April 2023

Holy Innocents'
Episcopal Church
Pearl & Marine Streets
Beach Haven, NJ 08008

Church Email hichurch08008@gmail.com Website: www.hiecbh.com Office: 609 492 7571 Parish Office Hours Monday thru Thursday 9:00am - 2:00pm

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THE PARISH POST



A community of faith, sharing the love of the Holy Spirit, seeking and serving Christ in his creation.

The Parson's Place

Each year, in our Lenten preparations, our times of self-examination, and our personal disciplines of giving up or taking on new practices, I am always drawn again to the lives of the ascetics and the cultures of monasticism. I focus on getting my Rule of Life back in order and on taking in the beauty of the Holy Week liturgies we get to experience annually!

These special liturgies invite us to walk again with Jesus, step by step, through the last week of his life, into the mysteries of death and resurrection. Through the mystical drama of hearing the Passion narrative read on Palm Sunday, we participate in the enthusiasm of the crowd as Jesus enters Jerusalem in triumph, and then feel how quickly adulation turns to violence. Maundy Thursday worship focuses on the Last Supper and the Stripping of the Altar and I am always deeply moved. We are washed, fed, and loved in the tenderness of this service. We then watch with breaking hearts as Jesus dies on the cross. During the Venerations of the Cross at the Good Friday service, we kneel or stand before the Cross and show our respect, laying our hearts open to vulnerability. And we wait and wonder as he passes from death to life, hearing the beautiful Exsultet chant and stories of Salvation during the Great Vigil of Easter. We then celebrate with loud ringing praises to greet God and each other with overwhelming joy on Easter morning.

I always notice something different every year and I always seem to need a particular service and its emotions more than another. We each might identify with a different character or part of a story. It might be the woman who loved and anointed Jesus, or perhaps it is the frightened disciples, or even the dying thief asking for paradise. It depends on where I am in my own personal journey and what is going on in the world today and in the larger church. These liturgies shape us as Christians and they prepare us for the deaths and resurrections in our own lives. We grow closer in community. The varied facets of worship change us and strengthen us to witness to the risen Lord. We, having experienced the depths of despair and watched and waited for Christ, can then truly be "Easter people." Our Holy Week and Easter schedule is in this Parish Post and has been posted in our weekly newsletter for a long while. I hope you will participate in as many of these services as you can - bring your friends! All are most welcome. I very much look forward to sharing this special, sacred time with you. See you in church!

Blessings and peace, Mtr. Caroline+



The Parson's Place continued...

Poem by Malcolm Guite

~ from Sounding the Seasons (published by Canterbury Press.)

Jesus weeps

Jesus comes near and he beholds the city
And looks on us with tears in his eyes,
And wells of mercy, streams of love and pity
Flow from the fountain whence all things arise.
He loved us into life and longs to gather
And meet with his beloved face to face
How often has he called, a careful mother,
And wept for our refusals of his grace,
Wept for a world that, weary with its weeping,
Benumbed and stumbling, turns the other way,
Fatigued compassion is already sleeping
Whilst her worst nightmares stalk the light of day.
But we might waken yet, and face those fears,
If we could see ourselves through Jesus' tears.



Gethsemane Watch

"COULD YOU NOT STAY AWAKE WITH ME ONE HOUR?"



The tradition of an **Overnight Vigil** on Maundy Thursday comes from Jesus' question "Could you not keep awake one hour?" to his disciples, who fell asleep as he prayed in the Garden at Gethsemane before his arrest, trial, and crucifixion. During the Thursday evening service, **6pm on April 6th** the Reserved Sacrament will be taken into the chapel and placed on the Altar of Repose. You are invited to sign up for an hour to "keep watch" over the Host from 7:30 pm through the night until we bring the sacrament back into the church on Good Friday for the noon service. The sign-up sheet for our overnight vigil will be available in the Narthex.



