



Personal and Professional Development
To meet the complex needs of people supported
such as:

- **S**ocial Reform
- **S**ubstances Recovery
- **S**icknesses Prevention
- **S**afety
- **S**ecurity
- **S**kills (Life)
- **S**marts
- **S**elf Development
- **S**atisfactory Life

Part 6 – Resource 4

Home Structure and Support Intensity Options



Home Structure and Support Intensity is offered to ensure inclusion of the full range of services required for the person with developmental disabilities to live to their fullest potential.



This tool will guide the person being supported and other planners, in how to determine the full range of needs and then to align these needs with the continuum of services. The continuum of services are described under the following three main areas:

- **Home Living Structure from low to high.**
- **The Support Intensity Continuum from low to high.**
- **The person with developmental disabilities potential to be harmed or to harm themselves or others.**



Home Structure & Support Intensity

First Principles

- 1. Every person supported is as soon as possible, assessed and treated for biomedical comorbidities (reference CCS Textbook – pages 55 to 57 and also CCS Textbook – page 35.**
- 2. People with a trend line of maladaptive behaviours are generally struggling with several comorbidities, are discouraged, frightened, feel unloved, and feel they are never enough.**
- 3. The greater the person's need for protection and/or control so that they will not hurt/harm others or themselves, will require that the person supported live in a home with more structure, rules, higher staffing ratios, and the most highly developed staff regarding competence, commitment and caring.**



Home Structure & Support Intensity First Principles

(continued)

4. In general, the supporters only do for the person supported what they can not or will not do for themselves at the time.
5. The focus of the home structure and support intensity is development and progression toward independent living and lower levels of support intensity.



Home Structure & Support Intensity First Principles

(continued)

6. In general, regardless of the comorbidity assessment and treatment, the following 3 questions are essential to determine the optimal home structure and support intensity:
- Does the person actually have the life skills' know how to live a socially responsible and personally satisfying life?
 - Do they have sufficient motivation to want to develop and apply self management and emotional self-regulation skills?
 - Based on their informed choice and premise that with rights comes certain responsibilities, what home structure and support intensity do they want and need (reference below).



The most fundamental antecedents of maladaptive behaviours are:

- **Unidentified and not satisfactorily treated biomedical comorbidities unmet needs.**
- **Living conditions/structure not aligned with the person's needs.**
- **Support intensity not aligned with the person's needs.**
- **Supporters with less than satisfactory emotional self-regulation skills.**
- **The person supported unresolved fears/anxiety, leading to anger, leading to aggression.**



In general, the greater the need for a highly structured living environment and high support intensity – the lower the effectiveness of logical consequences and the higher the need of comorbidity treatment and encouraging support.



The need for the person supported development of empathy, kindness and service to others is an essential part of their development to live to their fullest potential. As a result, all levels of their living environment and support intensity will have a strong focus on these development outcomes.

(Reference CCS Textbook pages 179 – 180 and 166 – 168)



**First do not harm. Actively support in accordance with the
45 Stress Inducers and Reducers.
(Reference CCS Textbook pages 169 – 175)**



The ‘informed choices’ of the person supported, based on the premise of ‘with rights comes responsibilities’, is the most primary determining factor of the CCS home structure and support intensity process. The following criteria are essential in determining informed choices and rights.



The person's supported decisions regarding their preferred living structure and acceptance of support options can be the most significant deciding criteria provided that the following conditions are met:

Workshop Process

In subgroups please complete the statement with as many relevant conditions as possible.



