



The Pooches' Post

April 2019

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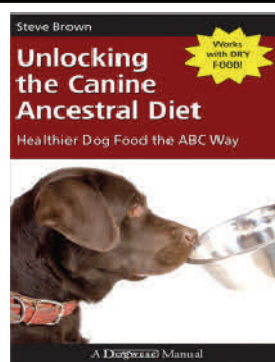
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Q: Why do dogs make terrible dance partners?

A: They've got two left feet!

- **NEXT Board Meeting—6:30PM April 25th**
- **NEXT General Meeting—7:00 PM April 25th (Laramie County Library)**



Unlocking the Canine Ancestral Diet

Whether you feed your dog dry, canned, or home prepared meals, chances are he's not getting all the vitamins and nutrients that he needs in his diet - the diet that his ancestors thrived upon.

Now, you'll discover how to provide your dog with the proper nutrition, not by changing his current diet, but by easily supplementing what you're already feeding him! Learn More

Learn the ABC's of Great Canine Nutrition!

A - Amount of Fat, Protein, and Carbs that Your Dog Needs

Regardless of what you're feeding your dog, he's probably not getting enough calories from protein. Discover the simple way to correct this imbalance!

B - Balance the Fats

Certain fats are vital to your dog's good health (is he getting them?), but even when included in premium brands there's a good chance they're going rancid, and potentially harming your dog. Learn the prevention for this common mistake!

C - Complete the Nutrition with Fresh Foods

You don't need to overhaul your dog's diet to feed him properly. Learn which easily available and inexpensive items to add to his current food to create a healthy, well-balanced meal

The Ancestral Diet Will Help Your Dog:

- Improve his sight and hearing
- Learn faster and remember better
- Achieve and maintain a healthier coat and skin
- Stay fit, and improve coordination
- Live longer!

Unlocking the Canine Ancestral Diet will show you how supplementing your dog's current diet with just a few simple all-natural recipes (using common ingredients) will give your dog all the nutrients, vitamins, and minerals he needs to keep him in peak health - just like his ancestors.



Mailing Address - **CHEYENNE KENNEL CLUB • PO BOX 202 • CHEYENNE, WY 82003**

If you change your contact information (email, mailing, address), please contact Bonnie Spiece at windypinecc@gmail.com or (517) 896-1417

**2019 SHOW
COMMITTEES**
*These committees will be
updated in March*

Show Chairman

Chair: Robin Casey
Assistants: Jerry Sweeney

Judges

Chair: Robin Casey

Obedience

Chair: Stacy Woita

Rally

Chair: Stacy Woita

**Chief Ring Steward
(Conformation)**

Chair:

**Chief Ring Steward
(Obedience/Rally)**

Chair:

**Conformation Trophy,
Billing, Catalog Ads**

Chair:

**Obedience Trophy,
Billing, Catalog Ads**

Chair:

Food Vendors

Chair: Stacy Woita

Hospitality

Chair:

Reserved & Free Grooming

Chair:

Grounds

Chair:

RV Parking

Chair:

RV set-up & planning

Chair: Stacy Woita

Raffle Committee:

Chair: Stacy Woita and Bonnie Spiece

Catalog Sales

Chair: Cindy Germain

Clean-up Crew

Chair:

Vendor Committee

Chair: JoLynn Hefferman

CKC Board Meeting

March 21, 2019, at Bonnie Spiece's home

Meeting called to order 7:10

Present: Bonnie Spiece, Robin Casey, Mary Flanderka, Stacy Woita, Monica Turner, Chandra Flaim, Barb Sahl

Absent: Jo-Lynn Hefferman

Minutes: Not available.

Treasurer's Report: APPROVED.

Corresponding Sec: No.

Special Committee Reports:

Website – Has been updated

Newsletter – No News.

Events – Possible Show & Sniff & Go April 6 - venue not available.

Information booth at Super Day on the last Saturday in June - June 22nd - Bonnie will contact city

Possible information “classes” for beginners: Barb Patterson will be consulted. - Bonnie will consult her.

