August 2024

Holy Innocents'
Episcopal Church
Pearl & Marine Streets
Beach Haven, NJ 08008

Church Email hichurch08008@gmail.com Website: www.hiecbh.com Office: 609 492 7571 Parish Office Hours Monday thru Thursday 9:00am - 2:00pm

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Photos by Mtr. Caroline

THE PARISH POST



The Parson's Place

Each week, so many people and ministries come together to help make our worship services meaningful, beautiful, spiritually deep, welcoming, comfortable, and safe. I want to take moment in this sizzling summer season to say a huge THANK YOU! Our Magnificent Minister of Music, Ellen, is THE BEST. She takes great care in planning well ahead for every aspect of the music from the responses we all sing, to the anthems, solos, postludes & preludes. She comes in with a smile and has a terrific sense of humor. She is grounded in faith and participates in many other ministries here at HI. Our Commendable Choir, while on hiatus for a bit now, works hard all year long to provide us with gorgeous music. You can see it in their eyes and body language when they sing, whether it be texts from the ancients or a newly-composed piece. They are still leading us from various seats in the congregation! With Jackie Sparks and Melissa Wall at the helm of our awesomely-active Altar Guild, we're in great shape - among all of the teams that I could not do without, this is high on the list. All the varied vessels that flank the altar, those wee candles in the chapel that seem to never run dry? That's the Altar Guild. The perfectly set linens you see every week presented so effortlessly and the Eternal Flame that's them too. Their ministry involves some heft behind-the-scenes work in that they break down after each service and clean each piece, and re-set when seasons change. The fantastic Flower Guild – WOW! This team plans, cuts, arranges, and keeps fragrant flowing flowers on the altar (which you can sponsor in memory or honor of

someone) and they always take my breath away! What talent! Please accept my sincere thanks and appreciation! Additionally, we have several other volunteer ministries with a joyful team whose members jump in each week to invigorate and sustain the welcome and worship life of our parish. To our leading Lectors - thank you for getting up in front of people and eloquently proclaiming the Scriptures, and to Kay DeCicco who coordinates this ministry. You are faithful in your witness, even when the Old Testament names get a bit maniacally multisyllabic to pronounce! The choice Chalice Bearers also help me at the altar and make our services run smoothly and efficiently. And to our ultimate Ushers/Greeters - thank you for your friendly welcome, dashing door-holding, beckoning bulletins, and courteously keeping count of our attendance each week. You may not realize it, but the ushers are also keeping a watchful eye for anyone that might need a cane, walker, wheelchair, or oxygen. Bob Weidmann and Vince Contreras are also EMTs and keep a watchful eye on the congregation during the service. Vince has raised the level of safety in our space by helping us obtain and install a Defibrillator device. Thank you all!

Over the past several years, we've also grown our virtual worship presence significantly. This is VITAL in the church today, regardless of whether or not you personally use it or how you think about it. There is actually something called "Digital Formation" which is present in the church and world today. I want to thank our Stupendous Stream Team: Kim Sparks, Vince Contreras, Matt Starr (and Mike Fahner

The Parson's Place continued

for filling in) for their faithfulness in running our live stream. It would be nearly impossible to stream the service while also leading it, so I am very appreciative of your time and help. Each week we have people (laity and clergy) watch at least some of our services (Compline led by Rob Meyer on Thurs. 9 pm, Morning Prayer led by Bill Kehr on Mon. 9 am, and Evening Prayer led by me on Tues. at 6:00 pm.)

I admit that I do not say thank you enough, and often on Sundays my mind is in a 1000 different places at once, so please know that from my heart I am grateful for each and every person who makes Sunday morning happen.

With many hands comes lighter work, so if you are considering where you might vivaciously volunteer to help our prolific parish thrive, these are all perfectly charming choices! *Caroline* +

Burundi Support Drive

Funds raised will go to support one of four areas:

St. Andrew's School and Orphanage Nayarunazi rural Church (for the roof!)







Support for Domestic Violence victims and training for clergy via the Diocese of Muyinga Water filtration and piping structures

Please see Mtr. Caroline+ for more information. This drive is all summer and ends at the end of August.



