APRIL 2022

Holy Innocents' Episcopal Church Pearl & Marine Streets Beach Haven, NJ 08008

Church Email

THE PARISH POST



A community of faith, sharing the love of the Holy Spirit, seeking and serving Christ in his creation.

The Parson's Place

Everyone is welcomed at God's table! While we know this and practice it, we have had quite a time with COVID-19 taking away our ability to feel comfortable with being in a space with each other. This Spring and into Summer - this seems to me like the right time to fully invite people who have been away back into our midst for all kinds of services!

I'd like to move forward into Summer with a bevy of offerings such as our summer circles (movie night, bagged lunch after a mass on the beach, hymns in the garden, an Evening Prayer around a firepit etc.) as well as some new services to bring in our community and re-establish us as a "hub" of activity in the area. To do this, I will need your help! First, I ask that every one of you tune into an online service or activity at least once, whether it be Morning Prayer, Compline, Kids Korner etc. Next, I'd like to ask you to share our church's offerings (services, E-pistles, Parish Posts, Social media posts, etc.) with someone verbally, online, or via a shared bulletin or call. Lastly, I would love it if everyone can think of one person, one family, one friend, who you could potentially call from our Parish Directory or your own contacts, and invite them back to church or to a church activity for the first time. Invite them to walk in our Memorial Garden, visit the church during office hours and see the pretty nave and windows, or come to a service!

Take a look at our Holy Week services

and see what you'd like to attend as well. This will be my first year of being able to offer the footwashing at our Maundy Thursday service so I am really looking forward to our Holy Week now being complete. We will repeat our beautiful candle-lit Easter Vigil service beginning in the Garden. See what we have to offer and come as you feel called. Jesus invited people to become his followers and he invites us to do the same inviting. What better gift to give someone than love and fellowship in something that we know can bring joy and peace? Still, as part of our Journey to the Cross this Lent, we must re-live the trials and sorrows of Holy Week - from Jesus' triumphal entry into Jerusalem unto his death upon the hard wood of the cross. Without the darkling depths of despair, we cannot truly be Easter people.

Poem by Malcolm Guite from *Sounding the Seasons* (published by Canterbury Press.)

Jesus weeps

Jesus comes near and he beholds the city And looks on us with tears in his eyes, And wells of mercy, streams of love and pity Flow from the fountain whence all things arise. He loved us into life and longs to gather And meet with his beloved face to face How often has he called, a careful mother, And wept for our refusals of his grace, Wept for a world that, weary with its weeping, Benumbed and stumbling, turns the other way, Fatigued compassion is already sleeping Whilst her worst nightmares stalk the light of day. But we might waken yet, and face those fears, If we could see ourselves through Jesus' tears. Caroline+

hichurch08008@gmail.com Website: www.hiecbh.com Office: 609 492 7571 **Parish Office Hours** Monday thru Thursday 9:00am - 2:00pm Inside this Issue! Dishing with the Deacon 3 Prayer List 4 5-6 EEAC Article 8-9 In the Spotlight April Calendar 10 Easter ssings!







"COULD YOU NOT STAY AWAKE WITH ME ONE HOUR?"

The tradition of an **Overnight Vigil** on Maundy Thursday comes from Jesus' question "Could you not keep awake one hour?" to his disciples, who fell asleep as he prayed in the Garden at Gethsemane before his arrest, trial, and crucifixion. During the Thursday evening service, **6pm on April 14th** the "reserve sacrament" will be taken into the chapel and placed on the Altar of Repose. You are invited to sign up for an hour to "keep watch" over the Host through the night until we bring the sacrament back into the church on Good Friday for the noon service. The sign-up sheet for our overnight vigil will be available in the Narthex on **Sunday, April 3rd and10th.**

Earth Week to Arbor Week Activities

Listed below is a Calendar with activities taking place at Holy Innocents' during this very special time. More information and additional programs and times will be listed in the E-pistle so please make sure to read our informative Parish newsletter each week.

	22 FRIDAY	24 SUNDAY	28 THURSDAY	29 FRIDAY	of STREET COLORAGE STATE
APRIL 2022	8:00 am Walk About Cedar Bonnet Island	Coffee Hour Plastic Alternatives	7:00 pm Wind Power Live in Martin Hall	2:00 PM Community Garden Blessing Parish Tree Planting	EARTH WEEK

Community Volunteer Opportunities



CALLING ALL VOLUNTEERS!

