

STEM CELLS

MADE SIMPLE



**ACCELERATED
WELLNESS**



Wellness Outreach Worldwide
Stem Cells Made Simple
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MEET PASTORS BILL & CLARA BOLIN

Pastor Bill Bolin has an incredible story of healing through regenerative therapy. In June 2024, Bill suffered major injuries: two severed ligaments in his right rotator cuff, a torn ligament, and a broken bone in his left hand. Surgery was scheduled, but before going under the knife, he received regenerative therapy instead of using his own autologous stem cells. What should have been a year of recovery and physical therapy was completed in just three months.

Even more remarkable, Bill had degeneration in a portion of his eye and was told to expect blindness. At his most recent eye exam, his ophthalmologist wrote: "No sign of degeneration whatsoever."



Clara Bolin's story is just as powerful. Born without a vertebra, she suffered a lifetime of pain and frequent back episodes. Since receiving regenerative therapy, her back has remained stable, with no flare-ups at all. She also had a large mass on the back of her neck for over 35 years, which doctors had monitored but never treated. After therapy, the mass completely disappeared.

Now Bill and Clara are committed to sharing hope, healing, and the truth they've experienced firsthand with simplicity of regenerative therapy. We give all the praise and glory to God for his remarkable healing power!



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INTRODUCTION

The explosion of knowledge that mankind has witnessed over the last several decades is absolutely astonishing. History has validated the immense capacity of our world to achieve things that are often unimaginable to the human mind. Until recently, we did not know how to unleash the regenerative ability of the human body. We have only managed our degeneration and illnesses, primarily with surgeries and drugs, leaving millions living with chronic health issues.

Consider that when the male and female DNA combine, and a new life takes root in the mother's womb. At that very time, there is an explosion of life, of stem cells, the cells that hold the blueprint for human life. Cells that create a beating heart in a mere four weeks and construct a complete perfect infant in nine months. Consider the complexity of this creation.

Could this rich source of stem cells hold the key?

Stem cell therapy is the process of harnessing that creative power to activate your body's internal repair system. They are a natural regenerative tool. They are the wave of the future. We have good news to share with you today: the future of medicine is here. All the experts agree that stem cell therapy is the future of medicine and could even be the future of your personal health and longevity.

*What if you could be **YOUNGER** and **STRONGER** for **LONGER**?*

Does this sound too good to be true? The promise of stem cell therapy is real, and even as you read these pages, thousands upon thousands of people just like you are benefiting from regenerative medicine and stem cell therapy. There have been tens of thousands of stem cell therapies performed, and the amazing results that real people are experiencing are incredible. We will share some of their

stories with you, and you will hear in their own words how stem cells have improved their health and their lives. Stem cells require no instruction manual. Regeneration is encoded in their DNA, and they know how to multiply, rebuild, and repair.

With medical costs rising and people suffering from an ever-increasing amount of stress and lifestyle induced health challenges, it is essential that we find simpler ways to help people live happier, healthier, and more productive lives. When it comes to protecting your health, as well as your family's health, the choices are quite simple: you can choose the agenda of our current culture (dependency on medications and invasive surgeries, to name a couple), or you can choose to adapt a mindset of prevention and be proactive in your steps when it comes to your health.

Throughout life, stem cells are produced in the marrow of our bones, however, the umbilical cord which extends from the navel at birth houses a *multitude of rich regenerative stem cells* – the master cells of our body! The answer to disease and degeneration is regeneration, and we now know how to activate your body's internal repair system.

We want to free you from the fear that some virus or disease will devastate you and that getting old means your body must break down. You do not have to lose your mobility, your freedom, or your ability to live. We want to ignite the possibility of a healing revolution in your life, and we truly believe that regeneration begins in your mind. Instead of expecting and believing that degeneration will happen to us, we can renew our minds and release our faith to the belief that the **power that created the body is the power that heals the body**. You are miraculously and marvelously made! Healing and regeneration are encoded in your DNA. We want you to be well and to live out your life with lasting health.

*“The POWER That Created YOUR BODY
is the POWER That HEALS Your Body.”*

We designed Stem Cells Made Simple to take the complicated, controversial, and often confusing subject of stem cell therapy and make it easy to learn, easy to understand, and easy to access. If you want to learn if stem cell therapy can benefit you or someone you love, then open your mind, open your heart, and continue to read. In our experience, people will recognize and resonate with the truth. We desire to impart a powerful truth into your life that the rest of your life will be the best of your life.

*“The REST of YOUR LIFE Will Be the
BEST of YOUR LIFE.”*



CHAPTER ONE

You Are Miraculously Made

Although we sometimes take it for granted, the human body—your human body—is by far one of our most precious, valuable, and miraculous gifts. It is priceless and irreplaceable. We are all blessed at birth with a complex, mysterious, miraculous, intelligent, and awe-inspiring body. The most incredible creation in the universe is you, with your fantastic senses and strengths, your ingenious defense systems, your unparalleled regenerative abilities, and mental capabilities so great that you could never use them to their fullest. Your body is a structural masterpiece more amazing than science fiction. The more we learn about it, the more wonderful your body seems—incredibly intricate, vigilant, responsive, resilient, adaptable, and powerful. It is the citadel of the human spirit.



On this earth, our oldest and closest personal possession is the body in which we live, yet who has not been completely amazed to discover how it works? Your human body is overflowing with innate intelligence, universal synchronization, and infinite wisdom that is far beyond our current comprehension. It works for you 24/7, each and every second of your life. It is constantly balancing, readjusting, rebuilding, regenerating, communicating, protecting, and growing. We have no adjectives that are adequate to describe the wonder and complexity of the hundreds of thousands of chemical, electrical, and physical tasks it performs meticulously all the time.

Your heart is the most sophisticated pump ever created. It is a twelve-ounce organ that beats an average of seventy-five times per minute, 108,000 times per day, nearly 40 million times per year, and nearly three billion times in an average lifetime. With each beat of the heart about 1/3 cup of blood is being pumped into the body. That equates to two thousand gallons per day, or 730,000 gallons per year, more than enough to fill eighty huge gasoline trucks. In one day, the blood travels about 12,000 miles; that is four times the distance of the US from coast to coast.

Your eyes make over 750,000 color distinctions, and they record the images you see directly into your memory.

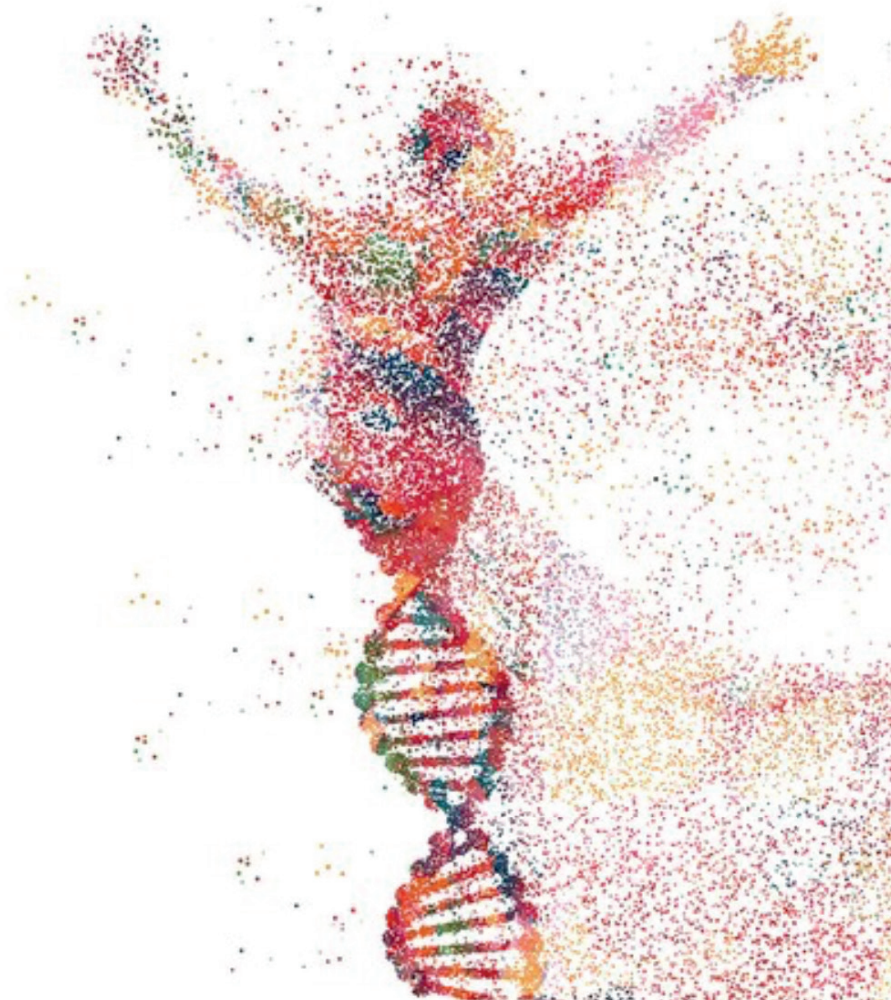
Your immune system works 24/7 attacking viral and bacterial invaders, protecting you from a multitude of unseen dangers. New research clearly suggests that your immune system actually thinks.

