

JUNE 2021

THE PARISH POST

Holy Innocents'
Episcopal Church
Pearl & Marine Streets
Beach Haven, NJ 08008

Church Email
hichurch08008@gmail.com
Website: www.hiecbh.com
Office: 609 492 7571
Parish Office Hours
Monday thru Thursday
9:00am - 2:00 pm



**A community of faith, sharing the love of the Holy Spirit,
seeking and serving Christ in his creation.**

The Parson's Place

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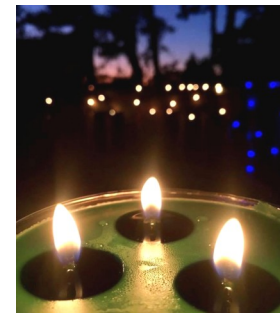


As we enter "the high season" together and much warmer weather, I'd like to encourage you to take some time in prayer daily and to examine the kinds of prayer you best connect with. Often, we pray for others in our hearts and in corporate prayer, but we sometimes forget to pray for ourselves or to actually set aside time to pray. I believe that prayer is a privilege in that it is an overt way to connect with the divine. For me, I find that sitting outside in my rocking chair on "The Magic Porch" can provide much-needed down time and a refresher for energy purposes. It can ALSO be a time and place for me to focus on being still, being vulnerable, and staying open to the Holy Spirit's presence. If you are able to take care of yourself in this way in addition to your physical and other health needs, you may come to see a refreshment of your spiritual life as well. It's not only helpful in how we talk about or view God, but about how we talk to others about God and our relationship with God. Another way to pray with more structure is through scriptures, hymns and other poetry, items such as

candles and actions such as gardening or building or painting. My hope is that you will continue to cultivate what is inside of you that has been wanting to surface. Don't wait! Don't give up! As Jonathan Swift said: " May you *live* all the days of your life." Living *IS* a prayer. The forgotten goal is often the **JOURNEY**. If you have not yet (or ever) read the entire Book of Acts, I encourage you to do so. It has amazing stories a-plenty of what happens when the Spirit leads.

What would happen if we let the Holy Spirit lead in our lives? In the Church? In the world today? What are the places in our world that need Gospel witness and how can the Holy Spirit lead us there individually and together?

Caroline+



continued on next page

The Parson's Place continued...

Taizé services, Tuesdays: June 1, June 15, June 29 at 6:00 PM

A service of song, prayer, light, and silence that lasts about 30 min. Songs are short and repetitive. Silences can be uncomfortable at first, but over time, most treasure this peaceful solace.

EP & Firepit – Monday, June 7 at 6:30 PM

Meet at the Rectory backyard for Evening Prayer, a firepit, and conversation. Mtr. Caroline will have water and tea, but you may bring your dinner if you wish.

Mass on the Beach, Friday, June 18 at 6:00 PM

Meet at the top of the Marine Street dune with your beach chair. The Mass at the Beach will be followed by conversation on the sand. BYO beverage and/or dinner.

Hymns in the Garden – Monday, June 28 at 4:50 PM

Arrive at 4:50 so you can hear the 5 PM carillon. Bring your own chair and beverage. If you'd like a church chair, please let Mtr. C+ know BEFORE arrival. Sanitized Hymnals will be available at garden entry. You can sing and/or just listen.

Dishing With The Deacon



Serving the Lord is the greatest privilege we have in life and it doesn't have to be as clergy. Remember what we read in I Peter 2:9-10 two Sundays ago?

But you are a chosen race, a royal priesthood, a holy nation, God's own people, in order that you may proclaim the mighty acts of him who called you out of darkness into his marvelous light.

Once you were not a people,
but now you are God's people;
once you had not received mercy,
but now you have received mercy."

These words are so important for us to really understand, believe, and take to heart. Because we are a Royal Priesthood, we have responsibilities which have been given us by God. Among them are the tasks which keep our sanctuary, church grounds, and memorial gardens in good shape. Simple tasks which witness to our appreciation of God's beauty in creation and our stewardship of it. Yes, royal priests can get their hands dirty! Many of you have participated in this ministry to the pleasure of those of us who can't because of physical limitations. We are called a holy nation and cooks are important members of the holy nation. They add to the pleasure of keeping company with one's friends and family. We welcome strangers with food and invite them into table fellowship. We have a special status of being God's own people and we can bring others into this special status by telling them of the glorious honor of being one of God's own people, that haven of rest which protects us all our lives and sees us through to that time when we rest in God's arms.

