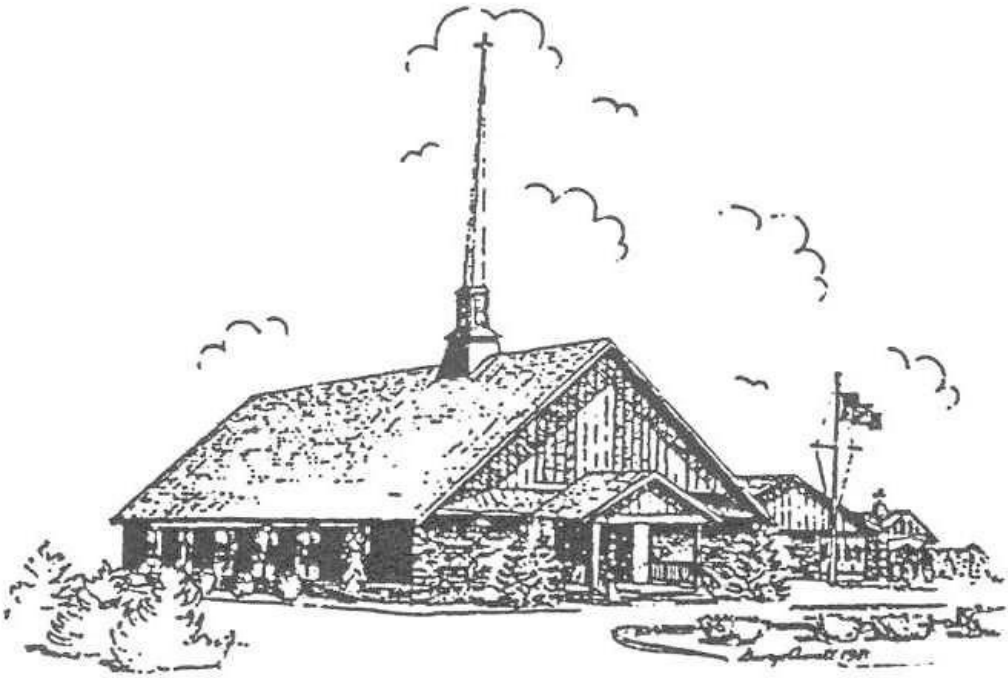


The Holy Eucharist: Rite II

*The Fifth Sunday after The Epiphany*



*The Episcopal Church of The Holy Innocents  
in the Borough of Beach Haven, New Jersey  
4 February, 2024 ~ 9:30 AM*

*Welcome! In The Episcopal Church, all baptized Christians are welcomed to receive Holy Communion. BCP means The Book of Common Prayer (Red Book). You'll find the BCP and Hymnals in the pew rack in front of you. Please join us for Coffee Hour following the service!*

*\* Indicates to stand as you are able*

**Prelude** *Morning Meditation* Steven Scott

## **THE WORD OF GOD**

**Entrance Hymn #01** *Father, We Praise Thee* CHRISTE SANCTORUM

**Opening Acclamation** **BCP, p. 355**

*Gloria S-280 (All sing)* *Gloria in excelsis* Robert Powell (1932)

**The Collect of the Day** **BCP, p. 216**

**The First Lesson** **Isaiah 40:21-31**

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"?

Have you not known? Have you not heard?

The LORD is the everlasting God, the Creator of the ends of the earth.  
He does not faint or grow weary; his understanding is unsearchable.

He gives power to the faint, and strengthens the powerless.  
Even youths will faint and be weary, and the young will fall exhausted;  
but those who wait for the LORD shall renew their strength,  
they shall mount up with wings like eagles,  
they shall run and not be weary, they shall walk and not faint.

*Reader* The Word of the Lord.

*All* **Thanks be to God.**

**Psalm 147:1-12** (Alternating by whole verse)

**BCP, p. 804**

**The Epistle**

**1 Corinthians 9:16-23**

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

*Reader* The Word of the Lord.

*All* **Thanks be to God.**

**Sequence Hymn #106 (LEVAS)** *Take My Hand, Precious Lord*

Thomas A. Dorsey (1899- 1993)

**The Holy Gospel**

**Mark 1:29-39**

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to Mark

*People* **Glory to you, Lord Christ**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

*Celebrant* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.** *(All are seated)*

**The Sermon**

**The Very Rev. Dr. Caroline Carson+**

**\*The Nicene Creed**

**BCP, p. 358**

**\*The Prayers of the People: Form VI** *(The people may stand or kneel)*

**BCP, p. 392**

*Celebrant* Let us offer our prayers to God.

