

The Pooches' Post

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Barb Sahl 307-421-5514

UPCOMING MEETING INFORMATION

November Board Meeting

Thursday, November 15 at Bonnie Spiece's Home, 6:30 p.m.

November General Membership Meeting

Thursday, November 29 at the Laramie County Library, Room—TBD



"like" us on Facebook Keep in touch!

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Dog Classes in Cheyenne



Barb Sahl/"The Elemental Dog, LLC"
Scent detection games for dogs
(307) 421-5514
the.elemental.dog@gmail.com
Facebook at The Elemental Dog, LLC



Cathy Anderson/ "A Paws-A-Tive Step K9 Training" (307) 630-9616 CheyRottRescue@aol.com



Alliance of Therapy Dogs For information contact: Billie Smith at (307) 432-0272



Mary Flanderka/ADAPT Agility & Obedience (307) 290-0069 mfland7456@msn.com





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2018 SHOW COMMITTEES

Show Chairman

Chair: Stacy Clift

Assistants: Judy Wrynsinski

Judges

Chair: Judy Wrynsinski

Obedience

Chair: Judy Wrysinski

Rally

Chair: Judy Wrysinski Assistant: Barb Sahl

Chief Ring Steward (Conformation)

Chair: Bonnie Spiece

Chief Ring Steward (Obedience/Rally)

Chair: Monica Turner

Conformation Trophy, Billing, Catalog Ads Chair: Dottie Conard

Assistant: JoLynn Hefferman

Obedience Trophy, Billing, Catalog Ads

Chair: Dottie Conard Assistant: JoLynn Hefferman

Food Vendors

Chair: Janet Dailey/Mary Flan-

derka

Hospitality

Chair: Kathy and Gary Spahr

Reserved & Free Grooming

Chair: Sandy Trujillo Assistant: Cathy Anderson

Grounds

Chair: Assistant:

RV Parking

Chair: Jim Trujillo

Assistant: Sandy Trujillo

RV set-up & planning

Chair:

Catalog Sales

Chair: Cindy Germain

Clean-up Crew

Chair:

CKC Board Meeting

October 11, 2018, at Bonnie Spiece's home

Meeting was called to order at 6:31 p.m.

Present: Bonnie Spiece, Robin Casey, JoLynn Hefferman, Barb Patterson, Barb Sahl, Cathy Anderson, Stacy Woita; Absent: Jim Trujillo, Chandra Flaim

Minutes: MSP to approve the September Board minutes as emailed to the Officers & Board

Treasurer's Report: MSP to approve as presented. License plates on club trail-

er were renewed.

Insurance on club trailer will be verified – liability and comprehensive (i.e., hail)

Corresponding Sec: Bill for dumpsters was received & passed to Treasurer

Special Committee Reports: Website – Bonnie: nothing new Newsletter – nothing new

Events – nothing new By-Laws – Robin Casey: AKC will put in our file & we're good to go. Robin will send updated bylaws to members.

Old Business:

City ordinance changes? - Robin - continues to watch city council agendas. Might be a good idea to watch the possible legislation in Aurora, CO, which seeks to limit dog ownership.

2019 Awards banquet/luncheon – Barb S will check with Pioneer Park (pot luck); Stacy will check with Capital Cuisine (downtown restaurant); Bonnie will check with Albany (downtown restaurant)

New Business:

Election committee - Bonnie, Chair, & Monica & Frances – work is progressing. Letter of agreement between CKC & Rocky Mountain Irish Wolfhound Club was presented, approved, & signed. This approved removal of Irish Wolfhounds from the Obedience & Rally competition in Cheyenne at the Friday show in order to allow RMI-WA to offer those events at their Specialty that day. Conformation on Saturday & Sunday is not affected.

Laramie has been approved for a 3 day show weekend in 2019.