Your circulatory system is made up of three independent systems that work together: the heart (cardiovascular); lungs (pulmonary); and arteries, veins, coronary and portal vessels (systemic). About 2,000 gallons of blood travel daily through about 60,000 miles of blood vessels in your body. This complex network moves blood, nutrients, and oxygen through your body.

Your digestive tract is about 30 feet long and responsible for converting food to the nutrients your body needs to survive. While digestion may seem simple, it actually takes a coordinated act of muscle contractions to move food through the process. This allows digestion to happen even if you are standing on your head.

Your body controls, coordinates, and orchestrates with intricate precision all its systems—muscular, respiratory, reproductive, nervous, endocrine, circulatory, digestive, skeletal, lymphatic, etc.—with amazing precision.

Make no mistake about it, you are a masterpiece. Miraculously and marvelously made and healing is already encoded in your DNA.



CHAPTER TWO

Smart Medicine

As we speak to groups and do seminars about health and wellness, we always ask the audience the question, what do you think of when you hear the

word *medicine*? Lots of people always yell out “Pills,” “Drugs,” or “Pharmaceuticals,” which is clearly a result of really great marketing on the part of the pharmaceutical companies and the \$2-trillion-per-year industrial medical complex that, in our opinion, frequently over-treats, over-tests, over-prescribes, and performs many unnecessary procedures and surgeries. The true definition of the word *medicine* is stated below.

Medicine is the science, study, and practice of the diagnosis, treatment, and prevention of disease.

That is what medicine really is. *Smart Medicine* is practicing the power of prevention, taking responsibility, and being proactive when it comes to your health. Prevent an issue before it becomes a serious illness or a chronic disease.

Now let's discuss three types of alternative medicine that are absolutely essential for you to know about and implement in your life if your desire is to experience a higher level of health, wellness, and vitality.



Mind-Body Medicine

Mind-body medicine is a real science. It's known as *psychoneuroimmunology* and is defined as:

The science of the study of how the thoughts you think, the emotions you feel, and what you choose to focus on affect your health, your physical body, and your nervous system.

Mind-body medicine utilizes the power of positive thoughts and positive emotions to influence and affect your physical health.

Lifestyle Medicine

Did you know that eight of the top ten killers (diseases) in the United States of America are preventable lifestyle-driven diseases, not something you catch, such as a virus or bacteria, or something triggered by your genes or DNA? Rather, it is something caused by the decisions you make, or fail to make, regarding what you think about, the foods you eat, the things you drink, the amount of exercise that you do, and the toxin levels in your environment. You need to treat your body as if it belongs to someone you love. Be mindful of the decisions that you make concerning what you eat, drink, and think. Exercise and take steps to keep your environment healthy. By taking these simple steps, you can excel in this essential area of health.

Regenerative Medicine

Regenerative Medicine is definitely the wave of the future, and it is here. All the experts agree that stem cell therapy is the future of medicine and your personal health and longevity. That's right, it's personal. Healing and regeneration is encoded in your DNA. After all, if your body knows how to heal itself, then why is there so much sickness, disease, injury, illness, and chronic pain? How is it that degeneration overtakes your body's regenerative process so easily and so often? The newest and hottest subject around is

stem cells and stem cell therapy. Stem cells have been discovered to be the superheroes of healing, and they are now available for you. They are your body's internal repair system.

Stem cells are the foundation cells for our bodies. These highly specialized cells that make up our organs and tissues originally came from an initial pool of stem cells that formed shortly after fertilization. Throughout our lives, we continue to rely on persisting stem cells to repair injured tissues and replace cells that are lost every day, such as those in our skin, hair, blood, muscles, nerves, lining in our gut, brain, and all other organs and glands.

For centuries, medical professionals assumed that when an injury occurred—such as a cut through the skin, fat, and muscle—cleaning and binding the wound together would cause the muscles and skin to grow into each other, thus healing the wound. By the 1960s, with the help of microscopes and modern technology, people discovered that it was stem cells filling in the gap of the wound. These cells were “differentiating,” or transforming themselves, into muscle, fat, and skin cells needed to mend the wound. Stem cell therapy—the future of personal health and longevity—replaces lost or injured tissue. This happens to be the definition of *regenerate*.

“—TIME—
THE NEW RESEARCH SUGGESTS
THAT PERHAPS WE SHOULD
CONSIDER STEM CELLS ONE OF
THE SECRETS TO A LONGER LIFE.”

CHAPTER THREE

A Brief History of Stem Cell Therapy

The term stem cells has been around since the nineteenth century, when German scientist and biologist Ernst

Haeckel coined the phrase for scientific literature.

In the 1950s, these life-giving cells were widely used in the treatment of leukemia. Since that time, much more has been learned about the various health issues that can benefit from the use of stem cells.

People tend to think that stem cells are a brand-new phenomenon that landed on Earth in the past few years; however, in reality, they've been around for a very long time. Let's take a minute for a historical perspective. As far back as the 1800s, scientists recognized that cells are the building blocks of the body and that a particular type of cell could duplicate itself. In the early 1900s, they discovered this duplicating cell in blood. And by the 1950s and early 1960s, they found the cell in bone marrow.

In the early 1960s, and possibly as late as 1968, the first successful bone marrow transplant took place, involving two siblings who had a condition called combined severe immunodeficiency. By 1978, scientists had discovered these duplicating cells in umbilical cord blood. It wasn't until 1988 that they were able to find these



cells in adipose (fat) tissue. These duplicating cells are what we now know as stem cells.

Well, with the discovery of stem cells in adipose tissue in the 1980s, it was just a matter of a few years before stem cells were identified in every tissue in the body. This created an explosion of research, and a lot of excitement and new therapies were associated with stem cells. Over the course of the next several years, scientists began to realize that stem cells from our own body have some limiting factors. These limiting factors, the quality and quantity of those cells, are based specifically on our age and our health.

CHAPTER FOUR

Degeneration, Regeneration, and You

When it comes right down to it, the root or foundation of all sicknesses, diseases, illnesses, and aging is simply degeneration. Many people have heard that inflammation is at the core of it all. Although this is not altogether incorrect, it is, however, incomplete. What is inevitably at the core of all inflammation is degeneration, and the simple definition of degenerate is as follows:

The Problem:
de•gen•er•ate Verb
/di-ˈje-nə-rāt/

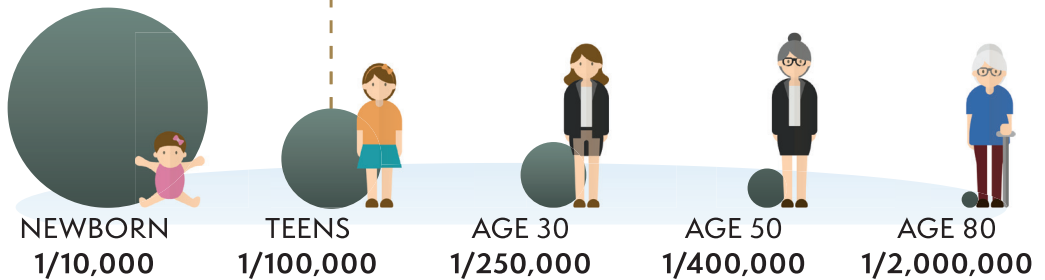
to deteriorate physically or mentally, or to break down; fall apart; go into disrepair or be less than your former self

This sounds a lot like the definition of sickness, illness, infirmity, chronic disease, injury, and aging. So, now that we have clearly identified the problem, let's discuss the solution: regeneration. The great news is that your body is already an expert at this because it has been regenerating itself since the day you were born (maybe even while you were in your mother's womb). Many of you have heard that every cell of your body is brand new in fewer than seven years. Your skin is brand new every few weeks, your stomach and digestive tract cells are all regenerated in just a few days, and your hair and fingernails are constantly growing. So, if your body knows how to regenerate itself, what is the issue? It's really quite simple. Disease, illness, and aging come about because the degeneration process overtakes the regeneration process. The definition of regenerate is as follows:

STEM CELLS DECREASE AND DECLINE WITH AGE CAUSING LONGER REPAIR AND RECOVERY TIMES LEAVING US MORE PRONE TO INJURY AND DISEASE

OUR BODIES HAVE A LARGE NUMBER OF STEM CELLS IN YOUNGER YEARS. STEM CELLS REPAIR MUSCLE, BONE, CARTILAGE AND TENDONS.

- MSCs RAPIDLY DECLINE WITH AGE
- LONGER REPAIR AND RECOVERY TIME
- MORE PRONE TO AGING AND DISEASE



*MESENCHYMAL STEM CELLS (MSCS) SHOWN AS PROPORTION OF TOTAL CELLS IN BONE MARROW. REFERENCE: TOBI REGENERATIVE MEDICINE SYMPOSIUM 2012 | [CLINICALTRIALS.GOV](https://clinicaltrials.gov) | [PUBMED.GOV](https://pubmed.gov)

The Solution:
re•gen•er•ate Verb
/ri-ˈje-nə-rāt/

to build, grow, repair, or create new tissue

That's where your stem cells come into the equation. Stem cells regenerate new tissue and act as your body's internal repair system. The challenge is that they rapidly decrease and decline as you age. The chart below describes how much they decline.

***“The Key to a Healthy Life is Healthy
Regeneration.”***



CHAPTER FIVE

What Are Stem Cells?