This year we are collecting backpacks to support needs in TWO New Jersey areas. So, we are looking for TWICE as much participation. Backpacks and school supplies are needed for students in grades K thru 12. The cut-off date for donations is **Wednesday**, **August 14 at 11am**.

Donations will be delivered to an elementary school in Southern NJ (with a large at-risk population) and to the Backpack Extravaganza held in Southern Toms River to provide support to low income families and at risk teens. The need is great!

Drop off your donation in the room with "Hope" above the door (also referred to as our Sunday School room). Remember the cut-off date is Wednesday, August 14. Please be generous!



MARK YOUR CALENDARS!! SUNDAY, SEPTEMBER 15TH

5:00 PM until sunset (and beyond with FIREPIT and S'mores!)

ACTIVITIES FOR KIDS Bring your pets!



SAVE THE DATE!

Our Annual Auction date has been set for THURSDAY, OCTOBER 17th and we will return to the Shell.

Thank you Tom Hughes and the Shell for hosting us!

Tickets sales will begin shortly. Look for more information in your E-Pistle and Parish Post. Contact: Maggie Aftanis at 609-492-5271

Welcome Rev. Cn. Bruce Woodcock



Please welcome back into our midst The Rev. Cn. Bruce Woodcock and his lovely wife Thayer Preece Woodcock. They will be staying at the rectory and Canon Bruce will preside and preach at both the 7:30 and 9:30 services on **Sunday, August 25th.**

Rev. Woodcock and his wife are from Nyack NY, on the Hudson River near New York City, where he serves as Asia and the Pacific Partnership Officer for The Episcopal Church. He represents the Presiding Bishop with the leadership of 15 Anglican provincial jurisdictions, including: Australia, Aotearoa New Zealand and Polynesia, Korea, Japan, Bangladesh, India, Pakistan, Sri Lanka, and the Philippines, as well as the Episcopal Diocese of Taiwan and the

China Christian Council in Shanghai. Thayer has served as parish administrator for Grace Church in Nyack since leaving Public Relations at the New York Philharmonic in 2000 to raise their sons James and Jonathan (with grandson, Preece), while Bruce completed master's degrees in Divinity and Sacred Theology at the General Theological Seminary. Bruce and Thayer previously visited Beach Haven in August 2023 and they look forward to returning for their fifth annual visit to worship at Holy Innocents' at the end of this month.



AUGUST 4th Coffee / Fellowship Hour at the Rectory

Join Mtr. Caroline+ at the rectory for our weekly Coffee & Fellowship time following the 9:30 a.m. worship service! Please enter through the FRONT door on S. Atlantic Ave. Please also be aware that she has a cat (named Bluebell) in case you are allergic. When you enter, please be mindful not to leave the door wide open! :-)







STEWARDSHIP

Managing God's Gifts To Us

Our Annual Stewardship Drive begins in September and ends the first week in November. The team would like to add some members. If interested, please contact Tom Jacobsen and Diane Carter or our Church Office!



YOGA CLASS HAS STARTED!

Yoga Bohemia is offering to the Beach Haven (and whole island) community a yoga class for those who feel that they have some level of mobility impairment. The class is led by a professional instructor so there will be a fee. The class is on MONDAYS, from 9:15 to 10:15 a.m. and is weekly in Martin Hall. Please contact CHRISTINE LITTLE at (908) 642-6096 for questions, etc.



Upcoming Events



August 4 – Coffee Hour at Rectory!

August 6 – ECW mass at 11:30 followed by meeting

August 11- EEAC Natural Disaster & Preparedness Coffee Hour

August 14 – BACKPACK DEADLINE

Sept. 15 – Annual Church Picnic at 5:00

Oct. 4 - St. Francis Day Annual Blessing of the Animals 5:00 - 6:00

Oct. 17 – Annual Silent Bid Auction at Sea Shell at 6:00 p.m. (ticket)

Nov. 9 – Antiques Appraisal Day, hosted by the ECW (ticket)

Nov. 16 – Diocese of NJ Annual Convention (delegates attend)

Dec. 1st – Messiah Sing at 4:00 p.m.