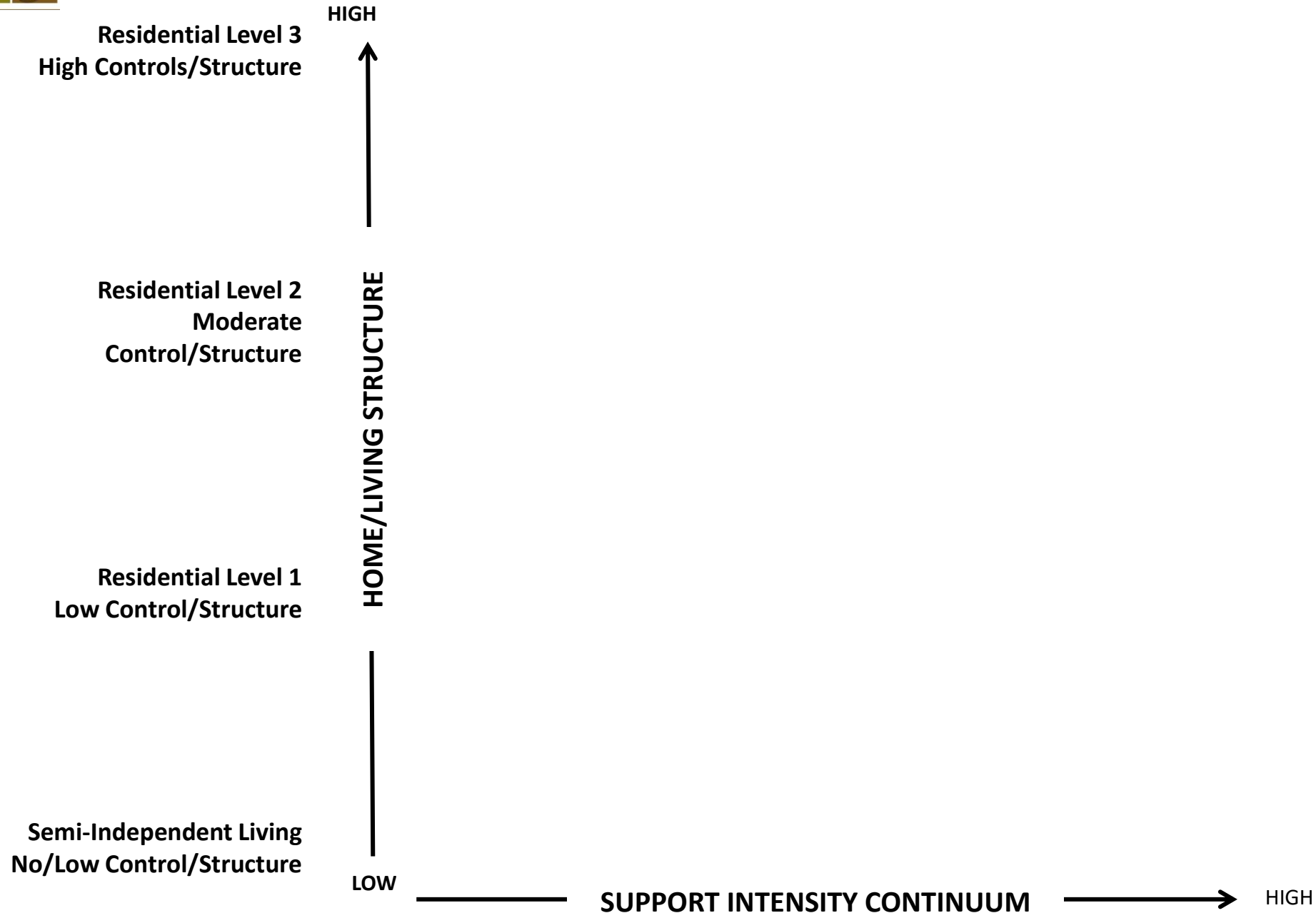
The person's supported decisions regarding their preferred living structure and acceptance of support options can be the most significant deciding criteria provided that the following conditions are met:

- 1. The person's decisions do not harm or lessen other people's rights and responsibilities.**
- 2. The person is intellectually capable of understanding the risks and consequences of their decisions.**

