

**HELLENIC COMMUNITY OF HAMILTON AND DISTRICT
ST. DEMETRIOS GREEK ORTHODOX CHURCH HAMILTON**
proudly serving our community since 1952

The Holy Forefathers
Sunday December 12, 2021



WEEKLY BULLETIN

Welcome to st. Demetrios Hamilton!

We are a religious community, with ecclesiastical and cultural programming, centered around the traditions and values of our Holy Orthodox faith. We offer opportunities to explore our faith through engaging and immersive programming such as: Sunday School / Catechism, Greek Language Instruction for youth and adults, Greek Dance and Folklore instruction, as well as bible study. We offer many opportunities to engage with the community, such as Philanthropy through our Holy Trinity Philoptochos Society, volunteering opportunities at festivals and events, and youth social activities, community excursions and religious retreats.

**ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΤΑ ΧΑΜΙΛΤΟΝ ΚΑΙ ΠΕΡΙΦΕΡΕΙΑΣ
ΕΛΛΗΝΟΡΘΟΔΟΞΟΣ ΕΝΟΡΙΑ ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ ΧΑΜΙΛΤΟΝ
ἀπὸ τὸ 1952**

22 Head street, Hamilton, ON L8P 1R9

Tel. (905) 529-9651

www.stdemetrios.ca

stdemetriosgochamilton@gmail.com

Office Location: 27 Head street, Hamilton, ON L8P 1R9
(across the street from the Church).
Secretary: Aikaterini (Rena) Georgakopoulos

Office closed on Mondays
Open Tue-Fri – 5pm to 7pm

SUNDAYS: 9am – Matins & 10:15am – Divine Liturgy

SCRIPTURE READINGS

Eothinon 3: Mk 16:9-20
Epistle: Eph 5:8-19
Gospel: Lk 14:16-24

Presiding Priest
the V. Rev. Archimandrite
of the Most Holy Archdiocese of Constantinople
Fr. Photios Tsamis
photios.tsamis@gmail.com
mobile: (289) 775-9652

2021 Community Council

President
Fotios (Frank) Spyridoulas

Vice President

-

Secretary
Fotini (Tina) Edwards

Treasurer
Panagiotis (Peter) Kourtakis

Board members

Anastasios (Tom) Zafiridis, Eleftherios (Terry) Tsiliganos, Ignatios (Nathan) Hondronicols, Elias Thersidis, Ioannis (John) Kartas, Athanasios (Tom) Kavouras, Nikolaos Triantafillou, Sophie Savruk, Sue Zafiridis, Antonios (Tony) Halkeas, Eirini Psarakis, Ioannis (John Bozikis)

Role of the Community Council

The role and responsibilities of the Church Council members is to represent their parish and the Orthodox Christian faith as leaders of the community. The Council consists of the Priest and the elected members.

Mission of the Community Council

Our goal as the parish council is to practice and proclaim the Orthodox Christian Faith pure by setting an example for the parish and ensure that we provide an enjoyable and comfortable experience through our administration services towards our membership and non-members entering the front doors every day.

As ambassadors of Faith and your council representative, we encourage you to feel free and approach us for any inquiries you may have.

Council Meetings occur on the First Monday of every month at 7:00 pm unless otherwise communicated.

Hymns for this morning

Resurrectional Apolytikion, mode 8

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You.

Ἀναστάσιμον Ἀπολυτίκιον ἦχος πλ δ'

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος, ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσῃς τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Entrance Hymn, mode 2

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Halleluia.

Εἰσοδικόν, ἦχος β'

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλοῦῖα.

Apolytikion for the Holy Forefathers, mode 2

By faith You justified the Forefathers, having through them betrothed to yourself the Church that came out of the nations. The saints are boasting in glory; for the glorious fruit, the Virgin who without seed gave birth to You, is from their progeny. At their entreaties, O Christ our God, save our souls.

