

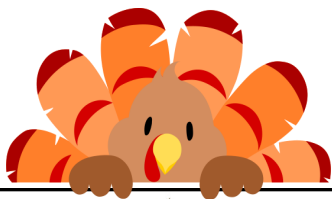
November 2026

Holy Innocents'
Episcopal Church
Pearl & Marine Streets
Beach Haven, NJ 08008

Church Email
office@hiecbh.com
Website: www.hiecbh.com
Office: 609 492 7571
Parish Office Hours
Monday thru Thursday
9:00am - 2:00pm

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Daylight Saving Time Ends
Set your clocks back one hour

THE PARISH POST



A community of faith, sharing the love of the Holy Spirit, seeking and serving Christ in his creation.

A Moment with Mother Erin



Happy November! I'd like to begin by sharing this picture of folks packing welcome kits for the HABcore transitional housing facility in Toms River last Sunday. We helped the shelter with their urgent need for toiletry items as they open at the beginning of this month by packing 50 kits at coffee hour. The kits have already been delivered. Thank you for your participation - and if you didn't get a chance to participate, look for our next packing date in January!

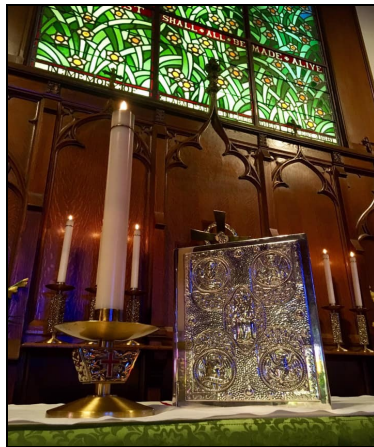
Also, if you're looking for more ways to support our community, know that we have several outreach projects coming up VERY soon. We will have the opportunity to write holiday cards at coffee hour, that will be included with the lunches we pack for clients of the Nook food pantry in Toms River. We will also be offering our annual Angel Tree for the Children's Home Society of New Jersey, as well as providing shoeboxes of stocking stuffers to children at All Saints' Episcopal Church in Lakewood. Keep an eye out for more information about these projects soon!

As you may know, I am currently at a conference for the Association of Leisure and Resort Ministers. I am enjoying learning from colleagues involved in communities that are seasonal and vacation destinations, with a broad variety of experiences. Some of them are scholars, writing dissertations on the theology of theme parks. Some of them are clergy who find ways to minister to the many people coming to attend events like the Daytona 500. Others are people who serve small churches in places like Myrtle Beach. All of us are excited to talk about the unique experience of sharing God's love with the world in places where people come to visit, and may not always be expecting to encounter God's love. I look forward to sharing more about what I've learned when I return!



A Celebration of New Ministry

On Saturday, October 17th the Celebration of New Ministry took place. This service, marked Holy Innocents' calling Rev. Erin Morey as rector. It was a beautiful day! The Bishop and clergy from the diocese, ecumenical clergy from the island, and musical soloists were here. We also had a wonderful presentation of items representing the many ministries of Holy Innocents'. As expected, the cookies at the reception that followed were DELICIOUS!



October 17th
2026



2026 Annual Silent Bid Auction Dinner



Just a few pictures from our Annual Silent Auction. It is always a wonderful evening! Members of church & community, friends & family gathered for an evening of fun, fellowship, food, and fundraising. **THANK YOU** to our amazing Auction Committee: Maggie Aftanis, Ellen Dondero, Ellen D. Meyer, Karen Vaughan, and Pat Peacock. This was Mother Erin's first silent auction and she did a fantastic job announcing all the winners! Thanks also to all the behind the scene helpers that make this a great event every year. Everyone did a phenomenal job!!! Our gracious, kind, and community-oriented hosts were Tom, Sherry Hughes and family, from The Sea Shell hotel restaurant. Absolutely fantastic food & hospitality! Thanks to all of the local town and island-wide businesses, restaurants, and services that made donations for prizes, as well as all those who contributed individual gifts, prize items, and donations!!!! This year's auction raised over \$24,000!!!! See you all next year!!

Holy Innocents' Episcopal Church
Marine Street, Beach Haven, NJ

Festival of
Lessons and Carols

Friday, December 11, 2026 at 7pm

choral and congregational singing
vocal and instrumental soloists



Messiah Sing

Sunday, December 20, 2026 at 4pm

featuring

Capital Singers of Trenton

come to sing along or listen
bring your own score or borrow one of ours

free will offering | reception after
for more information call 609.492.7571
or email ejdondero@comcast.net

All are welcome!

