

April 2024

THE PARISH POST

Holy Innocents'
Episcopal Church
Pearl & Marine Streets
Beach Haven, NJ 08008



The Parson's Place

Church Email
hichurch08008@gmail.com
Website: www.hiecbh.com
Office: 609 492 7571
Parish Office Hours
Monday thru Thursday
9:00am - 2:00pm

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HAPPY EASTER!!

Now that Lent is over and Spring is springing out all about, I want to invite and encourage you to REJOICE and to do it out loud, as the spring does! If you're a plant person, maybe plant something that you can watch grow during these 50 days of Easter. If not, maybe try a meditation for each day before you head out and about for your day. Whatever it is, try something new for the 50 days of Easter. Some ideas:

- Use a special candle at family meals to recall the light of Christ.
- Every day, read together from the Easter story: Matthew 28; Mark 16; Luke 24; John 20-21.
- Plan fun family activities—one for every week of Easter.
- Learn to cook something new each week
- Write a prayer for someone a couple of times per week
- Send a card of thanks to someone who positively influenced your life
- Invite someone to coffee/tea or lunch who you just met at church
- Visit a lonely neighbor or do some other family act of kindness to express thanks for the resurrection.
- Pay it forward at the counter with treating someone to a coffee or a meal (or portion)
- Take a walk in a park
- Learn how other cultures celebrate Easter. Try out some of their customs and foods.
- Discuss what it means to be Christ's "witnesses" (Luke 24:48)? Help each family member to see that their witness matters.
- Wear more white, or even gold! They're the season's special colors.

- Pray Noonday prayer
- On Ascension Thursday, choose a family intention. Make the nine days from then until Pentecost a novena to the Holy Spirit.
- Decorate a cake with Pentecost flames and other symbols to celebrate the birthday of the church.

Now the Green Blade Riseth (# 204, Noel Nouvelet)

1. Now the green blade riseth, from the buried grain,
Wheat that in dark earth many days has lain;
Love lives again, that with the dead has been:
Love is come again like wheat that springeth green.
2. In the grave they laid Him, Love who had been slain,
Thinking that He never would awake again,
Laid in the earth like grain that sleeps unseen:
Love is come again like wheat that springeth green.
3. Forth He came at Easter, like the risen grain,
Jesus who for three days in the grave had lain;
Quick from the dead the risen One is seen: \n
Love is come again like wheat that springeth green.
4. When our hearts are wintry, grieving, or in pain,
Jesus' touch can call us back to life again,
Fields of our hearts that dead and bare have been:
Love is come again like wheat that springeth green.

Caroline+



Dishing With The Deacon



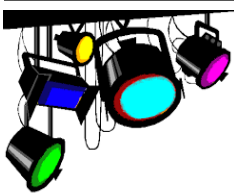
As we move forward through Lent into Good Friday and onto Easter; do you have Easter traditions which you enjoy year after year? One of my favorites is to bring flowers into my house each week of Lent until it is Easter Day, and the house is full of flowers; tulips one week, daffodils the next week, hydrangeas the third week, and finally lilies with their pure beauty for Easter week.

I also love making hot cross buns, and a molded butter lamb. There are many other traditions associated with Easter; church services, baskets filled with delicious chocolate candies, jellybeans, and whatever else pleases our hearts. All of these are lovely parts of our Easter celebrations. Even more wonderful is the meaning of the day; the pinnacle of joy after the season of repentance, the deep sadness of Good Friday, the waiting through Saturday for the lighting of the new fire and the beauty the first service of Easter, the Easter Vigil full of remembrances of God's history with us who are his people; the Pascal Vigil, or the Great Vigil of Easter. What a great time of rejoicing!

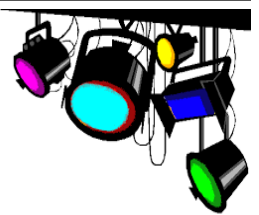
Now we are ready for all the peace, love, and life everlasting promised us through our Lord's suffering, death, and resurrection.

May our Easter worship and celebration bring us all the promises and joy that we have enjoyed in the past and look forward to in the future.