Surflight Theatre is looking for volunteers for the 2022 show season!

There are 8 Main Stage shows running from June 2 – December 17 and 12 concerts/events from June 13 – December 31. They need ushers at each show, as well as staff for the concession stand, Joe's Place.

Each would require your assistance for 10-15 minutes prior to each show, after each show and during intermission, if there is one. You are welcome to stay and watch the show you usher, either standing at the back or sitting in a seat near the door, if one is available- being able & ready to assist if a patron gets up or comes in during the show. Volunteers may sign up for shows at **SignUp.com**, information will be provided to you, if interested. They ask that you please be reliable, responsible and personable. Remember, if you sign up, they are counting on you to show up. They appreciate each and every volunteer and the donation of your time!



From Our Minister of Music



Musical Happenings

Music during Holy Week, Easter Vigil and Easter Sunday:

Palm Sunday, 9:30AM ~ service with congregational singing, choir, organ and trumpet Maundy Thursday, 6:00PM ~ service with congregational singing, choir, and organ Good Friday, Noon ~ service with congregational singing, choir, and organ Easter Vigil, 7:37PM ~ service with congregational singing, choir, and organ Easter Sunday Morning ~ service 9:30AM ~ congregational singing, choir, vocal soloists, organ, and special guest Lighthouse Brass

All are welcome to worship with us.

Ellen Dondero, Minister of Music ejdondero@comcast.net



Save the Date for Spring Concerts!

Saturday, May 14th 4pm -Nocturnes Big Band

Sunday, June 5th 4pm -Capital Singers of Trenton

Dishing with the Deacon

Vacations are good for the body and good for the soul. They are good for the body because we can clear out some of the stress that has been draining our energy, engage in activities such as swimming and hiking, if so inclined. Good for the body when we relax, rest and get caught up on sleep.

Psalm 4:8 says: "I will both lie down and sleep in peace; for you alone, O Lord make me lie down in safety." Vacations are good for the soul, especially if we travel, because the beauty of God's created world is part of what we are exposed to and the amazing variety there is. Mountains, seas, deserts, plains, flowers, trees, shrubs and so much more.

Psalm 19:1 says: "The heavens are telling the glory of God; and the firmament proclaims his handiwork." And often we see what humankind has done to make the world more beautiful. Of course, the reverse is true also. We sadly see the destruction wrought by nature and human beings.

Good for the soul vacations might include time for reading Scripture and time for meditation on what we have read. As Psalm 119:15-16 says: "I will meditate on your precepts...I will not forget your word." Taking a book of daily devotions with us and starting our days with purposeful time in God's presence in a delight.

A spiritual retreat might be a way to incorporate all of the above into a weekend. Some of the most refreshing times I've had have been in a retreat setting that incorporated free time for naps, walks, swimming, etc.

So, my dear, friends I turn these thoughts over to you for your consideration.

Love from your Deacon, Judy

Annual Children's EASTER EGG HUNT on Easter Day, April 17th

All children attending the 9:30 service are invited to participate.



Parish Prayer List April If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator

Beth C. Charles Bishop Carol Lynn Cowper Dennis Faye Ryan Jastrzembski Carol Jordan Karen Grossman Mary Keough Dave Lamon Cecily Lovas Brian O'Sullivan **Bob** Prindible Debbie & Joe Reising Rosalind Simone **Robert Thomas** Ann White Ellis Barbieri Courtenay Carson

Bonnie Benoit Jackson Brackett Joan Connolly Mary Ann Crewdson **Carol Dobbins** Gary Jeannine Anne Joyce Adam Houser Kitty Alan Lee Lucas Sharon Osborn Lucien Picard Kathy Rice Rich Rosenbaum Lara Sparks Deitz Colin Walker Betty & Family Mike DeCicco

Beverlee Marie Bregler Judy Contreras Marie Elena D. Meg Dougher Jan Joan, Susan & Bob Karen & DJ Kathy & Walter Cyndi Lamon Diane Lee Virginia Nicholas TJ Patton Marie R. Ron Shirley Bill Todd Bill Ulmer Fred T. Cynthia Clarke

Those serving in the military and other dangerous professions: Paul Bailey, Justin A. Dumhart, Danny Melega, Andrew Wall, Brandan White

HOORAY! Our Sunday Coffee Hours are returning after a very long drought! Please refer to the April-June Calendar on the bulletin board outside Martin Hall. A July-September Calendar to signup will be posted, as well.