Dec. 13 – Festival of Nine Lessons & Carols

Dec. 17 – "Blue Christmas" service at 5:00 p.m.

Dec. 20 – Winter Solstice Holy Hike 3:15 – 4:37 p.m.



Episcopal Church Women Meeting



We're excited this month to extend an invitation to the ladies of St. Peter's of the Light to join us at our next ECW meeting.

Our next ECW meeting will take place on **Tuesday August 6th, at 11:30am.** We'll begin with Mass in the chapel, followed by brown-bag lunch and a brief meeting.

Also special this month, our very own Dr. Barbara Wheeler will share with us how Music Therapy plays a role in promoting wellness, and in supporting stress and pain management. We can certainly all benefit from this interesting topic from our internationally recognized Dr. Wheeler.

Supporting each other as Christian Women is a core value of ECW. We hope you will attend! *Melissa Wall*





Please give special thanks to all those who have been providing special music on Sunday mornings, while the choir is on break.

Our choir will return to Sunday morning services in September, and we are always looking for new members. All are welcome! You do NOT need to read music or have a perfect voice to joinjust a great spirit, sense of humor, and the desire to praise the Lord with song!

Please contact me if you are interested in joining.

Ellen Dondero, Minister of Music ejdondero@comcast.net

NEW PARISH DIRECTORIES AVAILABLE AUGUST 1ST!

Pick one up today! If you see something incorrect, please call the office so we have the most current information. *Corrections will be noted, however, we will not be re-printing the directory until the next call for updates in 2025.*

Parish Prayer List August

If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator

Judy ContrerasLara Sparks DeitzJoan ConnollyMary Ann CrewdsonDennisConnie AndersonChristian BalintBob HendricksChristine Hendricks

Kathy & WalterRon & KennyJeannineJudy & AlJoan & Linda KellyChris C.

David D'Ambrosia Barry Longenbach Warren Lamon

Louise Muth Teri Keller Gia
Cora Vic Hughes Frank M.
Ray M. Joey Sue P.

Ann White TJ Patton George & Linda Huggler

Cindy Wood Pierro Family Lovas Family

Debbie & Joe Reising Connie Joe

Peg ApplegetMike DeCiccoDcn. JudyFranLynne WeidmannAlicia MagarelliJenniferEllen AdamsKeith Moore

Alycia Mullin Diane Florence Welharticky
Maxine Edland Rob Kevin Cattrano
Florence Lamon Meg Neff Keith & Jean Aclin

Family & Friends of Diane Dreby Family & Friends of Bunny Anthony

Gail South

Those serving in the military and other dangerous professions:

Paul Bailey, Justin A. Dumhart, Joseph Alexander, Danny Melega, Andrew Wall, Brandan White

Summer Recipe: Bruschetta Grilled Chicken

- 4 Tbsp. extra-virgin olive oil
- Juice of 1 lemon, divided
- Kosher salt
- Freshly ground black pepper
- 1 tsp. Italian seasoning or dried oregano
- 4 boneless skinless antibiotic free chicken breasts, pounded to even thickness
- 3 slicing tomatoes, chopped
- 2 cloves garlic, minced
- 1 Tbsp. freshly chopped basil
- 4 slices mozzarella.



Step 1 In a small bowl, combine oil, half the lemon juice, 1 teaspoon salt, 1/4 teaspoon pepper, and Italian seasoning (or oregano) and whisk to combine. Transfer to a large re-sealable bag along with chicken; seal and refrigerate for 30 minutes.

Step 2 Heat grill over medium-high then add chicken, discarding excess marinade. Grill until charred and cooked to an internal temperature of 155°-160°, about 5 to 7 minutes per side.

Step 3 Meanwhile, combine tomatoes, garlic, basil, and remaining lemon juice, and season with salt and pepper. While chicken is still on grill, top each breast with 1 slice mozzarella and cover until cheese is melted, 2 to 3 minutes. Top chicken with tomato mixture.

Step 4 Garnish with Parmesan and serve.