Love and Happy Easter wishes from your deacon, Judy.



CALLING ALL VOLUNTEERS FOR SURFLIGHT THEATER'S 75TH FANTASTIC SEASON!



Surflight Theatre is looking for volunteers for the 2024 show season!

There are **10 Main Stage shows running from May 30 – December 15** and **13 concerts/events from April 27 – December 31**. They need ushers at each show, as well as staff for the concession stand, Joe's Place.

Each would require your assistance for 10-15 minutes prior to each show, after each show and during intermission, if there is one. Both ushers and Joe's Place volunteers are welcome to stay and watch the show you are working, either standing at the back or sitting in a seat near the door, if one is available- *Ushers need to be able & ready to assist if a patron gets up or comes in during the show.*

Volunteer applications are available on the bulletin board by the church office and in Martin Hall. These will need to be completed and sent to Joan Pujol, the volunteer coordinator. Volunteers will then be able to sign up for shows at **SignUp.com**, or through the theater's website **Surflight.org** under the volunteer tab, where more information will be provided to you. The shows should be up by the end of April, beginning of May.

They ask that you please be reliable, responsible and personable. Remember, if you sign up, they are counting on you to show up. They appreciate each and every volunteer and the donation of your time!

From Our Minister of Music

Special thanks to Our Choir for all the extra time and energy spent preparing providing music for services Palm Sunday, Maundy Thursday, Good Friday, Easter Vigil and Easter Sunday! Please let them know you appreciate them, and the time spent helping enhance our services.

Members are: sopranos, Judy Hamilton, Ellen Kehr, Joan Melega altos: Floss Boulden, Diane Carter, Mary Jane Mannherz, Jean Nelson tenors: Tom Jacobsen, Rob Meyer, Barbara Wheeler Bass: Rich Cashel

Thank you also to our guests the VonDonderos.

Did you like what you heard at these services, or any Sunday service? Would you like to join the choir? Please contact me!

Ellen Dondero, Minister of Music
ejdondero@comcast.net



Please join us for Spring Concerts!

Saturday, April 6th at 4pm *Happy Together*

This concert of Uplifting music from Classical to Broadway will feature vocalists Chloe Dondero, Beth Meagher, Nora Walsh and pianist Spenser Gallo with appearances by Ellen Dondero & Mtr. Caroline.

Sunday, June 9th at 4pm – *Capital Singers of Trenton (CST)*

Vinroy D. Brown, Artistic Director and Conductor Ellen J. Dondero, CST Associate Conductor & CST Women's Ensemble Conductor

Spenser R. Gallo, Collaborative Pianist

NEW AA MEETING AVAILABLE



A new weekly **Open** Alcoholics Anonymous Women's Meeting began on January 16th at Holy Innocents'. More information is below:

DAYS - Wednesdays

TIME - 6:00 p.m.

LOCATION - Kitchen area at HI

FREQUENCY - Weekly

ENTRANCE - Kitchen glass door

WHO - Anyone who thinks they may have a problem with alcohol is welcome. Open meetings are available to anyone interested in the Alcoholics Anonymous program of recovery from alcoholism.

Non-alcoholics may also attend open meetings as observers. The AA chairperson may request that participants concern themselves to matters pertaining to alcoholism.

LNK - <https://www.aa.org/>

ECW Meeting

Ladies, our April meeting is **TUESDAY, APRIL 2**. That's **TOMORROW**, so please make plans to join us if you can. We'll begin with Morning Prayer in our Chapel at 11:30, followed by a brown bag lunch & a meeting in Martin Hall. All Episcopal Church Women are welcome & encouraged to come. Please plan to attend as we will be making plans for our first Fine Arts & Crafts Show, flowers for Mother's Day & Father's Day, and future projects. Your help & input are needed as we look for ways to be of service to the greater good of church and our Lord.

