

MAY 2021

THE PARISH POST

Holy Innocents'
Episcopal Church
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Beach Haven, NJ 08008

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Office: 609 492 7571
Parish Office Hours
Monday thru Thursday
9:00am - 2:00 pm



**A community of faith, sharing the love of the Holy Spirit,
seeking and serving Christ in his creation.**

The Parson's Place

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Can you believe we are already in MAY?! One month until we resume our 7:30 AM Rite I services and until our high season is in full swing. We are still currently in Eastertide (50-days.) The purpose of the liturgical year is to experience the whole life of Christ, whose life we share as Christians. The mystery of Christ is so vast and deep that we need time to delve into aspects of events with unknown depth that transcend our mortal understanding. The year is divided into Christmas and Easter cycles of feasts and holy days. Christmas itself is the fixed date of December 25 and Easter, a moveable date, is dependent upon when the first Sunday after the first full moon after the vernal equinox falls. Ascension Day will be May 14 and Pentecost on May 23. Pentecost is the great festival that marks the birth of the Christian church by the power of the Holy Spirit. Pentecost means "fiftieth day" and is celebrated fifty days after Easter. It marks the prophesied outpouring (Joel 2:28-29) of the Holy Spirit on Jesus' disciples, mother and family with the sound of rushing wind and tongues of fire as they were gathered together praying 10 days after Jesus' ascension into heaven. The disciples were suddenly empowered to proclaim the gospel of the risen Christ. They went out into the streets of Jerusalem and began preaching to

the crowds gathered for the festival. Not only did the disciples preach with boldness and vigor, but by a miracle of the Holy Spirit they spoke in the native languages of the people present, many who had come from all corners of the Roman Empire. This created a sensation. The apostle Peter seized the moment and addressed the crowd, preaching to them about Jesus' death and resurrection for the forgiveness of sins. The result was that about three thousand converts were baptized that day. See Acts 2:1-41.

The liturgical color of Pentecost Sunday is red. The liturgical color of the following Ordinary Time is green. Red recalls the tongues of flame in which the Holy Spirit descended on the first Pentecost. The color also reminds us of the blood of the martyrs. Green is the color of life and growth. Through the gift of faith that comes only from the Holy Spirit working through the means of grace, Christians trust in Christ as Savior and proclaim Him in their daily lives by service to their neighbors as they grow in faith. Pentecost marks our entry into "Ordinary Time" and is the longest of the church year. The lectionary provides us lessons that are themed and take us through Christ's life and actions. To supplement this, we have a weekly Bible Study at Holy Innocents', various programs offered via ministries throughout the year to

continued on next page

The Parson's Place continued...

put our learnings and faith into action, and liturgical services to honor and celebrate our lives in Christ. If you have never experienced/watched/attended any of our online offerings (Morning Prayer, Evening Prayer, Compline, Psalms w/ Dcn. Judy) I am again going to encourage you to do so. All videos may be seen live on Facebook and they stay up long after finished. All these activities can be viewed off of Facebook as well. To do this, please contact Mtr. Caroline or the person whose service you'd like to see and we can send you a LINK to the service. You might have to click through some Facebook requests to log in or you might have to view it on a laptop or desktop, but it can be done! Coming soon: weekly informal devotions, Summer Circles, and more!

Caroline+

Happy Birthday to two of our nonagenarian parishioners: Marie Bregler and Maggie Degnan!



Marie Bregler ~ 90 years young!



Maggie Degnan ~ 92 years young!



TURN THE TIDE ON TRASH

Saturday, May 22 from 9:00 AM to 12:00 PM

Bring your own work gloves and mask. Join our Environmental Education & Advocacy Committee for a physically-distanced BEACH CLEAN-UP beginning at 9:00 AM. Pick up and walk as much as you're comfortable doing. Be a part of the efforts of our local clean-up!



From Our Minister of Music

Special thanks to Lighthouse Brass who gave us a wonderful concert in April! The video received close to 700 views before it was taken down. That is a pretty awesome sized audience!



On **Sunday June 6 at 4:30 pm** members of Capital Singers of Trenton will present a concert. This will be another free live streamed performance with no in-person audience. Mark your calendars!

Most special thanks to Kim Sparks for helping us broadcast these events.

Choir News

The choir continues to have weekly get-togethers, and it may seem like an unusual time to recruit new members, but we would love to see some new (properly masked) faces! If you are interested in joining our choir, please contact me for more information.