Ἀπολυτίκιον τῶν ἁγ. Προπατόρων, ἦχος β'

Ἐν πίστει τοὺς Προπάτορας ἐδικαίωσας, τὴν ἐξ Ἑθῶν δι' αὐτῶν προμνηστευσάμενος Ἐκκλησίαν. Καυχῶνται ἐν δόξῃ οἱ Ἅγιοι, ὅτι ἐκ σπέρματος αὐτῶν, ὑπάρχει καρπὸς εὐκλείης, ἡ ἀσπόρος τεκοῦσά σε. Ταῖς αὐτῶν ἱκεσίαις, Χριστέ ὁ Θεός, σῶσον τὰς ψυχὰς ἡμῶν.

Apolytikion for the Hierarch, mode 1

You were a champion of the First Ecumenical Council, O Spyridon, our God-bearing Father and worker of miracles. You addressed your daughter who was dead and entombed, and you opportunely turned a snake into gold. There were Angels celebrating along with you, O sacred man, when you served the holy liturgy. Glory to Christ who glorified you! Glory to Him who put a crown on you! Glory to Him who through you gives cures and healing to all!

Ἀπολυτίκιον τοῦ Ἱεράρχου, ἦχος α'

Τῆς Συνόδου τῆς πρώτης ἀνεδείχθης ὑπέρμαχος, καὶ θαυματουργὸς θεοφόρε, Σπυρίδων Πατὴρ ἡμῶν· διὸ νεκρᾷ σὺ ἐν τάφῳ προσφωνεῖς, καὶ ὄφιν εἰς χρυσοῦν μετέβαλες· καὶ ἐν τῷ μέλπειν τὰς ἀγίας σου εὐχὰς, Ἀγγέλους ἔσχες συλλειτουργοῦντάς σοι Ἱερώτατε· Δόξα τῷ σέ δοξάσαντι, δόξα τῷ σέ στεφανώσαντι· δόξα τῷ ἐνεργοῦντι διὰ σοῦ πᾶσιν ἰάματα.

Apolytikion of st. Demetrios, mode 3

All the world has you, its mighty champion, fortifying us, in times of danger; and defeating our foes O victorious one, so as you humbled Lyaeos' arrogance, by giving courage to Nester in the stadium, O Holy Great Martyr Demetrios, to Christ Our God pray fervently, beseeching Him to grant us His great mercy.

Ἀπολυτίκιον ἁγ. Δημητρίου, ἦχος γ'

Μέγαν εὐρατο, ἐν τοῖς κινδύνοις, σὲ ὑπέρμαχον, ἡ οἰκουμένη, Ἀθλοφόρε τὰ ἔθνη τροπούμενον. Ὡς οὖν Λυαίου καθεῖλες τὴν ἔπαρσιν, ἐν τῷ σταδίῳ θαρρύνας τὸν Νέστορα, οὕτως Ἄγιε, Μεγαλομάρτυς Δημήτριε, Χριστὸν τὸν Θεὸν ἱκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα ἔλεος.

Kontakion, mode 3

On this day the Virgin Maid goes to the grotto to give birth to the pre-eternal Word in an ineffable manner. Dance for joy, all the inhabited earth, on hearing. Glorify along with Angels and with the shepherds Him who willed that He appear as a newborn Child, the pre-eternal God.

Κοντάκιον, ἦχος γ'

Ἡ Παρθένος σήμερον, τὸν προαιώνιον Λόγον, ἐν Σπηλαίῳ ἔρχεται, ἀποτεκεῖν ἀπορρήτως. Χόρευε ἡ οἰκουμένη ἀκουτισθεῖσα, δόξασον μετὰ Ἀγγέλων καὶ τῶν Ποιμένων, βουληθέντα ἐποφθῆναι, Παιδίον νέον, τὸν πρὸ αἰώνων Θεόν.

The readings for today

Eothinon 3, Mk 16:9-20

When Jesus rose early on the first day of the week, He appeared first to Mary Magdalene, from whom He had cast out seven demons. She went and told those who had been with Him, as they mourned and wept. But when they heard that He was alive and had been seen by her, they would not believe it. After this he appeared in another form to two of them, as they were walking into the country. And they went back and told the rest, but they did not believe them. After this He appeared to the eleven themselves as they sat at table and He upbraided them for their unbelief and hardness of heart, because they had not believed those who saw Him after He had risen. And He said to them, "Go into all the world and preach the gospel to the whole creation. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will accompany those who believe: in My name they will cast out demons; they will speak in new tongues; they will pick up serpents, and if they drink any deadly thing, it will not hurt them; they will lay their hands on the sick, and they will recover." So then the Lord Jesus, after He had spoken to them, was taken up into heaven, and sat down at the right hand of God. And they went forth and preached everywhere, while the Lord worked with them and confirmed the message by the signs that attended it. Amen.

