



The Pooches' Post

January 2020

-CLUB OFFICERS-

President

Bonnie Spiece
517-896-1417

windypinecc@gmail.com

Vice-President

Cathy Anderson
307-634-6940

cheyrottrescue@aol.com

Recording Secretary

Monica Turner—McPherson
307-206-5588

Corresponding Secretary

JoLynn Hefferman
307-634-6940

hjh0205@msn.com

Treasurer

Barb Patterson
wyowolfhound@yahoo.com
307-214-1051

-BOARD MEMBERS-

Stacy Woita

307-256-7238

stacyclift17@gmail.com

Chandra Flaim

307-221-5776

qualtericollies@bresnan.net

Judy Wrynski

jwrynski@aol.com

307-630-8013

Kay Allen

kay82009@outlook.com

307-287-3809

CHEYENNE KENNEL CLUB •

PO BOX 202 • CHEYENNE,
WY 82003

If you change your contact
information (email, mailing,
address),

please contact Bonnie Spiece
at windypinecc@gmail.com
or (517) 896-1417

- Next Board Meeting February 6, 2020 - Bonnies Home
- Next General Meeting, February Date/Time TBD.

Ways to Keep Your Dog Active During Winter

Cold, rain, snow, and ice can complicate our dogs' exercise and training plans – but winter weather shouldn't cancel them!

It can be very challenging to keep your canine family members happy during the ravages of winter. Even those who live in the warmer southern states may face long stretches of forced idleness from winter rains. Without ample enrichment activities, weeks and months of short, dark days can turn even a calm canine into a hyper hound.

Fortunately, the ever-creative modern dog training world has come up with countless ways to keep our dogs happy in inclement weather, so that dogs and humans can spend more time snuggled together in front of the warm fireplace and less time worrying about frostbite or drowning (see "Winter Warnings," next page).

KEEPING ACTIVE IN THE WINTER

One of the best ways to stave off your dog's winter crazies is to provide her with a wide variety of enrichment activities. Some are easy and can be implemented immediately, while some take a little more investment in time and resources. Let's start with easy:

Indoor Fetch. If there's only one of you and your dog will fetch, you can stand at the top of the stairs and toss her ball or toy to the bottom, have her run down to get it, run back up to you. If she will chase it but not bring it back, have a laundry basket full of toys or balls, call her back, and just keep throwing new ones. When you have thrown them all, go down the stairs, collect them, and bring them back up. If you don't have stairs (or she can't do stairs) use a long hallway. Get added benefit by putting barriers across the hall for her to jump over as she runs back and forth.

Jump the Jumps. When I was a wee child, I used to take broomsticks and mop handles and lay them across chairs all around the house, and then run with my Rough Collie, Squire, as he sailed over my makeshift jumps. You can do the same! If you prefer, you can get sections of PVC pipe at a hardware store. Start with the poles on the

BBQ

CHEYENNE KENNEL CLUB



PLEASE JOIN US FOR OUR ANNUAL POTLUCK!

Archer Complex
Ross Room
January 11, 2020
11:30 am



Optional gift exchange:
Please bring a gift worth
up to \$25 if you'd like to
participate!

Sign up:

<https://www.perfectpotluck.com/KLXB3069>

**2019 SHOW
COMMITTEES**

**Cheyenne Kennel Club General Meeting
November 24, 2019
Laramie County Library**

Meeting was called to order at 1:09 PM

Show Chairman

Chair: Robin Casey
Assistants: Jerry Sweeny

Judges

Chair: Robin Casey

Obedience

Chair: Stacy Woita

Rally

Chair: Stacy Woita

**Chief Ring Steward
(Conformation)**

Chair: Bonnie Spiece

**Chief Ring Steward
(Obedience/Rally)**

Chair: Monica Turner McPherson

**Conformation Trophy,
Billing, Catalog Ads**

Chair: Dottie Conard and JoLynn Hefferman

**Obedience Trophy,
Billing, Catalog Ads**

Chair: JoLynn Hefferman

Food Vendors

Chair: Stacy Woita

Hospitality

Chair: Kathy and Gary Spahr

Reserved & Free Grooming

Chair: Sandy Trujillo

Grounds

Chair: PJ Kuzdal

RV Parking

Chair: Sandy & Jim Trujillo

RV set-up & planning

Chair: Bonnie Spiece & Robin Casey

Raffle Committee:

Chair: Bonnie Spiece & Stacy Woita

Catalog Sales

Chair: Cindy Germain

Clean-up Crew

Chair: Stacy Woita

Vendor Committee

Chair: Stacy Woita

Treasurer's Report: Approved

Minutes: Approved

Corresponding Secretary: Nothing in the mailbox

Guest introductions: None

Member Applications: Matt and Megan Peterson - approved

Beverly second reading

Committee Reports:

Event Committee: - Archer facility revised estimate to day 1 \$750, day 2 \$1500, day 3 \$1500, day 4 \$1500, \$25 for wireless mic - \$5275 Super Day

