

Holy Innocents' Episcopal Church Pearl & Marine Streets Beach Haven, NJ 08008

Church Email hicchurch08008@gmail.com Website: www.hiec bh.com Office: 609 492 7571 Parish Office Hours Monday thru Thursday 9:00am - 2:00 pm



A community of faith, sharing the love of the Holy Spirit, seeking and serving Christ in his creation.

The Parson's Place

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Dear All,

We are in the holiest time of the Christian year. The next three days are known as Triduum. It is a time that is spiritually fulfilling and yet exhausting too. As a priest, I feel that the Great Vigil of Easter is the holiest night of the year. It is from the darkest depths of despair that Christ arises from the tomb and breaks the bonds of death. That service begins after sunset and is the first Eucharist of Easter. I imagine we won't have too many folks in attendance, as it is usually a lengthy service, but it is meaningful. The Exsultet is presented and even today, it is a rare opportunity to hear the history of salvation in a liturgy, Read a little bit about each day below:

Triduum

A period of three days of preparation for a feast day. The term is most frequently used for Maundy Thursday, Good Friday, and Holy Saturday, the three days prior to Easter Sunday that are the concluding days of Holy Week, also known as Easter Triduum. Other usage for the Easter Triduum reckons the days from the evening of Maundy Thursday through the evening of Easter Day. The term may indicate any three-day period of preparation for a feast.

Maundy Thursday

The Thursday in Holy Week. It is part of the Triduum, or three holy days before Easter. It comes from the Latin mandatum novum, "new commandment" from John 13:34. The ceremony of washing feet was also referred to as "the Maundy". Maundy Thursday celebrations also commemorate the institution of the Eucharist by Jesus "on the night he was betrayed" Egeria, a fourth-century pilgrim to Jerusalem, describes elaborate celebrations and observances in that city on Maundy Thursday. Special celebration of the institution of the Eucharist on Maundy Thursday is attested by the Council of Hippo in 381. The Prayer Book liturgy for Maundy Thursday provides for celebration of the Eucharist and a ceremony of the washing of feet which follows the gospel and homily. There is also provision for the consecration of the bread and wine for administering Holy Communion from the reserved sacrament on Good Friday. Following this, the altar is stripped and all decorative furnishings are removed from the church.

Good Friday

The Friday before Easter Day, on which the church commemorates the crucifixion of Jesus. It is a day of fasting and special acts of discipline and self-denial.

Continued on next page



The Parson's Place continued...

In the early church candidates for baptism, joined by others, fasted for a day or two before the Paschal feast. In the west the first of those days eventually acquired the character of historical reenactment of the Passion and death of Christ. The liturgy of the day includes John's account of the Passion gospel, a solemn form of intercession known as the solemn collects (dating from ancient Rome), and optional devotions before the cross (commonly known as veneration of the cross). The Eucharist is not celebrated in the Episcopal Church on Good Friday, but Holy Communion may be administered from the reserved sacrament at the Good Friday service. The BCP appoints readings for Morning Prayer and Evening Prayer on Good Friday.

Holy Saturday

The Saturday after Good Friday, which recalls the day when the crucified Christ visited among the dead while his body lay in the tomb of Joseph of Arimathea. In the Episcopal Church there is no Eucharist on Holy Saturday. The BCP provides a simple liturgy of the word with collect and readings for the Holy Saturday service. The funeral anthem "In the midst of life: (BCP, p. 484 or 492) is used instead of the prayers of the people (BCP, p 283). In the ancient church,, those preparing for baptism and perhaps others continued the fast they began on Good Friday. Holy Saturday ends at sunset. Fasting and other preparations end at sunset or with the Easter Vigil, which begins the celebration of Easter.

Easter Vigil

The liturgy intended as the first (and arguable, the primary) celebration of Easter in the BCP (p 284-95). It is also known as the Great Vigil. The service begins in darkness, sometime between sunset on Holy Saturday and sunrise on Easter, and consists of four parts: The Service of the Light (kindling of new fire, lighting of the Paschal candle, The Exsultet); The Service of Lessons (readings from the Hebrew Scriptures interspersed with psalms, canticles and prayers); Christian Initiation (Holy Baptism) or the Renewal of Baptismal Vows; and the Eucharist. Through this liturgy, the BCP recovers an ancient practice of keeping the Easter feast. Believers would gather in the hours of darkness ending at dawn on Easter to hear scripture and offer prayer. This night-long service of prayerful watching anticipated the baptisms that would come at first light and the Easter Eucharist. Easter was the primary baptismal occasion for the early church to the practical exclusion of all others. This practice linked the meanings of Christ's dying and rising to the understanding of baptism.