Shows -

<u>2020</u>: Archer Complex – JoLynn –Kennel Club is on the schedule for 2020 but we need to check on actual date since 2020 is our "off" year and that it would be available for 1 day of Obed & Rally plus 3 days of Conformation, in the event we proceed to add the additional day of showing.

(2021 would be back to our "normal" schedule of Labor Day weekend.) Tours are available thru www.laramiecountyfair.com.

2019:

Stacy – will verify that Cheyenne Frontier Days has us on the 2019 calendar for both the Buckle Club & the Exhibition Hall.

Stacy will begin calling food vendors now to schedule for 2019. Based on the 2018 show, we should be able to add 2 additional vendors inside in addition to 2 more food vendors outside.

Tentative Obedience & Rally Chair: Stacy

Raffle: Stacy & Bonnie

Discussion of the various possible "special" classes was held. The Board tentatively approved holding National Owner Handler shows on both Saturday & Sunday and 4-6 Month Puppy show on Sunday.

It was suggested working members carry their cell phones on site and that a printed list of working members' cell phone numbers be available at the catalog table & for the Chair. A designated Bench Committee should be available at all times if needed. **2018:**

Discussion was held on show finances.

The AKC Emergency Trailer (based at the Animal Shelter) was not on site at the show as it should have been per our donation agreement in 2017. Robin (as Liaison) and Chandra (Public Relations) will contact the Shelter about this for 2019.

Payment has not yet been received from the Boxer Club. Cathy (Specialty Liaison) will follow up.

Dottie & Stacy sent out thank you notes to trophy donors.

Meeting was adjourned at 7:53 p.m.

Signed: Barb Patterson, Recording Secretary

Cheyenne Kennel Club General Meeting

October 25, 2018 Laramie County Library, Willow Room

Meeting was called to order at 7:04 p.m.

Program: Presentation by Dr. Rebecca Marcy on veterinary acupuncture after meeting adjournment.

Minutes: MSP to approve September General meeting minutes as published in the Oct

Pooches' Post.

Treasurers Report: MSP to approve as presented

<u>Corresponding Secretary:</u> nothing new <u>Guests introductions:</u> Jerry & Jill Sweeney

Member Applications: P.J. (Peter) Kuzdal (3rd reading); approved unanimously

Committee Reports:

<u>Event Committee</u>: Bonnie: nothing new <u>Website</u>: Bonnie: nothing new

Newsletter/Pooches Post: Editor: Mary Flanderka: needs brags

Education: JoLynn: nothing new

ByLaws Committee: Robin: updated by-laws have been mailed out to club

members

Old Business:

2019 Awards luncheon:

Banquet Chair – Bonnie Spiece; Preferred date Jan. 12, 2019, with Jan 26 as 2nd choice. It was MSP that an upper limit of \$25 per gift be set for those who choose to participate in the gift exchange. Bonnie will check with Gary & Kathy Spahr to verify their interest in again being Awards Chairs. It was MSP that a budget of \$250 be established for door prizes.

Location to be finalized in Nov: Best possibility seems to be Capital Cuisine (18th & Capital, downtown) (Stacy) (members are asked to check it out before the November General meeting). Also discussed were YMCA (potluck) (Chandra) (no new information); Pioneer Park (potluck) (Barb S) (\$30/hr); Alban (downtown) (Bonnie)(not big enough); Kiwanis (potluck) (@ \$45/hour, which includes tables & chairs).

New Business:

Nominating committee for 2019 Officers & Board. Bonnie (chair), Monica and Frances. Elections will be held at Nov General meeting.

Laramie Kennel Club has been approved for 3 day show in 2019

2019/2020 shows:

JoLynn has verified we're on the Archer Complex schedule for 2020 and 2021 We're on the Cheyenne Frontier Days calendar schedule for 2019.

Meeting was adjourned at 7:28 p.m.