*Silence*

*Leader* For all people in their daily life and work;

*People* **For our families, friends, and neighbors, and for those who are alone.**

*Leader* For Nancy our Mayor, Philip our Governor, and Joseph our President; for this community, the nation, and the world;

*People* **For all who work for justice, freedom, and peace.**

*Leader* For the just and proper use of your creation;

*People* **For the victims of hunger, fear, injustice, and oppression.**

*Leader* For all who are in danger, sorrow, or any kind of trouble;

*People* **For those who minister to the sick, the friendless, and the needy.**

*Leader* For the peace and unity of the Church of God;

*People* **For all who proclaim the Gospel, and all who seek the Truth.**

*Leader* In the Anglican Cycle of Prayer we pray for The Anglican Church of South America. We pray for Justin, the Archbishop of Canterbury; for Michael, our Presiding Bishop; for Sally our Bishop; for Judith our Deacon, for Caroline, our Rector and for all bishops and other ministers;

*People* **For all who serve God in his Church.**

*Leader* We pray for the special needs and concerns of this congregation, especially remembering all victims of climate change, and for the poor. We also remember all those mentioned in our Parish Prayer List: the sick, the shut in, and the grieving; those serving in the military and other dangerous professions, and for our enemies, that all hearts may be turned to peace.

*(The People may add their own petitions either silently or aloud at this time.)*

*Leader* Hear us, Lord;

*People* **For your mercy is great.**

*Leader* We thank you, Lord, for all the blessings of this life; for the beauty of your creation; for those celebrating birthdays or anniversaries this week, and, for all the Saints.

*Leader* We will exalt you, O God our King;

*People* **And praise your Name for ever and ever.**

*Leader* We pray for all who have died, that they may have a place in your eternal kingdom. (*Deceased loved ones and friends may be mentioned at this time.*)

*Leader* Lord, let your loving-kindness be upon them;

*People* **Who put their trust in you.**

*Celebrant* O God, who by the glorious resurrection of your Son Jesus Christ destroyed death and brought life and immortality to light: Grant that we, who have been raised with him, may abide in his presence and rejoice in the hope of eternal glory; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be dominion and praise for ever and ever. *Amen.*

**Confession and Absolution**

**BCP p. 360**

**\*The Peace** (*All stand*)

## **THE HOLY COMMUNION**

**Offertory Hymn #423** *Immortal, Invisible, God Only Wise*

ST. DENIO

**\*Presentation of the Gifts** (*All stand*)

*All things come of Thee, O Lord, and of Thine own have we given Thee*

**\*The Great Thanksgiving: Eucharistic Prayer B**

**BCP, p. 367**

**Sanctus S-129** (*All sing*) *Holy, Holy, Holy Lord*

Robert Powell (1932)

**The Lord's Prayer**

**BCP, p. 364**

**The Breaking of the Bread**

*Celebrant* *Alleluia.* Christ our Passover is sacrificed for us;

*People* **Therefore let us keep the feast. *Alleluia.***

*Fraction Anthem: S-154 (all sing) Christ Our Passover* David Hurd (b. 1950)  
(All baptized Christians are welcomed to receive Holy Communion.)

**\*Postcommunion Prayer** *(Please stand)* **BCP, p. 365**

**Blessing**

**The Parish Notices**

**Hymn (Insert)** *Take Time to Be Holy* **HOLINESS**

**Dismissal** **BCP, p. 366**

**Postlude** *Lift Every Voice and Sing* J. Rosamond Johnson (1873-1954)

*Coffee Hour is held EVERY SUNDAY - Please join us in Martin Hall!*

**Serving Today:** *Crucifer ~ John Wall Lector ~ Bill Kehr*

**Ushers ~ Kay DeCicco, Mike DeCicco Chalice Bearer ~ Bill Kehr**

*WELCOME BACK ELLEN !! ~ THANK YOU TO BARBARA WHEELER FOR  
PLAYING THE ORGAN WHILE ELLEN WAS AWAY!*

**Parish Prayer List – February 4, 2024**

**PLEASE NOTE:** *If you need to add or remove a name, please contact Lisa Halpin, our  
Parish Administrator by Wednesday, February 7<sup>th</sup>.*

