

FEB. 2021

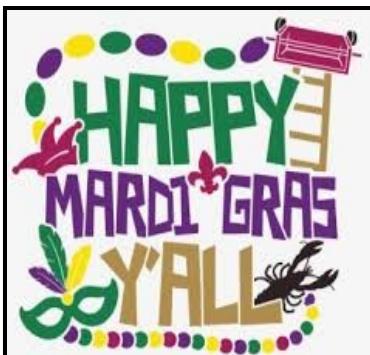
THE PARISH POST

Holy Innocents'
Episcopal Church
Pearl & Marine Streets
Beach Haven, NJ 08008

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Office: 609 492 7571
Parish Office Hours
Monday thru Thursday
9:00am - 2:00 pm

Inside this Issue!

<i>HIEC Happenings...</i>	2
<i>Prayer List</i>	4
<i>IJM & Stewardship</i>	6
<i>Environmental Education</i>	8
<i>Calendar</i>	10



A community of faith, sharing the love of the Holy Spirit,
seeking and serving Christ in his creation.

The Parson's Place

Self-Emptying and Awareness

I believe in the sanctity of all things. This means that I find holiness is possible in all creation. During this winter period, we often experience the shutting down of things, especially in nature. I've been enjoying the beauty of Beach Haven's winter and am often aware of the thinness of many things: the trees, the grasses, and the activities of wildlife during this season. To understand the fullness of things, it is always necessary to be with the scarcity of things. We have a baptism coming up and some of my wintry walks have brought forth ponderings of the richness of a full life in Christ and our responsibilities to provide times of security in a community of faith to allow for continuous strength and perseverance in times of scarcity and doubt.

Baptism is a call to holiness in our lives. In it, we accept the faith of the church. This includes understanding that it is a faith of continuous conversion and trust. This sacrament of initiation offers forgiveness and freedom from death as the ultimate horizon of life. The idea of removing this horizon and being washed with the refreshing and renewing element of water gives humanity the freedom of continuous and unlimited potential without the burden of original sin. Baptism also allows humanity the joy

of knowing Christ. Through prayer, we have the privilege of connecting with the divine and thus renewing our relationship with the Father, Son, and Holy Spirit.

Through Baptism, we undergo a symbolic shift from chaos to order and move from being unclaimed to being claimed. This sacrament gives us a purpose and a dignity to our suffering and looks toward an eschatological horizon. Humanity experiences deaths in many ways, including addiction, loss of faith, and having expectations dashed. Letting go of things may also be considered a death. As Kenneth Leech in his book *True Prayer* suggests, self-emptying is necessary for spiritual progress. I find that in nature, I am closest to self-emptying. It has always been this way for me and even as a small child, I had an awareness of my smallness and uniqueness amidst the vastness of nature. Jesus, at his own Baptism by John the Baptist, did not separate himself from humanity but he aligned himself with us. This act, in tandem with the first Theophany, connects us with all creation. Therefore, all creation, all nature, is connected in a cyclic Godly renewal and recreation. It follows that all creation is in the sacrament of Baptism as it is built upon natural processes. This "grace" of Baptism, according to St. Thomas Aquinas, perfects nature.

Caroline +

HIEC Happenings...

BOOK STUDY

Love is the Way: Holding on to Hope in Troubling Times ~ by Presiding Bishop Michael Curry

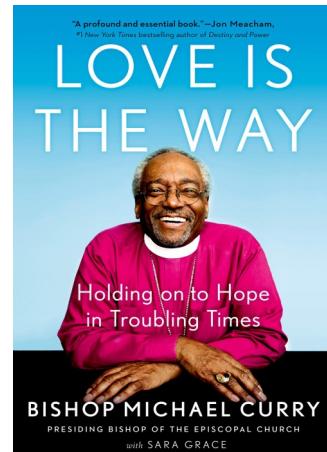
DATES: Thursdays Jan. 21 to Feb. 11

TIME: 2:00 PM

HOW: via this Zoom link: <https://us02web.zoom.us/j/81858789969>

WHO: ANYONE, please join in!