Monica: Ask Barb Patterson how to get city licenses and/or permits. Two of them. RV and sales tax.

Old Business:

ATTS - American Temperament Testing Society - Bonnie will check on requirements - will present to general membership.

Food vendors - no special concessions for Hitchin' Post BBQ (no primary access to kitchen, no free parking). Only tickets for vendors will be judges'.

Stacy will reach out to sheriff's department.

Stickers for book donations are made.

New Business:

Artificial Turf presentation at April general meeting.

No changes to constitution/bylaws: APPROVED

Shows –

Meeting adjourned 7:58

Signed: Monica Turner, Recording Secretary

BRAGS!



- Augie earned his NACSW NW2 in Denver, CO on 3/24/2019. In addition to his NW2 title, he placed second in the Interior search, third in the Exterior search, and third overall. J



- Judy Wrynski was voted Cheyenne's best groomer in the Wyoming Tribune Eagle Best of Cheyenne 2019 Reader's Choice Awards!

Cheyenne Kennel Club General Meeting

March 28, 2019

Laramie County Library

Before meeting: Presentation on artificial turf - Jeff McMartin, SynLawn

Meeting was called to order at 7:48. A quorum was not present at this meeting.

Minutes: Motion to approve minutes APPROVED

Treasurer's Report: TABLED

Corresponding Secretary: Nothing.

Guest introductions: None.

Member Applications: None.

Committee Reports:

Event Committee: -Bonnie: Show & Sniff & Go - facility not available

Super Day: June 22 - Cathy Anderson and Kay Allen have supplies. Brochure.

Website: Bonnie:

Education: Stickers for books printed.

Newsletter/Pooches Post:

Old Business:

Applications.

New Business:

Premium list has been submitted. A proof will be brought to a meeting.

Meeting was adjourned at: 7:57

Signed: Monica Turner, Recording Secretary

2019 CLUB POSITIONS

Animal Shelter Liaison:

Robin Casey

Specialty Club Liaison:

Cathy Anderson

Events Committee:

Tess Galloway

Awards Banquet & Annual Awards

Membership Committee

Tess Galloway

Finance &

Audit Committee

Barb Sahl

MEETING AGENDA

- Call to Order
- Approval of Minutes
- Treasurer's Report
- Corresponding Secretary Report
- Guest Introductions
- Member Applications
- Committee Reports
- Old Business
- New Business
- Adjournment
- Brags

PENDING APPLICATION

NONE





Does Your Female Dog Hump?

Humping comes really naturally to even female dogs, but it is probably the most awkward behavior for people to witness – or be subjected to.

By Sassafra Lowrey

Usually humping is associated with male dogs, but [humping](#) is also very common amongst female dogs. Some girls will hump toys or other objects, some hump air, others hump other dogs or even people. To learn more about humping, why girls do it, and how to keep your female dog from humping, we talk with Certified Professional Dog Trainer and Chair of The Association of Professional Dog Trainers [Nick Hof, CPDT-KA, CBCC-KA, KPA-CTP, CSAT](#), to answer some of your most commonly asked questions about female dogs and humping.

Why Do Female Dogs Hump?

Hof advised that dog guardians shouldn't panic. "Although it may be a bit embarrassing, humping is a normal dog behavior. You do not need to demonize it nor glorify it." People get uncomfortable with dogs humping usually because they are under the impression that it is either a sexual behavior or connected to [dominance](#). However, Hof explained that humping is usually a result of a heightened arousal state, but that doesn't mean it is necessarily sexual. He explained that when female dogs hump it may also be a stress response.

Hof not only has professional experience with female dogs humping, but also personal experience at home: "I had two female dogs that would hump each other any time I had a guest over due to the heightened arousal level; a good outlet for them was humping one another."

Does Spaying Stop Female Dog Mounting?

It is generally assumed that [neutering](#) a male dog will stop him from humping. That isn't always the case - many male dogs will continue to hump post-neutering if that was a behavior they engaged in before the procedure.