The protocol is as follows:

First Sunday- A few parishioners to provide treats **Second Sunday-** Vestry Birthday Cake **All remaining Sundays** – "Just Coffee" (*except for special Sunday's like Easter*)



We offer tutorials on EVERYTHING you need to know: Making coffee, navigating the kitchen, setting up/cleaning up, food choices. Please consider volunteering for this ministry of sharing and fellowship.

Thank you!

Ellen & Bill Kehr



I am the resurrection and the life

Thank you to Kaltenbach Productions for their beautiful work restoring the sign over the church doors and entering the memorial garden. Much thanks to Richard Cashel for coordinating this project and also to Peter Parsil and Wayne Parsil for their generous contributions to Holy Innocents' towards the cost of this restoration. Come out and see them in person!

Environmental Education and Advocacy Committee

Our Ocean and the Sandbar it Created Part 2

As promised last month this section will look into the following questions:

What are the researchers learning about the oceans and the role that barrier islands play? Can we protect ourselves and our investments? Can we become resilient and sustainable?

In the age of internet access one of the first things we have to remember is that we have to trust our sources especially when we are discussing topics that are still being researched. Please refer to the citations in this article if you want to do some further checking on your own.

In 1966 the Sea Grant Act was passed which established Sea Grant colleges and universities. These colleges and universities were identified, and in some cases funded, to "study, research and educate in fields relating to marine science" We are fortunate to live in New Jersey where we have several that were identified by this act. Some Sea Grant institutions nearby are: Rowan, Rutgers, Stevens and Stockton. Since the National Oceanic and Atmospheric Administration (NOAA) was already performing research into climate and weather, the two organizations partnered in 1970. In 2000 the United States Congress passed the Oceans Act and appointed a commission to make recommendations for a coordinated and comprehensive national ocean policy. The resulting 600 page report covers everything about the oceans that surround the United States. https://jointoceancommission.org/resource/297/

One of the main areas of research that can inform us on Long Beach Island is in the area of Sea Level Rise (SLR). The latest report from NOAA dated 2/15/2022 projects a SLR by 2050 to be as much as in the last

century. https://oceanservice.noaa.gov/hazards/sealevelrise/sealevelrise-tech-report.html

There is agreement that SLR in general and worldwide is impacted by two main events:

- Warming oceans water expands
- Ice caps and snow caps melting more water flowing into the oceans

And on the East coast there are two additional forces impacting SLR

- Sinking land especially true in New Jersey
- Slowing of the Gulf Stream

https://sealevelrise.org/causes

In addition to SLR our island is impacted by the increased intensity and frequency of storms including hurricanes, winter nor'easters and summer thunderstorms. Also, we are experiencing more "sunny day" flooding when a strong wind along with a high tide causes the inundation of our streets. The worst scenario is when there is a strong storm with driving winds pushing ocean water toward the shore. The water "piles up" in the bay and cannot flow out with the tidal change resulting in flooded streets, basements and garages.

Is there anything we can do to protect ourselves, our investments, and our infrastructure?

There are a few things that can be done and some that have already been done:

- Elevate structures, homes, businesses (nearly every municipal building has been elevated, new water treatment plant upgraded)
- Improve drainage (currently being installed on 8th and 9th streets in Ship Bottom so that we can always get to the bridge to evacuate)
- Install pumps at locations that drain slowly

Continued on next page

EEAC continued...

- Equip structures with ground level walls that are more flood resilient
- Reduce impervious cover (building codes and ordinances restrict this)
- Elevate streets (this was done at 28th and Long Beach Boulevard to allow for at least one lane to stay "drier" at this bottleneck location)

Projects that are currently being proposed include:

- The Resilient LBI project is just finishing up its work and will propose additional actions that may help. A final report will be produced with specifics. https://storymaps.arcgis.com/stories/8270c8d6d42f4783b0a4fcf530a866a3
- The Back Bay Study by the Army Corps of Engineers includes proposed flood gates at Barnegat Inlet and the raising of 8,567 structures in Ocean County. NOTE this has not been funded.

https://www.nap.usace.army.mil/Missions/Civil-Works/New-Jersey-Back-Bays-Study/

As individuals what can we do?

