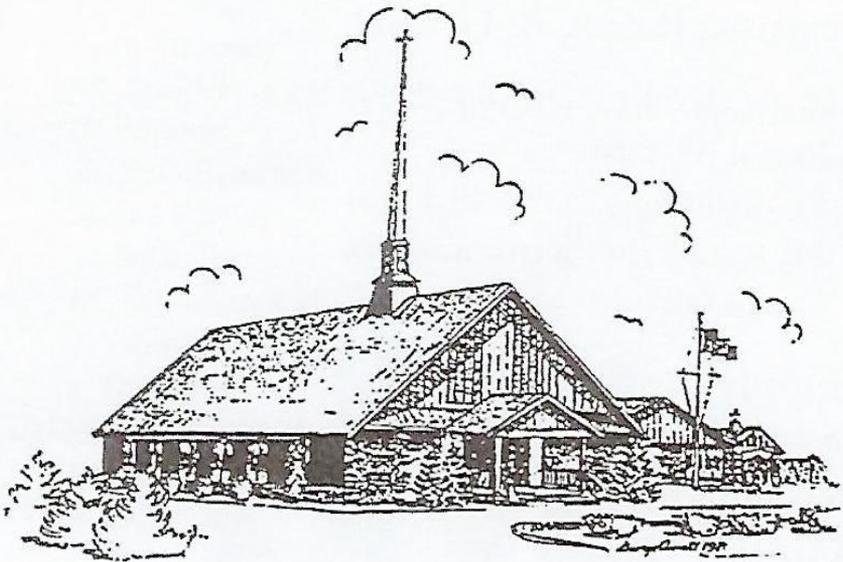


The Holy Eucharist: Rite II

*The Thirteenth Sunday After  
Pentecost*



*The Episcopal Church of The Holy Innocents  
in the Borough of Beach Haven, New Jersey  
22 August, 2021 ~ 9:30 AM*



Then the people answered, "Far be it from us that we should forsake the Lord to serve other gods; for it is the Lord our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the Lord drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the Lord, for he is our God."

*Reader:* The Word of the Lord.

*All:*      **Thanks be to God.**

**Psalm 34:15-22**      (*Read responsively by whole verse*)      **BCP, p. 628**

- 15 The eyes of the LORD are upon the righteous, \*  
and his ears are open to their cry.
- 16 The face of the LORD is against those who do evil, \*  
to root out the remembrance of them from the earth.
- 17 The righteous cry, and the LORD hears them \*  
and delivers them from all their troubles.
- 18 The LORD is near to the brokenhearted \*  
and will save those whose spirits are crushed.
- 19 Many are the troubles of the righteous, \*  
but the LORD will deliver him out of them all.
- 20 He will keep safe all his bones; \*  
not one of them shall be broken.
- 21 Evil shall slay the wicked, \*  
and those who hate the righteous will be punished.
- 22 The LORD ransoms the life of his servants, \*  
and none will be punished who trust in him.

**The Epistle**

**Ephesians 6:10-20**

Be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of

God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

*Reader:* The Word of the Lord.

*All:* **Thanks be to God.**

**\*Sequence Hymn #341** *For the Bread Which You Have Broken* OMNI DIE

**\*The Holy Gospel**

**John 6:56-69**

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to John.

*People:* **Glory to you, Lord Christ**

Jesus said, "Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, "This teaching is difficult; who can accept it?" But Jesus, being aware that his disciples were complaining about it, said to them, "Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe." For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray

him. And he said, "For this reason I have told you that no one can come to me unless it is granted by the Father."

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, "Do you also wish to go away?" Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God."

*Deacon:* The Gospel of the Lord.

*People:* **Praise to you, Lord Christ.** (*All are seated*)

**The Sermon**

**The Rev. Dr. Caroline Carson+**

**\*The Nicene Creed**

**BCP, p. 358**

We believe in one God, the Father, the Almighty,

maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,

eternally begotten of the Father, God from God, Light from Light,

true God from true God, begotten, not made,

of one Being with the Father.

Through him all things were made. For us and for our salvation

he came down from heaven: by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

*(The people may stand or kneel)*

*Deacon:* In peace, we pray to you, Lord God.

*Silence*

*Leader:* Father, we pray for your holy catholic Church;

*People:* **That we all may be one.**

*Leader:* Grant that every member of the Church may truly and humbly serve you;

*People:* **That your Name may be glorified by all people.**

*Leader:* In the Anglican Cycle of Prayer we pray for The Anglican Church of South America. We pray for Justin, the Archbishop of Canterbury; for Michael, our Presiding Bishop; for William our Bishop; for Judith our Deacon, for Caroline, our Rector. We pray for all bishops, priests, and deacons;

*People:* **That they may be faithful ministers of your Word and Sacraments.**

*Leader:* For Colleen our Mayor, Philip our Governor, and Joseph our President. We pray for all who govern and hold authority in the nations of the world;

*People:* **That there may be justice and peace on the earth.**

*Leader:* Give us grace to do your will in all that we undertake;

*People:* **That our works may find favor in your sight.**

*Leader:* We pray for the special needs and concerns of this congregation, especially remembering all victims of climate change, and for the poor. We also remember all those mentioned in our Parish Prayer List: the sick, the shut in, and the grieving; those serving in the military and other dangerous professions, and for our enemies, that all hearts may be turned to peace. Have compassion on those who suffer from any grief or trouble;

*People:* **That they may be delivered from their distress.**

*Leader:* Give to the departed eternal rest.