Ellen Dondero, Minister of Music ejdondero@comcast.net

Dishing With The Deacon

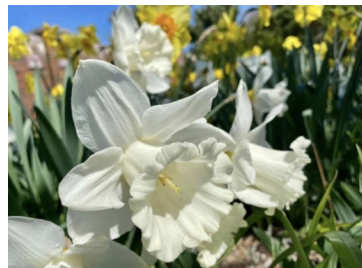


Spring is my favorite season. I know for many people fall is their favorite season. There is a re-emergence of life that happens in Spring that thrills me. It's like a resurrection of the Earth and it reminds me of the resurrection of Jesus. On New Year's Day each year I start my search for Spring: little green bumps starting to show, snowdrops on their way to blooming in February, winter heather in bloom in the snow.

All of the signs of spring life remind me of our life in Christ. We start as little green bumps in the soil and through our lives become glorious lilies, irises, roses, catmint, lilacs, daffodils, hydrangeas, asters, and many other varieties of the beautiful flora. We grow into a bouquet of a congregation.

Like flowers in our Memorial Garden, we need tending to: watering, soil enrichment, pruning. We also need each other for support, correction, and complementary growth patterns. Our life together is filled with what we need and we have a wondrous, holy gardener in heaven and wonderful gardeners here on Earth. Thank you: Bishop Chip, Mother Caroline, Vestry, and Music Director Ellen and of you who tend us and lead us to our Eternal Spring.

*Love you,
Your Deacon Judy*



Parish Prayer List May

If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator

Jean & Keith Aclin	Dave B.	Connie Anderson
Beth C.	Barry	Bob & Fran
Eddie Boll	Cathy, Claire	Bill & Lynne Cowper
Marie Bregler	Joan Connolly	Judy Contreras
Mary Ann	Mary Ann Crewdson	Michael Reed Davis
Dennis	Carol Dobbins	Meg Dougher
Dreby Family	Doré Family	Ella
Faye & Ed	Ken Hannah	Fran Harris
Hillary	Janet	Janine
Jules	Karen G.	Karen & DJ
Robin Koch	Alan Lee	Diane Lee
Frank	Lauren & Ed	Lindsey
Cecily Lovas	Kurt Martin	Mary Jane
Melinda	Rob Meyer	Scott Mitchell
Ronnie & Harry	Virginia Nicholas	Sharon Osborn
TJ Patton	Paula & Abbie	Jessica Pervall
Lucien Picard	Gene Pharo	Carol Ann Renzland
Kathy Rice	Lara Sparks	Lorraine & Drew
Bill Todd	Robert Thomas	Colin Walker
Wall Family	Ann White	Kate White
Kneeland Whiting	Family of Virginia Banks	

Those serving in the military and other dangerous professions:

Andrew Wall, Brandan White, Joseph Alexander, Zachary Arlin, Paul Bailey, Justin A. Dumhart, Danny Melega

Classic Potato Salad

YIELDS: 6 SERVINGS

PREP TIME: 10 MINUTES

TOTAL TIME: 25 MINUTES

INGREDIENTS

3 lb. yukon gold potatoes, chopped into 1" pieces
kosher salt
1 1/2 c. mayonnaise
1 small red onion, finely chopped
1 tbsp. Dijon mustard
1 tbsp. lemon juice
1/4 c. chopped pickles
1/2 tsp. paprika
4 hard boiled eggs, chopped
1/4 c. finely chopped chives
Freshly ground black pepper
Butterhead lettuce, for serving



DIRECTIONS

In a large pot, cover potatoes with water and season generously with salt. Bring water to a boil and cook until potatoes are easily pierced with a knife, 12 to 15 minutes. Drain and let cool slightly.

In a large bowl, combine mayonnaise, red onion, Dijon mustard, lemon juice, pickles and paprika. Stir until well combined. Fold in cooked potatoes, eggs, and chives, then season with salt and pepper.

Refrigerate until ready to serve. Serve over butterhead lettuce.

May Birthdays

Charles Arlin	01	Robert Bachman	18
John Johnson, Jr.	02	Allison Goddard	20
Samuel Mitchell	03	Zoe Sparks	23
John Wall	07	Don Anderson	25
Ellen Kehr	08	Gail South	27
Robert J. Meyer, Jr.	09	Meghan P. Horleman	29
Betsy Tiemeyer	12	Robert Weidmann	30
Marge Hall	15	Geraldine Lutz	31
Angela Partridge Hala	16	Courtney Tallon	31
Jane Romanowski	16		

May Anniversaries

Stokes Carrigan, III & Diane Carter **05** Kristen & Marjorie Anderson **16** William & Mary Jo Martin **19**
 Thomas & Sherry Hughes **22** Kingston & Jacqueline Sparks **23** Clifford Wymbs and Jeannette Bond **28**

WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of **May**.