- Protect our dunes, our first line of defense on the ocean side, by planting not just dune grass, but a variety of salt tolerant plants, trees and shrubs <u>https://www.nwf.org/Our-Work/Environmental-Threats/Climate-Change/Greenhouse-Gases/Gardening-for-Climate-Change</u>
- Attend Land Use Board meetings. This is where approvals for development are made
- Read and understand your municipality's Master Plan which is required to now include a Storm Water Management section
- Take courses
 - Rutgers Environmental Stewards
 - Stockton Pinelands Short Course
 - Tuckerton Seaport Lunch and Learn
 - Long Beach Island Foundation Science Saturdays
- Read and do your own research
 - The Geography of Risk by Gilbert Gaul
 - Rising by Elizabeth Rush
 - Beyond Global Warming by Syukuro Manabe and Anthony Broccoli

The Last Beach by Orrin H Pilkey and J. Andrew G. Cooper

• Use the tools to see how SLR will impact our island

https://portal.midatlanticocean.org/

https://climatechange.rutgers.edu/resources/climate-change-and-new-jersey/nj-sea-level-rise-reports https://www.nwf.org/-/media/PDFs/Global-Warming/NWF_FINAL_BESCCH_070517.ashx

For further information on any of these topics you can contact any of our Environment Committee members and be on the lookout for some presentations to be given by our committee this spring.

Submitted by: Barbara Bishop, EEAC Committee Member



April Birthdays

Stokes Carrigan	01	Judith Studer Hamilton	15	
Katelynne Cowper	01		17	
• 1		Larry Peacock		
Jacqueline B. Sparks	04	Susan Wilson	17	
James Baxter	06	Lisa Mack	20	
Dawn Starr	07	Carroll Sheppard	20	
Bill Kehr	10	Margaret C. Degnan	24	The Fo
Anne D'Souza	11	Marie Bregler	26	Happy Happy
Wesley Heilmann III	13	Roy Bray	27	Birthday!
Thomas Hughes	13	Rev. Karin R. Mitchell	27	
Launa Ruoff	13			

April Anniversaries

Vincent & Judy Contreras 24

Richard & Jeanne Cashel 28

WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of **April**.

APRIL ALTAR DONATIONS

- 3rd Patty August (Altar & Sanctuary Candles)
- 10^{th} -
- 17^{th} -
- 24th Jeanne & Richard Cashel

APRIL ALTAR GUILD

- 3rd TBD
- 10th TBD
- 17th TBD
- 24^{th} TBD

APRIL FLOWER GUILD

- 3^{rd} No Flowers During Lent
- 10^{th} Joyce Hillyer
- 17th Easter
- 24th Donna Evleth

APRIL USHERS & GREETERS

- 3rd Sue Hughes, Kay DeCicco
- 10th Bill Cowper, Dave White
- 17th Melissa Wall, Mike Fahner
- 24th Leila Sullivan, Bob Weidmann



If you are interested in reading a children's book for Kid's Korner, please contact Leila Sullivan at lygs27@gmail.com

If you are able to volunteer as an usher at anytime during the upcoming months please contact Rob Meyer at 609 618-3914 or *rmeyer1394@aol.com*





Parishioner Spotlight is a regular feature in The Post. The purpose is to provide insights into the background and personalities of our fabulous parishioners! We hope you enjoy getting to know the people of Holy Innocents'!

I was born in Margaret Hague Hospital in Jersey City where my dad's family lived on Reservoir Ave. When I was in 1st grade, we moved to Lawrence Township, NJ, where I went to Slackwood School. My mother became friends with a neighbor who had a 4-H Club – the Slackwood Peppy Pals. She became involved with the offerings that 4-H had in cooking, sewing, and gardening, to name a few. When we moved to Ewing Township when I was in 4th grade, we lived down the street from Trenton State College and I went to Lanning Demonstration School. Mom continued with her interest in 4-H and formed the Silver Lining Club. Ewing High was just being built and started up with grades 6 through 10, then 6 through 11 and 6 through 12. Then a junior high was built, and the lower grades transferred there.