On Sunday, April 2, the first Sunday of the month, the discretionary fund offering day, that offering will be directed specifically to the Burundi Water Protection project that you've been hearing about. Having visited some of the unprotected and protected sites there in the gorgeous and lush Ngozi province, where you have a stunning view from the mountaintops of Rwanda, I could see the differences between the children in the village that had water protection and the ones that did not. I was astounded and stood there and cried. I had NO idea that it would ever be that obvious and striking a difference. With the physical differences in the yellowing of the eyes and burgeoning bellies of the toddlers in the unprotected villages vs the

normal-seeming children in the villages where water is clean, I never imagined that I'd be able to tell so easily that a water source was protected. It's not so much about a luxury, but it is a VITAL difference that needs to be made. I've also told this to many folks: In the 44 countries I've visited in my life, many have been in Asia and the Middle East and many have been what we call "Third World" or face tremendous and constant abject poverty. Burundi is no different there, BUT what I did notice was that in contrast to so many other countries, there were no trash-laden streets, no paper blowing in the wind. no plastic bottles littering their yards or streets. Everything I saw was pristinely clean by comparison. There is much pride in being clean and making an effort to be satisfied and happy, regardless of economic status. ~ Mtr. Caroline+

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From Our Minister of Music



Musical Happenings

Music during Holy Week, Easter Vigil and Easter Sunday:

Palm Sunday, 9:30AM ~ service with congregational singing, choir, organ and trumpet Maundy Thursday, 6:00PM ~ service with congregational singing, choir, and organ Good Friday, Noon~ service with congregational singing, choir, and organ Easter Vigil, 7:29PM ~ service with congregational singing, vocal soloist, and organ Easter Sunday Morning~ service 9:30AM ~ congregational singing, choir, vocal soloist, organ, and our special musical guests, Lighthouse Brass

All are welcomed to worship with us.

Ellen Dondero, Minister of Music ejdondero@comcast.net

Save the Date for Spring Concerts!

TODAY Saturday, April 1st at 4pm Toward the Unknown RegionCapital Singers of Trenton Chorale with Guest Artist Daniel Rich, Baritone

Sunday, June 5th at 4pm - In Meeting We are Blessed

Capital Singers of Trenton Women's Ensemble Sunday June 25th at 4pm – Island Singers

Community Volunteer Opportunities



CALLING ALL VOLUNTEERS!

Surflight Theatre is looking for volunteers for the 2023 show season!

There are **9 Main Stage shows** running from June 1 – December 17 and **12 concerts/events** from June 26 – December 31. They need ushers at each show, as well as staff for the concession stand, Joe's Place.

Each would require your assistance for 10-15 minutes prior to each show, after each show and during intermission, if there is one. You are welcome to stay and watch the show you usher, either standing at the back or sitting in a seat near the door, if one is available- being able & ready to assist if a patron gets up or comes in during the show. Volunteers may sign up for shows at **SignUp.com**, information will be provided to you, if interested. They ask that you please be reliable, responsible and personable. Remember, if you sign up, they are counting on you to show up. They appreciate each and every volunteer and the donation of your time! If interested, please call Mary Beth at 609-492-9477 ext. 203 or send an email to mbsmartt09@gmail.com.

FLOWERS, with the exception of Easter Day, are on hiatus until the Kitchen renovation and re-flooring of Martin Hall are completed. If you have signed up for a week in the interim, you may come to the office to have your money returned OR select another week during the year.

Annual Children's EASTER EGG HUNT on Easter Day, April 9th

All children attending the 9:30 service are invited to participate



Environmental Education and Advocacy Committee



Environment Education and Advocacy Committee The human and ocean health impacts of ocean plastics

For the first time, leading researchers from the fields of healthcare, ocean science, and social science have collaborated to quantify plastic's considerable risks to all life on Earth. <u>The Minderoo-Monaco Commission on Plastics and Human Health report</u>, released today, presents a comprehensive analysis showing plastics as a hazard at every stage of their life cycle.