Stem Cell:
stem•cell Noun
/ste-m-cell/

to build, grow, repair, or create new tissue with an undifferentiated cell of a multicellular organism that is capable of giving rise to indefinitely more cells of the same type, and from which certain other kinds of cells arise by differentiation.

Simply stated...

- Stem cells are your body's internal repair system.
- Stem cells are the foundation cells for our bodies, and they repair injured tissue and replace cells that are damaged every day.

“

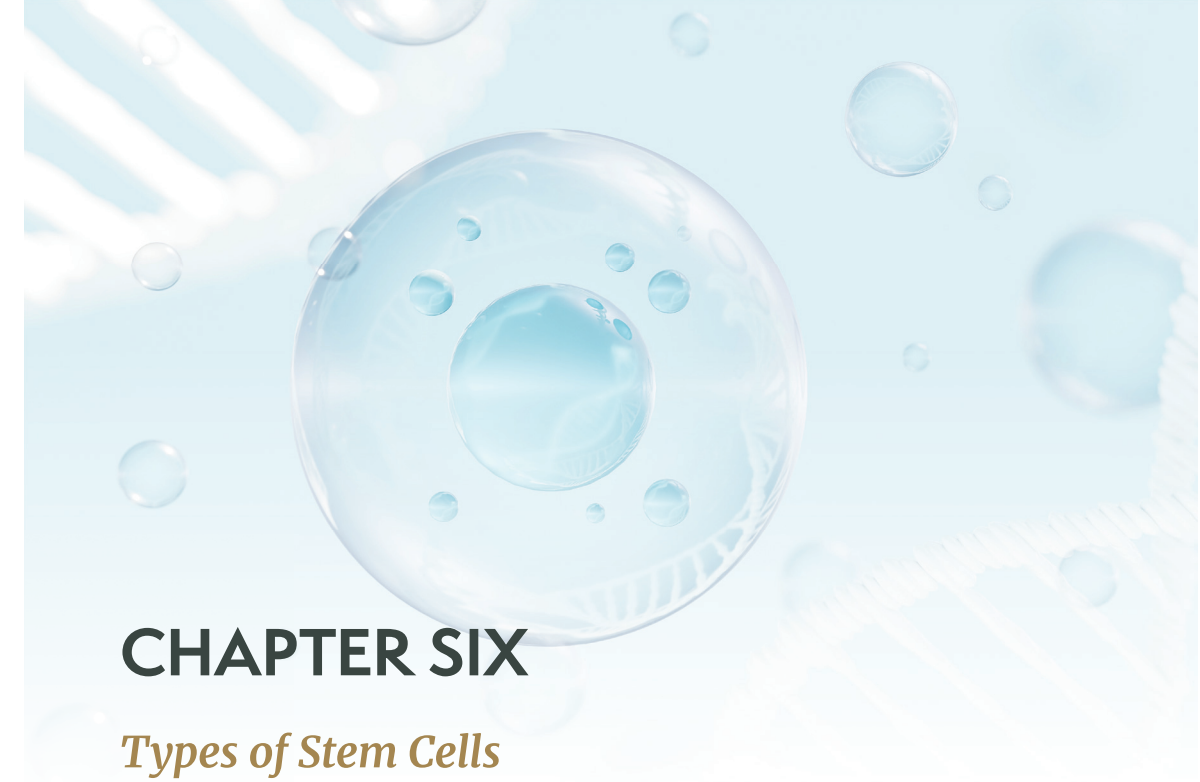


BMC

STEM CELLS HAVE ENORMOUS
POTENTIAL FOR ALLEVIATING
SUFFERING FOR MANY DISEASES
WHICH CURRENTLY HAVE NO
EFFECTIVE THERAPY.

BIOMED CENTRAL

”



CHAPTER SIX

Types of Stem Cells

Fetal/Embryonic

Derived from the undifferentiated inner mass cells of a human embryo.

- **Illegal in the US**
- **Extremely Controversial**
- **Many Moral Issues**
- **Jeopardizes Mother's Life**
- **Embryo Taken Before Maturity**

Amniotic Fluid

Extracted from the amniotic sac by amniocentesis.

- **Large Portion of Cellular Debris**
- **Inconsistent Concentration**
- **Unverifiable Stem Cell Count**

Placental

Extracted from the placenta by amniocentesis.

- **Large Portion of Cellular Debris**
- **Inconsistent Concentration**
- **Unverifiable Stem Cell Count**

Autologous

Your own stem cells are collected through surgery.

- **Requires Surgical Procedure (potential complications, pain, recovery time)**
- **Not Potent Enough for Substantial Difference**
- **Expensive and Invasive**
- **Dependent Upon Age & Health**

Umbilical Cord Derived Cells (Regenerative Matrix)

- **Safe, Simple, & Fast**
- **Customizable for Individual**
- **Potent, Robust & Consistent**
- **Based on Accepted Medical Practices**

Advantages of Umbilical Cord Derived Cells (Regenerative Matrix)

- ✓ Umbilical Cord Stem Cells (Regenerative Matrix) are immune system privileged; anyone can receive therapy without risk of rejection.
- ✓ Unsurpassed regenerative capabilities. They seek out degeneration and build, grow, and create new tissue.
- ✓ Nature's most powerful anti-inflammatory and immune modulating capacity.
- ✓ Can be administered multiple times in uniform dosages that contain high cell counts.

“- The Washington Post

...STEM CELLS PROMISE TO
RADICALLY CHANGE MEDICINE
BY ENGAGING THE BODY'S OWN
CAPACITY OF HEALING ITSELF.

”

CHAPTER SEVEN

The Science and Research

How are stem cells being used?

Research has shown positive outcomes with these and other conditions:

- ✓ Allergies
- ✓ Alzheimer's
- ✓ Arthritis/osteoarthritis
- ✓ Auto immune diseases
- ✓ Blood Sugar Levels
- ✓ Burns
- ✓ Bulging/herniated discs
- ✓ Cardio / Heart
- ✓ Chronic back pain
- ✓ Chronic joint pain
- ✓ Dementia
- ✓ Digestive Track
- ✓ Diabetes
- ✓ Fibromyalgia
- ✓ Heart function
- ✓ Hip labral tears
- ✓ Inflammation
- ✓ Knee injuries including meniscus, ACL, and MCL tears
- ✓ Lupus
- ✓ Macular Degeneration
- ✓ Multiple Sclerosis
- ✓ Neurodegenerative
- ✓ Neurology
- ✓ Osteoarthritis
- ✓ Parkinson's
- ✓ Rheumatoid Arthritis
- ✓ Shoulder injuries
- ✓ Skin and Tissue Repair
- ✓ Spinal cord injuries
- ✓ Tendinitis
- ✓ Wound healing

Stem Cell Therapy has the full attention of the medical community. Over **5000** studies are currently being conducted on the effects of stem cells on degenerative illnesses from autism to Parkinson's. If you want to learn more about these clinical trials, you can visit: www.clinicaltrials.gov and www.pubmed.com.



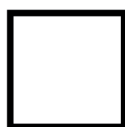
How Stem Cells Work In The Body

Remember how we said stem cells are your body's internal repair system? Let's take a closer look at how they actually work in the body. Stem cells don't heal your body the same as medications or surgeries - they do so much more. Unlike pharmaceuticals that treat symptoms, stem cells actually help build and repair damaged tissue at the source. They have the unique ability to:

- ✓ Find their way directly to where they're most needed
- ✓ Reduce inflammation
- ✓ Modulate immune responses
- ✓ Stimulate surrounding cells to repair themselves
- ✓ Differentiate into specific types of tissue (cartilage, muscle, nerve)

This is what makes stem cell therapy unique to any other therapy in modern medicine. It doesn't simply treat the condition, it actually repairs and reverses the underlying damage. As more research is done, an increasing number of medical professionals are finding ways to expand the use of stem cell therapy in clients with both chronic and acute conditions.

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The
Harvard
Gazette

STEM CELL THERAPIES HAVE THE
POTENTIAL TO DO FOR CHRONIC
DISEASES WHAT ... ANTIBIOTICS DID
FOR INFECTION DISEASES. ... I BELIEVE
THE PROSPECT OF A 'PENICILLIN'
FOR PARKINSON'S IS A POTENTIAL
BREAKTHROUGH THAT WE MUST PURSUE.

- Joseph Martin, Dean of the Faculty of Medicine,
Harvard University

”

Anti-Inflammatory vs. Regenerative Effects

As we mentioned, stem cell therapy can deliver both immediate and long-term regeneration, and it's important to understand the difference.

Anti-Inflammatory Response

Some clients report feeling better mere days after receiving therapy. While this is not typical, it can be because the stem cells reduce inflammation. Since we know that stem cells have the ability to find their way to where they're most needed, once they arrive, they get right to work, signaling a mass orchestration of cells to begin the regeneration process. Inflammation is the body's natural reaction to stress or injury, but chronic inflammation can become destructive over time. The regenerative power of stem cells is like turning down the volume on pain and swelling.

Regenerative Response

Over the course of the next few weeks and months, stem cells begin their deeper work - stimulating tissue repair, creating new blood vessels and activating your body's own ability to heal. It's important to note that true regeneration takes time. Continued improvement may occur for up to six months or more after therapy.

What The Research Is Saying

Stem cell research is expanding rapidly. Here are just a few highlights from recent studies and respected institutions:

Orthopedics

A 2021 study in Stem Cells International found that stem cell therapy significantly improved cartilage quality and reduced pain in clients with osteoarthritis of the knee. This regenerative approach may help people avoid surgery.