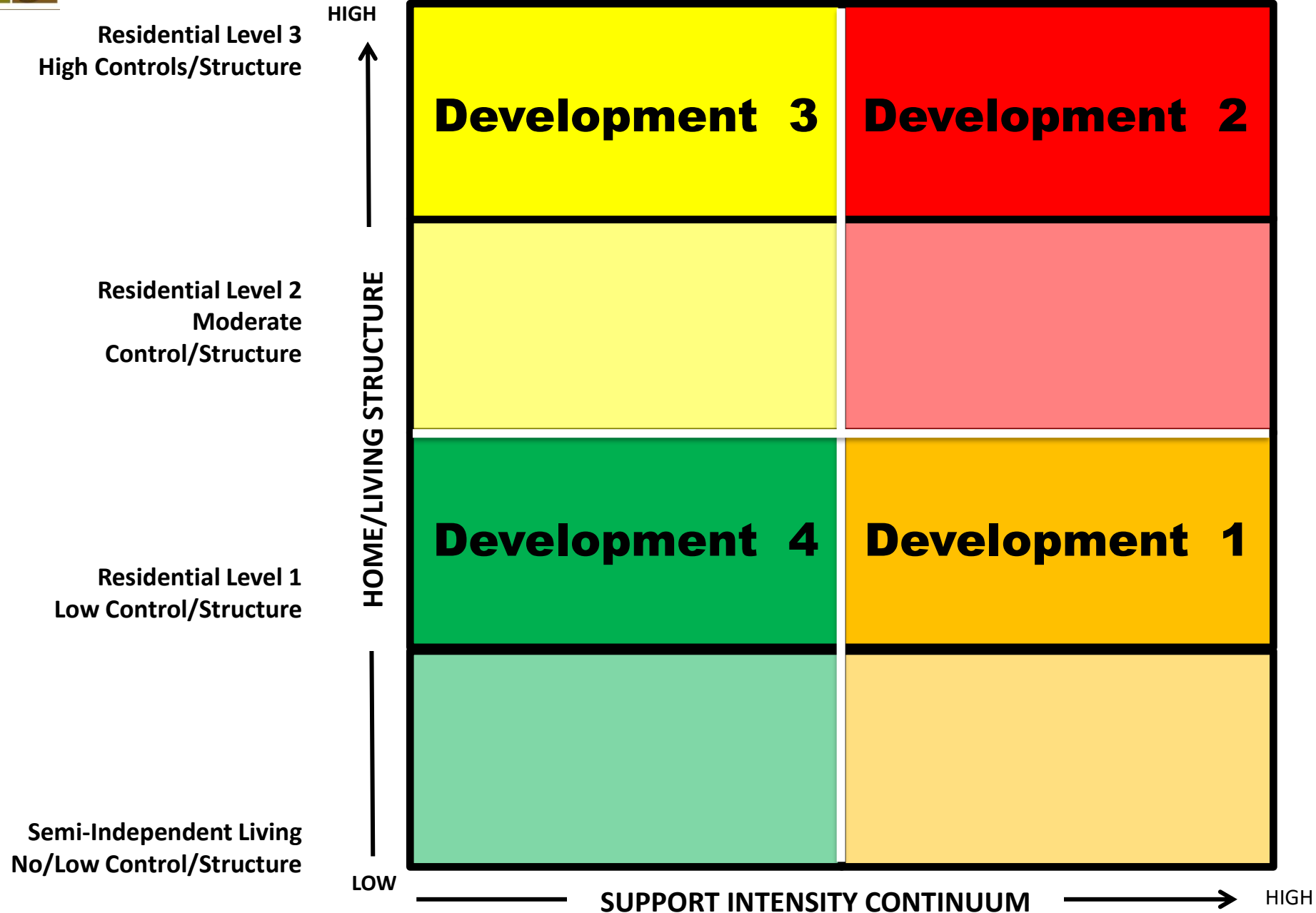


3. The person is not being forced by other people to make decisions in his/her life.
4. The person is not being forced to make decisions by other conditions beyond their control such as: mental health disorders, addictions and/or untreated biomedical comorbidities.
5. The persons living structure and support options offered by the agency are within the legal policies of the agency and their provincial mandate.
6. The decisions will complement and influence orders made by the Ontario Juridical System.