Parishioner Spotlight is a regular feature in The Post. The purpose is to provide insights into the background and personalities of our fabulous parishioners!

We hope you enjoy getting to know the people of Holy Innocents'!

August Parishioner Spotlight ~ Steve Steiner

Tell us about yourself – where you grew up, what you're interested in, your education or your family.

I was born in Chicago and our family moved to the St. Louis area when I was 4. I went to a Catholic Boarding High School in Atchison, Kansas. I went there not because I was trouble and certainly not because my parents didn't want me around. They thought it would help focus me, as I was not good at that in school up to that point.

In fact, over time there it worked and was a **very** good experience for me. I earned two degrees in Music (Voice Performance and Instrumental Education) from Webster University in St. Louis (Webster College in those days). About 8 years following my graduation I went back to school and studied for a year toward a Master's in Acting.

Your favorite things about LBI and Beach Haven

I'd have to say my job, managing our exceptional Professional Local Theatre. It's a privilege to be able to do what I love to do and live is such a beautiful place.



From the Al & Steve Show, with Al Parinello, Owner of the Surflight Theatre, and Steve Steiner, Producing Artistic Director

Your favorite things about Holy Innocents'

It's not easy to pick one thing, but perhaps the Community that is here. I value being a part of this community and was glad to provide housing through the Surflight for Holy Innocents' parishioner Tom Blake. My family and I have participated in a few parish picnics and attend some services.

Favorite food and drink

Anything my wife makes. She is an exceptional cook. I have yet to be disappointed with anything she makes, and it's been over 30 years.

Favorite season

Summer and early Fall. It's our busiest time at the theatre, and I love being busy.

Favorite colors

It's hard to say, although I do wear khaki pants almost exclusively, so maybe khaki?

Favorite kinds of music

I really like most styles of music, having been trained classically, I played in a travelling Rock Band for 5 years. Of course, I love a lot of Broadway Music. I even like some Rap when it's intelligible, as it is in Hamilton.

How did you come to Holy Innocents'?

My wife grew up in the Episcopal Church in Wilmington, Delaware, and we like to attend together when we do.

Parishioner Spotlight Continued

What might people be surprised to learn about you?

They might be surprised to learn that I won a television in a Yo-Yo Contest when I was 12. And yes, I can still do all of the tricks. They are probably surprised to learn a fair amount of what I have written in answering these questions.

Anything else you'd like to share

I've probably said too much already.

Steve with Holy Innocents' Ellen Kehr as Able and Melissa Frake in the 2023 Surflight production of State Fair. Steve was in the 1996 Broadway production of State Fair.





Did You Know....?

Did You Know?

...anything about Mother Caroline's time off? She lets us know all of the interesting NJ parks she explores, gives us a peek at her tiny cabins in the Catskills and always shows us what's cooking...literally! Did you ever wonder how her time off works? If so, read on!

Priests sign a Letter of Agreement when they are called to a parish. All terms are spelled out, just like any other employment agreement. National holidays are days off, unless they interfere with worship. Think Easter and Christmas! Mother Caroline is entitled to 4 weeks of vacation annually which translates to 23 workdays off, including 5 Sundays. There are caveats for carrying over unused vacation as well.

Continuing education is an important part of most jobs and being a priest is no different! Mother Caroline has 10 days per year dedicated to Continuing Education. Sabbatical time is another type of time off from our parish. It is accrued in the first 5 years of service but is not available to use until after 5 years of time on the pulpit. Sabbaticals are not like vacations. They are structured and planned between Mother Caroline and the Vestry to insure both the congregation and the Priest benefit from the experience.

Lastly, but an important part of a Rector's job, is participation in Regional, Diocesan and National Church responsibilities as well as community endeavors. Time devoted to this work is considered an integral part of our priest's ministry and is both expected and encouraged! Mother Caroline has certainly been involved in our community with the Fire Dept., Veterans' Day and even Santa coming to town. Her participation at the diocesan level has been exceptional and she keeps us informed of most of her committee work and happenings at the Diocese!