This book is available at most online bookshops and is also available via Kindle and possibly other Audiobook outlets.



LENTEN SERIES

Our Lenten Series will be led by Mtr. Caroline and Dcn. Judy beginning on Thursday February 18th at 6:00 PM and continue until March 25th.

The series will be online. Details TBA

LINK - <https://us02web.zoom.us/j/87392855579>



UNITED THANK OFFERING (UTO) Blue Boxes

This year during Lent, we will distribute UTO Blue Boxes so that any spare change may be collected and given to the UTO for the Diocese's Annual Ingathering in May. Ruth McLaughlin is our UTO Parish coordinator and Mtr. Caroline is not only a UTO grant recipient (during seminary) but a grant developer (Bangladesh). She is also our Province II Rep to the wider Church.

PANCAKE SUPPER TO GO!

This year we are re-imagining our Annual Pancake Supper held on Shrove Tuesday/Mardi Gras (**February 16th**)

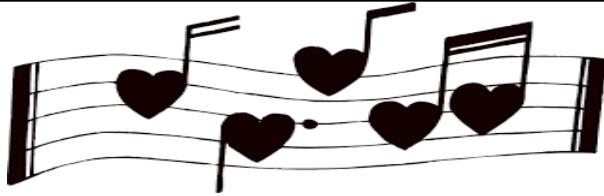
TIME: 5:00 PM - 6:30 PM **COST:** TBA

PICK UP ONLY

MORE INFORMATION TO FOLLOW
in your weekly bulletins and E-pistles



From Our Minister of Music



Please remember to thank all of those who have been sharing their voices with us by singing on Sunday mornings. As we continue with no congregational singing or choir, one voice really does make a difference, and we are blessed to hear such beautiful voices.

Thank you Joan Melega, Chuck Petersen, Rich Cashel,
Barbara Wheeler (violin as well as voice), Ellen Kehr and Angela Hala.

As you know, February is Black History month, so watch for featured hymns each Sunday, and notes in the bulletin highlighting the rich history behind them.

*Ellen Dondero, Minister of Music
ejdondero@comcast.net*

Dishing With The Deacon

My dearest friends,

February, Valentine's Day, Love. Love Christ in every person. I've been asking myself; can I love those who hurt people I love, the Country I love, those who are driven by evil, who shoot innocent people or children who are in the wrong place at the wrong time? I'm still working on this. Lord, teach me.

I'm sitting here in my little den watching the start of the inauguration of our next president. Last night was a moving, short service for the 400,000 citizens who have died from COVID-19. Lights lit, hymn sung, brief memorial by the President elect.

During the inauguration, I think about all that needs to be done to bring union to this Union. And I ask what does Jesus expect of us to help achieve union? To love all people? Not necessarily everyone, perhaps what we need is to ready to love more people than we love now. I suspect you feel like I do about truly evil people. I pray for peace, reconciliation, safety, and for unity, equality and healing. I pray for all of us to experience drawing closer to Jesus and a deeper commitment to service to those who need us in the name of our Lord.

A word from Hildegard of Bingen, *Book of Divine Works*

*O tall mountains
Of confidence in God
You never surrender when the Lord test you!
Although you stand far away from me
As if in exile, all alone,
You remind me that
No armed power is strong enough to beat you.
Your trust in God is wonderful!*