Melissa Wall

SANDWICH MINISTRY DATES below! 9:30-11:00

Wednesday, April 10
Wednesday, May 8
Wednesday, June 12
Wednesday, July 10
Wednesday, August 14
Wednesday, September 11
Wednesday, October 9
Wednesday, November 13
Wednesday, December 11



Please contact Alexa Fahner for more information!
AlexaFahn@aol.com



KEEP AN EYE OUT!!

We are in the process of working out the details with Lifeforce USA to schedule CPR, AED and first aid training in our new renovated Martin Hall. More details on dates/times and cost to come!

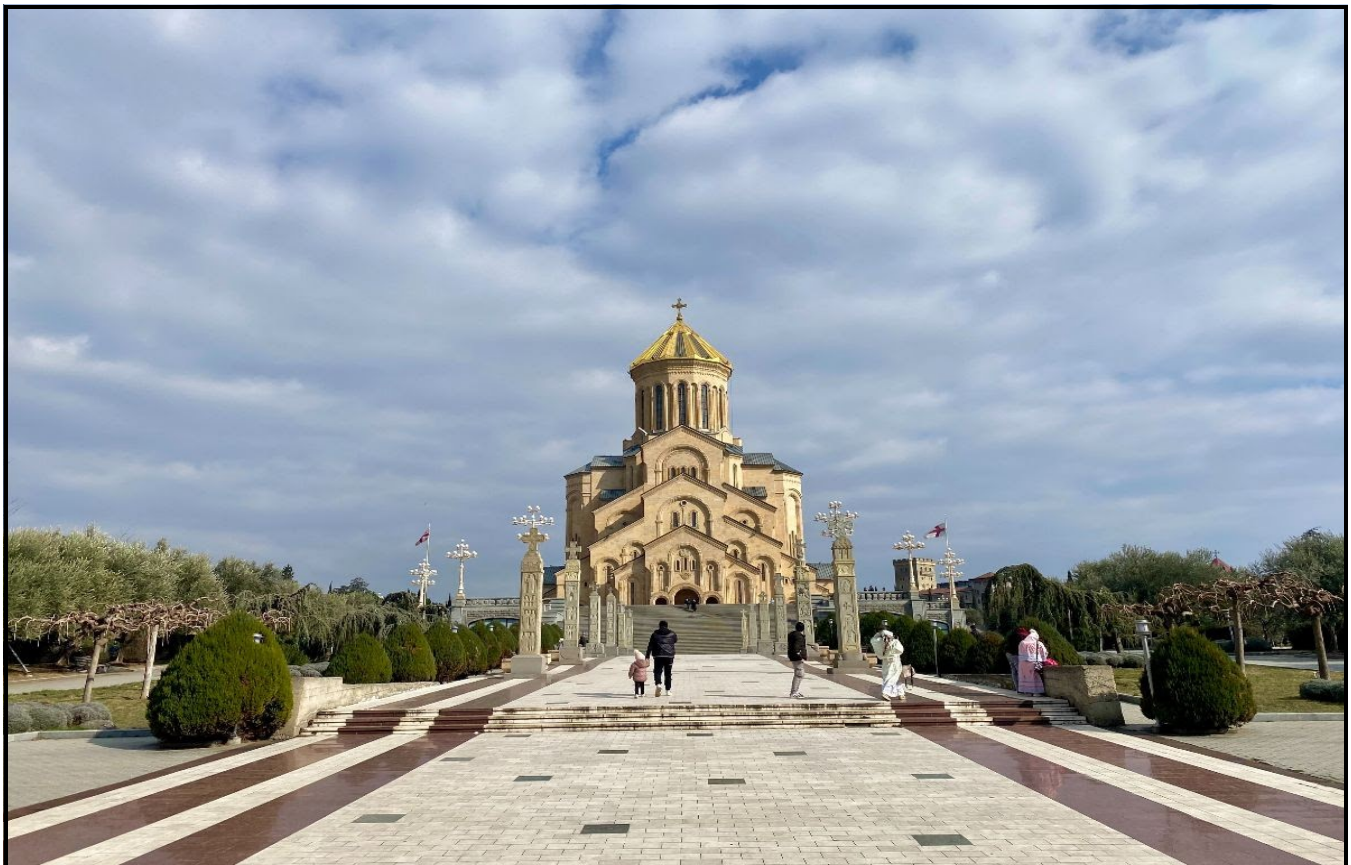


Photo - Holy Trinity ("Sameba") Cathedral in Tbilisi, Georgia, by Mtr. C)