Maundy Thursday, April 1 **6:00 PM** Service of Holy Eucharist (*The Footwashing is not permitted this year according to diocesan task force guidelines.*)

8:00 PM to 6:00 AM Gethsemane Vigil

Good Friday, April 2 **12:00 Noon** Service

Holy Saturday, April 3 **7:34 PM** The Great Vigil of Easter – the First service of Easter (*Service begins in the Memorial Garden immediately following sunset, weather-permitting.*)

Easter Sunday, April 4 **9:30 AM** Holy Eucharist

From Our Minister of Music



Live-Stream Music in the Air!

Lighthouse Brass ~ Saturday, April 10, 2021 at 4pm

This concert will include favorites like *Just a Closer Walk With Thee*, *When The Saints Go Marching In*, and a medley of popular songs from Marie Bregler's youth! There is no charge for the concert, but donations will be accepted to defray costs. To donate to this concert, please click [HERE](#) or go to our website and click on giving and then select concert. This is a live stream event on Holy Innocents' Youtube channel , and will not be available to view after.

Ellen Dondero, Minister of Music
ejdondero@comcast.net

Dishing With The Deacon



"April is the cruelest month" according to TS Eliot in *The Waste Land*, one of his famous poems. Indeed, we are so close to flowers, leaves, green grass, the warmth of sunshine and then kerplunk: 40 degrees, snow flurries, heavy jackets! But for us Christians it is the most glorious month, when Easter comes in April. First, we have to get through Palm Sunday, Maundy Thursday, and Good Friday.

We move through Holy Week from the celebration on Palm Sunday when the crowd yells "Hosanna! to the Son of David. Tell the daughter of Zion. Look your King is coming to you," when Jesus passes by. Two days later the crowd turns against Jesus when Pilate asks the question about who should be turned loose: Barabbas or Jesus, and the crowd yells back Barabbas and about Jesus they say Crucify Him!"

Before we can turn around, we are stripping the altar symbolizing what it would be like if Jesus never came to us as all the symbols of our faith disappear. It always makes me cry. Before us all this week is the cross, the cruelty of Jesus suffering for us.

Wait! There's good news! The *Alleluia* is marching down the calendar and pretty soon down the aisle as well. The lilies are awakening, ready to bloom on Easter Day. We are slowly realizing Lent is almost over. Even though it's been a good Lent and we have had the opportunity to analyze our lives, confess our sins and figured out where we need to change our behavior. I want to make progress in keeping the Sabbath holy and not using God's name in vain.

Most of all, I want to thank Jesus for his sacrifice of his life for our sins and rejoice together on his gracious gift of eternal life.

Oh, and maybe dance with the lilies, shout alleluia, and love each other. AMEN

Happy Easter.
Dcn. Judy

Parish Prayer List April

If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator

Keith & Jean Aclin	Dave B.	Connie Anderson
Beth C.	Barry	Bob & Fran
Eddie Boll	Cathy, Claire	Bill & Lynne Cowper
Marie Bregler	Joan Connolly	Judy Contreras
Mary Ann	Mary Ann Crewdson	Michael Reed Davis
Dennis	Carol Dobbins	Dore Family
Meg Dougher	Dreby Family	Ella
Faye	Ken Hannah	Fran Harris
Hillary	Hinderliter Family	Janet
Janine	Karen & DJ	Robin Koch
Diane Lee	Frank	Lauren & Ed
Lindsey	Cecily Lovas	Kurt Martin
Mary Jane	Rob Meyer	Scott Mitchell
Ronnie & Harry	Virginia Nicholas	Osborn Family
TJ Patton	Paula & Abbie	Lucien Picard
Carol Ann Renzland	Kathy Rice	Rits
Lara Sparks	Lorraine & Andrew	Bill Todd
Robert Thomas	Sharon	Victoria, Miles & Family
Colin Walker	Wall Family	Ann White
Kate White	Family of Virginia Banks	

Those serving in the military and other dangerous professions:

Andrew Wall, Brandan White, Joseph Alexander, Zachary Arlin, Paul Bailey, Justin A. Dumhart, Danny Melega

Stewardship

Stewardship of the Mind

I don't know about you, but I don't usually think of my mind as something to steward. Maybe because it is Lent and I'm thinking not only of giving up something, but how I can better myself or make a positive change, not an unfamiliar concept for Easter season. I wondered if there was such a thing as mind stewardship. So, I googled it and was well rewarded!