I love you, Deacon Judy



Parish Prayer List February

If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator

Jean Aclin	Connie Anderson	Barry
Beth C.	Bob	Cathy Bentivegna
Cathy, Claire	Charles	Corey
Bill & Lynne Cowper	Theresa Bray	Marie Bregler
Rich & Rosemarie Catrano	Joan Connolly	Joan Cunningham
Judy Contreras	Joe Corbin	Mary Ann Crewdson
Michael Reed Davis	Dennis	Carol Dobbins
Meg Dougher	Elizabeth Ann	Emma
Faye & Ed	Fran	Frank
Katy Gallaher	Fran Harris	Hillary
The Higgs Family	Hinderliter Family	Timothy Michael Hoit
Janet	Jeanne, John & Caitlyn	Jeannine
Karen & DJ	Warren Lamon	Larry
Lauren & Ed	Diane Lee	Lily
Locke Family	Cecily Lovas	Maryann
Mary Jane	Kurt Martin	Scott Mitchell
Evelyn Nancy	Virginia Nicholas	Tom Patton
Gene Pharo	Lucien Picard	Suzette Reese
Carol Ann Renzland	Kathy Rice	Ronnie & Harry
Rosemary	Gregory & Ray Schwartz	Lara Sparks
Jerry South	Rits	Robert Thomas
Javy Vargas	Colin Walker	Peter Wall
Ann White	Kate White	The Wolf Family

Those serving in the military and other dangerous professions:

Andrew Wall, Brandan White, Joseph Alexander, Zachary Arlin,
Paul Bailey, Justin A. Dumhart, Danny Melega

CONGRATULATIONS!

Congratulations to the newly-elected Members of the Vestry, Junior Warden, Deputies and Alternates to Diocesan Convention, and Delegates to the Atlantic Convocation at our annual meeting.

WARDENS:

William Kehr – 2021 Senior Warden
Richard Vaughan – 2021 Junior Warden

VESTRY:

Kay DeCicco - First three-year term
Rob Meyer - First three-year term
Larry Peacock - First three-year term

NEW JERSEY DIOCESAN CONVENTION

ATLANTIC CONVOCATION REPRESENTATIVES

Delegate	Alternate
Kay DeCicco	Mary Jane Mannherz
Janine Enos-Kleber	Robert Meyer
Patricia Peacock	Melissa Wall

Charles Hall
Gail Jacobsen
Tom Jacobsen

DIOCESAN CONVENTION - Our 2021 Diocesan Convention will be Saturday, March 6th and will again be online. Those who are our delegates will be attending via Zoom and the rest of the diocese will be watching via YouTube.

February Birthdays

Maria Mack	02	Edward Miller	21
Kimberly Sparks	02	Gabriella Vaughan	21
Philip Boulden	05	Veronica Ruoff	24
Jean Nelson	06	Connie Anderson	26
Ellen Dondero	08	John Paul Dondero	26
Diana Shoenbach	08	Sherry Johnson	26
Linda Anderson	11	Delany Mrazek	27
Anita Miller	11	Jo-Anne Andrade	28
Noah James Dondero	12	Barry Baxter	29
David Thomas Hunter	13		
Joe Johnson	17		

February Anniversaries

Francis W. & Janine C. Kleber, III 9 Robert & Ellen Meyer 26

WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of **February**.

FEBRUARY ALTAR DONATIONS

7th -
14th -
21st - No Flowers
28th - No Flowers

FEBRUARY FLOWER GUILD

7th - Joyce Hillyer
14th - Carol Hammond
21st - No Flowers
28th - No Flowers

FEBRUARY ALTAR GUILD

7th - Melissa Wall
14th - Melissa Wall
21st - Melissa Wall
28th - Melissa Wall

FEBRUARY USHERS & GREETERS

7th - Kay DeCicco, Mike DeCicco
14th - Dave White, Bill Kehr
21st - Judy Hamilton, Bob Weidmann
28th - Leila Sullivan, Dave White



If you are interested in reading a children's book for Kid's Korner,
please contact Leila Sullivan at lygs27@gmail.com

If you are able to volunteer as an usher at anytime during the upcoming months please
contact Rob Meyer at 609 618-3914 or rmeyer1394@aol.com

Until All Are Free



IJM

Dear Friends,

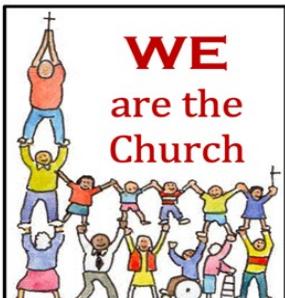
For the past eight years, Holy Innocents' Episcopal Church has supported the International Justice Mission in its efforts to eradicate violence against the poor, combat slavery, and end police abuse of power. The annual celebration of Freedom Sunday has been a high point in our outreach program.