Holy Innocents' Episcopal Church
presents



Happy Together

Featuring selections from Classical to Broadway

Including

The Flower Duet from Lakmé

Moon River, Fascinatin' Rhythm

The Parting Glass

Saturday, April 6th at 4PM

Holy Innocents' Episcopal Church

Pearl & Marine Streets | Beach Haven NJ 08008

free will offering ~ reception to follow

For more information call 609.492.7571

email ejdondero@comcast.net | hichurch08008@gmail.com

Fine Arts & Crafts Show

Saturday
April 13th
10am-4pm



Refreshments
Baked Goods
50/50

**Sponsored by Holy Innocents' Episcopal Church Women
Holy Innocents' Episcopal Church
between Pearl & Marine Streets
Beach Haven, LBI**

Vendors please contact jcashel@comcast.net

Mark your calendars and please join the ladies of the ECW as we try our hand at hosting an Arts & Craft Show in Martin Hall.

Monies earned will, of course, go to various Outreach Programs...Atlantic City Rescue Mission, Children's Home of New Jersey, local food banks and local pet shelters.

Please come see us and purchase some delicious baked goods from your church ladies!

Parish Prayer List April

If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator

Judy Contreras	Lara Sparks Deitz	Joan Connolly
Mary Ann Crewdson	Dennis	Gerry M.
Connie Anderson	Christian Balint	Barney H.
Susan F.	Cheryl	Dayton
Jason	Kirsten Angelozzi	Bob Hendricks
Christine Hendricks	Andy	Kathy & Walter
Ron & Kenny	Jeannine	Priscilla
Judy & Al	Joan & Linda Kelly	Chris C.
Pierro Family	David D'Ambrosia	Barry Longenbach
Robert	Mike	Tony
Aleen	Jan	Elliott
Dennis Hickey	Rosanne & Bob	Juli & Dave
Laura	Lovas Family	Debbie & Joe Reising
Rebecca	Fiona	Graham
Bob	Sue	Melanie
Sophia	Joseph	Paris
Jim Darling	Charles Sullivan	Warren Lamon
Rachel	Louise Muth	Teri Keller
Gia	Cora	Hunter Gideon
Vic Hughes	Rick & Becky Johnson	Frank M.
Ray M.	Kate White	Joey
Diane Dreby	Patty August	Hank Henninger
Canon Don Muller	Sue P.	Rich
Ed & Fran Kurocka	The Flagler Family	The Blake/Carolan Families
Steve & Dawn Swarter	Anne White	Gail South
Bishop Michael Curry	TJ Patton	Beth Camarote
Jason Bond	Family & Friends of Austin	Fr. Frank Crumbaugh
Taylor & Tracy	Anne H.	Chuck Hall
Omer Demir	Bunny	Carol Roberts
Cindy Wood	Judy Hamilton	

Those serving in the military and other dangerous professions:

Paul Bailey, Justin A. Dumhart, Joseph Alexander, Danny Melega, Andrew Wall, Brandan White

Environmental Education and Advocacy Committee

A dishwasher saves water... Wondering what the water consumption of dishwashing is? Let's look at how much water you would use if you hand-washed a full load of dishes instead of using a Bosch dishwasher*.

Surprisingly, with hand washing you actually use around 10.5 gallons of water, but with a dishwasher you only use 2.5 gallons of water. This means you would save up to 8 gallons of water per rinse cycle compared to washing your dishes under running water.