Ἐωθινὸν Γ', Μκ ΙϚ' 9-20

Ἀναστὰς ὁ Ἰησοῦς πρωτὶ πρώτη Σαββάτου ἐφάνη πρῶτον Μαρίᾳ τῇ Μαγδαληνῇ, ἀφ' ἧς ἐκβεβλήκει ἑπτὰ δαιμόνια. Ἐκείνη πορευθεῖσα ἀπήγγειλε τοῖς μετ' αὐτοῦ γενομένοις, πενθοῦσι καὶ κλαίουσι. Κἀκεῖνοι ἀκούσαντες ὅτι ζῆ καὶ ἐθεάθη ὑπ' αὐτῆς ἠπίστησαν. Μετὰ δὲ ταῦτα δυσὶν ἐξ αὐτῶν περιπατοῦσιν ἐφανερώθη ἐν ἑτέρᾳ μορφῇ, πορευομένοις, εἰς ἀγρόν. Κἀκεῖνοι ἀπελθόντες ἀπήγγειλαν τοῖς λοιποῖς, οὐδὲ ἐκείνοις ἐπίστευσαν. Ὑστερον, ἀνακειμένοις αὐτοῖς τοῖς ἑνδεκα ἐφανερώθη, καὶ ὠνείδισε τὴν ἀπιστίαν αὐτῶν καὶ σκληροκαρδίαν, ὅτι τοῖς θεασαμένοις αὐτὸν ἐγγεγερμένον, οὐκ ἐπίστευσαν. Καὶ εἶπεν αὐτοῖς· Πορευθέντες εἰς τὸν κόσμον ἅπαντα, κηρύξατε τὸ εὐαγγέλιον πάσῃ τῇ κτίσει. Ὁ πιστεύσας καὶ βαπτισθεὶς, σωθήσεται, ὁ δὲ ἀπιστήσας, κατακριθήσεται. Σημεῖα δὲ τοῖς πιστεύουσι ταῦτα παρακολουθήσει. Ἐν τῷ ὀνόματί μου δαιμόνια ἐκβαλοῦσι, γλώσσαις λαλήσουσι καιναῖς, ὄφεις ἄρουσι, κἄν θανάσιμόν τι πῖωσιν, οὐ μὴ αὐτοὺς βλάψει, ἐπὶ ἄρρώστους χεῖρας ἐπιθήσουσι, καὶ καλῶς ἔξουσιν. Ὁ μὲν οὖν Κύριος, μετὰ τὸ λαλήσαι αὐτοῖς, ἀνελήφθη εἰς τὸν οὐρανόν, καὶ ἐκάθισεν ἐκ δεξιῶν τοῦ Θεοῦ. Ἐκεῖνοι δὲ ἐξελθόντες, ἐκήρυξαν πανταχοῦ, τοῦ Κυρίου συνεργοῦντος, καὶ τὸν λόγον βεβαιοῦντος, διὰ τῶν ἐπακολουθούντων σημείων. Ἀμήν.



Epistle reading from Paul's Letter to the Ephesians

Eph 5:8-19

Brethren, walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light." Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart.