Signed: Barb Patterson, Recording Secretary

The election nominations are as follows:

President - Bonnie Spiece
Vice President - Robin Casey
Recording Secretary - Monica McPherson
Corresponding Secretary -

Jo-Lynn Hefferman **Treasurer** - Barb Sahl

Board Members:

Cathy Anderson Stacy Woita Chandra Flaim Mary Flanderka

2018 CLUB POSITIONS

Animal Shelter Liaison: Robin Casev

Specialty Club Liaison: Cathy Anderson

Events Committee:

Tess Galloway

Awards Banquet & Annual
Awards

Membership Committee

Tess Galloway

Finance & Audit Committee

Barb Sahl

MEETING AGENDA

- Call to Order
- Approval of Minutes
- Treasurer's Report
- Corresponding Secretary Report
- Guest Introductions
- Member Applications
- Committee Reports
- Old Business
- New Business
- Adjournment
- Brags

PENDING APPLICATION

Jerry Sweeney

Need a Chuckle?

How do dog catchers get paid?

By the pound!

Who is Dracula's best friend?

His bloodhound

Why is Rover dragging his butt across the carpet? Not just annoying to watch, this behavior is usually indicative of a bigger problem.

By Denise Flaim, Whole Dog Journal



Let's be honest: Some areas of veterinary study are sexier than others. The functioning of complex organs such as the thyroid, the treatment of behavioral aberrations like separation anxiety, the risk factors for hip dysplasia – all these topics have had their share of academics willing to question, probe, and publish their findings. But anal sacs? Very few researchers in veterinary medicine find themselves called to explore the nuances of this grape-shaped pair of pouches.

Many dogs, like Tater here, are delighted to discover that carpet is the perfect surface to rub against in order to relieve pressure in the dogs' anal sacs.

Very likely this has to do with their location at the puckered inside edge of the anus, or their contents, which is an oily, semi-liquid substance that smells like a dead mackerel...on a good day. Also dampening academic enthusiasm is the fact that there is no biological corollary in humans: Unlike some other mammals, including bears and sea otters, we humans simply don't have anal

sacs. (Conversely, dogs don't get hemorrhoids, so maybe we're even.) And if our species doesn't have to contend with something so gross, why go out of your way to study it?

One good reason is that so many dogs have minor but annoying problems with their anal sacs – and some dogs have required surgery to repair or improve the situation.

What Are Canine Anal Sacs?

Many dog owners are oblivious to the existence of these two sacs, whose openings are positioned at four and eight o'clock as the clock ticks around the dog's anus, and are not obvious to the untrained eye. In dogs, anal sacs are considered vestigial, sort of like the human appendix. When marking and defending boundaries were crucial for canine survival, they likely had a key role, adding a dog's unique and identifying scent to his excrement; today, salutatory butt-sniffing might very well be an evolutionary remnant of that territorial imperative. Another theory is that the liquid in the anal sacs lubricates hard stool, making it easier for the dog to eliminate.

Located between the internal and external anal sphincter muscles, and lined with oil and sweat glands, each anal sac is connected to the outside world via a short, narrow duct. Occasionally, when these ducts get plugged up, anal sacs can get impacted or, if left untreated, infected, leaving the dog uncomfortable and the owner befuddled at why her furry co-habitator is now dragging his bottom across the living-room rug.

"Most people don't know that anal sacs exist, until their dogs start scooting," says Jennifer Schissler, DVM, MS, DACVD, an assistant professor of dermatology at Colorado State University College of Veterinary Medicine & Biomedical Sciences in Fort Collins.

The fact that dermatologists are the specialists under whose purview anal sacs usually fall tells you just how much of a veterinary stepchild these obscure little cavities are. "In veterinary medicine, dermatologists are a catch-all for things related to glands," Dr. Schissler shrugs. "Nobody really is an expert in anal sacs."