The year just past has been life-changing for all of us. Most have wondered where we fit in the new world of pandemic, national and international political chaos, and a universal search for meaning. I have come to the conclusion that the Lord is leading me in other directions. While I will continue to support, through prayer, financial donations, and advocacy, the mission and activities of IJM, I no longer think it meets the needs of me or Holy Innocents' as a focus of outreach. I urge those of you who have donated in the past, especially those who became Prayer Partners and are supporting IJM on a monthly basis, to continue that ministry. I will continue to ask for your help when an opportunity to communicate with elected officials comes. Now let's move on to something new.

Please contact me if you have any questions or concerns. Thanks again.

Gail South

Stewardship Update



To date, we have 59 pledging families for 2021. Of these, 51% of pledging families increased their pledge and another 5 are NEW pledgers. Our total pledge is \$153,003. While this is a decrease of 9.4% from last year (total pledge of \$168,872) due to circumstances beyond our control, our Finance Committee anticipated a decrease and has worked hard to adjust our annual budget. For perspective, 2019 had a pledge total of \$147,453 so we have surpassed this! With regard to current circumstances, this is great news for our 2021 pledge drive.

Thank you to all who have generously pledged to Holy Innocents!

Lenten Prayer

Dear God,

THE NEXT 40 DAYS, DON'T LET ME FOCUS ON SOMETHING I'M GIVING UP.

LET ME FOCUS ON SOMEONE WHO GAVE IT ALL UP FOR ME.

RENEW MY MIND & DRAW ME BACK TO MY FIRST LOVE.

PREPARE MY HEART FOR EASTER, FOR YOUR SACRIFICE,

FOR YOUR RESURRECTION!

AMEN

Strawberry Nutella French Toast Roll-Ups

PREP TIME: 10 Mins

COOK TIME: 5 Mins

TOTAL TIME: 15 Mins

Ingredients

6 slices of fresh white sandwich bread (crusts removed)
1/2 punnet strawberries, diced small
4 1/2 tbsp. Nutella
1/4 cup caster sugar (superfine sugar) (Note 1)
1 tbsp. butter

Egg Mixture

1 egg (large)
2 tbsp milk (full cream or low fat)
Pinch of salt



Instructions

1. Combine egg mixture in a bowl with a flat base large enough to lie the roll up in. Whisk to combine.
2. Spread sugar out in a small dish.
3. Use a rolling pin to roll the bread flat. This makes them easier to roll up (and stay rolled up).
4. Spread each piece of bread with around 3/4 tbsp. of Nutella
5. Sprinkle strawberries along the bottom of each piece of bread.
6. Roll up bread. The Nutella will keep it sealed.
7. Melt butter in pan over medium heat.
8. Roll each roll up in the egg mixture, shake off excess then place in the pan. Repeat with remaining roll ups.
9. Cook for around 4 minutes until each side is golden, rotating every 1 minute or so.
10. Remove from pan and immediately place in the sugar. Roll to coat in sugar, then remove. Repeat with the remaining roll ups.
11. Serve immediately, while warm.

Notes:

1. You won't use all the sugar. But you need around 1/4 cup to ensure each roll up is evenly coated. You might be able to get away with less. If you sprinkle it on instead of rolling it, it won't stick as well.
2. Icing sugar (confectionary sugar) doesn't work, it just disappears instantly when it touches the roll up.
3. These are best eaten fresh. They tend to go soggy and because of the sugar, the bread "sweats" if left out.