Holy Innocents' Happenings



Labyrinth Walk: Monday, November 16th at 10:30am

Join Mother Erin for a time of meditation at Holy Innocents' outdoor labyrinth! Labyrinths are an ancient form of quiet walking meditation, suitable for all ability levels. Prayer beads and hand labyrinths will also be provided for those who prefer seated meditation. **In the event of inclement weather, we will gather in the chapel and use prayer beads.*



Centering Prayer on the Beach

Monday, November 23rd at 10:30am

use the Pearl Street Beach entrance

Centering prayer is a practice of silent Christian meditation that can be practiced by groups, or individually. Join us for a brief introduction to this practice, followed by a group meditation. No materials or preparation are needed - just bring a beach chair and a desire to draw closer to God!

**In the event of inclement weather, we will gather in the chapel.*



New Volunteer Opportunity: Flag Ministry

As you know, the wind and weather on our island can be intense!

To prolong the lives of our flags, we are looking for volunteers who can take down our flags and bring them into the church building when they know strong wind or severe weather is predicted. If you would like to help, please email Mother Erin at rector@hiecbh.com.

Christmas Shoe Box Ministry



The church will be organizing a Christmas Shoe Box event for the children of All Saints Episcopal Church in Lakewood.

Ruth McLaughlin will provide 30 plastic boxes to be filled with items from the list of 75 shoebox ideas, which will be available in Martin Hall. You can pick one up during coffee hour. Ages of children range from toddlers to 18 with more boys than girls. Please label boxes for a either a girl or a boy, ages 3-6, 7-10 or 11-16. This ministry will be begin on November 5th and boxes

will be collected by December 6th. We can make a real difference in the lives of children who are in need this Christmas season!.

Contact Ruth McLaughlin at 609-290-0706 with any questions.

Parish Prayer List November

If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator

Lara	Connie	Dennis	Debbie	Joe
Pat	Joe	Warren	Judy	Ann
Meg	Charles	Doug	Ellis	Judy
Jeannine	Nellie	Will	Devin	Scotty
Becka	Karen	Roy	Shirley	Ben
Karen	Tim	Walter	Kathy	Johnny
Matthew	Jack	Dixie	Mary	Ellen
Oliver	Jacob	Rachel	Sherry	Cynthia
Jo-Anne	Susie	Connor	Philip	Sean
Eileen	Charles	Kitty	Greg	John
Bruce	Allie	Rich	Jennie	Bill
Ken	Bill	Dan	Sherry	Minka
Diane	Jean	Keith	Laura	Mary
Martin	Mike	Adam	Jackie	Dawn
Mary Ann	Gail	Sheila	Vanessa	

Those serving in the military and other dangerous professions:

Paul Bailey, Justin A. Dumhart, Joseph Alexander, Danny Melega, Andrew Wall, Brandan White

Helping Parishioners In Need

HELPING PARISHIONERS IN NEED ~ We know that a *few* can't help all the time, but *you* could help every once in a while *if we have many!*

DRIVERS Take a Parishioner to a doctor's appointment or shopping: Manahawkin, Cherry Hill, University of Penn, Medford, etc.

HOME HELP Check on a Parishioner to make sure that they have enough food, take trash out or simply be good company with a visit!

PHONE CALLS Call a Parishioner to make sure they are ok, especially if we haven't seen them recently in Church. **Call Judy Contreras to add your name to the list: 856-906-6725-Email: judyc3956@gmail.com.**

The Giving Tree Ministry

THE GIVING TREE ~This year, we will again support families varying in age, benefiting the Children's Home Society. This ministry will begin on November 5th and end on December 6th.

Directions:

1. Select a Tag
2. Match the color to the family
3. Match the child's name on your tag to sign up sheet
4. Match the number under the child's name & put your name and phone number
5. Buy Gift- Please tape the tag you choose to the gift- Do not wrap gift
6. Gifts need to be returned to church **no later than December 6th**

Rolls of gift wrap are appreciated

Thank you!!

Any questions, call or text Maggie 609-709-6133.



An Introduction New Jersey's

OSPREY

A Symbol of a Healthy Coast



Ospreys are birds of prey, also known as raptors. Birds of prey are carnivorous predators that actively hunt and feed on other animals. However, unlike most birds of prey, the osprey's diet consists of approximately 99% live fish including catfish, trout and mackerel. Because of their feeding habits, ospreys, also called sea hawks, have unique traits that make them elite hunters of the sea.

Structure and hunting

When ospreys spot a fish, they dive from nearly 100 feet in the air. During the dive, they close their nostrils, called nares, to prevent water from entering.