Neurology

Researchers at the University of Cambridge found that stem cells helped regenerate myelin (the protective coating on nerves) in models of multiple sclerosis. This opens the door to further study and the potential for regenerative therapy for diseases previously deemed incurable.

Cardiology

The Texas Heart Institute studied stem cells to repair heart tissue following heart attacks. Early trials have shown promise in improving heart function and preventing the progression of heart failure.

Autoimmune Diseases

Clinics in Europe and the U.S. are using stem cells to reset immune systems in clients with diseases like Lupus, multiple sclerosis and rheumatoid arthritis. Stem cells are offering hope and a potential new protocol frontier where pharmaceuticals have had limited success.

Wound Healing and Burns

A clinical study posted in *The Lancet* showed that clients with severe burns who received stem cell derived skin grafts healed significantly faster and with less scarring than traditional grafting procedures.

Breakthroughs in stem cell therapy are happening in all areas of medicine all around the globe. Medical institutions such as the Mayo Clinic, Harvard Stem Cell Institute, and the Cleveland Clinic are at the forefront of the regenerative medicine revolution. As medical trials continue, the role of stem cells in mainstream medicine will only grow.



“
WHETHER YOU GET
A CUT OR A BROKEN
BONE, THE BODY HAS A
PHENOMENAL ABILITY TO HEAL ITSELF.
WHEN THAT PROCESS FAILS, CELL
THERAPIES ARE WAYS TO RESTART THE
BODY'S HEALING PROCESS.

- Dr. Dietz, Mayo Clinic

”

A New Era In Healing

Stem cell therapy is real science backed by thousands of clinical studies and supported by both cutting edge research and real world success. You're going to hear from a small number of people who've experienced first hand the power of regenerative stem cell therapy. Whether it's relieving chronic pain, restoring joint function, or addressing deeper systemic illness, stem cell therapy represents the front lines of a new era in healing.

CHAPTER EIGHT

Real People, Real Professionals, Real Results



Jan: “I had a torn meniscus in my left knee and was told that I needed to have surgery. I am very happy I decided to research regenerative therapy. Only 4 weeks after receiving regenerative therapy my knee was 100% better. I can walk again with no pain.”



Barbara: “I am amazed that regenerative therapy worked so well. My wrists were getting unusable from degeneration, but now I have almost complete mobility back. I am so happy with the results.”



Lulu: “I'm 58 and a few years ago, I was diagnosed with rheumatoid arthritis. I've also had severe hip, knee, and foot pain my entire adulthood. It got so bad and was so acute I could hardly walk. I couldn't climb a flight of stairs. I was told I would need knee replacement surgery as soon as possible in both knees. I was told I had multiple meniscus tears, tendon inflammation, and fluid retention. It really put a halt to my life two-and-a-half years ago. I couldn't be on my feet for more than an hour, and then I needed a day or two to recuperate on my back with pillows under my knees. My life had stopped. So, I received regenerative therapy. I feel like I've turned the clock back on my health by at least 10 years. I walk, I'm losing weight. I've lost 25

pounds just because I can move again. I no longer need a cane to go to the grocery store. I'm so glad that I did because since then I've got my life back.



Travis: “I was an active athlete, always trying to get bigger and stronger. Unfortunately, in my twenties, I was hit with testicular cancer and was subjected to many rounds of chemotherapy and lots of radiation. I had brain surgery, abdominal surgery, and lung surgery, all to remove tumors left over from cancer. After all the cancer treatments were done, I began experiencing unbearable hip pain that left me practically immobile. It’s believed that the radiation done on my pelvis damaged the blood supply to my hips and the bones were literally dying. My only option was double hip replacement surgeries until I was recommended regenerative therapy. Five weeks after receiving regenerative therapy, I was able to walk around without pain. I am working to become just as strong as I was before. Today, I’m engaged and back on the golf course!



Chelsea: “I was diagnosed with severe allergies to quite a few different items, from wheat to corn, dairy, and eggs. The nutritionist told me that I had an advanced form of celiac disease. I was very sick, and we discovered that due to my allergies I was not able to get the nutrients that my body needed. Soon after receiving regenerative therapy, I had eaten some crackers that used to give me a bad reaction and after a couple of hours, I did not have any reaction – I was amazed! I started eating other foods that used to be a danger to my health and I was totally fine. I am now able to live a normal life and enjoy eating out with my family.”



Ron: “I was involved in a land mine incident that left me critically wounded. I sustained a traumatic brain injury as well as numerous other injuries to my body. I recovered as best I could, but as I aged, I began to experience pain from the shrapnel and my other injuries. Doctors told me I would need to start medication long-term, which I wanted to avoid. Regenerative therapy became my best option, and I found relief. It is truly amazing and has positively affected not only my pain, but it has helped my vision and my memory.”



Arthlene: “I’m a television producer, a widow, the mother of two, a grandmother of five, and great-grandmother of eight. I’ve never smoked and have been somewhat diligent about diet, and for the most part, a faithful exerciser. But even with these blessings, a few years ago I began to experience those unwanted symptoms of arthritis. About four years ago, after a skilled rheumatologist drained my right knee, he told me that knee replacements were in my future. Following this prognosis, I did my best to stay active and put off the inevitable, if possible.

About a year ago, I heard about regenerative therapy. I chose to have this quick and painless therapy, and the results keep me smiling. Within the first couple of weeks following the therapy, I noticed I was sleeping much better. Before regenerative therapy, arthritis was insidiously creeping through my hands. Because of extreme pain and swelling, I could no longer slide a ring on the ring finger of my right hand. But today, rings are no problem—no problem at all. As for the arthritis in my knees, it’s a distant memory. I just don’t have it anymore. My knees have no pain, and I have no problem living my life, by the way, which includes a staircase at home and at my office. My overall quality of life is so much better because of regenerative therapy.”



Roslyne: “I’ve worked as a physical therapist for over 20 years. My job required providing a great deal of physical assistance to my patients. Over the years, I’ve experienced a great deal of wear and tear on my body. The straw that broke the camel’s back was the development of severe back pain. I saw one of the best neurosurgeons in the area. He found that I had a herniated disc at T1-T2 and severe stenosis at two levels above that. Regenerative therapy provided the solution. I was in and out of the office within 30 minutes. That was signing in, checking out, talking to the doctor, and receiving regenerative therapy. Three weeks later, my pain resolved, and I’ve been pain-free ever since.”



Tracy: “I am a gymnast and golfer, which has put a strain on my shoulders and elbows. Regenerative therapy was recommended to me because of the degeneration caused by my lifestyle. Six months later, I am back to working out as hard as I want, and it has even improved my golf game—all pain free.”



Andy: “I’m Andy, and I received regenerative therapy. My right knee, I’ve had trouble with since high school. Not severe problems, but I knew I couldn’t move it as well as my left knee. As I’ve gotten older, things have gotten progressively worse. I had enough Orthopedic surgery, I don’t need any more of that.

I improved quickly. Suddenly, the soreness has gone away, and I can see that in another month, or two things are going to be quite a lot better than they are now.”



Hillary: “My husband was diagnosed with Guillain Barre which is a rare disorder where your immune system starts to attack your nerve cells, and the cells can go through your system and it causes paralysis. He was diagnosed when he was around 4 years old, and he spent quite a bit of time in the hospital paralyzed. Due to the illness and the nerve damage, he has not been able to do all the things that he loved to do. It got to the point where he had to tell me that he wanted to do the things with me that I loved to do but he couldn’t because of the pain. He couldn’t even spend the time with our young son in the way he wanted to. He was told that there was really no hope of getting better and he should just accept his condition.

We then decided to give regenerative therapy a shot. It completely changed his life. We went on vacation as a family and we went hiking, like I love to do, and the next morning he told me that he was not hurting. I was completely shocked that within eight weeks of having the therapy my husband was doing perfectly fine. We have not seen the pain in his body that plagued him his whole life. He is now the husband and father that he always wanted to be.

Regenerative therapy gave me my husband back, and I love every bit of it!



Betty: “I’m Betty, and I received regenerative therapy about eight weeks ago. At the time, I was taking about five Curcumin and Boswellia a day. The sciatic nerves on both sides of my hips were in so much pain.

After receiving regenerative therapy, I am not on anything. My bones don’t hurt. I have flexibility. I go to bed, I get up, and it’s amazing!”



Tenesa: “I had suffered with pain in my lower back for years and years, excruciating, terrible pain. It had gotten to the point where I had tried cortisone shots. I had oblation where they burned the nerves. I had worn a brace. I finally went to see an orthopedic surgeon just to be told they couldn’t help me and that I was beyond surgery. I had three very damaged disks, and if I did receive surgery, it would make them worse.

I was desperate. A friend of mine told me about regenerative therapy. I felt hope for the first time in years that there was something that could help me. All my disks have regenerated. I can walk normally! I can get dressed. I am not in pain. I can clean my house. I can sit and play my harp and sew at the sewing machine. I can live my life. I am so thrilled and excited!”



Helen: “I learned to tolerate the knee pain because it was there all the time. If you’ve ever lived with chronic pain, I want you to hear how regenerative therapy benefited me. I didn’t know that regenerative therapy could provide the hope that I had been longing for. I didn’t know that I could get better. But, after receiving regenerative therapy, the pain began reducing! Today, I’m able to wear my heels and I’m doing a lot of things I was not able to do before. Amazing! Miraculous!”