The report was led by scientists at the Minderoo Foundation, the Centre Scientifique de Monaco, and Boston College. The Commission's key findings include:

- Plastics cause disease, impairment, and premature mortality at every stage of their life cycle, with the health repercussions disproportionately affecting vulnerable, low-income, minority communities, particularly children.
- Toxic chemicals that are added to plastics and routinely detected in people are, among other effects, known to increase the risk of miscarriage, obesity, cardiovascular disease, and cancers.

Plastic waste is ubiquitous in the global environment, with <u>microplastics</u> occurring throughout the ocean and the marine food chain.

"The Commission concluded that current plastic production, use, and disposal patterns are not sustainable and are responsible for significant harm to human health, the economy, and the environment—especially the ocean—as well as deep societal injustices. Plastics, the report notes, account for an estimated 4 to 5% of all greenhouse gas emissions across their lifecycle, equivalent to emissions from Russia, making them a large-scale contributor to climate change.

The study also calculated the cost of the health repercussions attributed to plastic production to be \$250 billion in a 12-month period, which is more than the GDP of New Zealand or Finland in 2015, the year the data was collected. In addition, health care costs associated with chemicals in plastics are estimated to be in the hundreds of billions of dollars. The research also noted that the ubiquity of fast food and discount stores in poorer communities increased exposure to plastic packaging, products, and associated chemicals and impacts. "Plastic waste endangers the ocean ecosystems upon which all humanity depends for food, oxygen, livelihood, and well-being," said Dr. Hervé Raps, Physician Delegate for Research at Centre Scientifique de Monaco. "Besides their intrinsic effects, plastics can also be a vector for potentially pathogenic microorganisms and other chemicals adsorbed from polluted water. And alongside the new findings of this report, linking toxic chemicals to human harms, this is not the time to slow down our understanding of impacts in the ocean."

Although plastics' potential harm to human health might be news to some, the oceanographic and marine biology communities have been acutely aware of its negative environmental impacts for decades. Despite this head start, the Commission's findings reveal a pressing need for better understanding and monitoring of the effects of plastics and plastic-associated chemicals on marine species. The authors also highlight a significant lack of knowledge concerning the concentrations of the smallest micro- and nano-plastic particles (MNPs) in the marine environment and their potential impacts on marine animals and ecosystems, from the coasts to the abyss. As a result of its findings, the Commission urged that a cap on global plastic production be a defining feature of the Global Plastics Treaty currently being negotiated at the UN, and that the Treaty focus beyond marine litter to address the impacts of plastics across their entire life cycle, including the many thousands of chemicals incorporated into plastics and the human health impacts. The positive news is that the Commission reports that many of plastics' harms can be avoided via better production practices, alternative design, less toxic chemicals, and decreased consumption.

April Birthdays

Stokes V. Carrigan, V Katelynne Cowper Jacqueline B. Sparks James Baxter Dawn Starr Bill Kehr Anne D'Souza Thomas Hughes Wesley Heilman, III	01 01 04 06 07 10 11 13	Judith Studer Hamilton Larry Peacock Susan Wilson Lisa Mack Carroll Sheppard Margaret C. Degnan Hank Henninger Roy Bray Rev. Karin R. Mitchell	15 17 17 20 20 24 26 27 27
Wesley Heilman, III	13	Rev. Karin R. Mitchell	27

April Anniversaries

Vincent & Judy Contreras 24 Richard & Jeanne Cashel 28

WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of **April**.

APRIL ALTAR DONATIONS

 2^{nd} -

9th - Gail & Steve Steiner (Candles)

16th -

23rd - Jeanne & Rich Cashel

30th -



APRIL FLOWER GUILD

2nd - Joyce Hillyer

8th - All decorate for Easter

9th - Easter Flowers

16th - Artificial Flowers

23rd - Artificial Flowers

30th - Artificial Flowers



APRIL ALTAR GUILD

2nd - Carol Hammond, Melissa Wall

6th - Melissa Wall (Maundy Thursday)

7th - Melissa Wall (Good Friday)

