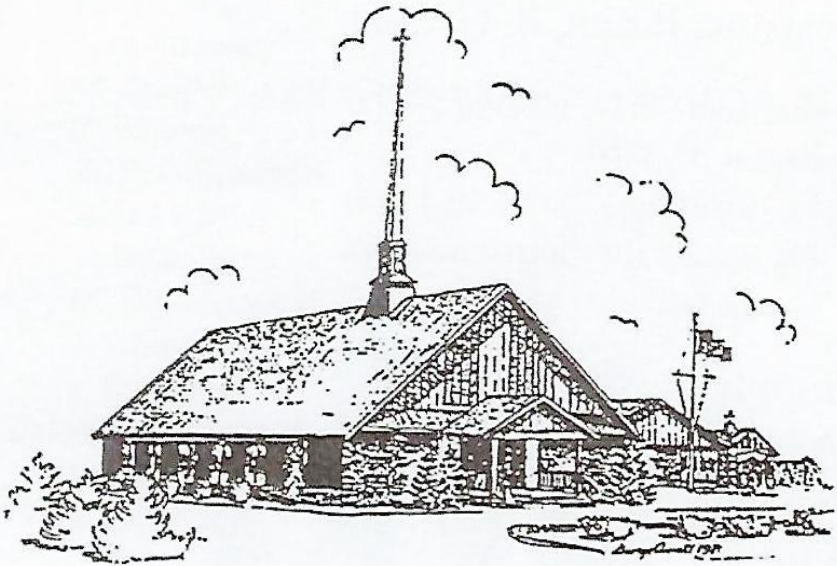


The Holy Eucharist: Rite II

*The Fifth Sunday after The Epiphany  
and  
The Baptism of Mila Ruth Letts*



*The Episcopal Church of The Holy Innocents  
in the Borough of Beach Haven, New Jersey  
7 February, 2021 ~ 9:30 AM*

**Prelude**    *Voluntary*

## THE WORD OF GOD

**Hymn #1** *Father, We Praise Thee*

CHRISTIE SANCTORUM

*Celebrant:* Blessed be God: Father, Son, and Holy Spirit.

*People:*    **And blessed be his kingdom, now and for ever. Amen.**

*Celebrant:* There is one Body and one Spirit;

*People:*    **There is one hope in God's call to us;**

*Celebrant:* One Lord, one Faith, one Baptism;

*People:*    **One God and Father of all.**

*\*Gloria in excelsis*

BCP, p. 356

*All:* Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us;

you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord,

you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. *Amen.*

*\*The Collect of the Day:*

BCP, p 216

*Celebrant:* The Lord be with you.

*People:*    **And also with you**

*Celebrant:* Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **All: Amen.**

**The First Reading**

Isaiah 40:21-41

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain,

and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble.

To whom then will you compare me,  
or who is my equal? says the Holy One.

Lift up your eyes on high and see: Who created these?

He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

Why do you say, O Jacob, and speak, O Israel,

"My way is hidden from the LORD,  
and my right is disregarded by my God"?

Have you not known? Have you not heard?

The LORD is the everlasting God, the Creator of the ends of the earth.  
He does not faint or grow weary; his understanding is unsearchable.

He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

*Reader:* The Word of the Lord.

*All:*     **Thanks be to God.**

**The Gradual: Psalm 147:1-12, 21c** (*Alternating by whole verse*)

1 Hallelujah!

How good it is to sing praises to our God! \*  
how pleasant it is to honor him with praise!

2 The LORD rebuilds Jerusalem; \*  
he gathers the exiles of Israel.

3 He heals the brokenhearted \*  
and binds up their wounds.

- 4 He counts the number of the stars \*  
and calls them all by their names.
- 5 Great is our LORD and mighty in power; \*  
there is no limit to his wisdom.
- 6 The LORD lifts up the lowly, \*  
but casts the wicked to the ground.
- 7 Sing to the LORD with thanksgiving; \*  
make music to our God upon the harp.
- 8 He covers the heavens with clouds \*  
and prepares rain for the earth;
- 9 He makes grass to grow upon the mountains \*  
and green plants to serve mankind.
- 10 He provides food for flocks and herds \*  
and for the young ravens when they cry.
- 11 He is not impressed by the might of a horse; \*  
he has no pleasure in the strength of a man;
- 12 But the LORD has pleasure in those who fear him, \*  
in those who await his gracious favor.
- 21 Hallelujah!