Scooting and Other Signs of Anal Sac Problems

Along with "scooting," or dragging their rears across carpets and floors, dogs can exhibit a variety of signs of an anal-sac problem, including licking or biting at their anus; painful or prolonged defecation, or avoiding it altogether; and, in severe cases, an abscess or draining tract around the anus. (Sudden fear or excitement can also sometimes prompt a dog to empty his sacs involuntarily, which is entirely normal – and particularly nasty if he happens to be on your lap or in your arms at the time.)

A full physical examination, including a rectal exam, can determine if anal sacs are the problem. "I might do a fecal exam to see if there are any internal parasites, because tapeworms can cause perianal itch," Dr. Schissler explains. "Flea-bite hypersensitivity can be a cause, too."

She ticks off other sources of irritation around the rectum that may not be related to impacted anal sacs: Some dogs can have an allergy that manifests around the anus and is not an anal-sac problem at all; still others might have a tumor or polyp in the rectum or anal sac.

If all of the above are ruled out and the anal sacs are dilated and inflamed, then the veterinarian will usually evacuate (empty) them. "Some veterinarians will do cytology and look at the material under a microscope," Dr. Schissler says.



BRAGS!

Barb Sahl's Echo earned her NW1 title at the NACSW K9 Nose Work® trial in Leadville, CO on October 28, 2018. Echo placed 2nd in the Interior Search and earned a "Pronounced" from the judge in her Exterior Search.

Monica Turner's Winstrides' Mae the Road Rise Up av Nordost TKA RATN ("Mae") won BEST IN OPEN SHOW at Buckhorn Valley Kennel Club's open show on October 26, 2018.

Please send your BRAGS to mfland7456@msn.com. Put BRAG in the Subject Line!

Inflammatory cells might suggest infection and a subsequent prescription for antibiotics.

Expressing Your Dog's Anal Glands: Don't Try It at Home

Emptying anal sacs by manually manipulating and squeezing them is not something that Dr. Schissler recommends to the average dog owner. If a dog's anal sacs are working normally, they will express themselves on their own when the dog defecates; there is no regular need to manually empty them.

If the dog has a problem with her anal sacs that requires manual expression, some brave souls prefer to do it on their own rather than bringing the dog back to the vet once the problem has been diagnosed. "Some people do it successfully," after having been shown the proper procedure by their veterinarian, Dr. Schissler concedes. "But one of the things that's likely to cause a dog discomfort and anxiety is handling around his anus. If a dog is going to bite you, he's going to bite you if you're touching his rear end." In addition, to do a thorough job of evacuating the sacs, "you need to do it digitally, with a finger in the dog's rectum, and most clients are not comfortable with that."

The anal sacs can be expressed externally, by squeezing the anus at the four and eight o'clock positions. In fact, many groomers empty the sacs this way as a routine part of a grooming visit. But Dr. Schissler stresses that this will not empty the sacs entirely. And some experts argue that manipulating the sacs may cause damage and create the very problem that you're trying to avoid in the first place.

If your dog is having ongoing anal-sac problems and you want or need to learn to empty them yourself, have your veterinarian show you how to do it. Make sure your dog is restrained properly, and be sure that other problems, such as a tumor, polyp, or abscess, have been ruled out. "If the anal sac starts to abscess and you squeeze internally, you'll make it worse," Dr. Schissler cautions.

But, she says, if it ain't broke, don't fix it: "If a dog's not having a problem, I'd just leave them alone."

Treatment and Possible Anal Gland Complications

While some studies estimate that as many as 12 percent of dogs have had problems with their anal sacs, there is no clear understanding of the cause. One theory suggests that some dogs have very narrow anal-sac ducts that are more prone to obstruction; inflammation from allergies may also block the ducts. Smaller and toy dogs have a greater likelihood of developing anal-sac problems, as do certain breeds, including Cocker Spaniels, Basset Hounds, and Beagles. "As a dermatologist, I see a lot of dogs with anal-sac issues," Dr. Schissler says. "My guess is that there are several different causes, but the reality is that it's not a glamorous thing to study, so there are few studies about what's normal."