9th - Melissa Wall, Jeanne Cashel, Diane Entrikin

16th - Chris Burlaga, Jeanne Cashel

23rd - Jackie Sparks

30th - Jackie Sparks

APRIL USHERS & GREETERS

2nd - Kay DeCicco, Mike DeCicco

6th - Sue Hughes, Bill Cowper

7th - Leila Sullivan, Mike Fahner

9th - Bill Kehr, Mike Fahner

16th - Gail Jacobsen, Bob Weidmann

23rd - Melissa Wall, Sue Hughes

30th - Bill Cowper, Dave White

If you are able to volunteer as an usher at anytime during the upcoming months please contact Rob Meyer at 609 618-3914 or rmeyer1394@aol.com



Parish Prayer List April

If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator

Charles Bishop Kevin B. Campbell Joan Connolly

Judy ContrerasMary Ann CrewdsonFaithJoniGollihur FamilyKevinLovas FamilyOlliePeggy

Pat PritchardRhonda PritchardDebbie & Joe ReisingRebeccaChloe SnyderLara Sparks Deitz

Charles Sullivan Ann White Jane Enos
Nancy & Gary Acker Wayne Kotter Eileen Mitchell

Linda G. Amie Gina M. Judy Boies Dennis Karen Maxwell

Barbara Jo-Anne The Sundararaj Family

Dave Elfreth Karen Grossman Rick Johnson

Louise Muth Elliott Faye

Adam HouserJanKaren & DJMarie R.Bill ToddRon & KennyBox FamilyDcn. JudyAmy M.Sue W.Mike DalyMary Matzer

Those serving in the military and other dangerous professions:

Paul Bailey, Justin A. Dumhart, Joseph Alexander, Danny Melega, Andrew Wall, Brandan White





A prayer for church musicians and artists

O God, whom saints and angels delight to worship in heaven: Be ever present with your servants who seek through art and music to perfect the praises offered by your people on earth; and grant to them even now glimpses of your beauty, and make them worthy at length to behold it unveiled forevermore; through Jesus Christ our Lord. *Amen.*



Parishioner Spotlight is a regular feature in The Post. The purpose is to provide insights into the background and personalities of our fabulous parishioners! We hope you enjoy getting to know the people of Holy Innocents'!

April Parishioner Spotlight ~ Debbie Hunter

I was born in Newark N.J. and lived in East Orange until I was 5, then we moved to Beach Haven. I attended Beach Haven Elementary school. My dad worked in North Jersey, so we didn't have a car during the week. I can remember walking eight blocks to and from school, as there weren't any buses. I also remember the March 1962 storm. We had to evacuate to Southern Regional high school in a civil defense truck. Another memorable event from my childhood was going to New York City when my mother, Erma, was a contestant in the TV show "Concentration" – and she won!! She won a car and \$1000 of gas (really a lot at that time) plus some other prizes. It was very exciting!

We were raised Catholic, as my dad was Catholic and my mom was Episcopalian. Occasionally we would attend church with my mom at what is now the LBI Museum. Father Reed was the priest.

I was active in 4-H for several years, in the Cooking, Sewing, Social Know-How, and Child Care Clubs. And I won first prize, a gas range, in a cooking contest sponsored by the gas company (Janine Kleber won second place!)

I graduated from Southern Regional High School in 1973, attended Montclair State College for one year, and transferred to Miami University in Ohio, graduating in 1978 with a Bachelor of Science degree.

I started teaching Home Economics at Southern Regional, Central Regional, Shawnee High School, and finally the Toms River Intermediate for 30 years, retiring in 2009. I was a member of Soroptimist International of LBI during some of these years.

I joined the Episcopal church in 1993 and enjoyed teaching Sunday School and Vacation Bible School from about 2000-2005. I worked in these programs with Ellen Dondero, Karin Mitchell, Sara Payne (Carol Hammond's daughter), and Maggie Aftanis, so you can imagine that we had lots of good times along the way. I had a regular Sunday School class and taught "culinary" as a craft in Bible School.

I was involved with the Canterbury Fair that Holy Innocents' held every summer in July. It was held outside in the afternoon. The food was made by church members, the priest would grill hamburgers and hot dogs, and we had games and prizes.