If you run your dishwasher 280 cycles per year, that is a savings of up to 2245 gallons of water yearly! We don't run our church dishwashers that much, but it is good to keep this in mind whenever you are working in the kitchen here...or at home. Fill that dishwasher with whatever fits! You will save energy as well, while also being a good steward of the environment. *Bosch dishwasher data used as we have these in our new kitchen and the rectory. ~ Rob Meyer

Bowman's Hill Field Trip

Wildflower Preserve, New Hope, PA



Join Holy Innocents'
Wednesday, May 15th
for a Field Trip organized
by the HI Environmental
Education & Advocacy
Committee



Bowman's Hill Wildflower Preserve

We will carpool to Bowman's Hill Wildflower Preserve & Botanical Gardens where we can explore the wildflower gardens, mile walking trail & native plant collection. Best of all, we will have the opportunity to purchase plants that are native to LBI and beneficial to our surrounding habitats!

- Email:** Pat Peacock 609-709-1240 to sign-up or get more info.
- Entry fee:** \$9.00 age 65+, \$12 others.
Cash or check only
- Lunch:** Bring snack & water. We can gather for lunch at restaurant after.

If you can't join us, we will have limited space to bring you native plants that you might like to purchase.



In the Spotlight

Parishioner Spotlight is a regular feature in The Post. The purpose is to provide insights into the background and personalities of our fabulous parishioners! We hope you enjoy getting to know the people of Holy Innocents'!

April Parishioner Spotlight ~ The Rev. Canon Karin R. Mitchell

My name is Karin Mitchell and I have been attending Holy Innocents' for about 30 years. I *did* attend services once in the original building as a pre-teen, but that was long ago. My connection with this church deepened when I served here in 2001 as a Summer Seminarian. It was a great experience for me, with a great mentor and very patient congregation! I learned how to preach and visit the sick, as well as teach Vacation Bible School! I made so many new friends that summer; many of whom I still love and cherish. I was ordained to the Priesthood in 2002 at Holy Innocents' and soon after left to begin my journey as a Vicar and then Rector. Since then, I have had



the privilege of participating in the life of this church in various ways, most recently as a Supply Priest when Mother Caroline is away. I am always happy to be here with you all! *Picture to the left is Ordination at Holy Innocents' with Larry Fish, Betty Berlenbach, Karin Mitchell, Frank Crumbaugh III, Bishop David Joslin*

I am 68 (almost 69!!!) years old and live in Hightstown, NJ and North Beach Haven with my husband of 44 years, David Mitchell. We have had a home on Long Beach Island since 1990, when we bought "the cheapest house the closest to the

beach" we could find. That house was a small cape in Beach Haven Terrace and we have since moved to NBH as our family has grown. Dave and I have two Bernedoodles, Birdie and Scout; two cats, Ralphie and Lucy; and a turtle, Milo. They all make our house a home. We also have three children; Scott who is married to Shannon Duncley; Sarah who is married to Jared Angelozzi; and Sam who will be married to Lauren Olinger this spring. We also have five grandsons; Chase, Zack, Zane, Finn, and Lenny—the older two having been baptized at Holy Innocents in 2017. *Family Pictures to the right include: Lenny, Karin, Dave, Jared, Finn in back; Scott, Chase, Shannon, Zack, Sarah, Zane, Sam, Lauren in front; Bottom left: Birdie & Scout; Bottom right top: Chase, Lenny, Zack, Zane, Finley; Bottom right bottom: Zack, Zane, & Karin*



Since retiring as rector of St. David's in Cranbury, NJ, I have been able to continue my work for the Diocese in various ways, as Title IV Intake Officer and member of various committees, as well as a Chaplain to Retired Clergy in Trenton Convocation. I enjoyed my time as a parish priest immensely, and am happy I can continue to serve our diocese and its people in retirement. I have found that there is a great need for Supply Priests and try to help when I can. I am President of the Rocky Brook Garden Club and on the Board of Directors of Rise, a Community Action Service Center in Hightstown. I am also on the leadership committee of the League of Women Voters of the Greater Princeton Area. I enjoy reading, gardening, exercise, going to NYC and the theater, and, of course, the beach.

Continued on next page

Parishioner Spotlight Continued

Dave and I love to spend time with family, taking care of the boys and doing fun things with them. It takes two of us to manage them, but it is always fun. We also enjoy traveling and have been as far as Israel (with friends from Holy Innocents'), South Africa, The Galapagos Islands and Machu Pichu, but Europe is our favorite place to visit. We have trips planned to Egypt and Antarctica in the next few years and hope to get back to Aruba, our second favorite island.