I have one sister 1 year older than myself, one 5 years younger, and a brother 15 years younger. I had a very active life in my teen years. I played basketball on the girls' team, sang in the choir at school and at the Presbyterian Church with my friend whose father was minister, played flute in the band and the orchestra, and worked at Woolworths in the shopping center next to the school. I was active in the 4-H club and the youth group at the church. Because of my work with 4-H, I decided to go to Cornell Home Economics School to possibly become a County Extension Agent, working with farmers and 4-H groups. When I was about to graduate, Dr. Fisher, the Superintendent of Schools, asked me to come to Ewing as the Home Economics teacher at Fisher Junior High, and I did. Before going home, I joined a Rotary sponsored group to Honduras to aid in building a school. I did the food shopping and meal preparation for the group. Quite an experience.

In 1964, I came down to Beach Haven with three other teachers and rented a house for a week. One of the girls knew a lifeguard she had played bridge with and introduced us. Bruce Nelson and I were married shortly after that in Holy Innocents' Church, now the LBI Historical Museum. We lived at two locations on Dock Road the first few years of our marriage while my husband clammed and was a substitute teacher at Southern Regional. Our first son, Conrad, was born in Atlantic City Hospital. There was no SOCH. Then we moved back to Ewing and then to New Hope and Washington Crossing, where Bruce joined with his dad in the insurance and travel business. We had a second son, Brad, and then a daughter, Gwen. Bruce eventually added the car rental business. While we were in Ewing and New Hope, I sang in the 9:30 choir at Trinity Cathedral. When Dean Chattin retired and the new Dean took over, he did away with the 9:30 choir, so that was the end of my singing for a while.

My oldest son, Conrad, is in Yardley, PA, and works in the computer field. He is married, no children, two dogs. He owns a 46' sailboat. He usually spends the whole summer on it and often works from it. He keeps it in Rock Hall, MD, brings it north for part of the summer. Spends time in Block Island and Barnegat Light. My second son, Brad, is in Broomfield, CO. He has two boys and a wife. He works for a man who has many companies, one of which is Macadamia Nut Orchards in Hawaii. Brad deals with companies that deal with macadamia nuts and runs the Hawaiian Macadamia Nut Store in Schooners Wharf. My daughter Gwen is in Hightstown. She formed an organization called Yoga for Sobriety that supports people in recovery. Since the pandemic started, she conducts yoga classes via Zoom, has teacher training classes, and has classes at some NJ rehabilitation facilities. She is married with one son.

Continued on next page

Parishioner Spotlight Continued...

When my husband died in 2014, I dissolved the car rental company and put the house on the market. I loved the house and neighborhood, but because I had been working 7 days a week at the business, I hadn't made a lot of friends and it was 2 miles to the closest anything. I had a lot of friends in Beach Haven and could walk to everything.

We sold the house to a family who had a son in the same school that he would go to and had a number of friends already in the neighborhood. We came down to look at houses. The last one they showed us--as the sun was setting--was in Shelter Harbor. What more can I say ... but SOLD!! The first Sunday I went to church at Holy Innocents', everyone was so friendly. Nancy Davis said to me... why don't you join the choir? The rest is history. It is such a friendly place filled with wonderful people!

I was raised as a Presbyterian. My husband was Episcopalian, so I wanted to become Episcopalian. I went through the process of joining the Episcopal church in Trenton but didn't have any record of this. When I wanted to formally join the Episcopal church and called those at the Cathedral in Trenton, they needed to know the date on which I would have joined. Since I didn't know the date, I decided to go through the process at Holy Innocents', which I did in the summer of 2021. I was received into the Episcopal Church by the Bishop in September 2021.

I have ended up helping in several ways at Holy Innocents'. I am not sure how it all started. I helped a few people who needed rides to doctors and other places. This expanded to other people who ask me. I am able to drive and lift things, so if people need help, I am more than happy to help if I have the time. Although I am busy with a number of activities, I don't like to sit around and am glad to help. Before I moved to Beach Haven, our business was open 7 days a week – 8-8 – so I obviously didn't have the time.

