

Holy Innocents'
Episcopal Church
Pearl & Marine Streets
Beach Haven, NJ 08008



Church Email
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Website: www.hiec bh.com
Office: 609 492 7571
Parish Office Hours
Monday thru Thursday
9:00am - 2:00pm

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The Parson's Place

HAPPY NEW YEAR!

We are still within the 12 Days of Christmas, ending on January 6th at The Epiphany, but I challenge you to keep Christmas the entire year! Think about what you'd like to let go of from the past for this new year and what you'd like to take on. Write these on a small slip of paper and burn them in your next fire. At church on Sunday, I will burn them after our morning service. Those ashes will be mixed into our Ash Wednesday ashes, just like the palms from last Palm Sunday. This first fire of 2024 will symbolize our continuing transformation and purifying hopes for the new year. During Epiphany, I offer house blessings so let me know if you are interested in having that done. As we enter the new year together, please know that I love you dearly and appreciate each and every one of you! I normally post *The New Year Carol* by Benjamin Britten with text from Walter de la Mare, but this year, I'd like to encourage you to check out *Good is the Flesh* by Brian Wren. I love poetry and feel like it gives a solid, creative, and often poignant way to meditate and pray.

Good Is the Flesh

~ by Brian Wren (1936-)



Good is the flesh that the Word has become
good is the birthing, the milk in the breast,
good is the feeding, caressing and rest,
good is the body for knowing the world,
Good is the flesh that the Word has become.
Good is the body for knowing the world,

sensing the sunlight, the tug of the ground,
feeling, perceiving, within and around,
good is the body, from cradle to grave,
growing and aging, arousing, impaired,
happy in clothing, or lovingly bared,
good is the pleasure of God in our flesh,
Good is the flesh that the Word has become.
Good is the pleasure of God in our flesh,
longing in all, as in Jesus to dwell,
glad of embracing and tasting and smell,
good is the body, for good and for God,
Good is the flesh that the Word has become.

<https://www.jacredford.com/Conc.../WelcomeAllWonders.html...>

From Notes: "Brian Wren, the contemporary English hymnodist provides the text for the last two songs. In his setting of "Good is the Flesh," Redford does not feel obligated to subject the music to the strict formal constraints found in the poem. In a way, he liberates the verse by composing free, organic melodies for repeating lines of the text. After a short introduction in the woodwinds, the women sing a lullaby in a graceful six-eight meter. An interlude follows featuring flute, oboe, and trumpet each taking their turn with another melody. The men then sing their own gentle tune reminiscent of the women's. At the midpoint, the choir sings *a capella* in chorale fashion using rich pandiatonic harmonies. Near the end, the voices freely alter the original theme now transposed up a second. A quiet instrumental postlude concludes softly on a D-major triad with an added ninth."

Caroline+



Dishing With The Deacon

Prayer for the New Year

C-Christ is born, O, joyous day.

H-Here to save and love us.

R-Redeem us from our sins and woes.

I-Introduce us to his heavenly ways.

S-Savior of our souls and lives.

T-Teach us how to love one another.

M-Make our lives and yours entwine.

A-Alleluia, Alleluia, Alleluia.

S-Shepherds watching, angels singing, peace on earth.

Merry Christmas and Happy New Year!

Love from your deacon!

Judy



Sandwich Ministry Update

On Wednesday, January 10, from 9:30 until 11am, we will be making 60 bagged lunches. All supplies will be in our kitchen that morning. The plan will be to make 60 turkey sandwiches, peel and slice carrots into “carrot sticks (and then portion and bag them), bag cookies, and place those items into paper bags along with an orange, bottle of water, and napkin.

While working, we will discuss and plan the rest of the year. Our hope is to do something like this every month. Currently, the second Wednesday of each month is the plan. February will be the one exception. We will work the first Wednesday because the second Wednesday is Ash Wednesday and Valentine’s Day.

On January 10, Bright Harbor will be picking up our bagged meals at noon. They will be distributed to at risk teens meeting at their Toms River location that day. They will also be driven to those needing food assistance, by case workers, and distributed to those in tent communities by staff from Code Blue.