## **The Epistle**

## **1 Corinthians 9:16-23**

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all

people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

*Reader:* The Word of the Lord.

*All:* **Thanks be to God.**

**Sequence Hymn** *Take Time to Be Holy*

HOLINESS

**\*The Holy Gospel**

**Mark 1:29-39**

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to Mark.

*People:* **Glory to you, Lord Christ**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

*Deacon:* The Gospel of the Lord.

*People:* **Praise to you, Lord Christ.** (*All are seated*)

**Homily**

**The Rev. Dr. Caroline Carson+**

### **The Baptism of Mila Ruth Letts**

*(Congregation remains seated as the parents and godparents bring Mila to the front of the church.)*

**Presentation and Examination of the Candidate for Baptism**

Family: **I present Mila Ruth Letts to receive the Sacrament of Baptism.**

*Celebrant:* Will you be responsible for seeing that the child you present is brought up in the Christian faith and life?

Family: **I will, with God's help.**

*Celebrant:* Will you by your prayers and witness help this child to grow into the full stature of Christ?

Family: **I will, with God's help.**

### **The Renunciations and Affirmations**

*Celebrant:* Do you renounce Satan and all the spiritual forces of wickedness that rebel against God?

Family: **I renounce them.**

*Celebrant:* Do you renounce the evil powers of this world which corrupt and destroy the creatures of God?

Family: **I renounce them.**

*Celebrant:* Do you renounce all sinful desires that draw you from the love of God?

Family: **I renounce them.**

*Celebrant:* Do you turn to Jesus Christ and accept him as your Savior?

Family: **I do.**

*Celebrant:* Do you put your whole trust in his grace and love?

Family: **I do.**

*Celebrant:* Do you promise to follow and obey him as your Lord?

Family: **I do.**

*Celebrant, Addressing the Congregation:* Will you who witness these vows do all in your power to support these persons in their life in Christ?

All: **We will.**

*Celebrant:* Let us join those who are committing themselves to Christ and renew our own baptismal covenant.

### **\*The Baptismal Covenant**

*Celebrant* Do you believe in God the Father?

People **I believe in God, the Father almighty,  
creator of heaven and earth.**

*Celebrant* Do you believe in Jesus Christ, the Son of God?

*People* **I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

*Celebrant* Do you believe in God the Holy Spirit?

*People* **I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life everlasting.**

*Celebrant* Will you continue in the apostles' teaching and fellowship,  
in the breaking of bread, and in the prayers?

*People* **I will, with God's help.**

*Celebrant* Will you persevere in resisting evil, and, whenever you fall  
into sin, repent and return to the Lord?

*People* **I will, with God's help.**

*Celebrant* Will you proclaim by word and example the Good News  
of God in Christ?

*People* **I will, with God's help.**

*Celebrant* Will you seek and serve Christ in all persons, loving  
your neighbor as yourself?

*People* **I will, with God's help.**

*Celebrant* Will you strive for justice and peace among all people, and  
respect the dignity of every human being?

*People* **I will, with God's help.**

*(Priest, parents, godparents and children to be baptized, move to the font.)*

### **\*Prayers for the Candidates**

*Celebrant:* Let us now pray for this child who is to receive the  
Sacrament of new birth.

*A Person appointed leads the following petitions*

*Leader* Deliver her, O Lord, from the way of sin and death.

*People*     **Lord, hear our prayer.**

*Leader*    Open her heart to your grace and truth.

*People*     **Lord, hear our prayer.**

*Leader*    Fill her with your holy and life-giving Spirit.

*People*     **Lord, hear our prayer.**

*Leader*    Keep her in the faith and communion of your holy Church.