Peggy: “For quite some time I have lived with type II diabetes and rheumatoid arthritis. Both ailments have plagued my life for years. I am forced to watch everything I do and everything that I eat. It is not where I want to be at all as I have many grandchildren that I love dearly, and I am not able to be the grandmother that I want to be. My rheumatoid arthritis

got to the point where I would have a flare up, and I would be put down for weeks at a time. I could not dress myself and I could not do normal everyday functions like I used to do.

I was then introduced to regenerative therapy. I had seen amazing results in his body after receiving regenerative therapy, and I wanted to give it a try. At first, I thought it was not working because I still hurt in my joints, however, I went to an appointment with my diabetic doctor, and he took me off two of my diabetic medications. My A1C counts had normalized, and I was completely amazed. After another couple of weeks, I realized that I had not had a flare-up in my rheumatoid arthritis since I received regenerative therapy.”



Dianne: “I was told that I needed to have total knee replacement surgery on both knees. For three years, I struggled just to walk; every step was painful, and it was getting worse. In addition to the pain, it was affecting the quality of my life. The worst part was that I was not able to lift and carry my infant grandbaby.

That's when I found out about regenerative therapy. I knew this was my answer and it gave me a non-surgical option. Personally, I did not have the necessary finances, however, I did have a very pretty diamond necklace. I decided that there wasn't much point in having that beautiful "bling" if I was struggling to walk and living with constant pain. So, I made a personal sacrifice and I have NO regrets!

Two months after receiving regenerative therapy, I am completely pain free in my right knee. My left knee is at least 50% better. I still have several months of regeneration and healing ahead. I'm so grateful that I was able to avoid knee replacement surgery and all the risks involved!



Jeannette: “I’ve struggled for years with the symptoms of Fibromyalgia. Then, to make things worse, I was involved in a car accident that caused two of the disks in my back to rupture. I couldn’t turn my head and had constant pain and headaches. I was in so much pain that I didn’t want to live. I decided to try regenerative therapy as a last resort.

After receiving therapy, I started noticing improvement. My headaches started to go away. I thought, “oh my goodness! This is a miracle!” Today, I feel great! I get out of bed each morning with ease and excitement for the day. Anybody considering regenerative therapy should do it. I did and it changed my life completely!”



Jim: “After working 14 years, pounding the concrete at a home improvement warehouse store, I ended up with a stressed and traumatized right Achilles tendon. For about a year, I hobbled every day at work. I was facing surgery as the only solution and agonized over the decision. My sister suggested regenerative therapy, and I decided to give it a try. I can’t believe the difference. After six weeks, I was suddenly walking with no pain, eight hours a day on concrete floors. It was miraculous! I would recommend regenerative therapy. It’s one of the best decisions I’ve ever made.”



Racquel: “I have had pain in my knee and my lower back. I love the outdoors, and it got to the point where I couldn’t even walk. Once I received regenerative therapy, I walked seven miles. That was three years ago, and now I still have no pain in my knee.

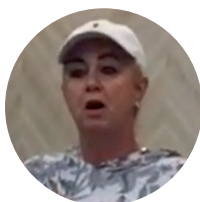
It has been so exciting that I have told everyone I work with how it gave me the ability to walk again. I have since gone back and received the regenerative therapy again, and I feel like a whole new person. I feel like I am back in the game. I was so excited that I told my 25-year-old daughter. She was living with me at that time, and she started feeling a lot of pain in the sciatic nerve to the point where she would lay out on the floor with a lot of pain. So, she decided to receive regenerative therapy and, after receiving therapy, she got to where she felt no pain. It has changed her life.

The regenerative therapy has changed our lives for the better and we are very grateful.”



Geraldo: “I received regenerative therapy a month ago, and I have already experienced relief in my hips. No Pain. And finally, I have flexibility and it’s only been one month. I realize how much more flexibility I have than I did a month ago with no pain.

The reason why I decided to receive regenerative therapy is because I did not have insurance at the time. This is an affordable way of trying to take care of an issue I had with my hips.”



Meshia: “I’d like to share with you how regenerative therapy has affected several members of my family. My father in-law was eighty years old when he received his first regenerative therapy. He went from spending most of his time laying on the couch to opening a transportation business. Suddenly, he had the energy to drive two-hundred, three-hundred, and four-hundred-mile trips. He received a second therapy a few months later. Unfortunately, he had a major stroke 12 weeks later. Within six hours in the hospital, they were still running tests, and they couldn’t figure out where the damage was.

I watched a miracle of restoration happen before my eyes. Within 12 hours, all the facial drooping and paralysis had resolved. We're talking about a major stroke. We were warned that he would need to be in a nursing home where he could receive care 24 hours a day. I truly believe that having received regenerative therapy allowed his body to recover at lightning speed.

My husband, who is diabetic, suffered from severe neuropathy. His neuropathy resolved completely after receiving regenerative therapy. And, my sister-in law, watched her kidney function increase from the low forties to around eighty percent!

Finally, for my personal story. X-rays showed that I did not have a disk between L4 and L5. I used to take medications daily just to function. Not anymore. regenerative therapy greatly helped my back pain."



Cynta: "I've had Lyme disease for 30 years. I've had a heart problem for three years. And in the middle of January, my heart popped into PVCs. These irregular heartbeats your pulse goes from 35 to 141. And you are feeling this incredible atrial fib, and you can't get out of it. There's nothing anybody can

do for you. So, on the 29th of January, I got therapy, and my PVCs have stopped. Since I've received regenerative therapy, I can now do four and a half to five and a half miles a day. I have no PVCs. I thank you."



Angel: "In 2016, I was involved in a serious car accident where I received a traumatic brain injury as well as four herniated discs in my back. From that day forward, I found myself living with chronic pain. I tried pain patches, pain cream, steroid injections; anything to stop the pain and

help me get my life back. My husband heard about regenerative

therapy. He said, “Just try it. You have nothing to lose and everything to gain”. I agreed. The fourth week after regenerative therapy, I began experiencing relief. The fifth week was even better. By the end of the sixth week, I could honestly say that I was in no pain. Regenerative therapy had worked and gave me my life back. Regenerative therapy helped me more than I could have imagined. It would be an injustice for me not to share my experience.”



David: “I began experiencing intense pain in my knees about five years ago. My doctor told me that I would probably need knee surgeries. My son told me about regenerative therapy. I was a little skeptical at first, because I didn't think it was real. Since I wanted to avoid surgery, I went to the clinic for a consultation. They explained the process to me step by step, and I decided to give it a try. I am so happy that I did! It's been two months since receiving regenerative therapy, and the improvement is incredible. I feel much better. I can walk well now! I'm pain free!”



Harold: “Recently, I had a flare-up of the symptoms of Crohn's Disease. I was very sick. I was experiencing bloody stools and intestinal cramping. It seemed like I was in the restroom every hour around the clock. This went on for about two months. I needed relief and learned about regenerative therapy from a friend. After receiving the therapy, the bleeding and cramping stopped! I am very thankful that regenerative therapy worked!”



Jill: “I was rear-ended in a car accident three years ago now. I immediately had neck and back injuries. Shortly after I developed non-epileptic seizures from what we discovered was a Traumatic Brain Injury. I couldn’t even drive for two years because of it. I took pain medicine, anti-inflammatories.

Nothing was helping.

We moved forward with regenerative therapy. I was just targeting the back and neck injuries for inflammation, and the best side-effect was that it immediately stopped my seizures, and I was able to return to driving. Now, I’m able to go up and down stairs and I can sleep better. I don’t take any anti-inflammatories or pain medicine whatsoever. It’s even helped decrease the intensity and frequency of migraines that I had even prior to the accident. My seizures are under control, and now I just get regenerative therapy on a regular basis to keep those seizures away.

Basically, I would totally recommend regenerative therapy for anybody.”



Michael: “At the age of three, I was diagnosed with a syndrome that destroyed my sense of smell and threatened my life. After receiving regenerative therapy, my sense of smell began returning! It’s been amazing to be able to smell after almost 50 years of not being able to! I wish that I had found

regenerative therapy sooner.”



Paul: “The bones in my right shoulder had collapsed on each other leaving me in chronic pain. I couldn’t raise my arm without intense pain. Receiving regenerative therapy, I am no longer in pain. My x-rays show space between the two

bones in my shoulder again. The bones are regenerating! I would recommend regenerative therapy to anyone considering surgery. It's been a huge success!"



Ruby: "I'm ninety-three years old and have been dealing with the typical issues attributed to aging. I received regenerative therapy to support my general health. Here are a few of the things that I noticed: my posture improved, and my skin started renewing itself. It's not so dry and looks more youthful. I also had an eye test, and the optometrist said that my symptoms of glaucoma were reduced. I'm looking forward to more improvements. Though I know I won't find the fountain of youth, I am ready for another 10 years. Thank you, regenerative therapy!"



Jerri: "I received regenerative therapy a month ago, and I feel the regeneration. I now bounce out of bed at 7AM. I usually do not get up that early. I feel confident in saying that my energy tripled in one month. Now I'm pushing eighty years old, but I'm feeling more like fifty-five. I have energy all day long. My husband can attest to this, too. I am really surprised and very happy with the results."



