

Need #5

Human Energy System – Building, Balancing and Protection from wireless radiation and electromagnetic fields (EMF)

Introduction

This section on human energy balancing and protection begins by examining some of the main environmental toxins that empirical research is suggesting are contributing to PwDD compromised well-being including in part, causing anxiety, anger and aggression (AAA). Just as eggs, nuts and dairy have been linked to dangerous health problems when ingested, numerous “air-born” contaminants and electromagnetic pollution have been directly linked to the potential compromised well-being of PwDD.

We must get much better at protecting the biological vulnerability of PwDD.

After reviewing several of the major physical environmental threats and safe guards, we will present ways to protect and balance the human energy system including how to promote better sleep patterns.

Environmental Toxins and Contaminants, Airborne and Material Toxins

Basic Facts

Toxins deplete the human energy system causing anxiety that leads to AAA. Screen for toxins and allergens using muscle testing and consult with a medical doctor, Naturopath or allergy specialist to identify and eliminate this threat to health and well-being. (See examples below).

Potential Allergens Cause Maladaptive Behaviours



Dirty Electricity - Electromagnetic Fields (EMF)

Our training concerning the energy-related factors that contribute to maladaptive behaviours would not be complete without providing an accurate understanding of the impact of electromagnetic fields (EMFs) and dirty electricity. “Dirty electricity” is the term given to the energy that escapes from any electromagnetic field, or, more simply, electrical pollution. Think of all the devices and appliances in the field of PwDD: televisions, fridges, phones, radios, lights, toasters, and on and on and on.

Electromagnetic energy is broadcasted from every 110 volt AC wall outlet, not to mention every single electric or electronic device, and picked up and retained by the human body. It can have a negative impact on the feelings and behaviours of PwDD—especially those who are much more sensitive than neurotypical people. This impact is in addition to the radiation from any and all wireless devices which disrupts the balanced operation of the human electromagnetic system.

Although safe standards have been set for dirty electricity, neither short-term nor long-term, cumulative, impact of EMFs has yet been adequately tested for PwDD. However, anecdotal reports are starting to indicate that the already destabilized energy system of PwDD is further compromised by EMFs and by radiation emitted by Wi-Fi and cell phones and then held in the body and brain.

Recommended Reading:

www.emfsolutions.ca. 2017.

Johnson, Jeromy. 2016.
Wireless Wake-Up Call. Ted Talks.

Sullivan, Peter. 2007.
www.clearlightventures.com.

International research has tested the impact of these emissions on neurotypical subjects, but seldom on individuals with special needs. The fact that all human bodies act as holders and receivers of these emissions is undisputed. It is also undisputed that EMFs of a certain level do impact living cells. Cells are both treated and destroyed by high levels of radiation.

What is only beginning to be proven, however, is the strong connection between anxiety, anger and aggression and the exposure of PwDD to EMF. One telling study was conducted by Magda Havas at Trent University (as cited on emfsolutions.ca). Prof. Havas established that filtering out dirty electricity from the immediate environment led to a clear decrease in the focus and agitation symptoms associated with ASD/DD.

Probable Risks Associated With Short and Long Term Cumulative Exposure to Dirty Electricity

- damage to human cells, e.g. different forms of cancer and chronic disease;
- interference with natural processes including sleep, hormone production and the immune system;
- children seem more vulnerable – symptoms could include, headaches, chronic fatigue, vertigo, concentration and memory problems, learning and behavioural disorders and more frequent incidents of ADHD.