Holy Innocents' Trip to the Holy Land 2012 Day 7

The itinerary for the day will be switched so we can be at the Dead Sea area prior to the Sabbath. We board our bus for a two hour trip to the area. Halfway to our destination we take a short break and while there we are enticed by local vendors to ride camels! Jackie Sparks, Judy Hamilton, Judy Krom, Father Frank, Gail & Tom Jacobsen take the bait. Fortunately, we do not gallop alone into the desert, but are led by able guides who proceed to take us around a corral. The most difficult task is getting on and off the beasts. Our fearless leader looks particularly majestic on his camel. Back aboard our bus, we stop briefly at Qumran the cave site where the lost Dead Sea Scrolls were found by herders in 1947. These herders were searching for lost sheep when in a cave they found several earthen jars inside which were several carefully wrapped parchments. We now know that these parchments contain the earliest examples of books from the old testament (Isaiah among them). A group called the Essenes fearing the invading Romans, took steps to hide these writings.




Our next stop is a shop called Ahave where all manner of skin and beauty products are made and sold. It is overheard at the shop "Now this is more like it!" We quickly look at all the items on sale and purchase some. The products are all made from materials from the Dead Sea area. (hint you can find them at Ulta).

After leaving the air conditioned emporium, we approach Masada a large mesa with towering cliffs where the Zealots (who opposed Roman invaders) held out for more than three years against one of the foremost legions of the Roman Empire 67 to 70 CE. Masada is now an Israeli National Park and can be ascended in one of two ways: by foot along a path called the snake road or by an 80 passenger cable car. It being over 90 degrees, most elect to take the easier route. If memory serves me right, David Mitchell and a few others took the path down no mean feat. Built as a fortress retreat by Herod the Great, it featured two palaces equipped with hot baths and luxurious rooms. Herod was always concerned that the populace would rise up against him so this citadel would protect him and his minions. A group of rebels or patriots captured Masada in 66 CE and proceeded to hold out over the Romans. The Romans took three years to build a ramp up one side of the Masada and eventually scaled the walls of the retreat. To their astonishment, there were no survivors as the Jews all committed suicide rather than be enslaved by their conquerors. Masada is well preserved including storage buildings, animal pens, several huge cisterns, hot baths among others. An added plus to this visit was the cool breezes we experienced while we were there.

Our last point of interest was the Dead Sea itself. Located some 1,400 feet below sea level, it is the lowest point on our planet. Today, it is a major tourist attraction for those wishing to float in its high salt content waters. Many of us take advantage of this lake but are warned to avoid water on our faces and to float only on our backs as the waters are also quite toxic. We all float easily in the blue waters but Father Frank. "How come everyone else can float, but I cannot? On that note our long but astounding day is over and we head back to our hotel in Jerusalem. To be continued.... ~ Tom Jacobsen

PS. A Copy of a pictorial book on Masada will be available in the new church library when it re-opens.

APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <i>Parish Office Closed</i>	2 11:30am ECW Meeting 6:00pm Evening Prayer (FB)	3 6:00pm AA (Open) Women's Mtg.	4 2:00pm Bible Study Resumes @ Rectory 9:00pm Compline (FB)	5 <i>Parish Office Closed</i> 4:00pm-8:00pm Sanctuary reserved	6 11:00am <i>Shea Committal</i> 4:00pm Happy Together Concert Sanctuary & MH reserved
7 <i>The Second Sunday of Easter</i> 8:30am Choir 9:30am Rite II Coffee Hr. Presentation on Turkey <i>1:00pm Nestuk Committal</i>	8 9:00am MP (FB)	9 6:00pm Evening Prayer (FB)	10 9:30am-11:00am Sandwich Ministry 11:00am-2:30pm Choir Rehearsal 6:00pm AA (Open) Women's Mtg.	11 2:00 pm Bible Study 7:00pm Vestry Mtg. 9:00pm Compline (FB)	12 <i>Parish Office Closed</i> <i>12:00pm Mayer Committal</i>	13 <i>12:00pm Ferrer Committal</i> 10:00am-4:00pm Craft Fair @ Martin Hall
14 <i>The Third Sunday of Easter</i> 8:30am Choir 9:30am Rite II 9:30am Rite II Coffee Hr. Presentation on Georgia	15 9:00am MP (FB) 6:00pm Playground Mtg.	16 6:00pm Evening Prayer (FB)	17 4:00pm Prayer Ministry 6:00pm AA (Open) Women's Mtg.	18 2:00 pm Bible Study 9:00pm Compline (FB)	19 <i>Parish Office Closed</i>	20 <i>11:00am Speciale Committal</i>
21 <i>The Fourth Sunday of Easter</i> 8:30am Choir 9:30am Rite II	22 9:00am MP (FB) Mtr. C away	23	24 6:00pm AA (Open) Women's Mtg.	25 2:00 pm Book Study 9:00pm Compline (FB)	26 <i>Parish Office Closed</i>	27
28 <i>The Fifth Sunday of Easter</i> 8:30am Choir 9:30am Rite II	29 9:00am MP (FB)	30				

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53 HOTEL ROOMS

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THANK YOU ALL!!!

Please be sure to patronize & thank the businesses that
so very generously purchased ads for this Parish Post year!

The Hillman Family ~ Larry & Pat Peacock ~

Carroll & Carl Sheppard ~ The Hughes Family

These ads greatly help defray our publishing costs and
support our ministries and church operations!

Our group met on March 20th in our chapel. Prayers were said for those on our prayer list. We added a prayer notification to our ministry. If you or anyone you know are in need of immediate prayers, please text or email me. We have a wonderful group who are willing to help pray for your needs!

Prayer Ministry Gathering

Date: Wednesday April 17, 2024

Time: 4:00

Place: Chapel

Judy Contreras

Cell Phone: 856-906-6725

E-mail: judyc3956@gmail.com

Prayer 
Ministry

April Birthdays

Stokes V. Carrigan, V	01	Judith Studer Hamilton	15
Katelynne Cowper	01	Larry Peacock	17
Jacqueline B. Sparks	04	Susan Wilson	17
James Baxter	06	Lisa Mack	20
Dawn Starr	07	Carroll Sheppard	20
Bill Kehr	10	Margaret C. Degnan	24
Anne D'Souza	11	Hank Henninger	26
Thomas Hughes	13	Roy Bray	27
Wesley Heilman, III	13	Rev. Karin R. Mitchell	27



April Anniversaries

Vincent & Judy Contreras 24 Richard & Jeanne Cashel 28

WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of April.

APRIL ALTAR DONATIONS

7th -
 14th - Gail & Steve Steiner
 21st -
 28th - Jeanne & Rich Cashel



APRIL FLOWER GUILD

7th - Joyce Hillyer
 14th - Sherry Johnson
 21st - Carol Hammond
 28th - Kim Sparks

APRIL ALTAR GUILD

7th - Carol Hammond, Chris Burlaga
 14th - Jeanne Cashel, Diane Entrikin
 21st - Melissa Wall
 28th - Jackie Sparks, Carol Hammond

APRIL USHERS & GREETERS

7th - Kay DeCicco, Mike DeCicco
 14th - Bill Cowper, Bob Weidmann
 21st - Bill Kehr, Gail Jacobsen
 28th - Melissa Wall, Sue Hughes



APRIL COFFEE HOUR SCHEDULE

7th - Mike & Alexa Fahner
 14th - Judy Contreras
 21st - Bill & Ellen Kehr
 28th - Ellen Dondero





Holy Innocents' Episcopal Church

Pearl and Marine Streets

Beach Haven, New Jersey 08008

609-492-7571

Sunday Morning ~ 7:30 a.m.

Rite I Worship Service

(May 27th through Labor Day)

Sunday Morning ~ 9:30 a.m.

Rite II Worship Service with music

609-492-7571