



Online 2 hr. Introduction and Overview of the Conscious Care and Support Program

What is the Conscious Care and Support (CCS) Program?

Conscious Care and Support (CCS) is a training, development and consulting program for community support professionals, parents, family members, teachers, case coordinators, and psycho-social professionals – supporters who provide service and support to individuals of all ages who have autism or other intellectual/developmental disabilities (ASD/DD).

The program has demonstrated to significantly improve the skills of supporters beyond what is currently considered best practice in Ontario. As a result, individuals with ASD/DD get much better treatment and support as reported by measures of improved quality of life, learning, emotional well-being and significantly reduced self-injurious behaviour and aggression. CCS does not replace existing practices which are primarily behavioural interventions and traditional medical protocols. It does however significantly enhance the effectiveness of these approaches by addressing two key components to complement and enhance current approaches:

1. Exploring biomedical, energy balancing and protection, sensory and neurodevelopment interventions.
2. The development of supporters' emotional maturity and mindful self-regulation skills.

DETAILS AND REGISTRATION:

Where: ZOOM (online)

Date: Tuesday March 12th, 2024

Time: 10:00a – 12:00p

Cost: FREE

Please Register Through Link Below:

<https://us06web.zoom.us/join/register/tZwscuysrDlqHNwVaDplzCN3TmniEVqvkWI5>

Questions? Please Contact:

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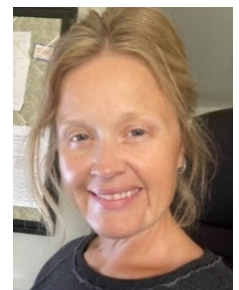
YOUR FRIENDLY FACILITATORS:



Peter Marks,
A Centre for
Conscious Care,
CEO



**Xavier
Noordermeer,**
A Centre for
Conscious Care,
Sr. Facilitator



Adriana McVicker,
Community Living
Windsor, Manager
Conscious Care and
Support

What Will We Overview?

1 In this 2-hr. session (at the 20,000 ft. view level), we will overview what Conscious Care and Support (CCS) defines as “The Hierarchy of Unmet Needs” which when explored more completely by supporters, the outcomes can offer insight to potentially modify treatment or support plans to support the needs of the person with ASD/IDD more accurately and effectively. Essentially, when using this framework of support, we as supporters can build our tools of advocacy and increase our knowledge base to better support the person to live a more optimal life with less anxiety, agitation, and aggression.

2 We will also explore not only the vital importance of developing our own self-awareness and skills of self-regulation, but also the “how-tos” as we approach the work we do as we support and connect with others.

Upon attendance of the online learning opportunity, participants will receive a certificate of participation.