Website: events calendar, club member bios / brag corner

Education:

Newsletter/Pooches Post: send Mary anything you would like in the pooches post

Old Business:

- Kathy awards/send final list to pooches posts
- Motion to rescind vote from September meeting: "Motion to hold 3 days of obedience and Rally trials with unlimited entries and offering all classes currently offered (approved)" APPROVED
- Motion to include all regular titling classes and beginner novice in 2020 show - In favor: 3 Opposed: 6
- Motion to include all regular, preferred, and optional titling classes in the 2020 show - in favor: 9 opposed: 1 APPROVED
- Motion to approve 3 days of obedience and Rally trials - APPROVED
- Motion to set obedience and Rally limits per Onofrio's suggestion of 8 hours/judge/day - In favor: 6 Opposed: 5 APPROVED:
- Motion to hold one open show on Sunday - In favor: 6 Opposed: 3 APPROVED
- RV parking is far from show - find organization to rent golf cart shuttles - RESEARCH - Stacy will talk to 4H
- ROTC would like volunteer hours at show - RESEARCH - Bonnie
- Motion to offer Bill Kohler this year's contract with the agreement that they allow a second photographer - APPROVED

New Business:

- Red Ruff Inn Conformation Classes - amenable, very interested, 2 classes/month, starting in January, weekends only - RESEARCH
- Motion to hold pot luck Christmas party at Archer if it is available January 11 for max \$50/hr for 3-4 hr; if not available, Pioneer Park - APPROVED
- Motion to change kennel club general meeting from Thursdays to Sundays - TABLED

Elections - nominations:

- President - Bonnie Spiece
- Vice President - Cathy Anderson
- Treasurer - Barb Sahl
- Recording Secretary - Monica Turner
- Corresponding Secretary - JoLynn Hefferman

Board Members at Large - Chandra Flaim, Stacy Woita, Barb Patterson, Kay Allen...Continued on Page 3.

CKC Minutes continued: NOMINATIONS FROM THE FLOOR - Barb Patterson for treasurer, Judy Wrynski for board member at large, Barb Sahl for board member at large

Elections - results:

President - Bonnie Spiece - 11

Vice President - Cathy Anderson - 11

Treasurer - Barb Patterson

Recording Secretary - Monica Turner

Corresponding Secretary - JoLynn Hefferman

Board - Judy Wrynski, Chandra Flaim, Kay Allen, Stacy Woita

Meeting was adjourned at: 3:08 PM

Signed: Monica Turner, Recording Secretary

CKC Board Meeting

November 14, 2019 at Bonnie Spiece's Home

Meeting called to order 7:09 PM

Present: Bonnie, Stacy, Chandra, JoLynn, Cathy, Monica, Robin

Absent: Barb

Minutes for August: APPROVED

Minutes for September: APPROVED

Treasurer's Report: APPROVED

Corresponding Sec: Nothing to report

Special Committee Reports:

Website –

- Newsletter –
- Events –

Shows – Committee sign ups, layout for complex

Old Business:

Archer - Bridgette emailed Cathy revisions - estimate is Aug 29 19-Sept 1 19 - \$5275

New Business:

- Find 2019 premium list - research
- Motion to recommend an open show on Sunday to general membership - in favor: 5, abstained: 2 APPROVED

Meeting adjourned 8:34PM

Signed: Monica Turner, Recording Secretary



WINTER EXERCISE Continued: ground and use a treat to get your dog to walk over them, then trot over them. When she is ready for more, use poles to make low X-shaped jumps before you use straight poles to make higher jumps. (Note: Young puppies shouldn't jump until they are old enough not to be harmed by the repeated impacts. Check with your vet to make sure jumping is a safe activity for your pup.)

Round Robin Recall. You need at least two humans and a dog who loves to come when she's called for this game. The larger your house and the more humans (within reason!), the better.

Put Billy (B) on the third floor, Janey (J) on the second, Mom (M) on the ground floor, and Dad (D) in the basement. (If stairs are not safely carpeted or dog has trouble with stairs, put all humans in different rooms on the same floor.) Each human has yummy treats and a toy that the dog likes for reinforcement when the dog arrives. Write up a random calling order and give each person a copy to ensure two humans aren't calling her at the same time, and let the fun begin. Be sure each person has a fun party with the dog when she gets there! This not only burns off dog energy, it gives the kids something to do, and it helps improve your dog's recall.

Ball Pit. For this one you need a kiddie wading pool and a generous supply of non-toxic, sturdy ball-pit balls. Put a towel down to cover the bottom of the pool (so the sound doesn't startle your dog), fill the pool with balls (no water!), and let the fun begin! If your dog doesn't take to it immediately, toss treats and favorite toys into the pool and let her – or help her – dig for them.