*People*     **Lord, hear our prayer.**

*Leader*    Teach her to love others in the power of the Spirit.

*People*     **Lord, hear our prayer.**

*Leader*    Send her into the world in witness to your love.

*People*     **Lord, hear our prayer.**

*Leader*    Bring her to the fullness of your peace and glory.

*People*     **Lord, hear our prayer.**

*Celebrant:* Grant, O Lord, that all who are baptized into the death of Jesus Christ your Son may live in the power of his resurrection and look for him to come again in glory; who lives and reigns now and for ever. *All: Amen.*

### **\*Thanksgiving over the Water**

*An Appointed person pours water into the font. The Celebrant blesses the water, first saying*

*Celebrant*    The Lord be with you.

*People*       **And also with you.**

*Celebrant*    Let us give thanks to the Lord our God.

*People*       **It is right to give him thanks and praise.**

*Celebrant*    We thank you, Almighty God, for the gift of water. Over it the Holy Spirit moved in the beginning of creation. Through it you led the children of Israel out of their bondage in Egypt into the land of promise. In it your Son Jesus received the baptism of John and was anointed by the Holy Spirit as the Messiah, the Christ, to lead us, through his death and resurrection, from the bondage of sin into everlasting life.

We thank you, Father, for the water of Baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Therefore in joyful obedience to your Son, we bring into his fellowship those who come to him in



faith, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit.

*At the following words, the Celebrant touches the water*

Now sanctify this water, we pray you, by the power of your Holy Spirit, that those who here are cleansed from sin and born again may continue for ever in the risen life of Jesus Christ our Savior. To him, to you, and to the Holy Spirit, be all honor and glory, now and for ever. All: **Amen.**

**\*The Baptism**

*The parents and Godparents present the child by name to the Celebrant, who then pours water upon him/her, saying*

Mila Ruth, I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit. All: **Amen.**

*Then the Priest places a hand on the child's head, marking on the forehead the sign of the cross using Chrism and saying,*

Mila Ruth, you are sealed by the Holy Spirit in Baptism and marked as Christ's own for ever. All: **Amen.**

*Celebrant:* Let us pray. Heavenly Father, we thank you that by water and the Holy Spirit you have bestowed upon this your child the forgiveness of sin, and have raised her to the new life of grace. Sustain her, O Lord, in your Holy Spirit. Give her inquiring and discerning hearts, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works. All: **Amen.**

*Celebrant:* Let us welcome the newly baptized!

***Celebrant and People***

**We receive you into the household of God. Confess the faith of Christ crucified, proclaim his resurrection, and share with us in his eternal priesthood.**

**\*The Prayers of the People: Form III**

**BCP, p. 387**

*(The people may stand or kneel)*

*Deacon:* In peace, we pray to you, Lord God.

*Silence*

*Leader:* Father, we pray for your holy catholic Church;

*People:* **That we all may be one.**

*Leader:* Grant that every member of the Church may truly and humbly serve you;

*People:* **That your Name may be glorified by all people.**

*Leader:* In the Anglican Cycle of Prayer we pray for The Anglican Church of Burundi. We pray for Justin, the Archbishop of Canterbury; for Michael, our Presiding Bishop; for William our Bishop; for Judith our Deacon, for Caroline, our Rector. We pray for all bishops, priests, and deacons;

*People:* **That they may be faithful ministers of your Word and Sacraments.**

*Leader:* For Colleen our Mayor, Philip our Governor, Joe our President; We pray for all who govern and hold authority in the nations of the world;

*People:* **That there may be justice and peace on the earth.**

*Leader:* Give us grace to do your will in all that we undertake;

*People:* **That our works may find favor in your sight.**

*Leader:* We pray for the special needs and concerns of this congregation, especially remembering all victims of climate change, and for the poor. We also remember all those mentioned in our Parish Prayer List: the sick, the shut in, and the grieving; those serving in the military and other dangerous professions, and for our enemies, that all hearts may be turned to peace. Have compassion on those who suffer from any grief or trouble;

*People:* **That they may be delivered from their distress.**

*Leader:* Give to the departed eternal rest.

