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Hope In A Bag

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# Hope in a Bag

Troop Training: How to Host a Comfort and Hope Kit Workshop

**Hands-on Service**

**Year-Round Impact**

**Care + Comfort + Hope**

# What you'll learn today

By the end of the workshop, your troop can run a complete donation + assembly event.



## Understand the need

Why year-round supplies matter



## Build the kits - Run the workshop

Decide what goes in each kit,  
must-haves vs nice-to-haves.  
Collect supplies and make the bags.  
Assemble kits



## Measure impact

Quick surveys + partner feedback



## Keep it going

Teach other troops  
Share the blueprint

# Why 'Hope in a Bag' matters

People who are homeless or temporarily displaced may lack essential supplies that prevent illness.



## Health risk

Without hygiene + first aid items, minor issues can become infections



## Lack of essentials

Hygiene, dental, skincare, and first aid items can be unavailable



## Seasons can be tough

Summer: heat protection  
Winter: warmth items

**This project helps meet the year-round needs with care kits plus a message of hope.**

# The gap we're closing

Support is often seasonal. Needs are continuous.

## Common pattern

 Winter drives happen...  
then support can drop off  
Needs still continue all year..

## Hope in a Bag

- ✓ All-year kits with core essentials
- ✓ Seasonal add-ons for heat/winter
- ✓ Adapt for different age groups
- ✓ Education + repeatable blueprint

# What goes in a 'Hope in a Bag' kit

Build around must-haves first, then add extras if available.



## Hygiene

soap • shampoo • deodorant • wipes



## Dental

toothbrush • toothpaste • floss



## Skincare

sunscreen • lip balm • lotion



Reusable Bag  
up-cycled t-shirt bag



Hope Note  
a message of encouragement



Seasonal  
socks • gloves • poncho • hats



Comfort  
notepad • book • games •  
candy



First Aid  
bandages • antiseptic • sanitizer

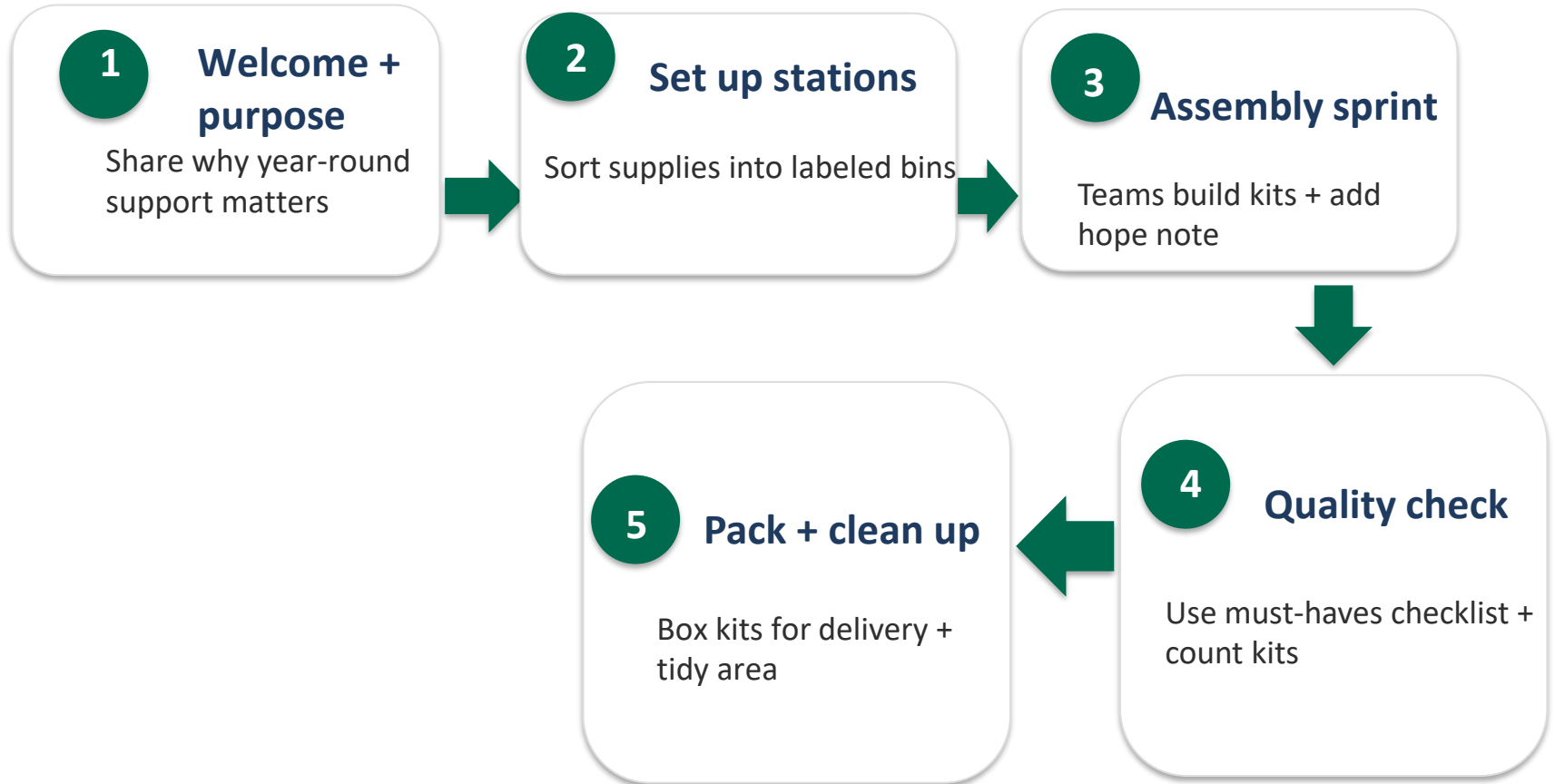
# Must-haves checklist (for every kit)