Oh, and let's not forget the choir, Sunday School, flowers, ushering, lectionary readers, and chalice bearers.....AMEN

Love you, Deacon Judy

From Our Minister of Music

Choir and Congregational Singing are Back!

As of mid-May we were happy to have both our choir return, and also congregational singing! We have missed both at Holy Innocents' and that was obvious with the wonderful singing we had the first Sunday we could ALL SING!



You may not know that although our choir could not sing together regularly for over a year, we continued to meet regularly while strictly enforcing Diocesan Guidelines by checking in – sometimes online and sometimes in-person; and managing small events like our live hymn-sings, and live-stream concerts and services. This allowed us to keep going, and MUCH thanks goes to Mtr. Caroline, Lisa Halpin, our Wardens and Vestry, our Choir Members, and other Parish Family and Friends who joined us online. We can still feel the love! Thank you!

The choir will sing Sunday mornings through July 4th, and then take their usual summer break.

Ellen Dondero, Minister of Music ejdondero@comcast.net

Live Stream Event!



June 6, 2021 at 4:30PM Capital Singers of Trenton in Concert (CST)

Vinroy D. Brown, Jr. Artistic Director and Conductor

Ellen J. Dondero, Associate Conductor

Spenser R. Gallo, Principal Accompanist

Please join us on our YouTube channel for a short performance (30-40 minutes) of inspirational choral music, including Randall Thompson's "Alleluia" by a small ensemble from CST.

The link will be posted on our Facebook page. And stay alert, because if you recall, our last live performance didn't stream as planned. Thankfully Facebook allows us to post minute to minute updates, so always be checking there if something doesn't seem right! There is no fee to watch, but donations will be accepted.

[You can donate online here](#) or go to www.hiecbh.com and click on GIVE

Strawberry Shortcake Cheesecake

INGREDIENTS

Vanilla cake mix, plus ingredients called for on box
2 (8-oz.) blocks cream cheese, softened to room temperature
3/4 c. powdered sugar
2 c. cold heavy cream
3 c. strawberries, 2 c sliced and the rest left whole

DIRECTIONS

Grease an 8" spring form pan with cooking spray.

In a large bowl, mix all ingredients for vanilla cake. Pour 1/2 cup in pan, or enough to coat the bottom of your pan. (Save the rest of the batter for a separate cake or cupcakes!)

Bake until golden and a toothpick comes out dry.

In a large bowl using an electric mixer, beat cream cheese until light and fluffy, 2 minutes. Add sugar to combine, then gradually add cream and beat on high speed until stiff peaks form.

Press the slices of strawberry along the edge of the spring form pan, so that the bottoms of the strawberries touch the cake. Place your whole strawberries on the surface of the cake leaving about a 1/2" between each. Cover with the cheesecake mixture and refrigerate for 5 to 6 hours.

Garnish with more chopped strawberries. Serve.



Parish Prayer List June

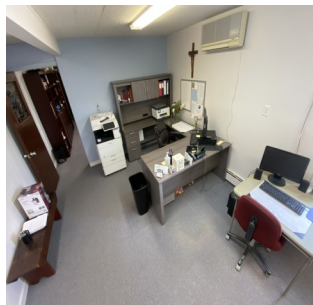
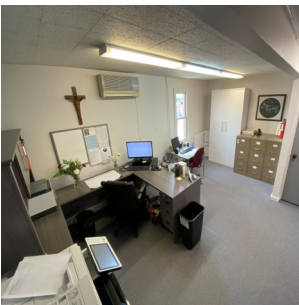
If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator

Jean & Keith Aclin	Connie Anderson	Beth C
Barry	Bob & Fran	Eddie Boll
Jackson Brackett	Marie Bregler	Joan Connolly
Judy Contreras	Mary Ann	Mary Ann Crewdson
Michael Reed Davis	Dennis	Carol Dobbins
Meg Dougher	Dreby Family	Doré Family
Ella	Faye	Carol Frake
Frank	Jack Halloran	Ken Hannah
Fran Harris	Shirley Harris	Shirley Hickey
Hillary	Joyce Hillyer	Janet
Janine	Jeannine	Joan, Susan & Bob
Claire Johns	Jules	Karen G.
Karen & DJ	Robin Koch	Alan Lee
Diane Lee	Lauren & Ed	Lindsey
Lorraine & Drew	Cecily Lovas	Kurt Martin
Mary Ann	Mary Jane	Matthew
Melinda	Rob Meyer	Scott Mitchell
Virginia Nicholas	Maryanne O.	Sharon Osborn
TJ Patton	Paula & Abbie	Jessica Pervall
Lucien Picard	Gene Pharo	Carol Ann Renzland
Kathy Rice	Lara Sparks	Bill Todd
Roberta	Ronnie & Harry	Robert Thomas
Colin Walker	Wall Family	Barbara Wheeler
Ann White	Whiting Family	Rebecca Whitley
Family of Virginia Banks		