Home Structure and Support Intensity Options



Home Structure and Support Intensity Options



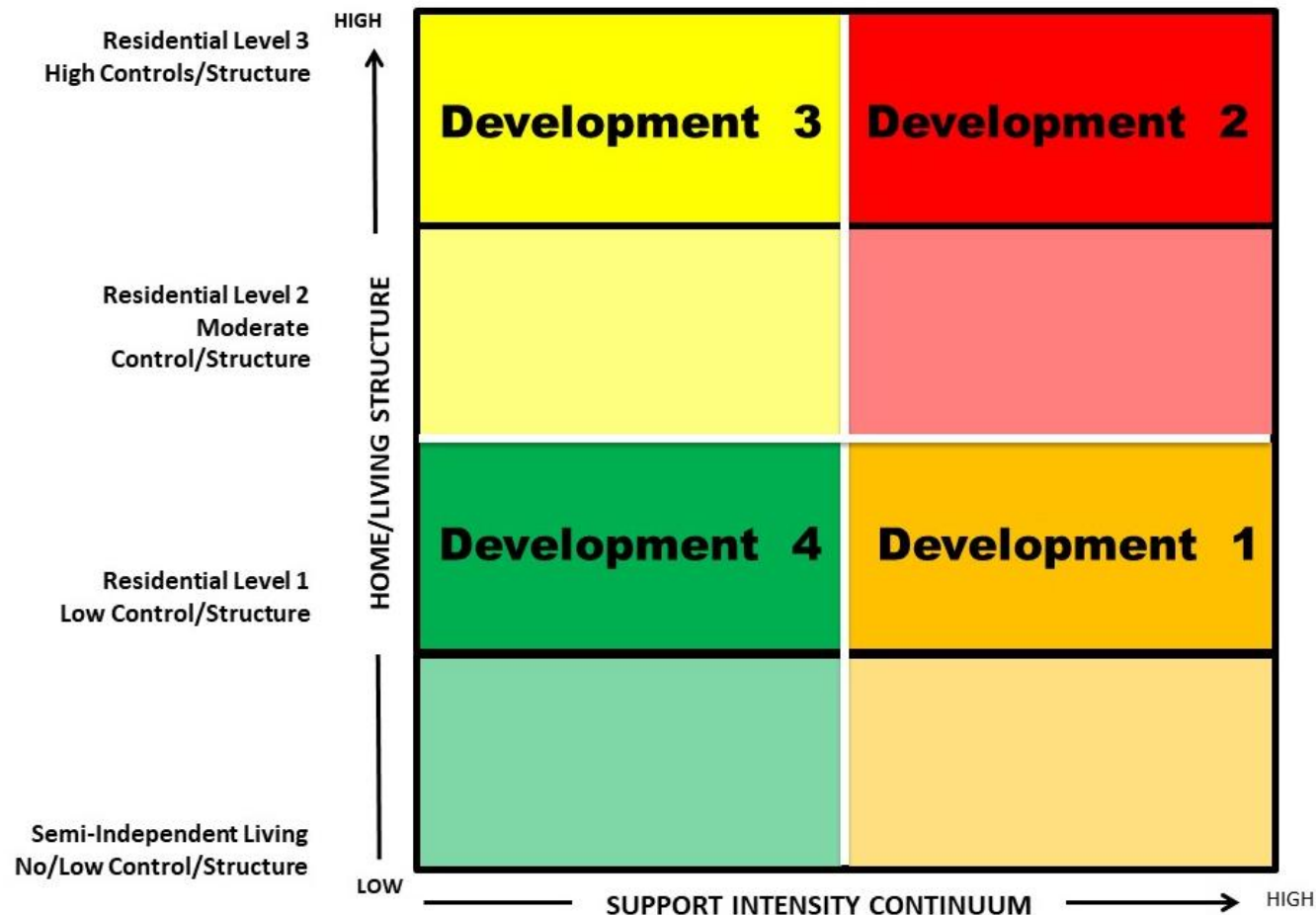
Home and Support Intensity Options

Development 4

- Low Risk of Being Harmed or Harming
- High Development of Life Skills/ Material Self-Sufficiency (**Can and Will**)
- High Development of Self-Management/ Emotional Self-Regulation

Support Needs Priorities

- ✓ Coaching to Problem Solve
- ✓ Learning from Consequences
- ✓ Service / Work Opportunity
- ✓ Affirming/Trusting