Regardless of the cause, ignoring anal-sac problems can lead to unpleasant complications: The accumulated material in the sac eventually will begin to thicken, impacting the sac. If infection results and remains untreated, the anal sac can abscess and rupture, allowing the infection to spread into the tissue around the anus and the back of the thigh. In such serious cases, the veterinarian might prescribe steroid and antibiotic therapy. But unless signs of infection are definitely present, "treatment with antibiotics is not usually indicated," Dr. Schissler says. And diagnosing a brewing infection doesn't just mean the presence of bacteria, as all normal anal-sac excretions contain those organisms; the secretions will also contain many inflammatory cells.

While uncommon, anal-sac adeno-carcinomas can metastasize aggressively, and are also signaled by high levels of calcium in the blood. If physical examination rules out a tumor, and an infection is not suspected, Dr. Schissler says a veterinarian might opt to empty the anal sacs and monitor the situation.

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Though studies are few and far between, Dr. Schissler says that allergies are suspected to play a role in anal-sac problems. If an allergic response is suspected, a veterinarian might opt to put the dog on a hypoallergenic diet or one with a novel protein, though Dr. Schissler finds that anal-sac problems don't always respond to a diet change or allergy therapy.

Some anecdotal evidence suggests that an increase in dietary fiber can help resolve anal-sac problems, the theory being that the firmer stool expresses the glands naturally. (Some owners report that raw diets, whose natural-bone content produces very hard stools, are particularly helpful in this regard.) While Dr. Schissler has found that high-fiber diets do not always help, "they can't hurt," she says.

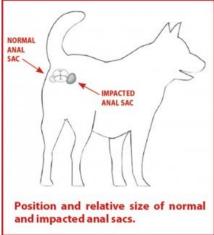
The most drastic treatment for repeated, chronic anal-sac infections is surgery to remove the sacs. Not a minor sur-

gery, anal sacculectomy runs the risk of intraoperative bleeding (because the area is so vascular), post-operative infection, and – the outcome that concerns most owners – fecal incontinence. Dr. Schissler notes that when the surgery is done appropriately, by an experienced, board-certified surgeon, the risk of the latter is low.

And she stresses that surgery is very much a last resort. "I've been practicing vet medicine for 10 years, nine of them dermatology related, and I've only sent two dogs to surgery," Dr. Schissler says. "It's not common, and the vast majority of cases can be managed."

She says she will consider surgery under one of two circumstances: Repeated infections have created so much suspected scar tissue that there is no longer an opening for the anal sacs to empty, or the anal-sac problem is so severe, and has been so unresponsive to medical treatment over time, that the dog's quality of life is negatively impacted.

With the constant "scooting" and seemingly endless carpet-cleaning that they bring, anal-sac problems are no fun for anyone. Being diligent about noting symptoms and seeking out early veterinary care can ensure that your dog – not to mention that antique Aubusson – both get the relief they need.



Turid Rugaas

On Talking Terms with Dogs: Calming Signals



A Dogwise Training Manual

Another Good Read

Your dog is talking. Do you know what he is saying?

Yawning, lip-licking, sneezing, even scratching are just a few of the 30-plus signals that dogs use to communicate with one another. With On Talking Terms With Dogs you can learn to recognize these signals and use them yourself to interact with your dog.

Norwegian dog trainer and behaviorist Turid Rugaas has made it her life work to study canine social interaction. She coined the phrase "calming signals" to describe the social skills, sometimes referred to as body language, that dogs use to avoid conflict, invite play, and communicate a wide range of information to other dogs — and also humans.

Every dog needs his human to read this book!

- Learn to identify situations that are stressful to your dog so that you can resolve or avoid them.
- Rehabilitate a dog that has lost her ability to read or give calming signals.
- Become a keen observer of canine behavior at home, in the community, and among dogs to get better behavior and build a solid relationship.