Ospreys are the only birds of prey that can dive feet-first into the water, allowing them to form a streamlined shape that helps them pierce the surface and protect their heads. Their dense, oily feathers act like a wetsuit, keeping them water-resistant during dives.

Once they make contact with prey, they use their reversible outer toes and barbed foot pads, called spicules, to grip the slippery scales of the fish.

After securing their catch, ospreys use their nearly six-foot wingspan to generate the lift needed to carry fish that can weigh nearly as much as they do out of the water.

Finally, once airborne, the osprey rotates the fish to point headfirst, an aerodynamic adjustment that reduces wind resistance on the flight back to the nest.

Habitat

Because of their dependence on fish, ospreys always live within sight of water. They typically build their nests atop dead trees or man-made structures along harbors and bays, such as channel markers, duck blinds and utility poles.

Both parents help construct the nest. These large structures, sometimes exceeding 300 pounds, are built with sticks and lined with materials like moss and seaweed.

Why are ospreys important for our ocean?

Ospreys serve as living indicators of ocean health. Because they sit at the top of the marine food chain, they are highly sensitive to pollution and changes in fish populations. A decline in osprey nesting success can signal pollution, overfishing or habitat degradation.

Veterans Day ~ November 11th



Veterans Day, November 11, is a time set aside to remember those who are serving or have served our country who are living.

PRAYER for VETERANS DAY

O Judge of the nations, we remember before you with grateful hearts the men and women of our country who in the day of decision ventured much for the liberties we now enjoy. Grant that we may not rest until all the people of this land share the benefits of true freedom and gladly accept its disciplines. This we ask in the Name of Jesus Christ our Lord. *Amen.* ~ The Book of Common Prayer

Stuffed Sweet Potatoes

Ingredients

- 4 medium sweet potatoes (about 8 ounces each), scrubbed and dried
- 2 Tbsp. olive oil
- 1 3/4 tsp. kosher salt
- 1/4 cup granulated sugar
- 3 oz. cream cheese, at room temperature
- 3 Tbsp. salted butter, at room temperature
- 3/4 tsp. vanilla extract
- 1/2 tsp. ground cinnamon
- 1 large egg
- 1 1/2 cups mini marshmallows

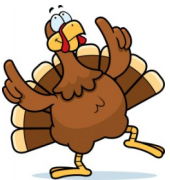


1. Preheat the oven to 400°F. Line a baking sheet with foil. Prick the sweet potatoes 3 to 4 times each with the tines of a fork and place on the baking sheet. Brush the potatoes all over with the oil and sprinkle all over with 1 teaspoon of the salt.
 2. Bake the potatoes until the skin is crisp and browned and the tip of a paring knife slips easily into the flesh, 45 minutes to 1 hour.
 3. Split the potatoes in half lengthwise and let cool for 10 minutes to make them easier to handle (if you stuff them when they are too hot, the marshmallows will melt). Place the potatoes cut side up and scoop out the flesh into a large bowl, leaving a 1/4-inch rim of potato and skin intact. Place the potato skins back on the baking sheet.
 4. Mash together the sweet potato flesh, sugar, cream cheese, butter, vanilla, cinnamon, and remaining 3/4 teaspoon salt until smooth. Add the egg, mixing until fully incorporated. Spoon the filling into the potato skins (about 1/3 cup per potato half). Top with the mini marshmallows.
- Return the potatoes to the oven and bake until the filling is hot and the marshmallows are puffed and golden, 15 to 20 minutes.

Recipe from The Pioneer Woman website.