Judy Contreras	Lara Sparks Deitz	Joan Connolly
Mary Ann Crewdson	Dennis	Mary Timmerman
Connie Anderson	Christian Balint	Barney H.
Susan F.	Cheryl	Dayton
Jason	Kirsten Angelozzi	Bob Hendricks
Christine Hendricks	Andy	Kathy & Walter
Ron & Kenny	Jeannine	Priscilla
Judy & Al	Joan & Linda Kelly	Chris C.
Pierro Family	David D'Ambrosia	Barry Longenbach
Robert	Mike	Tony
Aleen	Jan	Elliott

Anne	Karen & DJ	Dennis Hickey
Rosanne & Bob	Juli & Dave	Laura
Lovas Family	Debbie & Joe Reising	Rebecca
Fiona	Graham	Bob
Sue	Melanie	Sophia
Joseph	Paris	Jim Darling
Charles Sullivan	Warren Lamon	Rachel
Louise Muth	Teri Keller	Gia
Cora	Hunter Gideon	Vic Hughes
Rick & Becky Johnson	Frank M.	Ray M.
Kate White	Joey	Diane Dreby
Cameron Sanders	Patty August	Hank Henninger
Canon Don Muller	Sue P.	Pat McCorrison

**Those serving in the military and other dangerous professions:**

Paul Bailey, Justin A. Dumhart, Joseph Alexander, Danny Melega, Andrew Wall, Brandan White

**Birthdays:** Philip Boulden (02/05), Jean Nelson (02/06), Ellen Dondero (02/08)  
Joan Melega (02/10)

**Anniversaries:** Francis W. & Janine C. Kleber, III (02/09)

**WEEKLY ONLINE CALENDAR February 5 – February 9**

05 – Mon	Morning Prayer (FB)	9:00 AM
06 – Tues	ECW Holy Eucharist & Organizational Mtg.	11:30 AM-2:30PM
	Evening Prayer (FB)	6:00 PM
07 – Wed	Sandwich Ministry	9:30 AM-11:00 AM
	Choir Rehearsal	11:00 AM-2:30 PM
	AA (Open) Women’s Meeting	6:00 PM
08 – Thurs	Book Study at Church	2:00 PM
	Vestry Meeting	7:00 PM
	Compline (FB)	9:00 PM
09 – Fri	<i>Parish Office Closed</i>	



## **Musical Highlight for Black History Month**

This morning, in honor of Black History Month, our sequence hymn is "Take My Hand, Precious Lord" written by Thomas A. Dorsey(1899-1993). Thomas Andrew Dorsey was an American musician, composer, and Christian evangelist influential in the development of early blues and 20th-century gospel music. He penned 3,000 songs, a third of them gospel, including "Take My Hand, Precious Lord" and "Peace in the Valley".

Dorsey wrote "Precious Lord" in response to his inconsolable bereavement at the death of his wife, Nettie Harper, in childbirth, and his infant son in August 1932. *Wikipedia*

## **SANDWICH MINISTRY**



On Wednesday, January 10, Holy Innocents' Sandwich Ministry was launched. From 9:30 until 11, the group made 60 bagged meals that included a turkey sandwich, carrot sticks, a mandarin orange, cookies, a napkin, and a bottle of water. They were picked up by Bright Harbor with plans to distribute to an at-risk teen group, case workers making house calls to food insecure households, and Code Blue for

delivery to outdoor dwellers. **Our plan is to do this again this Wednesday, February 7; then Wednesday, March 6; followed by the second Wednesday of the month for the remainder of the year.** Contact Alexa Fahner if interested in joining this ministry!

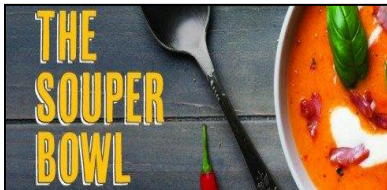
## **CALLING ALL EPISCOPAL CHURCH WOMEN!**

**TUESDAY, FEBRUARY 6 at 11:30 a.m. ALL ARE WELCOMED!**

Join us for Holy Eucharist, brown bag lunch, and a re-organizational meeting!

Since 1871, the National Episcopal Church Women, ECW, have championed women's rights and the Christian foundation of God and family. They are a ministry of the Episcopal Church and celebrate that Episcopalians believe in a

loving, liberating, and life-giving God: Father, Son, and Holy Spirit. Their women's ministry and children's programs feed, educate, and provide community grants around the world. They are a volunteer organization that creates a legacy for Episcopal Church Women to lead future generations with stewardship in Christ. CONTACT Melissa Wall for more information.