MAY ALTAR DONATIONS

2nd -
 9th -
 16th -
 23th - The Cashels
 30th -

MAY FLOWER GUILD

2nd - Joyce Hillyer
 9th - Carol Hammond
 16th - Sherry Johnson
 23th - Kim Sparks
 30th - Joyce Hillyer

MAY ALTAR GUILD

2nd - Jackie Sparks & Melissa Wall
 9th - Jackie Sparks & Melissa Wall
 16th - Jackie Sparks & Melissa Wall
 23th - Jackie Sparks & Melissa Wall
 30th - Jackie Sparks & Melissa Wall

MAY USHERS & GREETERS

2nd - Bill Kehr & Dave White
 9th - Kay DeCicco & Mike DeCicco
 16th - Bill Cowper & Rob Meyer
 23th - Rich Cashel & Judy Hamilton
 30th - Bill Kehr & Bob Weidmann



If you are interested in reading a children's book for Kid's Korner, please contact Leila Sullivan at lygs27@gmail.com

If you are able to volunteer as an usher at anytime during the upcoming months please contact Rob Meyer at 609 618-3914 or rmeyer1394@aol.com

Environmental Education and Advocacy Committee

Thanks to the Rutgers Cooperative Extension Service, Earth Day, Every Day, program, below is a checklist of changes you can make this year... in no particular order. Feel free to share this checklist with friends and family and we've listed resources for you to learn more.

Reset your thermostat to save energy and money- Lower the heating system temperature in winter and increase the temperature in summer for your central air conditioning systems. During winter, try 60 degrees at night, and 68 while you are home. In the summer, adjust the home's thermostat to 76 to 78 degrees to keep cool and avoid high electric bills. [More info here](#)

Focus on the first two "R's" in Reduce, Reuse, and Recycle- Recycling is not the best way to decrease waste. A lot of resources and energy are used to create new products. This year, commit to reducing your product consumption or reusing products by buying or trading used items. It's never been easier to buy used with online websites; Facebook Marketplace, Craigslist, Ebay, and Freecycle are just a few.

Reduce recycling contamination- Don't be a "wishful recycler". Commit to learning how to recycle properly in your town. Did you know pizza boxes can NOT be recycled in curbside containers? The grease on the boxes contaminates the recycling stream. Another contaminator is the plastic bag! Plastic bags jam up recycling equipment and can shut down recycling operations. Download the [Recycle Coach app](#) or go to your town's recycling website and print out the "acceptable recyclable materials list". Hang it up for everyone to refer to.

Start composting- Composting food scraps reduces waste in landfills. Mix food scraps from your kitchen with leaves, or another carbon rich material, keep it moist, and mix it once a week. Soon you will have a healthy soil amendment that helps your plants grow. Watch our [composting video](#) and read our [Home Composting fact sheet](#) to get started.

Go electric and reduce your fossil fuel consumption- The US transportation sector is the [largest greenhouse gas contributor](#) in the United States. Need a new car in 2021? Make the switch to an electric or hybrid car. And your "new" car does not need to be new; there are many used hybrid vehicles on the market. Choose electric when you make other consumer purchases- for example, leaf blowers or mowers. Visit <https://www.drivegreen.nj.gov/> to learn more about electric vehicles.

Get outside more and explore nature- Commit to getting out and experiencing nature at least once a week. Why once a week? Because [more and more research](#) is showing that immersing yourself in nature benefits your mental and physical wellbeing. Some in the medical field are prescribing nature-based time to their patients. This field is called ecotherapy (or nature therapy) which has shown a strong connection between time spent in nature and reduced stress, anxiety, and depression. And let's face it... we could ALL use that right now.





In the Spotlight

Parishioner Spotlight is a regular feature in The Post. The purpose is to provide insights into the background and personalities of our fabulous parishioners! We hope you enjoy getting to know the people of Holy Innocents'!