Valentine's Punch (non-alcoholic)

Ingredients

2 cans frozen raspberry lemonade (use only 2/3 the amount of water)
2 liters lemon lime soda
1/2 gallon raspberry sherbet/sorbet
Raspberries for garnish



Instructions

1. In a large pitcher mix together raspberry lemonade, only using 2/3 the amount of water called for in the instructions.
2. Let raspberry lemonade and lemon lime soda chill before serving.
3. When ready to serve, add raspberry lemonade and lemon lime soda (equal parts) into a punch bowl.
4. Add scoops of sherbet/sorbet to punch bowl.
5. Garnish with raspberries. Serve.

Environmental Education and Advocacy Committee

Environmental Education and Advocacy Committee

For the month of February we would like to list a weekly program offered by the Long Beach Island Foundation for the Arts and Sciences, **Science Saturdays**. For each program there is a \$5.00 fee and registration is required. Please see links for the program that you would like to attend.

FEBRUARY 6: ASSEMBLING THE COASTAL RESILIENCE PUZZLE – 11:00am to 12:30pm

In partnership with government agencies and other organizations, New Jersey's coastal communities are working to become more resilient to coastal hazards like flooding, storms, and sea level rise. Learn about why and how coastal flooding occurs, what is being done to prepare and adapt, and steps residents can take to help increase their communities' resilience to coastal hazards.

<http://events.constantcontact.com/register/event?llr=zuswqncab&oeidk=a07ehiu36pmc8329844>

FEBRUARY 13: EXPLORING THE JC NERR AND GREAT BAY, MULLICA RIVER ESTUARY – 11:00am to 12:30pm

The Jacques Cousteau National Estuarine Research Reserve (JC NERR) is one of the 29 National Estuarine Research Reserves created to promote the responsible use and management of the nation's estuaries through a program combining scientific research, education, and stewardship. In this presentation, we will discuss the variety of terrestrial, wetland and aquatic habitats within the Reserve as well as current research, education, and stewardship efforts.

<http://events.constantcontact.com/register/event?llr=zuswqncab&oeidk=a07ehiu5i8629df556b>

February 20: The Spotted Lanternfly – 11:00am to 12:30pm

This one hour lecture covers the biology of the spotted lanternfly including the life cycle, feeding behavior, economic damage, and Federal and State efforts to slow the spread of this dangerous nuisance pest. Find out how to recognize the insect when it moves into your area and learn what you can do to help minimize the threat.

<http://events.constantcontact.com/register/event?llr=zuswqncab&oeidk=a07ehiu992u8de28beb>

February 27: Coyotes of New Jersey – 11:00am to 12:30pm

Coyotes arrived in New Jersey about 80 years ago and can now be found in almost every town across the state. Over the past 2 years, coyotes have immigrated to Barnegat Light, reproduced, and are dispersing across Long Beach Island. In this Science Saturday seminar, Rutgers University Ph.D. student, Chris Crosby, and Rutgers Wildlife Conservation and Management Program Coordinator, Kathleen Kerwin, will provide some history of eastern coyotes, a background in coyote ecology and behavior, and important guidance for avoiding negative human-coyote interactions.

<http://events.constantcontact.com/register/event?llr=zuswqncab&oeidk=a07ehiu9q0z5e6b789e>

For further information contact Rob Meyer – 609-618-3914





In the Spotlight

Parishioner Spotlight will be a new and regular feature in The Post. The purpose is to provide insights into the background and personalities of our fabulous parishioners! Parishioners will be approached at random by either Mtr. Caroline or Lisa. We hope you enjoy getting to know the people of Holy Innocents!

About Me: I am the closest thing to an army brat you can find, but my Dad was not in the army, he was more of an adventurer. I was born in Chicago where my parents were studying and got married; we then moved to Japan, and later Puerto Rico and the U.S. As we moved around, I attended about 17 schools and colleges, culminating in a doctoral degree at the University of Arkansas. I identify strongly as a Latina and try to visit Puerto Rico, my father's native land, as often as possible.

In terms of a profession, for over 40 years I have been an educator and leadership trainer, starting in community colleges, where I served as president of 3 colleges, and ending at North Carolina State University as a professor of higher education. Learning and educating are still at my core.