Πρὸς Ἐφεσίους Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα

Ἐφ Ε' 8-19

Ἀδελφοί, ὡς τέκνα φωτὸς περιπατεῖτε· ὁ γὰρ καρπὸς τοῦ Πνεύματος ἐν πάσῃ ἀγαθωσύνῃ καὶ δικαιοσύνῃ καὶ ἀληθείᾳ· δοκιμάζοντες τί ἐστὶν εὐάρεστον τῷ Κυρίῳ. Καὶ μὴ συγκοινωνεῖτε τοῖς ἔργοις τοῖς ἀκάρποις τοῦ σκότους, μᾶλλον δὲ καὶ ἐλέγχετε· τὰ γὰρ κρυφῆ γινόμενα ὑπ' αὐτῶν αἰσχρὸν ἐστὶ καὶ λέγειν· τὰ δὲ πάντα ἐλεγχόμενα ὑπὸ τοῦ φωτὸς φανεροῦνται· πᾶν γὰρ τὸ φανερούμενον φῶς ἐστὶ. Διὸ λέγει· Ἐγειρε ὁ καθεύδων καὶ ἀνάστα ἐκ τῶν νεκρῶν, καὶ ἐπιφαύσει σοι ὁ Χριστός. Βλέπετε οὖν πῶς ἀκριβῶς περιπατεῖτε, μὴ ὡς ἄσοφοι, ἀλλ' ὡς σοφοί, ἐξαγοραζόμενοι τὸν καιρὸν, ὅτι αἱ ἡμέραι πονηραὶ εἰσι. Διὰ τοῦτο μὴ γίνεσθε ἄφρονες, ἀλλὰ συνιέντες τί τὸ θέλημα τοῦ Κυρίου. Καὶ μὴ μεθύσκεσθε οἴνῳ, ἐν ᾧ ἐστὶν ἄσωτία, ἀλλὰ πληροῦσθε ἐν Πνεύματι, λαλοῦντες ἑαυτοῖς ψαλμοῖς καὶ ὕμνοις καὶ ᾠδαῖς πνευματικαῖς, ᾄδοντες καὶ ψάλλοντες ἐν τῇ καρδίᾳ ὑμῶν τῷ Κυρίῳ.

The reading is from the Holy Gospel according to Luke

Lk 14:16-24

The Lord said this parable: "A man once gave a great banquet, and invited many; and at the time of the banquet he sent his servant to say to those who had been invited, 'Come; for all is now ready.' But they all alike began to make excuses. The first said to him, 'I have bought a field, and I go out and see it; I pray you, have me excused.' And another said, 'I have bought five yoke of oxen, and I must go to examine them; I pray you, have me excused.' And another said, 'I have married a wife, and therefore I cannot come.' So the servant came and reported this to his master. Then the householder in anger said to his servant, 'Go out quickly to the streets and lanes of the city, and bring in the poor and maimed and blind and lame.' And the servant said, 'Sir, what you commanded has been done, and there is still room.' And the master said to the servant, 'Go out to the highways and hedges, and compel people to come in, that my house may be filled. For I tell you, none of those men who were invited shall taste my banquet. For many are called, but few are chosen.'"

Ἐκ τοῦ κατὰ Λουκᾶν ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

Λκ. ΙΔ' 16-24

Εἶπεν ὁ Κύριος τὴν παραβολὴν ταύτην· Ἄνθρωπός τις ἐποίησε δεῖπνον μέγα, καὶ ἐκάλεσε πολλούς· καὶ ἀπέστειλε τὸν δούλον αὐτοῦ τῇ ὥρᾳ τοῦ δεῖπνου εἰπεῖν τοῖς κεκλημένοις· ἔρχεσθε, ὅτι ἤδη ἔτοιμά ἐστι πάντα. καὶ ἤρξαντο ἀπὸ μιᾶς παραιτεῖσθαι πάντες, ὁ πρῶτος εἶπεν αὐτῷ· ἀγρὸν ἠγόρασα, καὶ ἔχω ἀνάγκην ἐξελθεῖν καὶ ἰδεῖν αὐτόν· ἐρωτῶ σε, ἔχε με παρητημένον. καὶ ἕτερος εἶπε· ζεύγη βοῶν ἠγόρασα πέντε, καὶ πορεύομαι δοκιμάσαι αὐτά· ἐρωτῶ σε, ἔχε με παρητημένον. καὶ ἕτερος εἶπε· γυναῖκα ἔγημα, καὶ διὰ τοῦτο οὐ δύναμαι ἐλθεῖν. καὶ παραγενόμενος ὁ δούλος ἐκεῖνος ἀπήγγειλε τῷ κυρίῳ αὐτοῦ ταῦτα. τότε ὀργισθεὶς ὁ οἰκοδεσπότης εἶπε τῷ δούλῳ αὐτοῦ· ἐξελθε ταχέως εἰς τὰς πλατείας καὶ ῥύμας τῆς πόλεως, καὶ τοὺς πτωχοὺς καὶ ἀναπήρους καὶ χωλοὺς καὶ τυφλοὺς εἰσάγαγε ὧδε. καὶ εἶπεν ὁ δούλος· κύριε, γέγονεν ὡς ἐπέταξας, καὶ ἔτι τόπος ἐστί. καὶ εἶπεν ὁ Κύριος πρὸς τὸν δούλον· Ἐξελθε εἰς τὰς ὁδοὺς καὶ φραγμοὺς καὶ ἀνάγκασον εἰσελθεῖν, ἵνα γεμισθῇ ὁ οἶκός μου. λέγω γὰρ ὑμῖν ὅτι οὐδεὶς τῶν ἀνδρῶν ἐκείνων τῶν κεκλημένων γεύσεται μου τοῦ δεῖπνου. Πολλοὶ γὰρ εἰσι κλητοί, ὀλίγοι δὲ ἐκλεκτοί.