I was born and raised in the mythical land of Central Jersey. Mythical in that it is only known to Central Jersey natives. The rest of the world divides New Jersey mainly into North or South. There is no middle, much the way the country is today. Raised in the town of South River, I first met Joyce in my freshman homeroom. It took me a year to ask her out on a date and so far it's working out quite well. My education includes a Mechanical Engineering degree from Rensselaer Polytechnic Institute and an MBA from Drexel University. Our two sons, John and Michael, live in Glen Rock, NJ and Newtown Square, PA respectively. We have a great daughter-in-law, two grandsons, and a grand puppy. Part of our rationale to retire in Harvey Cedars on LBI was to be reasonably close to our family and to have an attraction for them to visit us.

After my Mom died when I was seven, I was raised by my paternal grandparents. Soon thereafter we started to come to Loveladies Harbor almost every weekend. This was also when I switched from being a Roman Catholic to a Presbyterian. Beach Haven was the location of my favorite high school summer job, tending to ten 24' rental garveys and a bait shack at Sportsman's Dock on 20th Street in Beach Haven.

After marrying Joyce, a Russian Orthodox, we searched for a suitable religion for both of us. When I had an overseas work assignment in Hamburg, Germany for a year, we attended the only English service in the city which was the Church of England which we both enjoyed. The priest there recommended that we should find an Episcopal church when we return to the States. Upon returning to the US, we joined Holy Trinity Episcopal Church in Wenonah, NJ and became Episcopalians. When we retired to Harvey Cedars in 2010, we visited both St. Peter's in Barnegat Light and Holy Innocents'. We decided Holy Innocents' was the place for us.

Fall is definitely my favorite season especially when the stripers are running. Boating and fishing are my favorite activities. Autumn colors are also my preference. I'm an oldies music fan with Billy Joel and Anne Murray being at the top of my favorite artists list. I enjoy musicals with GREASE being one of my favorites. I have a fond memory of seeing *The King and I* at the Surflight Theater in the late 1950's. Speaking of food, give me a Bourbon Manhattan and a seafood dinner and I am happy.

My favorite verse of scripture is Ecclesiastes 3: 1-8 "To everything there is a season, and a time to every purpose under the heavens..."

May Parishioner Spotlight ~ Bruce Hillyer

MAY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7pm Praying the Psalms
2 <i>Fifth Sunday of Easter</i> 930am Rite II 9:00pm Compline	3 9am MP	4 6pm Sung EP	5 7:00pm-8:30pm Choir Meet-up	6 2pm Bible Study (zoom) 9pm Compline	7 <i>Parish Office Closed</i> 7pm Kids Korner (online)	8 7pm Praying the Psalms
9 <i>Sixth Sunday of Easter</i> 930am Rite II <i>Baptism: Easton Romanowski</i> 9:00pm Compline <i>Mother's Day</i>	10 9am MP	11 6pm Sung EP	12 7:00pm-8:30pm Choir Meet-up	13 2pm Bible Study (zoom) 7:00pm Vestry 9pm Compline	14 <i>Parish Office Closed</i> 7pm Kids Korner (online)	15 7pm Praying the Psalms
16 <i>Seventh Sunday of Easter</i> 930am Rite II 4:00pm Concert 9:00pm Compline	17 9am MP	18 6pm Sung EP	19 7:00pm-8:30pm Choir Meet-up	20 2pm Bible Study (zoom) 9pm Compline	21 <i>Parish Office Closed</i> 7pm Kids Korner (online)	22 9:00a-12:00p <i>Beach Clean-Up</i> 7pm Praying the Psalms
23 <i>The Day of Pentecost</i> 930am Rite II <i>Baptism: Samuel Koehl</i> 9:00pm Compline	24 9am MP	25	26 7:00pm-8:30pm Choir Meet-up	27 9pm Compline	28 <i>Parish Office Closed</i> 7pm Kids Korner (online)	29 7pm Praying the Psalms
30 <i>Trinity Sunday</i> 930am Rite II 9:00pm Compline	31 <i>Parish Office Closed</i> <i>Memorial Day</i> 9am MP					

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THANK YOU ALL!!!

Please be sure to patronize & thank the businesses that
so very generously purchased ads for this Parish Post year!

Enos/Kleber Family ~ The Hillman Family

Larry & Pat Peacock ~ The Hughes Family

Jay Cranmer ~ Bill Martin ~ Murphy's Family of Stores

These ads greatly help defray our publishing costs and support
our ministries and church operations!



Holy Innocents' Episcopal Church
Pearl and Marine Streets
Beach Haven, New Jersey 08008
609-492-7571

Sunday Morning ~9:30 a.m.
Rite II Worship Service with music

Sunday Morning ~7:30 a.m.
Rite I Worship Service begins June 6th!