As a Pisces, Long Beach Island is my true home. We bought our first house for summer stays here in 1984 and, after that one was destroyed by Hurricane Sandy, we built our new house, which is now our permanent home. I still heave this great sigh of joy when I cross over the causeway, and I feel a deep sense of peace as I walk along the ocean.

About four years ago, Deacon Judy, my dearest friend, convinced me to join Holy Innocents' trip to Israel. It wasn't on my bucket travel list and as a "fallen away" Catholic, it was appealing but also rather daunting. I did go, loved my fellow travelers and Father Frank, and had some life changing experiences. I started visiting HIEC during the summers, but it took the subsequent four years to decide I wanted to make a full commitment to the Episcopalian faith. I found in HIEC a loving community that welcomed me, a home for my enduring spirituality and an appreciation for music as a central part of prayer. I hope to become more involved as we settle here on the island.

As I consider how to share my talents and energies, I constantly work on social justice issues. That focus began with my undergraduate college and has continued throughout my career and finally in the last ten years as a board member of the Community Coalition on Race in Maplewood/South Orange. At the moment that involves leading and teaching a group of women who wish to take action to address racist behaviors and issues.

Finally, some more lighthearted information. I am married for 52 years to Charles Sullivan, a lawyer, and we have two daughters and an adopted nephew, all of whom have blessed us with 5 grandkids. My favorite music is jazz and country; my favorite colors are aqua and purple; I'm studying photography and Italian and hope to meet others who are doing so; and my favorite line in Scripture is (and was our wedding song)

"To everything there is a season and a time for every matter under heaven." Ecclesiastes 3: 1-8.

February Parishioner Spotlight ~ Leila González Sullivan

FEBRUARY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9am MP (online)	2 6pm Sung EP (online)	3	4 2pm Book Study (zoom) 9pm Compline	5 <i>Parish Office Closed</i> 7pm Kids Korner (online)	6 7pm Praying the Psalms (online)
7 930am Rite II (Church & online) 9pm Compline	8 9am MP (online)	9 6pm Sung EP (online)	10 7:00p-8:30p Choir Meet-up	11 2pm Book Study (zoom) 7:00p Vestry 9pm Compline	12 <i>Parish Office Closed</i> 7pm Kids Korner (online)	13 7pm Praying the Psalms (online)
14 930am Rite II (Church & online) 9pm Compline 	15 <i>Parish Office Closed</i> 9am MP (online) 	16 6pm Sung EP (online) MARDI GRAS 5:30-6:30 pm PANCAKE SUPPER TO GO!	17 ASH WEDNESDAY 12:00p Holy Eucharist 7:00p Holy Eucharist with Choir	18 2pm Bible Study (zoom) 6pm Lenten Series begins Eucharist & Program #1 (via zoom)	19 <i>Parish Office Closed</i> 6pm Stations of the Cross 7pm Kids Korner (online)	20 7pm Praying the Psalms (online)
21 LENT I 930am Rite II (Church & online) 9pm Compline	22 9am MP (online)	23 6pm Sung EP (online)	24 7:00p-8:30p Choir Meet-up	25 2pm Bible Study (zoom) 6pm Lenten Series Eucharist & Program #2 9pm Compline	26 <i>Parish Office Closed</i> 7pm Kids Korner (online)	27 7pm Praying the Psalms (online)
28 LENT II 930am Rite II (Church & online) 9pm Compline						

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THANK YOU ALL!!!

Please be sure to patronize & thank the businesses that
so very generously purchased ads for this Parish Post year!

Enos/Kleber Family ~ The Hillman Family

Larry & Pat Peacock ~ The Hughes Family

Jay Cranmer ~ Bill Martin ~ Murphy's Family of Stores

These ads greatly help defray our publishing costs and support
our ministries and church operations!



Holy Innocents' Episcopal Church

**Sunday Morning ~9:30 a.m.
Rite II Worship Service with music
609-492-7571**