Karen: "I have always loved to ski! I used to ski every year. The deeper the powder, the crazier the skiing, the more I liked it! That all changed when I hurt my knee. In fact, one year, I was skiing very deep powder, and I ended up in the emergency room. I didn't want surgery and pain pills didn't seem like a good option either. So, I decided to have regenerative therapy. It was very simple. Around five to six weeks after

the therapy, I suddenly realized that I had no knee pain! I mean no pain at all! If you are considering knee surgery, or taking pain pills, I encourage you to look into regenerative therapy. It worked for me! It was amazing! I'm like new and can ski again!"



Larry: "I was surprised how fast I experienced relief from the sciatic pain that had become chronic. Before regenerative therapy, my pain level was an 8 to 9 on a scale of 10. 10 being the most severe.

After regenerative therapy, the pain reduction began. It continued to diminish until it was very faint. Incredible! As a bonus, my mobility improved too."



Joanie: "Today, I can get out of the car after a ride and not have to stand there. I can get out and walk. Something's happening in my legs. I just feel good. I can walk out from the house to the mailbox and not feel tired and exhausted like I was and that's a big, big change. That's what I was hoping these

stem cells would do, and they're doing it."



Adam: "I'm 33 years old and I was in four different car accidents before the age of 30. Each one of those accidents did damage to my neck, back and my knees. After the last car accident, I went to a spine surgeon, and they said they would have to move my vocal cords just to get to my neck. I chose not to

move forward with the surgery. I went into a depression because I couldn't play with my three children. I couldn't take walks with my wife, and I started putting on weight. My health issues weren't

just affecting my physical health, they were affecting my mental health as well.

When I found out about regenerative therapy, I was very excited. After I received therapy, I started to notice that I didn't hurt anymore when I got out of bed. That was such a relief. I remember just crying with joy. The fact that I didn't have pain, and that I had slept so well was life changing. I have been exercising every day and going on a walk each week with my wife. I'm playing with my kids, and I'm engaged in life.

Regenerative therapy gave me my life back and life is worth living to the fullest!



Shannon: “I have spent part of my life serving in the military and I put my body through quite a bit of abuse. I hurt my back quite a few times and one time I slipped on some ice going down some steps. Due to that, I blew the disc out between my L5 and S1. They removed it, and I hobbled along with quite a bit of pain for years. I eventually went through the VA and got the disc replaced hoping to get some relief. I felt a little better but after about two to three years, I noticed that if I did too much I would go into spasms, and it was extremely painful. I would sometimes be out of commission for two to three days. It was not a good quality of life.

I had seen what the regenerative therapy had done for my daughter, and I decided I wanted to receive the therapy as well for my back. Within a short period of time after receiving the therapy, I was out digging a ditch with a shovel and as soon as I was done, I realized that my back was finally relaxing and recovering so quickly. I slept so much better, and my back is doing so much better. Even when I am on a flight, I am not having the issues I used to have, and it is a miracle!! The neat thing is it is not temporary as this has been over a year, and I am still doing great. Regenerative therapy has given me my quality of life back!!”



Annabelle: “I run a nonprofit organization called Furnishing Families. We furnish new homes for people who are just coming off the streets and taking control of their new homes. I need to stay energetic and full of energy to maintain this ministry as it means a lot to me. However, I recently had five root canals. They were in my head for 30 years and they did a lot of damage and evidently, the bacteria in them eat at your cartilage. Due to that fact, I had hips that needed to be replaced because there was no cartilage, and on top of that I was a dancer; I was an athlete. I used my hips a lot and so the combination really left my hips in bad shape. All these things came together, and I had no cartilage. I got to the point where I could hardly walk. I eventually had both hips replaced in one year, and it was a hardship in my life.

But then I met people who introduced me to regenerative therapy, and I went ahead and received the therapy. I'm almost a hundred percent into my full use of everything, and I am so energetic. I can use my body all day now. I don't have to sit down and tell my guys I'll see you later. I can keep up with them now and partake in my ministry. Everyone around me, who knows me, has been asking what happened to you. Give me some of that. It's beautiful.

Regenerative therapy has allowed me to continue my ministry, and I am forever grateful!!”



Lynn: “I started to get very ill and lost a lot of weight. My husband and I decided that we were going to receive regenerative therapy, and it literally sustained me. I was sadly at a point where I had gone down to 104 lbs., and it got me to a place of stability. For me, I literally don't think I'd be here if I hadn't done it.”



William: “Regenerative therapy has been a blessing to my life. At the time I learned about regenerative therapy, I was battling severe illness. It was hard for me to accept that I was so sick. I believe in divine healing, and I stand on Isaiah 53 which says He was wounded for our transgressions, He was

bruised for our iniquities, and with His stripes we are healed. I flew to Panama City to receive the regenerative therapy. I began to feel better. I felt like I had been rejuvenated like a baby. That was over a year ago, and I feel like I am living the second half of my life better than the first half. I also used to have pain in my back and that is also feeling better. I am so happy that I was introduced to regenerative therapy, and my life is better because of that.”



Mary: “For about the last two years, I was fighting pain in every part of my body, mostly in my shoulder, my neck, my lower back, and then inflammation would pull things out of alignment. I was going to Massage Envy one week, a chiropractor the next week, and then a medical

massage the next week, and then I’d start the cycle over again. It got so bad that I could not sleep at night. I was just desperate to get rid of the pain! I decided to receive regenerative therapy. Since then, I’ve noticed a reduction in skin irritation with psoriatic arthritis. I was having no luck getting that thing to heal up! Two weeks ago, I noticed that when I went to choir rehearsal, I could climb the stairs now!”



Doug: “I’ve been a runner and an athlete all my life. I worked out four or five times a week where I would run five to 10 miles a week. In January, I had a major meltdown with my back, and I couldn’t sleep. I was in intense pain and found out that I had an eight-millimeter bulge in my L5 disc and a

four-millimeter bulge in my L3 and L4 that just incapacitated me. I discovered regenerative therapy and received therapy on February

6th. Within a few weeks I could sleep, which was amazing. Within a month I was starting to work out again. It's been three months, and now I'm working out four times a week. If you have chronic pain, intense pain, rather than having surgery, I will definitely recommend that you look into regenerative therapy as an alternative. It's amazing.”



Jean: “I’m 82 years old and have suffered with breakouts of Shingles for over fifty-five years. I just couldn’t seem to get rid of them. After the very first therapy with regenerative therapy, I noticed that the shingles episodes were much lighter. Instead of lasting three and a half weeks, the breakouts

lasted for only about three days. To me that was marvelous! I also have had problems with some of my joints aching and they are feeling better. In fact, I think I am feeling better all over.”



Dee Ellen: “I chose regenerative therapy because I was having a lot of pain in my knees and back. I also dealt with the symptoms of peripheral neuropathy, a lot of nerve damage. Physical therapy was not providing a solution and I was tired of hurting. I am so happy with my results! I

can do things that I wasn’t able to do for over a year. I feel like I have my life back.”



Nancy: “My husband, Bob, was diagnosed with dementia about three years ago. His short-term memory is the primary thing that he has problems with. His long-term memory is better.

In the first month following regenerative therapy, I’ve noticed that he’s more engaged. He began to initiate activities

that he had stopped doing. Such as, unloading the dishwasher and putting things where they go. I was amazed because remembering the location of items was difficult for him.

The changes are wonderful! I would say that if you're struggling with any type of memory loss or problems like that, consider regenerative therapy!"



Mary Ann: "I suffered with scoliosis, severe knee pain, a shattered arm with 13 pins and a plate, and pain in every joint in my body. I relied on a cushion in my wheelchair to help manage my chronic pain. Just six short weeks after receiving regenerative therapy, I experienced remarkable changes in my life. The swelling in my feet and ankles went away and I can wear shoes that I haven't worn in four to five years. I'm able to stand up straight and my joint pain has dramatically reduced. I have more energy and self-confidence. I can't tell you how happy I am. I have taken my life back and it is a beautiful thing!"



Brad: "I had a bad car accident, and I was in pain, so I went and had X-rays taken. The X-rays showed that I had a torn meniscus. They thought I was a really good candidate for regenerative therapy. We can now see in all the x-rays that the meniscus is growing back. We can see the measurable quantifiable distance in between my back; the discs are growing back slowly. It's great, you don't have to have anesthesia and be knocked out and all those risks that go with that. I mean it was great. I didn't have to medicate, I regenerated."

Hear from those in the medical community about their experience with Regenerative Therapies

We work with some of the greatest medical professionals in the world. More and more, stem cell therapy is getting attention because it works.

Dr. Neil says stem cells are the repair cells of your body. When there aren't enough of them, or they aren't working properly, chronic diseases can manifest and persist. From industry leaders, sports stars, and Hollywood icons to thousands of everyday ordinary people, stem cell therapy has helped when standard medicine failed. Many of them had lost hope.

Dr. Matthew is encouraged by the remarkable results with regenerative therapy. The theories keep coming; however, the proof is in the pudding clinically. He had a 65-year-old female patient who came to see him with significant degenerative disease of her cervical spine as well as degeneration in her eyes. She felt terrible and was battling fatigue.

When she came to the clinic to receive stem cell therapy, she was very nervous and almost backed out. Nonetheless, she went ahead with the therapy. Two weeks later, she called the clinic and said she felt like she was thirty years old...she was out doing yard work and digging holes. She said she just couldn't stop moving. She had so much energy. She was so thankful.