I like to cook and bake and am able to help with organizing and hosting. I am always game for adding to the food list at church.

Holy Innocents' is the friendliest place – that is my favorite thing about it. I love "The Old Rugged Cross" and lots of other old-time hymns. Psalm 23 is my favorite Bible passage.

I like the change of seasons. I love root beer floats. My favorite colors are green and orange. I like all music except hard rock.

I enjoy walking and generally walk 3-5 miles a day. I do yoga twice a week (with my daughter or a group the she runs, which is based in Hightstown). Now I do it through Zoom. Before the pandemic, I would usually go to the group itself once a week. I am involved with CAP (Community Arts Program) and the LBI Historical Museum.

I am glad to sing alto with the Holy Innocents' Choir and am also singing with the Capital Singers of Trenton.



April Parishioner Spotlight ~ Jean Nelson

APRIL 2022

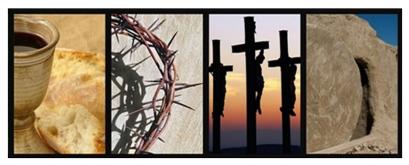
AI NIL 2022								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
					1 Parish Office Closed 5 pm Stations of the Cross 7pm Kids Korner (FB)	2 7pm Praying the Psalms (FB)		
3 The Fifth Sunday in Lent 930am Rite I Pakistan presentation at coffee hour 2:30pm Kloeblen Memorial Svc.	<i>4</i> 9am MP (FB) 11am EEAC Comm. Mtg. (Zoom)	5 6pm EP (FB)	6 6:30-8:00 pm Choir Rehearsal	7 5pm Lenten Program 9pm Compline	8 Parish Office Closed 5 pm Stations of the Cross 7pm Kids Korner (FB)	9 7pm Praying the Psalms (FB)		
10 PALM SUNDAY 930am Rite II	<i>11</i> 9am MP (FB)	12 6pm EP (FB) 7pm Vestry Meeting Easter Flower Form Deadline	13 6:30-8:00 pm Choir Rehearsal	14 MAUNDY THURSDAY 6pm Maundy Thursday Service 7:30pm to 6am Gethsemane Vigil 9pm Compline	15 GOOD FRIDAY Parish Office Closed 12 Noon Good Friday Service 7pm Kids Korner (FB)	16 HOLY SATURDAY 7:37 pm Great Vigil of Easter Service		
17 EASTER 930am Rite II Easter Egg Hunt & Reception	18 Parish Office Closed 9am MP (FB)	19 2:30 Bible Study @ Rectory 6pm EP (FB)	<i>20</i> No Choir Rehearsal	21 7pm Solar System Ambassador Program by Mtr. C (Zoom) 9pm Compline	22 EARTH DAY Parish Office Closed 8am Walk About Cedar Bonnet Island 7pm Kids Korner (FB)	<i>23</i> 7pm Praying the Psalms (FB)		
24 The Second Sunday of Easter 930am Rite II Baptism Gavin Vangi Plastic Alternatives presentation at coffee hour	25 9am MP (FB)	<i>26</i> 6pm EP (FB)	27 6:30-8:00 pm Choir Rehearsal	28 2:30 Bible Study @ Rectory UN guest from Pakistan arrives! 7pm Wind Power Live in MH 9pm Compline	29 ARBOR DAY Parish Office Closed 2pm Community Garden Blessing Parish Tree Planting 7pm Kids Korner (FB)	30 TBA Dinner w/ Pakistan guest (all welcomed)		





Holy Innocents' Episcopal Church Pearl and Marine Streets Beach Haven, New Jersey 08008 609-492-7571

Sunday Morning ~ 9:30 a.m. Rite II Worship Service with music 609-492-7571



HOLY WEEK SERVICES AT HOLY INNOCENTS' EPISCOPAL CHURCH

- April 10 9:30 AM **Palm Sunday** service
- April 14 6:00 PM Maundy Thursday service w/ footwashing
- April 14 7:30 PM until 6:00 AM Gethsemane Watch
- April 15 12:00 Noon Good Friday service
- April 16 7:37 **The Great Vigil of Easter** (One min. after sunset)
- April 17 9:30 AM **Easter Day** service (broadcast)