## **SOUPER BOWL**

**February 11th is the SOUPER BOWL date this year!**

We hope to see lots of choices of soups, breads, and cookies to serve during coffee hour that day. As is our custom, we will have two soup kettles representing the

two football teams that are playing in the NFL game later that day. Put your donation in the kettle of your choice. In the past the most \$'s collected in a team's kettle will be the winning team that evening!

All donations collected during SOUPER BOWL coffee hour will be sent to OPERATION SMILE. See Debbie Hunter for any questions. [hunterd93@yahoo.com](mailto:hunterd93@yahoo.com).



**TUESDAY, FEBRUARY 13th from 5:00 until 8:00 p.m.**

***Mardi gras Celebration Pancake Supper!***

**PLAYGROUND COMMUNITY FUNDRAISER**

We will gather in Martin Hall for a pancake supper and music-filled Mardi Gras Celebration. We'll hold a costume contest, have prizes, and hold a drawing for a prize. Please RSVP to [hichurch08008@gmail.com](mailto:hichurch08008@gmail.com) or call Lisa in the Church Office at (609) 492-7571.

## **ASH WEDNESDAY**

**Holy Eucharist at 12:00 noon February 14th**

The first of the forty days of Lent, named for the custom of placing blessed ashes on the foreheads of worshipers at Ash Wednesday services. The ashes are a sign of penitence and a reminder of mortality, and may be imposed with the sign of

the cross. Ash Wednesday is observed as a fast in the church year of the Episcopal Church. The Ash Wednesday service is one of the Proper Liturgies for Special Days in the BCP (p. 264). Imposition of ashes at the Ash Wednesday service is optional.

### **ASHES-to-GO!**

If you are unable to attend our noonday Ash Wednesday service, you may be interested in our *Ashes-to-go* offering. **Between 4:00 and 6:00 p.m.**, Mtr. Caroline+ will be in the Narthex and at the front drive of our church to offer a short prayer and the Imposition of Ashes on-the-go!

### **COFFEE HOUR**

Our weekly Coffee Hours are gaining popularity and attendance! It's a marvelous opportunity for our parishioners to socialize, participate in various workshops, and welcome new members and visitors. Our committee invites you to participate in another important way by providing an EASY refreshment to accompany the coffee and tea that is provided each week. Examples include bagels, cookies, bread, cupcakes, etc. These food items can be homemade or bought, and you DO NOT have to make the coffee!



If you would like to sign up for a week during the months of February through May, please locate the Coffee Hour Schedule that is posted on the bulletin board outside Martin Hall, or contact Ellen Kehr (814)598-4973 or [bkehrfl@comcast.net](mailto:bkehrfl@comcast.net). The weeks that are unavailable are the second Sundays of each month because they are reserved for Vestry Birthday Cakes. Thank you so much!

**Didn't receive an Annual Report Booklet? Please see the church office for a copy!**

**KEEP AN EYE OUT** ~New Church Directories will be available in the Narthex next Sunday, February 11<sup>th</sup>. If you have any changes to your information, please contact Lisa in the office ASAP!

**Rector's Forum Today at Coffee Hour** – *Ask me anything!*

**SAVE THE DATE!**

**Spring 2024 Concerts** – All concerts are Saturdays at 4PM – reception will follow!

**March 16** Nocturnes Big Band

**April 6** Happy Together (friends making music)

**June 9** Capital Singers of Trenton

### **Give Online to Holy Innocents' Episcopal Church**

***It's Easy!***

- Aim your camera
- Snap photo of QR code
- Open & give



***Donate your way.*** Give one time, anytime or set up recurring donation.

***Track your giving.*** Secure and convenient access to your giving history or change recurring donation in your account. Give faithfully anywhere, anytime.

## **THE EPISCOPAL CHURCH OF THE HOLY INNOCENTS**

Pearl & Marine Streets, Beach Haven, New Jersey 08008

609-492-7571 [www.hiecbh.com](http://www.hiecbh.com)

Mrs. Lisa Halpin, Parish Administrator ~ [hichurch08008@gmail.com](mailto:hichurch08008@gmail.com)

Mrs. Ellen J. Dondero, Minister of Music & Organist ~ [ejdondero@comcast.net](mailto:ejdondero@comcast.net)

The Rev. Dr. Judith S. Krom, Deacon ~ (732) 330-4949 [jsk13@comcast.net](mailto:jsk13@comcast.net)

The Rev. Dr. Caroline Carson, Rector ~ (504) 390-5331 [theparsoncarson@gmail.com](mailto:theparsoncarson@gmail.com)

**OFFICE HOURS – Monday through Thursday 9 AM to 2 PM**