Dr. Al touts regenerative therapy as your reserve of 'replacement cells.' Your body can use them to replace any kind of cell that is damaged, old, or dying. They can morph into any kind of cell you need, including those for your eyes, muscles, skin, or blood. They

also allow your body to regenerate damaged tissue in any organ—from your brain to your heart to your liver. As you age, your stem cells don't repair and regenerate as well as they once did. Fatigue sets in and can lead to poor regeneration or even degeneration of certain organs and tissues.

Dr. Jon has seen powerful results with regenerative therapy. He had four meniscal tears, osteoarthritis, and his knee was bone on bone. He faced surgery as his only viable option. When he heard about stem cell therapy, he knew he had nothing to lose. In a few weeks, his knee was transformed. An MRI revealed that the tears were repaired, and his knee was rebuilt. He reviewed the science himself and was amazed at what he found. The research is valid, and he knows he now has the most effective resource to help his patients get well and stay well. He has since worked with hundreds of patients who have benefited from regenerative therapy. We now actually can regenerate and repair the problem.

Dr. Nikesh says the concept of mesenchymal stem cells ability for regeneration and improvement of chronic inflammation is what really piqued his interest in the field. As someone who has a chronic severe inflammatory dry eye for years, he received regenerative therapy myself. He noticed significant improvements in his tear production. He said that considering the number of people who have chronic diseases from autoimmune conditions to chronic arthritis, there is a real need for options that go beyond pharmaceutical symptom control. These cells are the conductors for sensing inflammation and triggering repair. More research and clinical trials will continue to expand our knowledge in the field.

Dr. Nimesh knows that chronic diseases, as a result of inflammatory changes in the body, have riddled the healthcare system of the US and the world. Obviously, the best answer to fixing this problem is prevention in the first place. The ability of regeneration and repair has been a concept that is now coming to the forefront in changing healthcare as we know it. Regenerative therapy is actively involved in repairing, regenerating, and rebuilding damaged or absent tissue in the body that has been affected by disease, infection, or injury. People who might benefit from regenerative therapy include those with spinal cord injuries, type 1 diabetes, Parkinson's disease, amyotrophic lateral sclerosis, Alzheimer's disease, heart disease, stroke, burns, cancer, and osteoarthritis. He is a big proponent of the benefits of regenerative therapy as he has personally experienced the improvement in both of his knees in which he had surgical intervention prior. Dr. Nimesh saw a dramatic improvement in functionality due to that therapy. Researchers continue to study the potential of therapeutic benefits and instead of donor organs, which are limited in supply, it is the next chapter in organ transplantation. He believes the future is bright on what awaits us with the use of regenerative therapy.

Martie believes regenerative therapy is the most marvelous thing she's found in her 40 years in the field. Most people wait for the body to regenerate. If people had sufficient stem cells in their bodies they would fix things, but as we age, we don't have enough. Sometimes, there's some big challenges or accidents and diseases people go through, and a supplement of regenerative therapy is needed. She said it has worked wonders for her, for her family, and so many of the listeners of her radio broadcast that she can't say enough good about it.

Martie had a skiing knee that bothered her to the point where some days it was just hard for her to do the exercises she wanted to do, and regenerative therapy took care of it. Also just knowing

that she was aging, Martie didn't know what was going on inside and knew there were probably all kinds of things that were less than perfect, so she started periodically receiving regenerative therapy, so she could make sure she had enough stem cells in her system.

Later, she had a stroke due to a condition she had ignored. The fact that she didn't sustain a lot of damage and recovered so well was incredible. Regenerative therapy changed her life for the better!

Dr. Ben has seen it happen with his own eyes. He says there is virtually nothing that your body can't regenerate with a little help from regenerative therapy. When it comes to dealing with inflammation – it calms the waters of the sea. Where you had white caps yesterday, you've got smooth water today. He tells everyone to Join the Regeneration Revolution and how amazing it is!

Dr. K. has been a chiropractor for many years, and unfortunately, the job took a toll on his body. He also sustained an injury to his knee a few years back. He was heading to a basketball game for his daughter, and when he ran over a fire hydrant, he shattered his knee. With that injury and the strain of his job, he started not being able to do some of the things he enjoyed. Walking and just normal activities got to be very painful for Dr. K., and he couldn't do stuff with his wife and daughter that he wanted to do. He was not able to work out or play around with his grandkids without pain.

He started to look into regenerative therapy and decided that it was a good idea for him. So, after receiving regenerative therapy, he started playing on the floor with his kids the very next day and realized he was not in any pain. Within 4 months of the therapy, he got back into walking and jogging without pain and is back

to working as a chiropractor the way he used to. Dr. K. is now enjoying his life again without pain and loves every second.

Dr. Rick was at the age where his grandfather died of a heart attack, and in within a year, would be the age that his dad died of a heart attack. The day they died, they both thought they were perfectly healthy.

He said it gave him peace of mind knowing he received regenerative therapy. He believes it gives him better odds of not doing what his grandfather did at sixty-two and what his dad did at sixty-five, which is falling dead in a chair.

Dr. Kyan has experience with regenerative therapy making a significant impact both on her patient's health as well as his own. The nerve pain from a knee injury significantly impacted his ability to do everyday things, including playing with his toddler son. The slightest touch would send a sharp pain shooting down his leg. Within a couple of months of receiving regenerative therapy, the pain completely disappeared, and he's been pain-free ever since.

His family members have benefited tremendously as well. His aunt not only had knee pain improve after therapy, but the pain in her neck and back from herniated discs also improved significantly. She no longer uses a cane to get around and can care for her grandchildren without debilitating pain. What regenerative therapy has done for Dr. Kyan, his patients, and his family, it can do for you!

More Testimonials Provided by Healthcare Professionals



John, Age 52: “John sought therapy to improve his rapidly declining cardiac function. With his options thinning, he chose to receive regenerative therapy. He experienced noticeable improvements within the first few weeks of therapy. His ejection fraction (EF), a measure of cardiac function, increased from 20% to 35%. He now feels more energetic, focused, and capable of exercising regularly. Previously told he might need a heart transplant and should get his affairs in order, John is now enjoying more good days than bad. He is feeling better overall, losing weight, and continuing to see improvements in heart function. John plans to undergo a second round of therapy and remains optimistic with doctors reportedly surprised by his progress.”



Dean, Age 72: “After undergoing a cardiac ablation for AFib in 2015 and developing myocarditis post-COVID in 2020, Dean faced a steady decline in heart function and quality of life. Facing another ablation and potential heart transplant, he opted for regenerative therapy. Since receiving regenerative therapy, he reports feeling 200% better with normalized heart rhythm, improved energy, and significantly less back pain. He now sleeps better, feels 20 years younger, and is thrilled with his progress and improved quality of life.”



Julia, Age 54: “Julia had been battling chronic pain for over a decade, including degenerative and bulging discs, Arthritis, recurring kidney infections. Told surgery was her only option, she chose regenerative therapy instead, not wanting to risk downtime with four young children. Within

months, her energy increased and her pain diminished. After 9 months, she was completely pain-free even after an 11-hour drive. Her arthritis and kidney issues resolved fully. She now enjoys a pain-free lifestyle hiking, running, wearing heels and spending more time with her family without limitation.”



Stanley, Age 80: “Following hospitalization for congestive heart failure where 18 pounds of fluid were drained from his lungs, Stanley has seen a remarkable recovery. His ejection fraction improved from under 10% to nearly 70%. His heart rhythm has stabilized. While still rebuilding strength and muscle tone, he has gained better balance, stamina, and optimism. He is considering a second therapy round to address medication side effects and continue his healing.”



Lane, Age 20: “Lane has suffered since birth from complications secondary to cerebral palsy. Since receiving regenerative therapy, he has seen a dramatic reduction in seizure frequency and severity. Before therapy, he averaged two seizures per month, eight in one particularly bad month. Since beginning therapy, he's had only two seizures in six months; none requiring emergency meds. His vision, focus, and ability to track objects has improved, and his demeanor especially in the evenings has brightened. His caregiver has noted reduced agitation and ongoing positive changes.”



Michael, Age 60: “After extensive treatment for salivary gland cancer, including chemo and monthly Lupron shots, Michael began therapy in January 2022. He now feels 80% back to his normal self, enjoying outdoor activities like hunting and disc golf. His facial discomfort, nerve pain, and knee

and foot issues have improved significantly. He no longer needs pain medications and recovers faster after treatments. Since his improvement, Michael has chosen to receive regenerative therapy regularly, as often as 2-3 times per year. Overall, he has noticed increased energy, fewer hot flashes and headaches. All this and a return to physical activity has boosted his quality of life.”



Auragizela, Age 63: “A former military member with a history of TBI and a major stroke in 2019, Auragizela sought therapy to address speech, memory, and physical impairments. Since receiving regenerative therapy therapy, she's experienced fewer migraines, better neck mobility, occasional improvements in vision, easier swallowing, her tinnitus has lessened, she no longer takes gabapentin. She reports increased energy, Hydration, and reduced sugar cravings. She's hopeful and plans to continue therapy at the 9-month mark.”