Synaxarion

On December 12 we commemorate our devout Father Spyridon the Wonder-worker, Bishop of Trimythous.

On this day we also commemorate the holy Martyr Synetos.

On this day we also commemorate our father among the saints Alexander Archbishop of Jerusalem, the Hieromartyr.

On this day we also commemorate our devout fathers Amonathas and Anthos.

Today is also the Sunday of the holy Forefathers.

By the intercessions of Your saints, O God, have mercy on us. Amen.

Συναξάριον

Τῇ ΙΒ΄ τοῦ αὐτοῦ μηνὸς μνήμη τοῦ ὁσίου Πατρὸς ἡμῶν καὶ Θαυματουργοῦ Σπυρίδωνος, Ἐπισκόπου Τριμυθοῦντος.

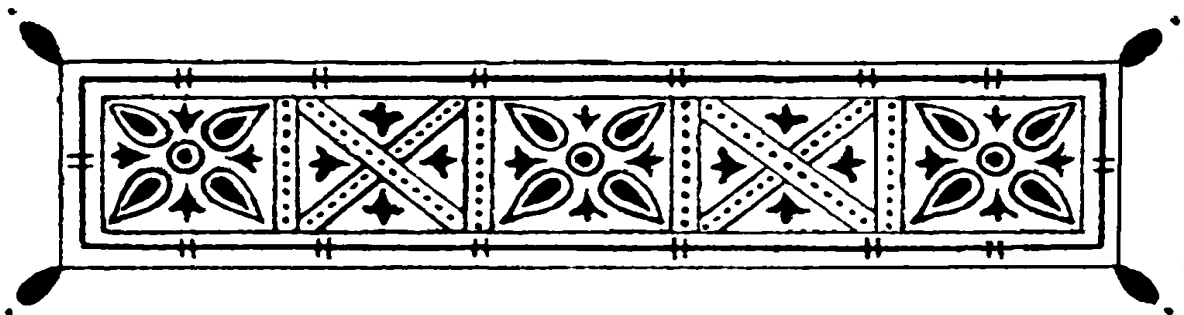
Τῇ αὐτῇ ἡμέρᾳ μνήμη τοῦ ἁγίου Μάρτυρος Συνετοῦ.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τοῦ ἐν ἁγίοις Πατρὸς ἡμῶν Ἀλεξάνδρου Ἀρχιεπισκόπου Ἱεροσολύμων, τοῦ Ἱερομάρτυρος.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τῶν ὁσίων Πατέρων ἡμῶν Ἀμωναθᾶ καὶ Ἄνθου.

Τῇ αὐτῇ ἡμέρᾳ Κυριακῇ τῶν ἁγίων Προπατόρων.

Ταῖς τῶν ὁσίων Ἀγίων πρεσβείαις, ὁ Θεός, ἐλέησον ἡμᾶς. Ἀμήν.