November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>Season of Creation Ocean Sunday</i> 8:30am Choir Rehearsal 9:30am Holy Eucharist Birthdays & Anniversaries <i>Daylight Savings Ends</i>	2 9:00am MP (FB) 9:15-10:15am Chair Yoga	3 9:15-10:15am LEG 1:00pm Mah Jongg in MH 	4 9:30-10:30am Tai Chi Class 11:30am-2:30pm Choir Rehearsal w/lunch break	5 9:15-10:15am LEG 1:30pm Bible Study 7:30pm AA Mtg. Clam-Diggers 9:00pm Compline <i>Shoebox & Giving Tree Ministries Start</i>	6 <i>Parish Office Closed</i> 	7
8 <i>Season of Creation Animal Sunday</i> 8:30am Choir Rehearsal 9:30am Holy Eucharist	9 9:00am MP (FB) 9:15-10:15am Chair Yoga	10 9:15-10:15am LEG (Last class of the season) 1:00pm Mah Jongg in MH	11 <small>VETERANS DAY HONORING ALL WHO SERVED</small> <i>Parish Office Closed</i> 9:30-11:00am Sandwich Min. 10:45am Veteran's Event in the Park 11:00am-12:00pm Tai Chi 4:00pm Prayer Min.	12 1:30pm Bible Study (Zoom) 7:00pm Vestry 7:30pm AA Mtg. Clam-Diggers 9:00pm Compline	13 <i>Parish Office Closed</i>	14
15 <i>Season of Creation Storm Sunday</i> 8:30am Choir Rehearsal 9:30am Holy Eucharist	16 9:00am MP (FB) 9:15-10:15am Chair Yoga 10:30am Labyrinth Walk	17 1:00pm Mah Jongg in MH 	18 9:30-10:30am Tai Chi Class 11:30am-2:30pm Choir Rehearsal w/lunch break	19 1:30pm Bible Study 7:30pm AA Mtg. Clam-Diggers 9:00pm Compline	20 <i>Parish Office Closed</i> <i>Diocesan Convention Delegates attend</i>	21 <i>Diocesan Convention Delegates attend</i>
22 <i>Season of Creation Cosmos Sunday</i> 8:30am Choir Rehearsal 9:30am Holy Eucharist <i>Healing Service in Chapel</i>	23 9:00am MP (FB) 9:15-10:15am Chair Yoga 10:30am Centering Prayer on the beach	24 1:00pm Mah Jongg in MH	25 9:30-10:30am Tai Chi Class	26 <i>Parish Office Closed</i>  7:30pm AA Mtg. Clam-Diggers 9:00pm Compline	27 <i>Parish Office Closed</i>	28
29 <i>First Sunday of Advent (Year B)</i> 8:30am Choir Rehearsal 9:30am Holy Eucharist 	30 9:00am MP (FB) 9:15-10:15am Chair Yoga					

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Mother Erin's contact information

Email: rector@hiecbh.com

For pastoral emergencies call (609)-467-8742

Any time

On the Fourth Sunday of the Month, Mother Erin will offer prayers and anointing for healing in the chapel immediately after the Holy Eucharist for anyone who would like this ministry. Persons can come into the chapel and request healing prayer for themselves or for others.

THANK YOU ALL!!!

Please be sure to patronize
& thank the businesses
that so very generously
purchased ads for
this Parish Post year!

The Hughes Family
~ The Hillman Family
~ Larry & Pat Peacock
Murphy's Family of Stores
~ The Surflight Theatre

These ads greatly help defray
our publishing costs and
support our ministries and
church operations!

November Birthdays

Britton Carrigan 01
Karen D. Vaughan 07
Gail Anderson Steiner 10
Michael DeCicco 11
Lisa Halpin 16
Clifford Wymbs 17

Johnny Dondero 18
Richie Southwick 20
Carol Boll 26
Carl Sheppard 27
Jeffrey Hollis 30
Steve Steiner 30



WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of November.

NOVEMBER ALTAR DONATIONS

1st -
8th -
15th -
22nd - Ruth McLaughlin
29th - Advent

NOVEMBER FLOWER GUILD

1st - Kim Sparks
8th - Joyce Hillyer
15th - Artificial Flowers
22nd - Carol Hammond
29th - Advent

NOVEMBER ALTAR GUILD

1st - Carol Hammond, Chris Burlaga
8th - Jeanne Cashel
15th - Jackie Sparks
22nd - Melissa Wall, Jackie Sparks
29th - Carol Hammond, Jackie Sparks

NOVEMBER USHERS & GREETERS

1st - Dave White, Leila Sullivan
8th - Melissa Wall, Sue Hughes
15th - Gail Jacobsen, Mike Fahner
22nd - Bill Kehr, Bob Weidmann
29th - Kathy Devonmille, Jim Devonmille



NOVEMBER COFFEE HOUR SCHEDULE

1st - Deb Hunter
8th - Dave White (Vestry)
15th - Melissa Wall & John Wall
22nd -
29th -



Our Coffee Hour Schedule is posted on the bulletin board outside Martin Hall. Dates are still available in October through December. Please sign up if able! Thank you, Ellen Kehr



Holy Innocents' Episcopal Church
Pearl and Marine Streets
Beach Haven, New Jersey 08008

Sunday Morning ~ 9:30 a.m.
Rite II Worship Service with music
609-492-7571



Donate your way.
Give one time, anytime or
set up a recurring donation.



**ALL MINISTRY REPORTS FOR THE
ANNUAL REPORT WILL BE DUE TO THE OFFICE NO
LATER THAN MONDAY, DECEMBER 14TH**