If you have any questions, feel free to ask MC+ or a Warden. – Pat Peacock



Environmental Education & Advocacy Committee

Are you ready? Bags packed and gas in your car?
Then you'll be ready when we are notified of a potential storm or hurricane.
Here's what FEMA and NOAA tell us:

It only takes one storm hitting an area to cause a disaster, regardless of the overall activity for the season. Therefore, residents, businesses, and government agencies of coastal and near-coastal regions are urged to prepare every hurricane season regardless of this, or any other, seasonal outlook.

That said, we've heard NOAA's updated outlook for the 2024 Atlantic Hurricane Season. The updated 2024 outlook shows a 70% probability for 17-25 named storms, 8-13 hurricanes, and 4-7 major hurricanes of activity. Most of the predicted activity is likely to occur during the peak months (August-October) of the hurricane season.

So let's pack a "Ready-to-Go" bag this week! Here's a guide from FEMA to begin your hurricane and storm preparation:

A basic emergency supply kit could include the following recommended items:

Water (one gallon per person per day for several days, for drinking and sanitation)

Food (at least a several-day supply of non-perishable food)

- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra batteries
- Whistle (to signal for help)
- Dust mask (to help filter contaminated air)
 Plastic sheeting, scissors and duct tape (to shelter in place)
- Moist towelettes, garbage bags and plastic ties (for personal sanitation) Wrench or pliers (to turn off utilities)
- Manual can opener (for food)
- Local maps
- Cell phone with chargers and a backup battery

Consider adding the following items to your emergency supply kit based on your individual needs:

- Soap, hand sanitizer and disinfecting wipes to disinfect surfaces
- Prescription medications. About half of all Americans take a prescription medicine every day. An emergency can make it difficult for them to refill their prescription or to find an open pharmacy. Organize and protect your prescriptions, over-the-counter drugs, and vitamins to prepare for an emergency. Non-prescription medications such as pain relievers, anti-diarrhea medication, antacids or laxatives. Prescription eyeglasses and contact lens solution. Also, infant formula, bottles, diapers, wipes and diaper rash cream. Pet food and extra water for your pet. Cash or traveler's checks. Important family documents such as copies of insurance policies, identification and bank account records saved electronically or in a waterproof, portable container. Sleeping bag or warm blanket for each person Complete change of clothing appropriate for your climate and sturdy shoes.
- Fire Extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Paper and pencil
- Books, games, puzzles or other activities for children

Submitted by: Mary Jane Mannherz



AUGUST 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:15am-10:15am (LFG) 2:00pm Bk Study 7:30pm AA Mtg. Clam-Diggers 9:00pm Compline (FB)	2 Parish Office Closed	3
4 The Eleventh Sunday after Pentecost 7:30am Rite I 9:30am Rite II Coffee/ Fellowship @ Rectory	5 9:00am MP (FB) 9:15-10:15am Yoga	9:15am-10:15am (LEG) 11:30 AM ECW Mass/Meeting & Lunch 6:00pm Evening Prayer (FB)	6:00pm AA Women's Mtg. 7:30 pm BHCAP Concert on the Green~The Kootz	8 9:15am-10:15am (LEG) 2:00pm Bk Study 7:00pm Vestry 7:30pm AA Mtg. Clam-Diggers 9:00pm Compline (FB)	9 Parish Office Closed	10 12:00pm Curtice Committal
11 The Twelfth Sunday after Pentecost 7:30am Rite I 9:30am Rite II EEAC Natural Disaster & Preparedness @ Coffee Hour	12 9:00am MP (FB) 9:15-10:15am Yoga	9:15am-10:15am (LEG) 6:00pm Evening Prayer (FB)	14 *Backpack Deadline 9:30am-11:00am Sandwich Min. 6:00pm AA Women's Mtg. 7:30 pm BHCAP Concert on the Green-Carnaby Street band	9:15am-10:15am (LEG) 2:00pm Bk Study 7:30pm AA Mtg. Clam-Diggers 9:00pm Compline (FB)	16 Parish Office Closed	17
18 The Thirteenth Sunday after Pentecost 7:30am Rite I 9:30am Rite II	9:00am MP (FB) 9:15-10:15am Yoga	20 9:15am-10:15am (LEG) 6:00pm Evening Prayer (FB)	21 4:00pm Prayer Ministry 6:00pm AA Women's Mtg. 7:30 pm BHCAP Concert on the Green-Suyat Band	22 9:15am-10:15am (LEG) 2:00pm Bk Study 7:30pm AA Mtg. Clam-Diggers 9:00pm Compline (FB)	23 Parish Office Closed	24
25 The Fourteenth Sunday after Pentecost 7:30am Rite I 9:30am Rite II Rev. Woodcock	26 9:00am MP (FB) 9:15-10:15am Yoga Mtr. C return	27 9:15am-10:15am (LEG) 6:00pm Evening Prayer (FB)	6:00pm AA Women's Mtg. 7:30 pm BHCAP Concert on the Green~Gypsy Moon	29 9:15am-10:15am (LEG) 2:00pm Bk Study 7:30pm AA Mtg. Clam-Diggers 9:00pm Compline (FB)	30 Parish Office Closed	31