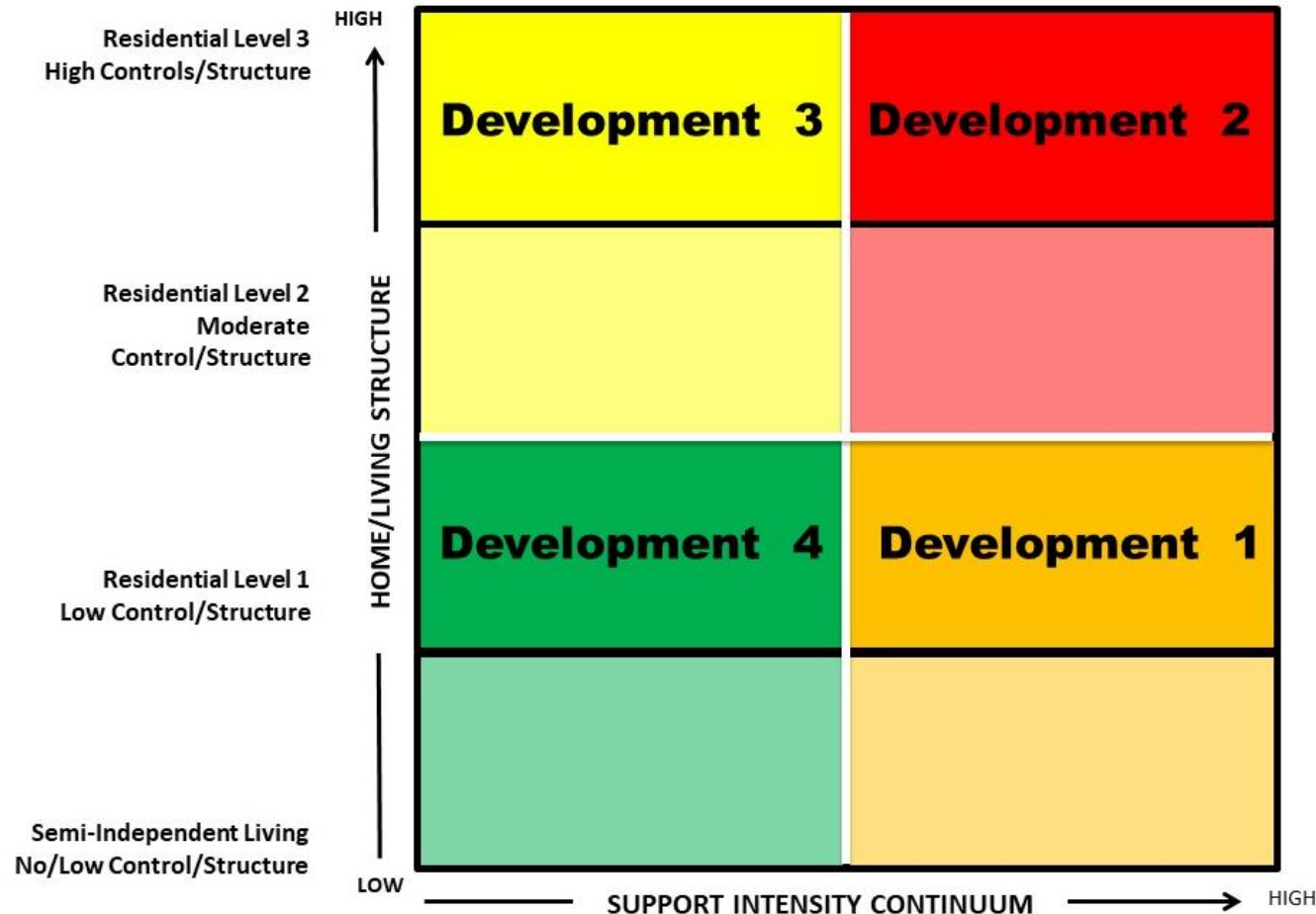
Home and Support Intensity Options

Development 1

- Low Risk of Being Harmed or Harming
- Low Life Skills/Material Self-Sufficiency
(Can't but Will)
- High Self-Management/ Emotional Self-Regulation (e.g. Highly Motivated)

Support Needs Priorities

- ✓ Teaching/Showing and Telling How
- ✓ Giving Constructive Feedback
- ✓ Identifying Needs and Prioritizing Life Skills Learning
- ✓ Volunteer Opportunities
- ✓ Justified Risk