Use this as your quality-check list at the end.

- ✓ Core hygiene item(s)
- ✓ Dental: toothbrush + toothpaste (floss if available)
- ✓ Skincare: lip balm + lotion (sunscreen when possible)
- ✓ First aid: bandages + antiseptic wipe(s) + sanitizer
- ✓ Seasonal add-on: socks/poncho/hats as supplies allow
- ✓ Message of hope
- ✓ Packed in a sturdy reusable bag

# How to run a kit-build workshop

A simple station-based flow that works for troops.



# Troop roles (so everyone has a job)

Assign roles at the start — it keeps the workshop smooth.



## Inventory Lead

Counts items  
Refills stations



## Assembly Captains

Guide kit building  
Keep pace



## Delivery Coord.

Boxes/labels kits  
Plans drop-off



## Quality Check

Checks must-haves  
Tallies kits



## Storyteller

Photos of supplies only  
Posts updates

# Running a donation drive (before the workshop)

Collect supplies + t-shirts, then sort for assembly day.



## Step 1: Ask

Flyer + sign-up/wishlist  
Share with troop + community



## Step 2: Collect

Pick-up days  
Label bins by category



## Step 3: Sort

Count items  
Prep 'must-haves' first



## Materials

T-shirts for bags • paper for hope notes •  
boxes for delivery



## Tip

Keep a running kit count: How many complete kits can we build today?

# Where the kits go

Partner organizations receive and distribute the kits.



## Christ's Haven

Keller, TX (partner)  
Supports children/young adults



## Presbyterian Night Shelter

Fort Worth area (partner)  
Supports people experiencing homelessness



## Grace Grapevine

Referenced partner org

# Goals + how we measure impact

Build kits + learn what works so we can improve and repeat.



**Target  
200 kits**



## **Workshop survey**

Ask troops what they learned after the session



## **Partner feedback**

Ask receiving organizations what items helped most

# Make it last (sustainability)

Teach it forward so the project continues year after year.

1

Run your first workshop

2

Share the instructions with another troop

3

Train younger troops via mini-workshops

4

Repeat seasonally + share learnings

# Respectful service

We help best when we protect dignity and safety.



Focus on dignity: kits are offered without judgment



Photos: supplies and volunteers only (no recipients)



Prefer new/sealed hygiene items when possible



Keep first-aid/medical items organized and supervised

# Ready to lead your troop's workshop?

- 1) Pick a date for a supply drive + kit build
- 2) Set a goal (e.g., 25 / 50 / 75 kits)
- 3) Assign roles + set up stations
- 4) Gather supplies, tshirts for bags, Hope cards.
- 5) Build kits, count them, and pack for delivery
- 6) Document what you learned so another troop can do it next!

# Q&A

Brainstorm - Questions, ideas, and ways to adapt kits  
for different seasons and age groups