The

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Ashes



THANK YOU ALL!!!

Parties

Please be sure to patronize & thank the businesses that so very generously purchased ads for this Parish Post year!

The Hillman Family ~ Larry & Pat Peacock ~

Carroll & Carl Sheppard ~ The Hughes Family

These ads greatly help defray our publishing costs and support our ministries and church operations!

Our Prayer Ministry group is growing! This means so much to me. The power of prayer is amazing. God may not answer as quickly as we would like but don't ever give up praying for your needs or the needs of others.

Out next gathering will be on Wednesday August 21, 2024, at 4:00 in the chapel. Please feel free to contact me by phone or email is you would like us to add a name to our list. Any name that you would like for our parish bulletin must be sent directly to Lisa Halpin.

God is always with us! Judy Contreras 856-906-6725 judyc3956@gmail.com



August Birthdays

Janine Enos-Kleber	02	Lisa White	20	
Robert Stevens	04	Christine Burlaga	22	
Connor Starr	09	Lynn Borys	22	
Vincent Contreras	09	Jeanne Cashel	23	
Vincent Contreras Barbara Wheeler Carmen J. Mack, Jr. Owen & William Vaughan Martha Lodge	09 12 13 17 18	Jeanne Cashel Barry Longenbach Ellen J. Meyer Virginia Gottshall Thomas Jacobsen	23 25 26 30 30	August

August Anniversaries

Bill & Ellen Kehr 22 Chuck & Marjorie Hall 29

WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of August.

AUGUST ALTAR DONATIONS

4th - Evleth Family

11th -

18th - Carol Hammond

25th - Richard Cashel



AUGUST ALTAR GUILD

4th - Jeanne Cashel, Jackie Sparks

11th - Diane Entrikin, Melissa Wall

18th - Jackie Sparks, Diane Entrikin

25th - Melissa Wall, Jeanne Cashel

AUGUST FLOWER GUILD

4th - Florist Delivery

11th - Joyce Hillyer

18th - Kim Sparks

25th - Carol Hammond

AUGUST USHERS & GREETERS

4th - Bill Cowper, Bob Weidmann

11th - Kay DeCicco, Mike DeCicco

18th - Sue Hughes, Melissa Wall

25th - Bill Kehr, Gail Jacobsen



AUGUST COFFEE HOUR SCHEDULE

4th - Mike & Alexa Fahner

11th - Vestry Birthday Cake

18th - TBD

25th - TBD



A new Coffee Hour Calendar for August-December has been posted on the bulletin board outside Martin Hall. All weeks are available with the exception of the second Sunday of each month. This second week is reserved for Vestry Birthday Cake celebrations. Thank you, Ellen Kehr



Holy Innocents' Episcopal Church

Pearl and Marine Streets Beach Haven, New Jersey 08008 609-492-7571

Sunday Morning ~7:30 a.m.
Rite I Worship Service
(May 26th through Labor Day)
Sunday Morning ~9:30 a.m.
Rite II Worship Service with music
609-492-7571