LIFE OF SAINT SPYRIDON THE WONDER-WORKER



Spyridon, the God-bearing Father of the Church, the great defender of Corfu and the boast of all the Orthodox, had Cyprus as his homeland. He was simple in manner and humble of heart, and was a shepherd of sheep. When he was joined to a wife, he begat of her a daughter whom they named Irene. After his wife's departure from this life, he was appointed Bishop of Trimythus, and thus he became also a shepherd of rational sheep. When the First Ecumenical Council was assembled in Nicaea, he also was present, and by means of his most simple words stopped the mouths of the Arians who were wise in their own conceit. By the divine grace which dwelt in him, he wrought such great wonders that he received the surname 'Wonderworker.' So it is that, having tended his flock piously and in a manner pleasing to God, he reposed in the Lord about the year 350, leaving to his country his sacred relics

as a consolation and source of healing for the faithful.

About the middle of the seventh century, because of the incursions made by the barbarians at that time, his sacred relics were taken to Constantinople, where they remained, being honoured by the emperors themselves. But before the fall of Constantinople, which took place on May 29, 1453, a certain priest named George Kalokhairetes, the parish priest of the church where the Saint's sacred relics, as well as those of Saint Theodora the Empress, were kept, took them away on account of the impending peril. Travelling by way of Serbia, he came as far as Arta in Epirus, a region in Western Greece opposite to the isle of Corfu. From there, while the misfortunes of the Christian people were increasing with every day, he passed over to Corfu about the year 1460. The relics of Saint Theodora were given to the people of Corfu; but those of Saint Spyridon remain to this day, according to the rights of inheritance, the most precious treasure of the priest's own descendants, and they continue to be a staff for the faithful in Orthodoxy, and a supernatural wonder for those that behold him; for even after the passage of 1,500 years, they have remained incorrupt, and even the flexibility of his flesh has been preserved. Truly wondrous is God in His Saints! (Ps. 67:3 5)

MEMORIALS TODAY

- Eleni Mihailovich, 40 days.
- Panagiotis (Peter) Moschos, 6 months.
- Ekaterini (Katina) Trakas, 1 year.

MAY THEIR MEMORY BE ETERNAL!

PARISH NEWS & ANNOUNCEMENTS

- It is with great sadness we announce the passing of **Elly Michalopoulos**.
Visitation will take place on Wednesday December 15, 2021 from 6-8 p.m. with prayers at 7:30 p.m.
Due to COVID-19 public health protocols limited space is available, **please call 905-637-5233 or [reserve your spot online by clicking here.](#)**
Funeral service will take place at our Church, on Thursday December 16, 2021 at 11 a.m. with interment to follow at Woodland Cemetery.

MAY GOD REST HER SOUL!

- Our Philoptochos Society is collecting items to make ***Blessing Bags*** for our Homeless brothers and sisters. See the flyer below for more information or contact Mrs **Kelly Peters: 905 317 41 91**
- St. Demetrios Philoptochos' annual ***Christmas Bake*** is on!
Pre-orders only! Please contact Mrs **Georgia: 905 681 22 99**

St. DEMETRIOS GREEK SCHOOL

Our Faculty

Principal: Eirini Zacharidis (Saturday Class: Grades 6, 7, and 8)

Teaching Staff

Chrisoula Mitevski (Junior/Senior Kindergarden)

Theoktisti Dimakis (Grades 1 and 2)

Elisavet Zacharidis (Grades 3, 4 and 5)

Arete Tsiliganos (Grades 6, 7 and 8)

Greek School Committee

President: Vasilis Zougras

Secretary: Christina Kouniakis

Treasurer: Anna Makrides

Members: Maria Stypsianos, John Stefanopoulos, Natasha and Bill Papagiannis.

SUNDAY SCHOOL

Our Sunday School has resumed!

EVERY SUNDAY AT 10:30am

Teacher: Mrs Kalliopi (Kelly) Varlis Peters.

GREEK DANCE GROUP

The Hamilton Hellenic Traditional Dance Group of St. Demetrios was created as part of an initiative to connect our youth and provide a platform to explore traditional Greek Dance and Folklore via the formation of a Performance Troupe.