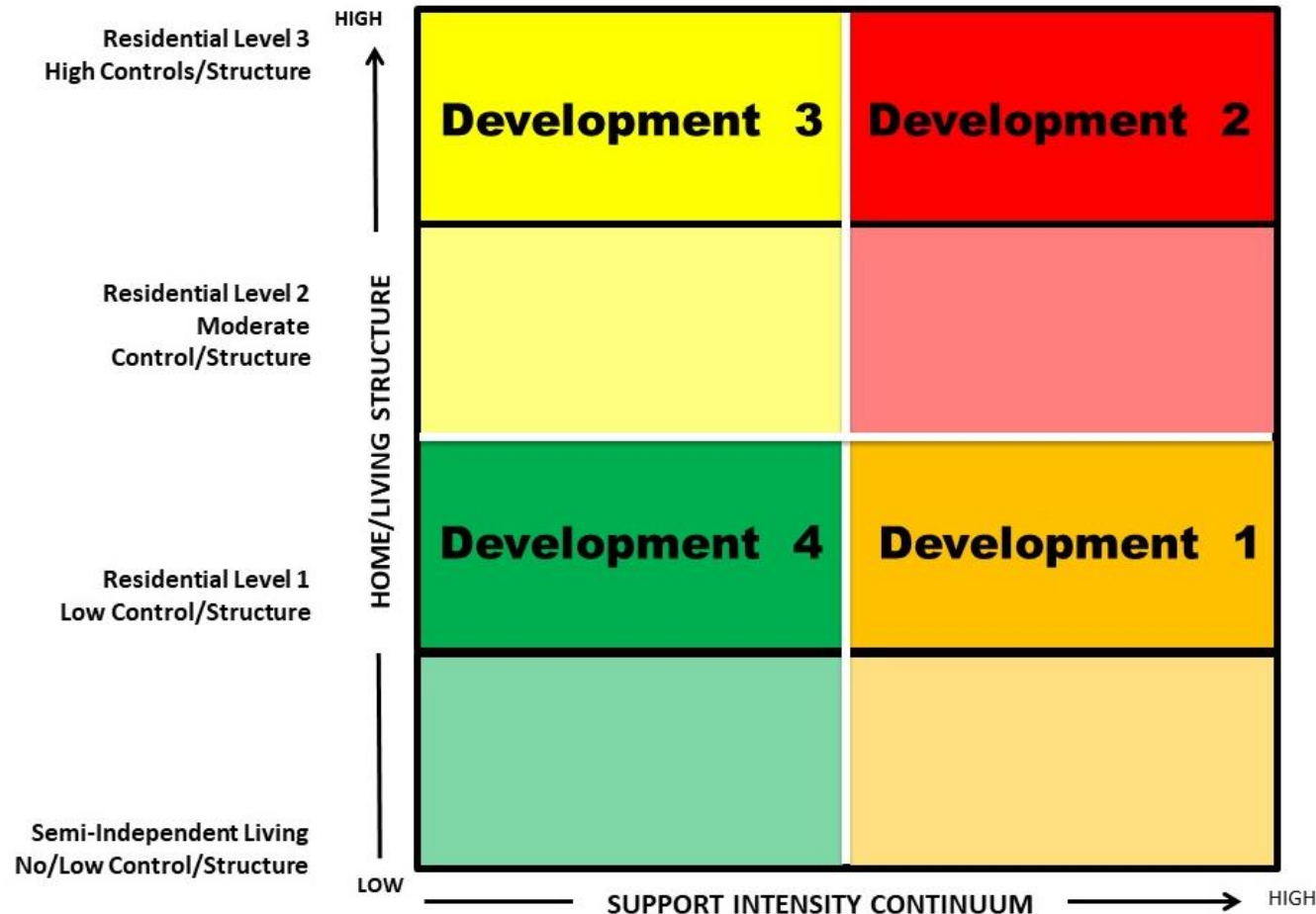
Home and Support Intensity Options

Development 3

- High Risk of Being Harmed or Harming
- High Development of Life Skills/Material Self-Sufficiency (**Can but Won't**)
- Low Self-Management/ Emotional Self-Regulation (e.g. Impulsive)

Support Needs Priorities

- ✓ Treatments
- ✓ Reassuring
- ✓ All Relationships Building
- ✓ Appreciating
- ✓ BBABC Exercises