Snuffle Mat (and other food toys). Interactive food-dispensing toys are a simple solution to many dogs' winter blues. We particularly like "snuffle mats," where you bury treats in the cloth fingers of a textured mat **Continued on Page 4**

2019 CLUB POSITIONS

Animal Shelter Liaison:

Robin Casey

Specialty Club Liaison:

Cathy Anderson

Events Committee:

Tess Galloway

Awards Banquet & Annual Awards

Membership Committee

Tess Galloway

Finance & Audit Committee

Barb Patterson

MEETING AGENDA

- Call to Order
- Approval of Minutes
- Treasurer's Report
- Corresponding Secretary Report
- Guest Introductions
- Member Applications
- Committee Reports
- Old Business
- New Business
- Adjournment
- Brags

PENDING APPLICATIONS

Beverly Pankey

and let your dog go to it. If you have a dog who wants to eat the mat or, in contrast, just isn't interested, there are many other options, including treat-dispensing toys your dog pushes around, and puzzle toys she has to solve to get the treats. (See "Play with Your Food," WDJ April 2019).

Flirt Pole. This is simply a sturdy pole with a rope fastened to one end and a toy fastened to the rope. You can make one or buy one. To play, stand in one place and swing the toy around for your dog to chase. (You can also practice "Trade" to get the toy back once your dog has grabbed it; see "Trade Agreements," WDJ February 2017). Woody chases the Tail Teaser with typical intensity. Be careful about baiting your dog into too many tight turns with these toys if she has knee or other joint issues. If your dog tends to bodyslam you (or your kids) while playing this game, stand inside an exercise pen for protection while your dog chases the toy around the outside of the pen.

These toys are available in better pet supply stores and from online sources such as Chewy.com and Amazon.com. Outward Hound makes one called the "Tail Teaser" and sells it with an extra replacement toy for about \$13; Chewy.com also sells one called the Pet Fit for Life Plush Wand Teaser Dog Toy for \$11.

Nose Games. Scent work is surprisingly tiring, and because most dogs love to sniff, it's also very satisfying for them. It's also usually an easy game to teach. Have your dog sit and wait (or have someone hold her collar). Hold up a treat, walk six feet away, and place it on the floor. Return to your dog, pause, and then say "Search!" Encourage her to run out and eat the treat. After a few repetitions, let her watch you "hide" the treat in an easy spot (on the floor behind a chair leg, etc.). Return and tell her "Search!" Gradually hide the treat in harder places, then multiple treats, and eventually have her in another room while you hide treats. This should keep her quite busy and tire her out nicely. (For much more information, see "How to Teach Your Dog to Play Nose Games," WDJ September 2019.)

Treadmill. Now we're getting into activities that require more investments in time and resources. First, of course, you need a treadmill. Be sure to get one that is safe to use with dogs. Dog-specific treadmills generally are smaller than human products (some are made just for small dogs!) and have appropriately sized siderails (for safety, to keep the dog from falling off on the sides).

You will need to do a very gradual introduction, associating the machine with treats and toys until your dog is very comfortable being near it, and then *on* it, before you even *think* of turning it on. Be sure not to overdo the exercise; check with your veterinarian about how much exercise is appropriate for your dog to start with and how you should increase the time (gradually!).

Cognition Training. Those winter shut-in months are a perfect time to experiment with cognition training for your dog. You don't need a lot of room, and this brain exercise is surprisingly tiring. You can teach your dog to imitate your specific behaviors (see "Copy That," October 2013); explore choice (see "Pro-Choice," November 2016); learn to demonstrate object, shape, and color discrimination and even read! (see "Are Canines Cognitive?" October 2017), and much more.

Indoor Parkour. If you really want to get creative, you can set up an indoor parkour course for your dog, made out of household items. After you've taught your dog each of the various obstacles, put them all together into a complete course. Here are some suggestions for obstacles that you can train your dog to navigate:

- **Laundry Leap:** Get a laundry basket that's an appropriate size for your dog, and teach him to jump into and out of it.
- **Hoop-De-Do:** Best use of a hula hoop ever! Hold it up for your dog to jump through, or wedge it between a chair and a wall for a fixed jump.
- **Sweet Roll:** Roll up a carpet runner and let your dog unroll it with her nose. (Teach this one by placing treats inside the rug as you roll it so she finds them as she unrolls it.) This would be especially fun if you had a red carpet that your dog could unroll for special guests!
- **That Was Easy:** A smack of the paw lets your dog share her editorial opinion. These buttons are available from Staples stores and its website – or you can find a variety of wonderful talking buttons at this online site: speaktomecatalog.com (select "buttons").
- **Go 'Round:** A simple orange traffic cone makes a perfect loop-stacle to send your dog around the bend in a different direction.
- **Walk the Plank:** Place an eight-foot long 2×8 board across two low stools and let your dog walk the plank! Increase the level of difficulty with narrower planks.
- **Tunnel o' Chairs:** If you have a smaller dog, start by teaching her to crawl under one folding chair, then add a second chair, then a third, eventually making your crawl tunnel as long as you want it to be!

Whatever your fancy, there should be some activities here that you and your dog can enjoy together when the weather outside is frightful. Stay warm, stay safe, and have fun!