

All Facials are customized to your specific concern. We offer a holistic approach which includes mental wellness. Not only do we address the health of your skin, but many massage techniques and general pampering are included for complete relaxation.

Basic Facial: \$135

Anti-Aging Facial: \$185

Acne Facial: \$185

Men's Basic Facial: \$125

Men's Facial w/Beard: \$160

Men's Beard Spa: \$75 Buccal Massage: \$100

Add-on Buccal Massage: \$75 Add-on Accupressure: \$50

Add-on Chemical Peel: \$75

Add-on High Frequency: \$50

POLICIES

Deposits: When booking a consultation or new appointment, a \$100 deposit will be required. These funds will be applied to the service and are non-refundable. When purchasing extensions, wigs, or other hair additions, a 50% deposit will be required prior to placing the order.

Cancellations: Please contact the salon or service provider 48 hours in advance if you need to reschedule or cancel your appointment. For Monday appointments, please contact the salon by Friday evening.

Any last minute cancellations or missed appointments will incur a 50% fee payable prior to booking again.

Please arrive on time for your appointment. Late arrivals may result in rescheduling and a missed appointment fee incurred.

Business hours are Monday - Friday, 8 a.m. to 4:00 p.m. If calling or texting outside of these hours, please allow 24-48 hours for a response.



Facial Menu

2717 Windermere Dr, Suite E Valdosta, GA 31601 www.doshasalon.com 931-809-0762

NON-INVASIVE FACE LIFT™ Brazilian Lymphatic Drainage

This face lifting massage combines lymphatic drainage, acupressure and rhythmic fast paced hand movements. During this exceptional treatment, stress is reduced, face muscles are deeply relaxed leaving the skin regenerated and firm. The massage technique stimulates blood circulation and collagen production. This tightens the facial muscles and gives an instant lifting effect.

The protocol helps to release tension, detoxifies and targets lymphatic drainage, leaving your skin looking more sculpted, lifted and defined. Going beyond the skin, the movements stimulate blood circulation, collagen production and cell renewal. This massage involves rapid yet concise strokes that promote toning, firming and skin plumping.

Duration: 30-45 Minutes

1 Session: \$175

4 Session Pkg: \$540 (10% Discount) 6 Session Pkg: \$720 (20% Discount)

BUCCAL MASSAGE Intra-Oral

This manual massage technique is the deepest massage among the existing treatment methods. The lifting effect is achieved by increasing the muscle tone on the face. The Buccal Massage is carried out on the inside of the oral cavity (only with gloves). This is how the large facial muscles that shape the facial contour and cheeks are treated. Results are already visible after the first treatment and are consolidated after 5-6 applications: raising of labial angle, repositioning the cheeks and facial contours, smoothing the nasolabial folds, radiant and fresh complexion. This unique technique works inside your mouth to ease jaw tension, boost facial muscles, and improve lymphatic flow. The result is better circulation, less puffiness, and a brighter, more toned appearance. The Buccal Massage is a unique anti-aging method for your face.

Duration: 25-45 Minutes 1 Stand Alone Session: \$100

1 Add-On Session: \$75

4 Session Pkg: 10% Discount 6 Session Pkg: 20% Discount

THE FACE SCULPT METHOD™ with Myofascial Release

This specialized treatment protocol developed and curated by Olivia Szmidt targets the connective tissues in your face to release face muscle tension, improve circulation and fix face asymmetry.

This is a powerful face lifting massage technique that stimulates circulation in the face, encouraging cellular turnover, collagen production, eliminating spasm, tension or tightness and lymph blockages. This technique works on all of our facial muscles, which relaxes face muscles and drains excess fluid in the face that causes puffiness. By gently manipulating the fascia, we help to release tightness, reduce puffiness, and enhance your skin's natural elasticity for a smoother, more youthful appearance with focus on deep tissue face remodeling of the face, neck, chest and scalp.

For best results a package of 5-6 treatment is advised in a 8-week window.

Duration: 60 Minutes

1 Session: \$200

4 Session Pkg: \$720 (10% Discount) 6 Session Pkg: \$960 (20% Discount)