I met Bob Hunter, a German teacher at the Southern Regional High School, and we were married in 1993 by Father Don. Three years later, Father Don baptized our son. We had many fun adventures together. Sadly, he passed away in 2014.

I enjoy going to craft shows, sewing, cooking, reading, and going to the beach. I have traveled to Europe, Hawaii, and Canada several times, driven cross country to California, and have been to 35 of the 50 states. Many of my trips were taken with students and faculty from Southern Regional High School. I could go on these trips as a chaperone.

My mom is Erma Green. I have one sister, three brothers, one son, and two step daughters. If you have been to the church auction at the Sea Shell, you know my son, David, your friendly bartender.

One of Bob's pleasures was golfing

David also works as a realtor. "The three pictures on the next page are of our complete family from Christmas 2022, including the matriarch, Erma, my siblings, nieces, and nephews; with my mother, siblings (Peter, Thomas, me, Beth, Erma, and Paul); and with my son David at the beach.)

Parishioner Spotlight Continued...

I am a substitute teacher at Southern Regional and Pinelands regional schools. In the summer, I volunteer at the Compassion Cafe. After living in Manahawkin for 13 years, I now live in Beach Haven in the summer and spend winter months in Surf City.

Favorites:

Color - green ~ Food - Italian ~ Season - Fall

Bible verses - Ecclesiastes 3:1-8 – and the song that goes with them, "For Everything There Is a Season"





Did You Know?

BOOK STUDY

Our weekly Book Study will resume on April 13th ~ 2:00 PM on Thursdays, held at the Rectory.

VESTRY

Next meeting is Thursday, APRIL 13 at 7:00 PM. Vestry meetings are open to all at any time. Just contact Mtr. Caroline+ to make sure it's either a hybrid or in-person etc. and to receive the zoom link. Minutes are posted monthly in the hallway on the CHURCH BUSINESS bulletin board.

WEEKLY SERVICES

Morning Prayer – Mondays at 9:00 AM via Facebook Live, led by Bill Kehr Evening Prayer – Tuesdays at 6:00 PM via FB Live, led by Mtr. C+ Compline – Thursdays at 9:00 PM via FB Live, led by Rob Meyer Other? – Would you like to lead a weekly service? Let Mtr. C+ know!

PRAYER MINISTRY

Our Prayer Ministry team meets monthly and is led by Judy Contreras. Contact her if interested in joining! • judyc3956@gmail.com

LOOKING AHEAD

The Summer Season is almost here! The early 7:30 Rite I Eucharist service will begin on **MAY 28**, Memorial Weekend, this year. Mtr. Caroline+ will hold a few summer circles again this year. Are there any events/topics you're interested in? The SAINTS & SINNERS dinners will resume, you can look forward to a few masses on the beach and some concerts in Veterans Park!

Kitchen Renovation!!

The kitchen is gone!!! Martin Hall, Library, Sunday School, Choir Room are empty of all furniture and tile floors. We have our certificate of asbestos free environment!

We do not have confirmation of a date for our new flooring to be installed but we are making good use of this down time.

The Library, Sunday School and Choir rooms are all getting fresh coats of paint on the ceilings, window frames and walls! A new closet has been framed out in the Choir room. Martin hall is also having window and door frames brightened with a fresh coat of paint.

Electricians, plumbers, HVAC have all been on site to scope out and plan their work in the kitchen!

I'd like to give a shout-out to everyone who helped move furniture, etc. or who are now busy painting ~ Fran Kleber, David Hunter, James Carroll, Howie Dumhart, Bill Cowper, Art Curtain, David & Karin Mitchell, Pat & Larry Peacock, King & Jackie Sparks, Bruce & Joyce Hillyer, Ellen Dondero, Matt Starr, Vince Contreras, Mike Fahner, Rob Meyer, Tom Jacobsen, Bill Kehr, Rich Cashel.

This month of April we expect to have kitchen electrical, plumbing, and walls replaced and all new tile flooring installed and waxed throughout the building. Early in May, Martin Hall/rooms should be put back together! Cabinets are due mid-end of May.