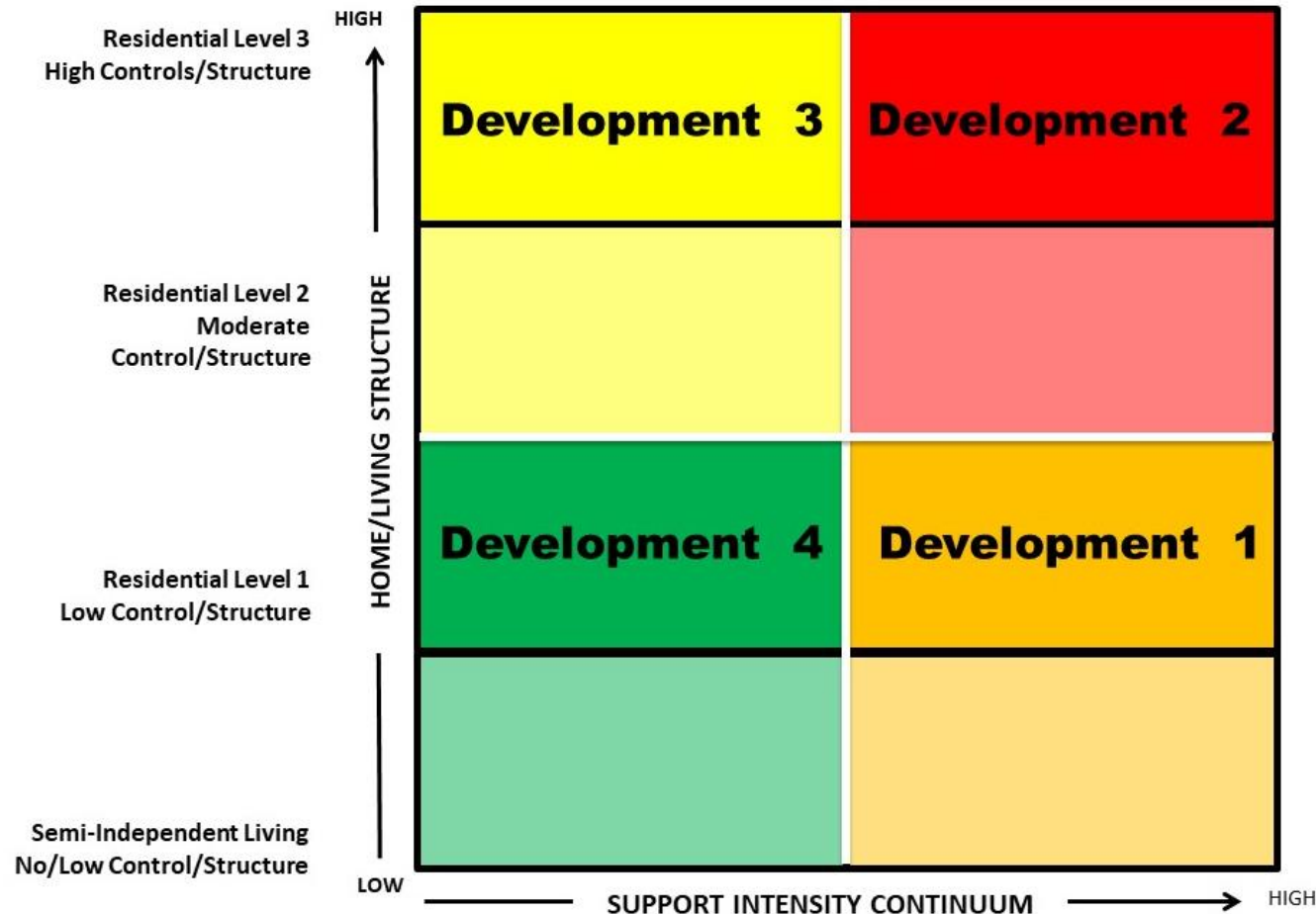
Home and Support Intensity Options

Development 2

- High Risk of Being Harmed or Harming
- Low Life Skills/Material Self-Sufficiency (Can't and Won't)
- Low Self-Management/ Emotional Self-Regulation (e.g. Impulsive)

Support Needs Priorities

- ✓ Treatments
- ✓ Encouraging/Praising
- ✓ Peer Relationship Building
- ✓ Re-Directing
- ✓ Low to No Use of Logical Consequences



Home and Support Intensity Options

