

## WellBe® Medical Alert Watch



## Getting to Know Your Watch: Accessing the Menu After Activation



Single press round button to open the menu.



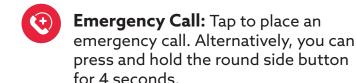


**Swipe** left or right.



Tap the icon to select.

## Features: Understanding the Menu









**Heart Rate:** Tap to measure heart rate.



WellBe: Tap microphone to talk. Ask a health question or hear the weather forecast. Use voice prompt "Call [contact name]" to call contact listed first.



**Notifications:** Notifications will appear if you set them up in your **WellBe® Virtual Assistant App**.

## Emergency Calling: Two Ways to Place a SOS Call

Both ways connect you with our 24/7 call center and provided your GPS location for fast response.



Method 1
Press and hold
the side button



for **3 seconds**.



Method 2
Press the
Emergency
Call icon in
the menu.



With either method you have **7 seconds** to cancel an emergency call, or you can press **Call Now**.

Stay on the line until you speak with an agent. We recommend you test your emergency device once a month.

**Fall Detection Customers Only:** Emergency Services is contacted for **hard falls only**. If able, press emergency button after a fall.