

ELKS CAMP GRASSICK THERAPY CAMP



Dates: June 8 – June 20

About this Session: The therapy camp session will focus on encouraging campers to be more independent in their ADLs and will include individual therapies to maintain IEP goals.

Quick Facts

Ages:

7-21

Support Level:

Minimal to Moderate

Length of Session:

2 Weeks

Class Sessions:

recreation, crafts, swimming, archery, boating, reading intervention, speech therapy, occupational therapy

Example Daily Schedule

7:00 Wake Up

8:00 Breakfast

9:00 – 12:00 Classes and Therapies

12:15 Lunch

1:00 Rest Hour

2:00 Classes, Therapies & Trading Post

4:30 General Swim

6:00 Supper

7:30 Evening Activity

9:00 Bedtime

*Class sessions are
30 minutes



Who is a good fit?

Students who:

- have an intellectual and/or physical disability
- would benefit from individual therapies
- would benefit from working on independence in ADLs
- are able to be independent with supervision, prompting, and minimal assistance (moderate assistance in 1 or 2 areas may be ok)
- thrive in a structured environment
- are responsive to PBIS (or similar) across multiple settings
- would benefit from forming friendships with peers and positive role models.

Who is not a good fit?

Students who

- need one on one assistance for the majority of ADLs
- are non-ambulatory and not independent or able to actively assist with toileting, transfers, etc.
- have a high level of behavioral needs
- are not receptive to behavioral interventions
- are not interested in attending a summer camp and actively participating