*People:* **Let light perpetual shine upon them.**

*Leader:* We praise you for your saints who have entered into joy;

*People:* **May we also come to share in your heavenly kingdom.**

*Leader:* Let us pray for our own needs and those of others. (*The People may add their own petitions.*)

*The presider prays the concluding collect, and the people respond, Amen.*

*Deacon:* Let us confess our sins against God and our neighbor.

### **Confession - Minister and People**

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.*

*The presider offers absolution and the people respond, Amen.*

**\*The Peace** (*All stand*)

*Celebrant:* The peace of Christ be always with you.

*People:* **And also with you.**

*The people greet one another with a sign of God's peace and then are seated*

### **The Parish Notices**

## **THE HOLY COMMUNION**

### **Offertory**

**Hymn #191 (LEVAS)** *His Eye is On the Sparrow* Charles H. Gabriel

**\*Presentation of the Gifts** (*All stand*)

*"All things come of Thee, O Lord, and of Thine own have we given Thee"*

**\*The Great Thanksgiving: Eucharistic Prayer A** **BCP, p. 361**

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

*People:* **It is right to give him thanks and praise.**

*Celebrant:* It is right, and a good and joyful thing, always and every where to give thanks to you, Father Almighty, Creator of heaven and earth. Because in Jesus Christ our Lord you have received us as your sons and daughters, made us citizens of your kingdom, and given us the Holy Spirit to guide us into all truth. Therefore we praise

you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

***Sanctus and Benedictus (All)***

*Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

*(The People may stand or kneel)*

*Celebrant:* Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world. On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

***All: Christ has died. Christ is risen. Christ will come again.***

*Celebrant:* We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *All: AMEN.*

### **The Lord's Prayer**

**BCP, p. 364**

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### **The Breaking of the Bread**

*Celebrant: Alleluia, Christ our Passover is sacrificed for us;*

*People: Therefore let us keep the feast. Alleluia.*

*(All baptized Christians are welcomed to receive Holy Communion. Diocesan guidelines allow the Holy Sacraments in one kind only. Bread will be offered and Wine will be placed on the altar for adoration.)*

### **The Prayer of Spiritual Communion**

**St. Alphonsus Liguori**

*(Prayed by those who would normally receive, but are either uncomfortable due to the pandemic or availed to stay at home when normally would be with us. This is not a prayer of consecration and should not be used remotely as such.)*

My Jesus, I believe that you are present in the most holy sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As if you were already there, I embrace you and unite myself wholly to you. Permit me never to be separated from you. Amen.

### **Postcommunion Prayer** *(Stand or kneel)*

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

### **\*Blessing**

**\*Hymn #423** *Immortal Invisible* (vs. 1,3&4)

**ST. DENIO**

Deacon: Let us go forth in the name of Christ.

People: **Thanks be to God.**

**Postlude**

\*\*\*\*\*

**Parish Prayer List – February 7, 2021**

*If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator by **Wednesday, February 10th.***

Jean Aclin	Connie Anderson	Barry
Eddie Boll	Cathy, Claire	Bill & Lynne Cowper
Marie Bregler	Joan Connolly	Judy Contreras
Mary Ann Crewdson	Michael Reed Davis	Dennis
Carol Dobbins	Meg Dougher	Fran Harris
Hillary	Diane Lee	Cecily Lovas
Mary Jane	Rob Meyer	Gene Pharo
Lara Sparks	Robert Thomas	Colin Walker
Peter Wall	Ann White	Kate White

**Those serving in the military and other dangerous professions:**

Justin A. Dumhart, Danny Melega

**Birthdays:** Ellen Dondero (02/08), Diana Shoenbach (02/08), Linda Anderson (02/11), Anita Miller (02/11), Noah James Dondero (02/12), David Thomas Hunter (02/13)