The Rev. Neal Presa, Ph.D, makes a compelling case that for Christians, stewarding our mind is part and parcel to our faith. It is a concept that includes many areas of our life. It involves our health, our proper time management, the way we work and the way we do school, it involves our hobbies and our athletics, our money, and it involves all our skills and abilities, everything in life that God has given to us.

We can't always determine what enters our minds, but we can certainly determine what stays there. Humble yourself. Think about the concept of your mind as something to be taken care of and consider how you will best use your resources. There is an old computer programming adage that goes, "garbage in, garbage out". That is, the output of any program is dependent upon the quality of the input you start with. Consider what you can do to feed your mind and how you can be a good steward of what you allow to enter your mind. Would you benefit from a social media fast? Look for signs of positivity in your attitude and outlook when you make a change.

"Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things." Philipians 4:8

Stay well and be at peace,
Pat Peacock

April Birthdays

Stokes V. Carrigan	01	Larry Peacock	17
Katelynne Cowper	01	Susan Wilson	17
Jacqueline Sparks	04	Lisa Mack	20
Bill Kehr	10	Carroll Sheppard	20
Wesley Heilman, III	13	Charles Miller	23
Thomas Hughes	13	Margaret C. Degnan	24
Launa Ruoff	13	Marie Bregler	26
Tino Andrade	14	Roy Bray	27
Judith Hamilton	15	Karin R. Mitchell	27

April Anniversaries

Donna and Linda Anderson 09
 Kneeland and Suzette Whiting 12
 Vince and Judy Contreras 24
 Richard and Jeanne Cashel 28

WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of **April**.

APRIL ALTAR DONATIONS

4th -
 11th -
 18th -
 25th - The Cashels

APRIL FLOWER GUILD

4th - Easter
 11th - Carol Hammond
 18th - Sherry Johnson
 25th - Kim Sparks

APRIL ALTAR GUILD

4th - Melissa Wall
 11th - Melissa Wall
 18th - Melissa Wall
 25th - Melissa Wall

APRIL USHERS & GREETERS

4th - Kay DeCicco, Mike DeCicco
 11th - Bill Cowper, Rob Meyer
 18th - Dave White, Leila Sullivan
 25th - Rich Cashel, Judy Hamilton



Kid's Korner
 Fun Things to Do...

If you are interested in reading a children's book for Kid's Korner, please contact Leila Sullivan at lygs27@gmail.com

If you are able to volunteer as an usher at anytime during the upcoming months please contact Rob Meyer at 609 618-3914 or rmeyer1394@aol.com

Environmental Education and Advocacy Committee



Listed below is a Calendar with activities taking place at Holy Innocents' during this very special time. More information and additional programs and times will be listed in the E-pistle so please make sure to read our informative Parish newsletter each week.

	18 SUNDAY	19 MONDAY	20 TUESDAY	21 WEDNESDAY	22 THURSDAY	23 FRIDAY	24 SATURDAY
APRIL 2021	9:30am Special Liturgy Tree planting	Beach Walk Time to be determined	Documentary	Program to be determined	9:00pm Compline	Kids Korner 7:00pm Earth week themed	Program to be determined

BLT Egglets-Low-Carb Snack

YIELDS: 6 SERVINGS

PREP TIME: 25 MINUTES

TOTAL TIME: 30 MINUTES

ITS LIKE A BLT AND EGG SALAD ALL IN ONE!

INGREDIENTS

- 6 large eggs
- 2 slices thick-cut bacon, cut into quarters
- 1/4 c. mayonnaise
- 1 tbsp. freshly chopped chives
- 1 tsp. red wine vinegar
- 1 tsp. hot sauce (such as Cholula)
- Kosher salt
- Freshly ground black pepper
- 1/2 c. quartered grape tomatoes
- 1/2 c. shredded romaine lettuce



DIRECTIONS

Place eggs in a large pot and cover by an inch of cold water. Place pot on stove and bring to a boil. Instantly turn off heat and cover pot. Let sit for 11 minutes. Meanwhile, prepare a medium bowl of ice water. When 11 minutes is up, drain eggs and submerge in ice water.

Meanwhile, heat a large skillet over medium heat. Add bacon and cook until crisp, about 4 minutes per side. Remove from pan and drain on a paper towel-lined plate.

In a medium bowl, whisk to combine mayo, chives, red wine vinegar, and hot sauce. Season with salt and pepper.

Peel and halve eggs. Spread mayo mixture on the cut side of one egg half. Top with tomatoes, bacon, and lettuce, then top with other half of egg. Season with salt and pepper and serve.