Please contact Alexa Fahner (alexafahn@aol.com) if you can help out on January 10.

Thank you to everyone that has expressed interest in this new ministry.!

Alexa Fahner



**Our Annual Congregational Meeting is scheduled for
Sunday, January 7, 2024 in Martin Hall immediately
following worship service.**

A light fare of foods will be served.

From Our Minister of Music



Happy New Year!

Special thanks to our choir for making 2023 brighter for us. We are very fortunate to have such dedicated and faithful members! They will take their usual well deserved winter break and return in February. We always welcome new members, so come try us out and bring a friend (or two!) we promise some wonderful music and lots of laughter.

In addition to the choir taking their break, I will be taking off the month of January. I will surely miss worshiping and making music with you, but I am grateful to take some time off.

I am also grateful for Barbara Wheeler who will cover for me the weeks I am away. I would like to say I am counting my blessings, but frankly there are far too many to count!

Cheers to a New and Bright Year! ~ Ellen Dondero, Minister of Music ~ ejdondero@comcast.net



Pictures above are from a holiday gathering held at Ellen's house after spending the afternoon sharing their beautiful music caroling. We thank them for their time and talent! What a wonderful treasure to all!!

Coffee Hour Schedule ~ January-May 2024



Our weekly Coffee Hours are gaining popularity and attendance! It's a marvelous opportunity for our parishioners to socialize, participate in various workshops, and welcome new members and visitors.

Our committee invites you to participate in another important way by providing an EASY refreshment to accompany the coffee and tea that is provided each week. Examples include bagels, cookies, bread, cupcakes, etc. These food items can be homemade or bought, and you DO NOT have to make the coffee!

If you would like to sign up for a week during the months of January through May, please locate the Coffee Hour Schedule that is posted on the bulletin board outside Martin Hall, or contact me and I will schedule you: Ellen Kehr (814)598-4973 or bkehrfl@comcast.net

The weeks that are unavailable are the second Sundays of each month because they are reserved for Vestry Birthday Cakes.

Thank you so much!

Have a Happy and Healthy New Year!!! ~ Ellen K.

Environmental Education and Advocacy Committee



The Wonders of Sand Dunes: Nature's Coastal Guardians

On a beach, amidst the playful seashells and soaring gulls, lies a marvel of nature: the sand dune. These intriguing formations, usually found a short distance from where the ocean kisses the land, pose several questions: How do they maintain their shape? What causes their formation? It's a journey of discovery to understand these sandy hills.

Formation and Growth

Sand dunes are essentially wind-formed mounds, often located along beaches. They begin to take shape when wind carries sand to an area shielded by a natural barrier. Over time, as these dunes grow, they become a nurturing ground for plants. Species like sea oats and beach morning glory anchor themselves in the sand, their roots fortifying the dunes. This natural process thrives best without human interference, allowing nature to work its magic.

Evolving Ecosystems

As dunes mature, they transform into diverse ecosystems. Initially, pioneering plants stabilize the sand, paving the way for more organic matter to accumulate. This creates a fertile environment for a variety of flora, including woody plants, eventually evolving into a lush 'scrub zone'. The oldest dunes may even develop into maritime forests, featuring trees like live oak and slash pine.

Storm Protection and Erosion Control

Beyond their ecological significance, sand dunes are crucial for coastal protection. They act as natural barriers against storm surges and high waves, absorbing the energy of ocean waves during storms. This buffering role helps protect inland areas from the full force of coastal storms, often resulting in less damage for communities with healthy dune systems.

How You Can Help

Preserving sand dunes is vital. Simple actions like using designated walkways instead of walking directly on the dunes and keeping them free of trash can make a significant difference. Remember, respecting these natural formations is not only about appreciating their beauty but also about safeguarding our coastlines and the diverse life they support.

Winter Solstice Holy Hike

The Environmental Education & Advocacy Committee hosted a Holy Hike on "the shortest day", Thursday, December 21st. We walked in the woods at Eno's Pond in Lacey Township, pausing briefly at various intervals to observe nature and to pray.



