



Enhanced Recovery After Cardiac Surgery

On MS Teams

2pm Monday 11th May 2026

1400 - 1405	Welcome
1405 - 1425	An introduction to ERACS: national accreditation and beyond Dr Bonnie Kyle Consultant Anaesthetist, St. Bartholomew's Hospital
1425 - 1445	Setting up an ERACS service Dr Seema Agarwal Consultant Anaesthetist, University Hospitals Manchester
1445 - 1505	Pre-op assessment, strategic transformation, and pre-optimisation Dr Gabriela Nerone Consultant Anaesthetist, St. Bartholomew's Hospital
1505 - 1525	Prehabilitation in ERACS Dr Kate Buyck Consultant Anaesthetist, St. Bartholomew's Hospital
1525 - 1535	Break
1535 - 1555	Patient blood management for ERACS Dr Carlos Corredor Consultant Anaesthetist, St. Bartholomew's Hospital
1555 - 1615	PIRS blocks for sternotomy Dr Sam Curtis Consultant Anaesthetist, St. Bartholomew's Hospital
1615 - 1635	ERACS care bundles Dr Caterina Vlachou Consultant Anaesthetist, Royal Brompton Hospital
1635 - 1655	ERACS on the ICU Myrna Scott Clinical Nurse Specialist, St. George's Hospital
1655 - 1715	ERACS outcomes Dr Francis Ryceart Consultant Anaesthetist, St. Bartholomew's Hospital