When it comes to female dogs, spaying doesn't generally have much impact on their humping behavior either. Girls who hump before spaying are likely to continue humping after spaying because it isn't related to hormones. "I often see female dog humping as more related to arousal state or environmental stressors, neither of which would be changed by a spaying," explains Hof.

Hump Toys for Female Dogs

Object-mounting is a common behavior with female dogs. "When we are trying to determine if a behavior will be reinforced, we try to look at what is encouraging or maintaining that behavior. Often humping may begin based on environmental conditions or stimuli [such as guests in the house], but if that results in, for example, laughter at the dog humping, some dogs find that reinforcing and that may be encouraged."

So, if your female dog is humping objects like pillows, toys or furniture, the more you direct attention toward her, the more she may continue the behavior. Pat Miller offers advice on how to train your dog away from mounting behavior in [this Whole Dog Journal article](#).

If your dog's humping doesn't bother you, letting her use one (or any) of her dog toys as a personal mounting object is acceptable. Toys are a safe outlet for humping behavior, and if it does not offend any nearby witnesses, allowing your dog to do this without reinforcing her is unlikely to create additional behavioral problems.

What Should You Do to Stop Female Mounting Behavior?

Dog humping isn't inherently concerning behavior. It is very natural for dogs. The only times humping is a problem are when it makes you uncomfortable and when it makes the object of the humping (a guest or another dog) uncomfortable. In those cases, Hof suggests that, "it would be best to try and redirect the dog's attention. This could be done by just attempting to interrupt the behavior or trying to [redirect the dog's focus](#) by asking for a sit or other behavior."

Nick Hof also advises that if you know your dog is prone to humping in certain conditions like when guests come over, it's best to take steps to prevent it by redirecting your dog *before* she starts the humping. It's all about creating situations where your dog is going to be successful.

"A great option is always to focus on what you would like your dogs to do [instead of the unwanted behavior]. For example, they can't hump while also practicing a down-stay on their bed. Help show your dog what you want from them as opposed to telling them to stop," suggests Hof.

Isn't It Best to Prevent Dogs from Humping Altogether?

Again, there isn't anything wrong with humping unless it makes you or the object of affection uncomfortable. If you want your dog to stop humping, then Hof suggests the best thing to do is deny her the opportunity to start.

"It is always a good idea to, at a minimum, [prevent and manage behavior](#) you don't want your dog to rehearse because otherwise they become more well-practiced." Hof continues, "In my experience, since female dog humping tends to be more linked to arousal and stress, it is best to look at the context of the situations that the behavior presents itself in." Knowing the situations where your dog is prone to humping means you can give her something else to do at the times when the behavior is usually triggered.

What if My Female Dog Humps Other Dogs?

Some female dogs hump other dogs, and this isn't always bad. However, some dogs will react very negatively. Hof believes this comes down to a consent issue between the dogs: "If the dog or person your dog humps does not appear to be okay with the act, it's a good idea to discourage and redirect your dog's humping. If they don't seem to care and neither do you, it comes down to personal preference."

With that in mind, many dogs do really take offense to being humped, so if you take your dog to [dog parks](#) or other meetups with dogs, it's a good idea to watch her and ensure she doesn't start humping other dogs - which can lead to a fight.

How to Stop A Female Dog from Humping People

Hof advises that the best thing you can do is, "Management. Management. Management." He suggests that if your dog likes to hump and you cannot allow it, it's a great idea to keep your dog leashed at times she's likely to engage in humping, even in the house. "If your dog is on-leash, you have much more control over their actions," Hof reminds us. Focus your attention on teaching and encouraging your dog to do what you want her to do instead of having to redirect or correct the humping once it has started.

If you are struggling with your female dog's humping behavior, schedule a consultation with a positive reinforcement-based dog trainer who can support you with gaining a greater understanding of what is triggering or reinforcing the humping behavior with your dog.

[Sassafra Lowrey](#) is an award-winning author and Certified Trick Dog Instructor. Sassafra's forthcoming books include, *Tricks IN THE CITY: For Daring Dogs* and *the Humans That Love Them*, *Healing/Heeling*, and *Bedtime Stories for Rescue Dogs: William To the Rescue*.