For more information on how to join or questions regarding our programming or upcoming performances, **please contact Sue Zafiridis or Anthony Halkeas at 905 529-9651.**

HOLY TRINITY PHILOPTOCHOS SOCIETY

The mission of the Ladies Philoptochos (Holy Trinity) is to assist needy people, families and non-profit organizations, and to contribute towards the needs of our Church and Community.

President: Fotini Edwards

Vice-President: Argyro Constantinou

Secretary: Anastasia Terzis

Corresponding Secretary: Magdalini Moschos

Treasurer: Vasiliki Kourtakis

Advisor to the Board: Vasiliki Davili

Members: Georgia Dimas, Tasoula Dismatsek, Sophia Kokkinidis, Dimitra Markopoulos, Stella Miminis, Roubini Morden, Eleni Papagiannis, Kalliopi Peters.

Philoptochos meetings are held on the first Friday of the month at 6:30 PM

For more information on how you can join our movement please contact:

Fotini Edwards (905) 921-6293

To renew your membership please contact:

Vasiliki Kourtakis (905) 389-6064, (905) 536-4349

BLESSING BAGS FOR THE HOMELESS

The Philoptochos of St. Demetrios Church will be collecting items to make blessing bags for the homeless in our downtown core.

If you would like to donate please see the list and drop off at church.

Lets do our part to help those in need!!!



ITEMS NEEDED

TOOTHBRUSHES

TOOTHPASTE

RAZORS

DEODORANT

CHAPSTICK

SM INDIVIDUAL KLEENEX PKG

COMB

SOCKS

WARM GLOVES AND HATS

BARS OF SOAP

GUM/GRANOLA BARS/SNACKS

DEODORANT

\$2 TIM CARDS

HAND/FOOT WARMERS

When: Starting November 7th till December 12th

Contact: Mrs Kaliopi Peters

(905)317-4191

St. Demetrios Philoptochos Annual Christmas Bake Sale 2021

Enhance your Holiday Season with Homemade Greek Goodies

Pre-Orders Only to be picked up December 18th and 19th



Vasilopita – Βασιλόπιτα

\$10.00 Each

Koulourakia – Κουλουράκια

\$6.00 for 1 Dozen



Kourambiedes – Κουραμπιέδες

\$8.00 for 1 Dozen

Melomakarona - Μελομακάρονα

\$8.00 for 1 Dozen



Baklava – Μπακλαβάς

\$60.00 for 1 Tray - \$2.50 each piece

Call Georgia @ (905) 681-2299 by December 12 to order

DECEMBER 2021

5	Sunday 10th of Luke <i>St. Savas the Sanctified, Diogenes</i>	Matins and Divine Liturgy	09:00am-12:00pm
6	Monday <i>St. Nicholas Archbishop of Myra</i>	Matins and Divine Liturgy	09:00am-11:00am
12	Sunday 11th of Luke <i>H. Forefathers, Spyridon the Wonderworker</i>	Matins and Divine Liturgy	09:00am-12:00pm
15	Wednesday <i>Hieromartyr Eleftherios, Anthia</i>	Matins and Divine Liturgy	09:00am-11:00am
17	Friday <i>St. Dionysius of Zakynthos, Daniel prophet</i>	Matins and Divine Liturgy	09:00am-11:00am
19	Sunday before the Nativity <i>Boniface, Eutuchios martyr</i>	Matins and Divine Liturgy	09:00am-12:00pm
24	Friday, Eve of the Nativity of Christ <i>Eugenia martyr, Achaicus, Antiochus</i>	Matins and Vespereal Divine Liturgy of St. Basil the Great	07:00pm-10:00pm
25	Saturday NATIVITY OF OUR LORD JESUS CHRIST	Matins and Divine Liturgy	09:00am-11:30am
26	Sunday after the Nativity <i>Synaxis of the Theotokos</i>	Matins and Divine Liturgy	09:00am-12:00pm

From November 15th starts the Nativity fast. During this period:

- **We are allowed to consume fish to December 17th, except on Wednesdays and Fridays.**
- **From December 18th to the 24th we refrain from fish too;**

NB: Persons who are ill, the very young or elderly, and nursing mothers are exempt from fasting. Each individual is expected to confer with their confessor regarding any exemptions from the fasting rules, but should never place themselves in physical danger.