of Imams who are the light of guidance.

Benefits of Recitation

Recite 'Yaa Noor' to remove sorrow and illuminate the heart.
Also recite it if you are lost to find the right direction.

It is reported in Muhaj al Dawat by Sayyid bin Tawus, that Lady Fatima Zahra (S) taught this dua'a to Salman. **The Holy Prophet (S) had given this dua'a to his daughter with instruction that who so recites it daily, in the morning and evening, remains safe from fever.**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

بِسْمِ اللَّهِ النَّوْرِ بِسْمِ اللَّهِ نُورِ النَّوْرِ
بِسْمِ اللَّهِ نُورٌ عَلَى نُورٍ بِسْمِ اللَّهِ الَّذِي هُوَ مَدَبُّ الْأُمُورِ
بِسْمِ اللَّهِ الَّذِي خَلَقَ النَّوْرَ مِنَ النَّوْرِ
الْحَمْدُ لِلَّهِ الَّذِي خَلَقَ النَّوْرَ مِنَ النَّوْرِ وَ أَنْزَلَ النَّوْرَ عَلَى الطُّورِ فِي كِتَابٍ مَسْطُورٍ فِي رَقٍّ مَنْشُورٍ بِقَدْرِ
مَقْدُورٍ عَلَى نَبِيِّ مَحْبُورٍ

الْحَمْدُ لِلَّهِ الَّذِي هُوَ بِالْعِزِّ مَذْكُورٌ وَ بِالْفَخْرِ مَشْهُورٌ وَ عَلَى السَّرَّاءِ وَ الصَّرَّاءِ مَشْكُورٌ

وَ صَلَّى اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَ آلِهِ الطَّاهِرِينَ

*In the name of Allah, the Beneficent, the Merciful.
O Allah, (please do) send blessings to Muhammad and the Household of
Muhammad,*

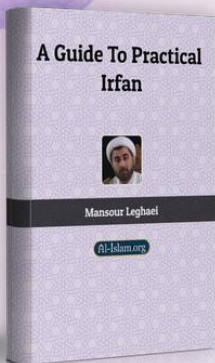
In the name of Allah, the light,
in the name of Allah, the light, the light,
in the name of Allah, the light over light,
in the name of Allah, who is He who manages all affairs,
In the. name of Allah who created light from light.

Praise be to Allah who created light from light, and sent down light on the mountain (Tur), in between the inscribed book, in the parchment unrolled, by a measure, well-determined, on the (Holy) Prophet, the giver of glad tidings.

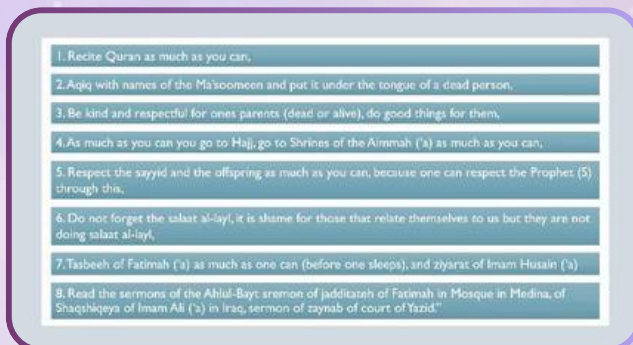
Praise be to Allah; it is He who is remembered with the highest of the high attributes, who is known to be the most glorious. In joy and happiness, in sorrow and distress, He (alone) is thankfully praised.

Blessings of Allah be on our master, Muhammad, and on his pure children.

MIJS STAFF'S Book Reading Sessions



The MIJSOnline teaching staff engage in weekly spiritual enrichment through book-reading sessions, where teachers share excerpts from the selected book **Practical Irfan by Shaikh Mansour Laghaei**. These gatherings provide an opportunity to reflect on and discuss practical ways to implement lessons drawn from the lives of the Masumeen (A) and esteemed Ulema in their personal and professional lives.



You can access 'A Guide To Practical Irfan' for free at: al-islam.org

[Click to download the pdf](#)

THE HONoured MOTHERS OF THE MA'SUMEEN (A)

By Teacher Zehra Mukhtar

I begin with the beautiful lines from Imam Sajjad (A) reminding us of the rights our mothers have on us:

The right of your Mother is, that you know that she carried you where no one carries anyone, she gave to you of the fruit of her heart that which no one gives to anyone, and she protected you with all her organs. She did not care if she went hungry as long as you ate, if she was thirsty as long as you drank, if she was cold as long as you were clothed, if she was in the sun as long as you were in the shade. She gave up sleep for your sake, she protected you from heat and cold, all in order that you might belong to her. You will not be able to show her gratitude, unless through God's help and giving success.

We can never comprehend the status, the mothers of the greatest creations have.

As we celebrate Mother's Day, let us acknowledge and honour the mothers of the most choicest people: the Ma'sumeen (A). As the Aimmah are the door to Allah (Baab Allah), their mothers are the door to them - SubhaanAllah!