January Birthdays



Stokes B. Carrigan, IV	04	Margaret Rose Kleber	18
Sydney Stevens	05	Richard L. Vaughan	18
Caroline Carson	12	Edith Dumhart	21
Justin Dumhart	12	Susan D. Walls	26
Judith Krom	13	Jonathon Goddard	30
Diane Entrikin	17		

January Anniversaries

Barry & Nicole Baxter 22

Jerry & Gail South 22

Howard & Edith Dumhart 30

WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of **January**.

JANUARY ALTAR DONATIONS

- 7th - Ruth McLaughlin
- 14th -
- 21st - Deborah & David Hunter
- 28th - Jeanne & Rich Cashel

JANUARY FLOWER GUILD

- 7th - Joyce Hillyer
- 14th - Artificial Flowers
- 21st - Carol Hammond
- 28th - Kim Sparks



JANUARY ALTAR GUILD

- 7th - Jackie Sparks, Donna Evleth
- 14th - Melissa Wall, Diane Entrikin
- 21st - Jeanne Cashel, Jackie Sparks
- 28th - Carol Hammond, Chris Burlaga

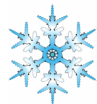
JANUARY USHERS & GREETERS

- 7th - Kay DeCicco, Mike DeCicco
- 14th - Bill Cowper, Mike Fahner
- 21st - Bill Kehr, Rob Meyer
- 28th - Melissa Wall, Sue Hughes



JANUARY COFFEE HOUR SCHEDULE

- 7th - Annual Meeting
- 14th - Vestry Birthday Cake (Kehr)
- 21st - Deborah Hunter
- 28th - TBD



Parish Prayer List January

If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator

Judy Contreras
Mary Ann Crewdson
Connie Anderson
Susan F.
Dayton
Bob Hendricks
Kathy & Walter
Priscilla
Chris C.
Barry Longenbach
Tony
Elliott
Dennis Hickey
Laura
Rebecca
Bob
Sophia
Jim Darling
Greg Melega
Teri Keller
Hunter Gideon
Frank M.
Joey

Lara Sparks Deitz
Dennis
Christian Balint
Cheryl
Jason
Christine Hendricks
Ron & Kenny
Judy & Al
Pierro Family
Robert
Aleen
Anne
Rosanne & Bob
Lovas Family
Fiona
Sue
Joseph
Charles Sullivan
Rachel
Gia
Vic Hughes
Ray M.
Diane Dreby

Joan Connolly
Anthony B.
Barney H.
Diane D.
Kirsten Angelozzi
Andy
Jeannine
Joan & Linda Kelly
David D'Ambrosia
Mike
Jan
Karen & DJ
Juli & Dave
Debbie & Joe Reising
Graham
Melanie
Paris
Warren Lamon
Louise Muth
Cora
Rick & Becky Johnson
Kate White
Cameron Sanders

Those serving in the military and other dangerous professions:

Paul Bailey, Justin A. Dumhart, Joseph Alexander, Danny Melega, Andrew Wall, Brandan White

The Giving Tree



THANK YOU SO MUCH to those who were able to provide gifts selected from our giving tree and to Maggie Aftanis for organizing the bags, overseeing, organizing, and transporting all the gifts! All of the families were so thankful for the gifts & gift cards from the ECW!





In the Spotlight

Parishioner Spotlight is a regular feature in The Post. The purpose is to provide insights into the background and personalities of our fabulous parishioners! We hope you enjoy getting to know the people of Holy Innocents'!
January Parishioner Spotlight ~ George Waldner

My growing up years were spent in Moorestown and Beach Haven. My family developed Sierra Apartments, Amber St. at the Ocean, in the 1950's. The buildings and pool remain, but it's now Seaplace Condominiums. I remember the Baldwin fire, where Holy Innocents' now stands.

College at Cornell University, some time in time US Army, mainly at Fort Dix, then graduate school in politics and East Asian studies at Princeton. My focus was US-Japan relations, so I studied in Japan for two years, in the 1970's. Finished my PhD and began teaching at Oglethorpe University in Atlanta.