In the Spotlight

Parishioner Spotlight will be a new and regular feature in The Post. The purpose is to provide insights into the background and personalities of our fabulous parishioners! Parishioners will be approached at random by either Mtr. Caroline or Lisa. We hope you enjoy getting to know the people of Holy Innocents!

I was born in Ewing Township, Trenton, NJ. I grew up attending Trinity Cathedral where I was baptized and confirmed. I still have a memory of the smell of the crypt where Sunday School was held. Coffee hour was the best. I was always allowed to get a chocolate glazed donut and an ice cold glass bottle of coke out of the vending machine after church. Bishop Van Duzer was a family friend and even served on the altar with Fr. Don Muller at my father's funeral here at Holy Innocents'.

In 1970, my older sister graduated from high school. I came home one day and asked my parents if we could move to our home on Dolphin Avenue in Beach Haven year round. It took all of three days to sell our house and off we went. I never looked back. I met Janine Enos-Kleber on the bus that Fall and we became best friends.

I went to Trinity College in Burlington, Vermont. I lived and worked there for 10 years. I have an AA in Pre-school Education and a BA in Special & Elementary Education. I was a self-contained special Education teacher for 41 years, first in Vermont, then in Barnegat, NJ, retiring in June of 2019.

I married my husband Rob in 1987 on Nantucket, which is still one of my most favorite places in the world. With one "I do", I became a wife, step-mother to 3 and a grandmother to be. Our first grandchild was born a month later. He is now 33 and has a son, making us great-grandparents. Rob and I have Natalie together and then we have Rob, Renet & Everett, plus 4 grandchildren and 1 great-grandchild.

I worked summers for 31 years at Morrisons and for the past 14 years I have worked cooking at Pearl Street Market. I bring my love of children and my joy of cooking as part of my ministry to Holy Innocents'. I enjoy skiing in the winter and beach time in the summer. I love boat rides on the bay on Sunday afternoons. I love cooking for a crowd and just got an "Ooni Karu 12" pizza oven for my birthday, so I have to begin to master that craft!

Two of my favorite lines of scripture are:

"Children are a gift from the Lord; they are a reward from him"

Psalms 127:3

"But love your enemies, and do good and lend, expecting nothing in return and your rewards will be great"

Luke 6:35

April Parishioner Spotlight ~ Maggie Aftanis

APRIL 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 MAUNDY THURSDAY 6:00 pm Service 8:00 pm -6:00 am Gethsemane Vigil 9pm Compline	2 GOOD FRIDAY <i>Parish Office Closed</i> 12pm Good Friday Service 7pm Kids Korner (online)	3 HOLY SATURDAY 7:34 pm Great Vigil of Easter
4 EASTER SUNDAY 930am Rite II (Church & online)	5 9am MP (online)	6	7	8 7:00p Vestry 9pm Compline	9 <i>Parish Office Closed</i> 7pm Kids Korner (online)	10 4pm Lighthouse Brass (YouTube) 7pm Praying the Psalms (online)
11 930am Rite II (Church & online) 9:00 pm Compline	12 9am MP (online)	13 6pm Sung EP (online)	14 7:00p-8:30p Choir Meet-up	15 9pm Compline	16 <i>Parish Office Closed</i> 7pm Kids Korner (online)	17 7pm Praying the Psalms (online)
18 930am Rite II (Church & online) 9:00 pm Compline	19 9am MP (online)	20 6pm Sung EP (online)	21 7:00p-8:30p Choir Meet-up	22 9pm Compline	23 <i>Parish Office Closed</i> 7pm Kids Korner (online)	24 7pm Praying the Psalms (online)
25 930am Rite II (Church & online) 9:00 pm Compline	26 9am MP (online)	27 6pm Sung EP (online)	28 7:00p-8:30p Choir Meet-up	29 9pm Compline	30 <i>Parish Office Closed</i> 7pm Kids Korner (online)	

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THANK YOU ALL!!!

Please be sure to patronize & thank the businesses that
so very generously purchased ads for this Parish Post year!

Enos/Kleber Family ~ The Hillman Family

Larry & Pat Peacock ~ The Hughes Family

Jay Cranmer ~ Bill Martin ~ Murphy's Family of Stores

These ads greatly help defray our publishing costs and support
our ministries and church operations!



Holy Innocents' Episcopal Church
Pearl and Marine Streets
Beach Haven, New Jersey 08008

Sunday Morning ~9:30 a.m.
Rite II Worship Service with music
609-492-7571