**Anniversaries:** Francis W. and Janine C. Kleber, III (02/09)

**WEEKLY ONLINE CALENDAR February 7<sup>th</sup> – February 13<sup>th</sup>**

07 – Sunday	Compline	9:00 PM
08 – Monday	Morning Prayer (online)	9:00 AM
09 – Tuesday	Sung Evening Prayer (online)	6:00 PM
11 – Thursday	Vestry Meeting (Zoom)	7:00 PM
	Compline (online)	9:00 PM
12 – Friday	<i>Parish Office Closed</i>	
	Kids Korner	7:00 PM
13 – Saturday	Praying through the Psalms	7:00 PM

**VOLUNTEERS NEEDED** to wipe down pews and items after the 9:30 service.

**Content Wanted!**

If you have photographs, prayers you've written, stories, poems, recipes, etc. that you would like to see shared, please let

Mtr. Caroline know for the weekly newsletter (*The E-pistle*) and Lisa Halpin know for the monthly Parish Post and its deadline. We are always seeking new content and welcome your submissions.

### **Ministries OPEN**

If there is an area in the church to which you feel drawn, have questions about, or wish we had here, please talk to Mtr. Caroline+. There is ROOM in our many ministries and outreach activities and we would be very happy to see where your strengths and passions can be directed! *What would YOU like to do?!*

**ASH WEDNESDAY** services: Feb. 17<sup>th</sup> at 12:00 noon (no music), and 7 PM with music. These services will **not** be broadcast via Facebook Live.

**PASTORAL CARE** - Please call Mother Caroline+ at (504) 390-5331 and Deacon Judy Krom at (732) 330-4949

In Honor of **Black History Month**, each Sunday we will feature a special hymn.

This week it is *His Eye is On the Sparrow*, authored by Civilla D. Martin, a Canadian woman, educated in the schools of Nova Scotia. She taught school for a short time before meeting and marrying Dr. William Martin, an evangelist and musician of sorts. Together, they enjoyed an itinerant ministry. Civilla, who wrote the lyrics, said this about her inspiration to write the song.

“Early in the spring of 1905, my husband and I were sojourning in Elmira, New York. We developed a deep friendship for a couple by the name of Mr. and Mrs. Doolittle - true saints of God. Mrs. Doolittle had been bedridden for nigh 20 years. Her husband was an incurable cripple who had to propel himself to and from his business in a wheel chair.”

Civilla continued, “Despite their afflictions, they lived happy Christian lives, bringing inspiration and comfort to all who knew them. One day, while we were visiting with the Doolittles, my husband commented on their bright hopefulness and asked them for the secret of it. Mrs. Doolittle’s reply was simple: ‘His eye is on the sparrow, and I know he watches me.’ The beauty of this simple

expression of boundless faith gripped the hearts and fired the imagination of Dr. Martin and me. The song ‘His Eye Is on the Sparrow’ was the outcome of that experience.”

She sent the lyrics to Charles H. Gabriel, an experienced musician and gospel songwriter, asking him to write some fitting music for her lyrics. He did so and his melody has been the vehicle that carried Civilla Martin’s poem around the world.( [staugaustine.com](http://staugaustine.com))

This song is a staple in Gospel music and best remembered as sung by Ethel Waters, and Mahalia Jackson who won a Grammy for her performance.

You can watch her performance it here

<https://www.youtube.com/watch?v=Sr1OTWIk4eA>

## **THE EPISCOPAL CHURCH OF THE HOLY INNOCENTS**

Pearl & Marine Streets, Beach Haven, New Jersey 08008

609-492-7571 [www.hiecbh.com](http://www.hiecbh.com)

Mrs. Lisa Halpin, Parish Administrator ~ [hichurch08008@gmail.com](mailto:hichurch08008@gmail.com)

Mrs. Ellen J. Dondero, Minister of Music & Organist ~ [ejdondero@comcast.net](mailto:ejdondero@comcast.net)

The Rev. Dr. Judith S. Krom, Deacon ~ (732) 330-4949 [jsk13@comcast.net](mailto:jsk13@comcast.net)

The Rev. Dr. Caroline Carson, Rector ~ (504) 390-5331 [theparsoncarson@gmail.com](mailto:theparsoncarson@gmail.com)

**OFFICE HOURS – Monday through Thursday 9 AM to 2 PM**