This Mother's Day, let us reflect on the outstanding qualities of these amazing mothers.

As we recite in Ziyarat Waritha (وَالْأَرْحَامِ) (الْمُطَهَّرَةِ): I bear witness that you were light in the sublime loins and purified wombs;



We are reminded of the great status the mothers have who are purified and chosen to hold the great trusts of Allah.

CONTINUED

Mother of the Holy Prophet (S) 🌟 Lady Aminah (S)

- Hazrat Abdul Muttalib (A) said, "By Allah, no girl in Makkah is as chaste, dignified, wise, and religious as Aminah."
- Fatima, wife of Abdul Muttalib, said, "I found Aminah to be beautiful along with being well-mannered and eloquent."

Mother of Imam Ali (s) 🌟 Lady Fatima binte Asad (S)

- Her dua at the Kaaba manifested her trust in Allah, her firm belief in His books, and acknowledgment of the sacrifices of her ancestors.
- Being a source of comfort for the Hujjat of the Time.
- Being the mother of the Imam, she still had a fear of Akhirat.

Mother of Lady Fatima (S) 🌟 Lady Khadija (S)

- Her sacrifices, giving financial and emotional support to the Hujjat, her selfless nature, and her foresight inspire the women of today to set their priorities right.

Mother of Imam Hasan & Imam Hussain (A) 🌟 Lady Fatima Zahra (S)

- Words fall short when talking about lessons from this amazing mother. She inspires women by prioritizing family, tarbiyat, housework, and supporting her husband even when she is the most honoured woman ever.
- Taking the right role & responsibility at the right time.

Mother of Imam Sajjad (A) 🌟 Lady Shahr Bano (S)

- The first non-Arab mother, saw Imam Hussain (A) in her dream, and her heart was filled with his love.
- The love of Imam Hussain (A) can raise a person; احب الله من احب حسين

Mother of Imam Baqir (A) 🌟 Lady Fatima binte Hasan (S)

- She shares name and title with Lady Fatima (S). Imam Sadiq (A) said, "No one in Ale Hasan is as truthful (Siddiqua) as her."
- Being truthful in words, intentions, and actions makes a person closer to Allah (SWT).
- She heard the voices of angels while carrying Imam Baqir (A).

Mother of Imam Sadiq (A) 🌟 Lady Umme Farwah (S)

- The Imam praised her by saying, "My mother is pious, faithful, and a doer of good. Indeed, Allah loves the good doers."
- Imam Baqir (A) sent her among the women of Madina to solve religious problems, encouraging girls to focus on religious stability.
- She trained her maids to be Alimas.

CONTINUED

Mother of Imam Kazim (A) 🌟 Lady Hamida (S)

- The mother of Bab ul Hawaij, about whom Imam Sadiq (A) said, "Hamida is like pure gold without any impurity. Allah preserved her as a blessing for me and my family."
- Although she came as a slave girl from North Africa or Spain, she became well established in religious jurisprudence and taught women.
- She lived up to her name by always thanking & praising Allah.

Mother of Imam Raza (A) 🌟 Lady Najma (S)

- Also known as Tukhtum, later named Tahira by Imam Kazim.
- She was known for her wisdom, love of worship, and intense zikr, even with a newborn.

Mother of Imam Taqi (A) 🌟 Lady Sabika/Khizran (S)

- The mother of Imam Jawad (s), for whom the Holy Prophet (S) said, "May my father be sacrificed for the one who is the son of a pure lady."
- Imam Raza (s) said, "The mother of my son is a sacred woman."

Mother of Imam Naqi (A) 🌟 Lady Samanah (S)

- Also known as Sawsan, she was well known for her zuhd, piety, and frequent mustahab fasts.
- Imam Ali Naqi (A) said, "My mother was one of the saaliheen. Satan did not come near her, and she is a woman of heaven."

Mother of Imam Askari (A) 🌟 Lady Hudaith/Haditha (S)

- She named her sons Hasan & Hussain, showing the significance of names.
- She was known for her God-consciousness and took the role of being a representative after Imam Askari (A).

Mother of Imam Mahdi (ATF) 🌟 Lady Nargis (S)

- A Roman princess who left her royal life with certainty and trust in Allah.

Let's dedicate a Surah Al-Faateha and salawat to these amazing mothers.

**Imam Al-Askari (s): We are God's proof over creation,
and our mother Fatima is God's proof over us.**

Image Credit: Instagram @yaqoobi



Copyrights & Attributions

This document version was drafted on
21st December 2024.

When re-posting any parts and/or sections of this publication,
ATTRIBUTION IS REQUIRED.

Please post the following text in a visible place,
close to where you are using the image or entire document.

AL NOOR E-Magazine
[Jamadi Al Awwal-Jamadi Al Aakhir Edition: Dec 2024]
www.mijsonline.com

If that is not possible, place it as a title of your post
or in the footer section of your website, blog or newsletter,
or in the credits section.

JazaakAllah Khair!
Editorial team @ AL NOOR (mijsonline.com)