



- HIGH VOLTAGE +

DANCE ACADEMY

2026-2027 SCHEDULE

MON

3:30-5:30 All Team Practices

5:30-6:30 Conditioning & Fitness

TUES

3:30-4:30 Teen Stretch & Leaps
Studio A

4:30-5:30 Teen Jazz & Lyrical
Studio A

5:30-6:30 Senior Stretch & Leaps
Studio A

6:30-7:00 Turns & Tricks
Studio A

7:00-8:00 Senior/Junior Ballet
Studio A

8:00-8:30 Pointe
Studio A

WED

3:30-4:30 Junior Stretch, Leaps & Turns
Studio A

4:30-5:30 Junior Jazz & Lyrical
Studio A

5:30-6:30 Dance Pom
Studio A

5:30-6:15 Tap, Hop & Tumble
(Ages 3-5)
Studio B

6:30-7:30 Junior Hip-Hop
Studio B

7:30-8:30 Senior Jazz & Lyrical
Studio A

THUR

3:30-4:30 Jazz & Hip-Hop
(Ages 5-8)
Studio A

4:30-5:15 Ballet 1 & 2
Studio A

4:30-5:15 Twinkle Toes
(Ages 2-3)
Studio B

5:15-6:15 Ballet 3 & 4
Studio A

5:15-6:15 Tutus, Taps & Tumbling
(Ages 3-5)
Studio B

6:15-7:00 Senior Ballet
Studio A

7:00-7:30 Pointe
Studio A

7:30-8:30 Senior Hip-Hop
Studio A

REGISTER ONLINE AT WWW.HVDA.DANCE

Class placement is based on student skill level and experience.
Please inquire with HVDA staff as to what class is best for your child