Ruth, Age 45: “Diagnosed with MS in 2019, Ruth struggled with worsening muscle stiffness and pain, especially during periods of anxiety. Since starting therapy, her flexibility has improved, pain has decreased, and even her hair is regrowing. She feels more mobile and upbeat with clearer skin and the ability to return to Pilates, boosting both confidence and physical well-being.”



Edna, Age 74: “After a severe car accident in 2022, Edna faced extensive injuries and pain. Since therapy, her pain has decreased by 90%. Bruising is 98% resolved, and her mobility and muscle tone have improved. A persistent 10-month cough, originally diagnosed as asthma, is almost entirely gone.

Her bruised and swollen hand has nearly healed, and she now manages residual symptoms with natural remedies. Though some back pain remains, she's feeling much better and continues to progress steadily.”



Mike, Age 73: “Mike sought therapy for his generalized health, specifically his kidney function and joint health. Since therapy, he has experienced greater mobility, improved overall health, better neck of movement and vision. Most notably, his kidney function (eGFR) improved from 38 to 51, his best result yet, bringing him closer to normal levels. He's lost 15-20 pounds, feels more energized, and is thrilled with his progress.”



Bill, Age 72: “Seeking help for macular degeneration, type 2 diabetes, arthritis, and Asthma, Bill has seen broad improvements. His vision is clear, he can now recognize faces, use a computer, and has discontinued monthly eye treatments. He breathes easier, is off blood pressure meds, and has regained confidence, even taking on new business ventures.”



Levi, Age 65: “Levi, managing congestive heart failure, experienced a dramatic increase in EF (ejection fraction), a measure of cardiac function, from 20-25% to 60-65%. Along with improved kidney function (eGFR) from 22 to 43.7. His blood pressure and heart rate have stabilized. Despite some medication side effects, he's had reduced muscle soreness and neuropathy and is exploring natural options for continued recovery.”



Jeanese, Age 65: “With a complex medical history including anemia, heart failure, gastroparesis, and chronic pain, Janice has seen major improvement. Her heart function is now normal, arthritis pain is lessened, and she no longer takes Celebrex. Her digestion has improved, allowing her to eat comfortably. She's even seen healing in previously fractured ribs. She describes her journey as "amazing and interesting."



Johnny, Age 63: “Johnny, who had a brain tumor, stroke, cancer, and a severe bed sore, saw improvement gains following regenerative therapy therapy. His wound is healing, his muscle tone is returning, and he can now transfer from bed to chair with help. Cognitively, he's sharper, more engaged, and his appetite and memory have improved. Blood work shows marked progress, and his caregiver has noted tons and tons of changes.”



Heather, Age 51: “After living with debilitating fibromyalgia for 20 years, Heather reports being completely pain-free just six weeks after therapy. Previously plagued by daily pain, brain fog, and memory loss, she is now off all medications. While she still experiences some hand pain, the overall transformation has been amazing.”



Ralph, Age 61: “Following a hemorrhagic stroke and two months in the hospital, Ralph has made notable gains. Once paralyzed on his right side, he now walks up to 150 feet with a walker, has regained some strength, and is regaining bladder and bowel control. His speech and memory have improved, and his therapists and family see steady progress.”



Carol, Age 41: “Diagnosed with MS in 2005, Carol suffered from fatigue, joint and disc pain, and a frozen shoulder. Since therapy, she's seen about a 75% improvement in her shoulder mobility, better sleep, and significantly reduced joint pain. She's back at the gym and no longer experiences daily aches that once held her back.”



Nanette, Age 51: “Struggling with adrenal fatigue, hormonal imbalance, and chronic pain, Nanette found new energy through regenerative therapy. She now sleeps better, thinks more clearly, and handles previously overwhelming tasks with ease. Even after a recent bout of Covid, her recovery has been strong with ongoing improvements in inflammation, mobility, and resilience.”



Crystal, Age 61: “Crystal sought therapy for chronic bilateral lymphedema. Since starting, her swelling and fluid retention have decreased, skin has healed and energy levels are up. She's lost 20 pounds, sleeps better, and has regained the ability to care for her grandchildren. Calling the results a life-changing turning point.”



Connie, Age 73: “Diagnosed with Parkinson's in 2021, Connie has seen encouraging progress: improved handwriting, reduced tremors, and smoother arm movement while walking. Despite recovering from back surgery, she remains focused on staying active and continuing therapy alongside proper nutrition and medication.”



Kenneth, Age 69: “Living with Parkinson's and Lewy Body dementia, Kenneth's family has observed subtle but meaningful changes since his therapy: better eye tracking, increased speech, spontaneous engagement, and improved movement. These signs have brought renewed hope for further progress.”



Colleen, Age 43: “Colleen, who has suffered with PCOS for over 20 years, reported hormonal and cognitive struggles along with joint pain. Since therapy, she's experienced improved mental clarity, reduced pain, and a more regular menstrual cycle. She now exercises consistently, sleeps better, and feels more productive and emotionally balanced.”



Joel, Age 69: “Joel, a 75-year-old man with uncontrolled diabetes, came in with severe foot numbness and knee pain. Post-therapy, he's regained foot sensation, has better balance, and reports a 60% reduction in knee pain. His A1C has improved, and he's more motivated to stay active and healthy.”



Sandra, Age 82: “Sandra, managing recurring breast cancer and the long-term effects of radiation including 100% pacemaker dependency, began therapy with cautious optimism. She's since seen reduced arthritis pain, more stable blood pressure (enabling reduced medication), and dramatic vision improvement, no longer needing prescription glasses. Her provider has also noticed improvements, and she's eager to continue therapy to support her health journey.”



Victoria, Age 33, nurse: “With more than 14 years of experience in the medical field, starting as an EMT, then paramedic, and now a nurse, I've worked across the spectrum of care from pre-hospital to acute hospital settings. For a long time, I believed the purest form of medicine was found in acute care, where life-saving decisions are made in critical moments. But since joining the regenerative therapy revolution, my perspective has evolved.

I've now delivered more than 2,500 regenerative therapies and have the privilege of following up directly with patients. What I've witnessed has redefined how I view healing:

- People avoiding surgeries
- Reducing or eliminating medications under medical supervision
- Improving their daily function
- Regaining a sense of freedom in their lives

Clients are no longer being defined by their diagnosis or limitations. They're rediscovering what they can do, not what they can't. Seeing those transformations first-hand both in patients and their families has been the most rewarding part of my career. Regenerative medicine, in my view, now represents the most complete and forward-thinking form of care I've encountered.”

CHAPTER NINE

Stem Cells Made Simple Recap & FAQs

So, let's do a quick recap of what we discussed so far:

- ✓ You were created as a masterpiece (healing and regeneration are encoded in your DNA).
- ✓ Stem cells are the wave of the future, and the future is here and now.
- ✓ All the experts believe that Stem Cell Therapy is the future of medicine, but remember: it's personal because stem cells are the future of your personal health and longevity.
- ✓ The Problem is degeneration (i.e., inflammation causes sickness, disease, pain, and aging).
- ✓ The Solution is regeneration (i.e., to build, grow, and create new tissue).
- ✓ Stem cells decline rapidly as we age, leaving us more susceptible to illness, disease, and accelerated aging.
- ✓ Stem cells are simple, safe, convenient, effective, affordable, and can produce amazing results.
- ✓ Stem cells are your body's internal repair system.
- ✓ The science and research are undeniable and progressing rapidly.
- ✓ The rest of your life will be the best of your life.
- ✓ The key to a healthy life is healthy regeneration.

Are stem cells FDA-approved?

The labs that produce regenerative therapies are regulated by and registered with the FDA. Regenerative therapies are natural and are not approved by the FDA to treat diseases.

How long does the therapy take?

Only a few minutes.

How many therapies should I have?

Each person varies. According to research, most people respond very well to one therapy. Other people benefit from a second therapy three to six months later. Research indicates that stem cells reproduce every twenty-eight hours for about sixty-five generations. That means that you can expect to see the regenerative effects for several months, while the benefits can last a lifetime.

Some people choose to schedule regular therapy to help the body maintain good health. We recommend practicing the power of prevention by investing in your incline instead of managing your decline.

Are there any potential side effects?

Possible mild temporary discomfort or bruising at the injection site. One to two percent of people experience mild flu-like symptoms.

How fast will I see results?

Individual responses vary. While not typical, anti-inflammatory results can be immediate or within a few days. Regenerative effects are typically first seen in four to six weeks. Remember, regeneration takes time.

Are there guarantees that the area that I want to regenerate will undergo the regeneration?

No. The stem cells do not speak the language of disease, and we cannot tell them where to go and what to do. Instead, the body uses a process referred to as paracrine signaling to call the stem cells to injured or damaged areas. The body will prioritize the regenerative process by repairing vital organs such as the heart and lungs first. Many people experience benefits that they did not expect, such as better vision, stabilization of blood sugar levels, and more.

Who is a candidate for Stem Cell Therapy?

Anyone who wants to keep their body functioning optimally, who desires restoration, renewal, wellness, and beauty benefits, should consider a consultation to practice the power of prevention and live the longevity lifestyle.

Is the therapy safe?

Yes. The cells are tested for your safety, and complete sterility is validated and maintained throughout the entire process. All regulatory guidelines are met or exceeded.

Regulations require us to advise you that all reviews, testimonials, and/or endorsements of any kind reflect the personal experience of those individuals who have expressed their own personal opinions, and those opinions and experiences may not be representative of what every consumer may personally experience with the endorsement.

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