*People:* **Let light perpetual shine upon them.**

*Leader:* We praise you for your saints who have entered into joy;

*People:* **May we also come to share in your heavenly kingdom.**

*Leader:* Let us pray for our own needs and those of others.

*(The People may add their own petitions.)*

*The presider prays the concluding collect, and the people respond, Amen.*

*Deacon:* Let us confess our sins against God and our neighbor.

### **Confession - Minister and People**

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.*

### **Absolution**

**\*The Peace** *(All stand)*

*Celebrant:* The peace of Christ be always with you.

*People:* **And also with you.**

### **The Parish Notices**

## **THE HOLY COMMUNION**

### **Offertory**

*Panis Angelicus* (Bread of Angels) Soloist: Joan Melega César Franck

**\*Presentation of the Gifts** *(All stand)*

*"All things come of Thee, O Lord, and of Thine own have we given Thee"*

**\*The Great Thanksgiving: Eucharistic Prayer D** BCP, p. 372

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

*People:* **It is right to give him thanks and praise.**

*Celebrant:* It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever. Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

***Sanctus S-129*** (*All sing*)

*(The People may stand or kneel)*

*Celebrant:* We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take,

eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

*All: We praise you, we bless you,  
we give thanks to you,  
and we pray to you, Lord our God.*

*Celebrant:* Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord. Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. *All: AMEN.*

### **The Lord's Prayer**

**BCP, p. 364**

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day

our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

**The Breaking of the Bread**

*Celebrant:* Christ our Passover is sacrificed for us;

*People:* **Therefore let us keep the feast.**

*(All baptized Christians are welcomed to receive Holy Communion. Diocesan guidelines allow the Holy Sacraments in one kind only. Bread will be offered and Wine will be placed on the altar for adoration.)*

**Fraction Anthem: S-169 (all sing)**

My flesh is food in - deed, and my blood is drink in -  
 deed, says the Lord. My Lord. Those who eat my  
 flesh and drink my blood dwell in me and I in them. My  
 flesh is food in - deed, and my blood is drink in - deed, says the Lord.

**Postcommunion Prayer (Stand or kneel)**

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. *Amen.*

**\*Blessing**

**\*Hymn #460** *Alleluia! Sing to Jesus!* (vs. 1,3&4)

HYFRYDOL

**\*Dismissal**

BCP, p. 366

*Deacon* : Let us go forth into the world,  
rejoicing in the power of the Spirit.

*People* : **Thanks be to God.**

## **Postlude**

### **Serving Today:**

**Lectors** ~ *Rich Cashel*

**Ushers & Greeters** ~ *Rich Cashel & Leila Sullivan*

## **Parish Prayer List – August 22, 2021**

*PLEASE NOTE: If you need to add or remove a name, please contact Lisa Halpin, our Parish Administrator by Wednesday, August 25<sup>th</sup>.*

Jean & Keith Aclin	Matt Adams	Beth C.
Beverlee	Eddie Boll	Borrone Family
Jackson Brackett	Marie Bregler	Joan Connolly
Judy Contreras	Lynn Cowper	Mary Ann Crewdson
Michael Reed Davis	Dennis	Carol Dobbins
Meg Dougher	Ella	Faye
Carol Frake	Frank	Fran Harris
Shirley Hickey	Hillary	Harold & Cheryl Hawkes
Joyce Hillyer	Kara Hughes	Janet
Jeannine	Joan, Susan & Bob	Claire Johns
John Johnson, Jr.	Karen G.	Karen & DJ
Robin Koch	Cyndi Lamon	Alan Lee
Diane Lee	Lauren & Ed	Lindsey
Lorraine & Drew	Cecily Lovas	Kurt Martin
Mary Ann	Mary Jane	Butch McCaffrey
Scott Mitchell	Virginia Nicholas	Maryanne O.
Sharon Osborn	TJ Patton	Patty
Lucien Picard	Pinky	Carol Ann Renzland
Kathy Rice	Lara Sparks Deitz	Matt Starr
Marie Stasik	Bill Todd	Robert Thomas
Colin Walker	Wendy	Ann White
Rebecca Whitley	Rits	Sherri

### **Those serving in the military and other dangerous professions:**

Paul Bailey, Justin A. Dumhart, Danny Melega, Andrew Wall, Brandan White

**Birthdays:** Christine Burlaga (08/22), Jeanne Cashel (08/23), Barry Longenbach (08/25), Ellen J. Meyer (08/26), Stacey Goddard (08/26)

**Anniversaries:** Bill & Ellen Kehr (08/22)

**Altar Flowers:** Today's Altar Flowers are given in celebration of Jeanne Cashel's birthday by Richard Cashel and to the Glory of God.

**WEEKLY ONLINE CALENDAR August 23<sup>rd</sup> – August 28<sup>th</sup>**

23 – Mon	Morning Prayer (FB)	9:00 AM
24 – Tues	No Evening Prayer	
26 – Thurs	No Book Study	
	Compline (FB Live)	9:00 PM
27 – Fri	Parish Office Closed	
	Kids Korner (FB)	7:00 PM
28 – Sat	Psalms with Dcn. Judy (FB Live)	7:00 PM

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**THE EPISCOPAL CHURCH OF THE HOLY INNOCENTS**

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The Rev. Dr. Judith S. Krom, Deacon ~ (732) 330-4949 [jsk13@comcast.net](mailto:jsk13@comcast.net)

The Rev. Dr. Caroline Carson, Rector ~ (504) 390-5331 [theparsoncarson@gmail.com](mailto:theparsoncarson@gmail.com)

**OFFICE HOURS – Monday through Thursday 9 AM to 2 PM**