Spouse Judy and I married in 1973. She taught elementary grades in West Chester, PA. Our daughter, Lizanne, was born in 1975. Judy taught at the Galloway School in Atlanta.

I shifted to administrative work, becoming Dean, and then relocated to Wilkes College as Vice President for Academic Affairs. Our big change came in 1991, when I accepted the presidency of York College of PA, where I served for 22 years, and Judy did her community outreach duties ably as first lady.

We bought our house on Chatsworth Ave, and I resumed my "summering" (part of it) in Beach Haven. Lizanne, having graduated from Princeton and U Virginia law, married and started a family, becoming a mother of five. Lizanne and her older daughter, Genevieve, are pictured at the top of the photo collage;

grandson Gregory and granddaughter Veronica are in the bottom photos.













I think of Holy Innocents as my neighborhood church. Judy and I were members of Lutheran churches in Atlanta, Wilkes-Barre, and York. We intended to join Holy Innocents' after my retirement, but she developed dementia, which drastically limited our activities for a number of years. She passed away in January and her remains are interred in the memorial garden at Holy Innocents'. I became a member in early 2023.

I work part-time in real estate here in Beach Haven, mainly summer rentals, some sales. My "hobby" is doing all of the exercises and activities needed as one ages. I have a winter home in Arlington, VA, to be near Lizanne and help out with the kids' transportation to school, activities, etc.

A mighty fortress is our God.



JANUARY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 	1 <i>Parish Office Closed</i>  Happy New Year!	2 6:00pm EP (FB)	3	4 7:00pm Lay Town Hall (Subscribe via swelch@dioceseofnj.org) 9:00pm Compline (FB)	5 <i>Parish Office Closed</i> 	6 6:00pm EP Feast of the Epiphany (FB)
7 <i>1st Sunday after the Epiphany ~ The Baptism of Our Lord</i> 9:30am Rite II ANNUAL MEETING	8 9:00am MP (FB)	9 6:00pm EP (FB)	10	11 2:00pm Book Study @ Church 9:00pm Compline (FB)	12 <i>Parish Office Closed</i> MTR. CAROLINE'S BIRTHDAY!! 	13 DCN. JUDY'S BIRTHDAY!! 
14 <i>2nd Sunday after the Epiphany</i> 9:30am Rite II 11:00am Vestry Brunch @ Rectory 3:00pm DIO NJ MLK Service @ Cathedral	15  9:00am MP (FB) <i>Parish Office Closed</i> Martin Luther King Day	16 6:00pm EP (FB)	17 	18 2:00pm Book Study @ Church 9:00pm Compline (FB)	19 <i>Parish Office Closed</i>	20 
21 <i>3rd Sunday after the Epiphany</i> 9:30am Rite II	22 9:00am MP (FB)	23 6:00pm EP (FB)	24	25 2:00pm Book Study @ Church 9:00pm Compline (FB)	26 <i>Parish Office Closed</i>	27 
28 <i>4th Sunday after the Epiphany</i> 9:30am Rite II	29 9:00am MP (FB)	30 6:00pm EP (FB)	31 			

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Parties Ashes

THANK YOU ALL!!!

Please be sure to patronize & thank the businesses that so very generously purchased ads for this Parish Post year!

The Hughes Family ~ The Hillman Family ~ Jay Cranmer

Larry & Pat Peacock ~ Murphy's Family of Stores

Carroll & Carl Sheppard

These ads greatly help defray our publishing costs and support our ministries and church operations!

Happy
 NEW
 Year



Holy Innocents' Episcopal Church
 Pearl and Marine Streets
 Beach Haven, New Jersey 08008
 609-492-7571

Sunday Morning ~ 7:30 a.m.
 Rite I Worship Service
 (May 26th through Labor Day)
 Sunday Morning ~ 9:30 a.m.
 Rite II Worship Service with music
 609-492-7571

Pictures from preparations for and during the Christmas Eve service