It's Gone!!!



Bathroom Storage!!!



Happy Paint Crew!!!



Library Before and...



After!!!



Choir Closet in Progress!!!

Our heartfelt gratitude to those whom have contributed to our renovation!!

We are still in need of financial donations if you can do so, please help!

Our total pledges/donations stand at \$113,824.00!

PLEASE...any questions or concerns ask me or Larry Peacock.

Jeanne Cashel, Committee Head

jcashel@comcast.net ~ 609-276-7710

APRIL 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30am Sprague Committal 4pm Capital Singers of Trenton Concert
2 PALM SUNDAY 9:30am Holy Eucharist	3 9am MP (FB)	4 Lenten Clergy Day 5:00pm EP (FB)	5 10:30-12:00pm Choir Rehearsal	6 MAUNDY THURSDAY 6pm Holy Eucharist 7:30pm -6:00am Gethsemane Watch 9pm Compline (FB)	7 GOOD FRIDAY Parish Office Closed 12:00 PM Holy Eucharist	8 HOLY SATURDAY 7:29pm The Great Vigil of Easter
9 EASTER 9:30am Holy Eucharist Easter Egg Hunt	10 9am MP (FB)	11 6:00pm EP (FB)	12 10:30-12:00pm Choir Rehearsal	13 2pm Book Study @ Rectory 7pm Vestry Meeting 9pm Compline (FB)	14 Parish Office Closed	15
16 The Second Sunday of Easter 9:30am Holy Eucharist	17 9am MP (FB)	18 6:00pm EP (FB)	19 10:30-12:00pm Choir Rehearsal	20 2pm Book Study @ Rectory 9pm Compline (FB)	21 Parish Office Closed	22 Earth Day TBA Community Garden Blessing
23 The Third Sunday of Easter 9:30am Holy Eucharist	24 9am MP (FB)	25 6:00pm EP (FB)	26 10:30-12:00pm Choir Rehearsal	27 9pm Compline (FB)	28 Arbor Day Parish Office Closed	29
30 The Fourth Sunday of Easter 9:30am Holy Eucharist						





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THANK YOU ALL!!!

Please be sure to patronize & thank the businesses that so very generously purchased ads for this Parish Post year! The Hughes Family ~ The Hillman Family ~ Jay Cranmer

Larry & Pat Peacock ~ Murphy's Family of Stores

Carroll & Carl Sheppard

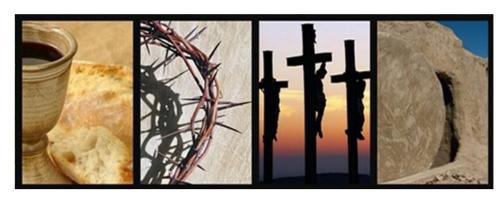
These ads greatly help defray our publishing costs and support our ministries and church operations!





Holy Innocents' Episcopal Church Pearl and Marine Streets Beach Haven, New Jersey 08008 609-492-7571

Sunday Morning ~9:30 a.m.
Rite II Worship Service with music



2023 HOLY WEEK & EASTER SERVICES

AT HOLY INNOCENTS' EPISCOPAL CHURCH

410 S. Atlantic Avenue, Beach Haven, NJ 08008 <u>Hichurch08008@gmail.com</u> (609) 492-7571

April 2	9:30 AM Palm Sunday — Holy Eucharist, Choir
April 6	6:00 PM Maundy Thursday — Holy Eucharist, Footwashing, Choir
April 6	7:30 PM until 6:00 AM - Gethsemane Watch - Vigil
April 7	12:00 noon - Good Friday — Holy Eucharist from Reserve, Choir
April 8	7:29 PM The Great Vigil of Easter - Candlelit service, Holy
	Eucharist, Begins in Memorial Garden one minute after sunset
April 9	9:30 AM Easter Day — Holy Eucharist, Choir, Brass.

Reception & Egg Hunt following Easter morning service!