Those serving in the military and other dangerous professions:

Andrew Wall, Brandon White, Joseph Alexander, Zachary Arlin, Paul Bailey, Justin A. Dumhart, Danny Melega

Church Office Renovation & UTO Update



The church office renovations are almost complete!
We are waiting on a new desk for the volunteer area to arrive.
A HUGE thank you goes out to Pat & Larry Peacock,
Jeanne & Rich Cashel and Ellen Dondero
for all their guidance and work to complete the new look!
Please come visit us so you can see it in person!



As you know, the United Thank Offering (UTO) gives grants to domestic and foreign lands. This year Saint Paul's in Camden, New Jersey received an \$11,000 grant to partner with Rutgers Nursing to establish a Medical Clinic connection.

This was exciting news to me, as my grandmother attended this church and my father served Sunday morning breakfasts there. I have the sterling silver cross given to my grandmother (see photo) for perfect attendance in Sunday School, Christmas 1897. This year Holy Innocents' donated \$543.97 using their "blue boxes" during Lent. Mtr. Caroline+ and I thank you for your generosity in contributing to the UTO. It does make a difference at home and away!

Ruth McLaughlin, Parish UTO Coordinator

June Birthdays

Jeannette B. Bond	01	William E. Martin	15
Chloe Ann Dondero	01	Jerry South	19
Ann White	03	Emma Southwick	23
Brian Charles Peacock	07	Jessica Lyle	24
Jay Cranmer	08	Olivia Ming-Tang Meyer	25
Joseph Mrazek, Jr.	09	Ginny Nicholas	30
Susan Hughes	13		
Angela Harrison	15		

June Anniversaries

Brian Hala & Angela Partridge	2	John & Ellen Dondero	21
Michael & Kay DeCicco	3	Frank & Sarah Payne	23
Carmen & Lisa Mack	4	Carl & Carroll Sheppard	27
Roy & Joanne Bray	4	Richard & Meg Neff	28
Barry & Cynthia Longenbach 28			

WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of **June**.

JUNE ALTAR DONATIONS

6th -
13th - Susan Hughes
20th -
27th -

JUNE FLOWER GUILD

6th - Carol Hammond
13th - Sherry Johnson
20th - Kim Sparks
27th - Joyce Hillyer

JUNE ALTAR GUILD

6th - Jackie Sparks & Melissa Wall
13th - Jackie Sparks & Melissa Wall
20th - Jackie Sparks & Melissa Wall
27th - Jackie Sparks & Melissa Wall

JUNE USHERS & GREETERS

6th - Dave White, Kay DeCicco & Mike DeCicco
13th - Rob Meyer, Bill Kehr, Bob Weidmann
20th - Dave White, Bill Cowper, Judy Hamilton
27th - Leila Sullivan, Rich Cashel, Bob Weidmann



If you are interested in reading a children's book for Kid's Korner, please contact Leila Sullivan at lygs27@gmail.com

If you are able to volunteer as an usher at anytime during the upcoming months please contact Rob Meyer at 609 618-3914 or rmeyer1394@aol.com



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NOT ACCEPTABLE

- BAGGED OR BUNDLED MATERIAL
- PLASTIC BAGS
- SHREDDED PAPER
- Dairy tubs such as margarine, yogurt, sour cream.
- Plastic flower or shrubbery pots, plastic laundry baskets, plastic garbage cans or buckets.
- Garden hoses, plastic lawn furniture, plastic toys, plastic totes.
- PVC pipe/tubing, plastic, metal drums or 5-gallon water bottles.
- Motor oil bottles
- Plastic food storage containers or lids, plastic fast food containers, plastic cafeteria or microwave trays.
- Styrofoam of any type.
- BOTTLE CAPS AND JAR LIDS (PLASTIC OR METAL), plastic 6-pack holders, plastic cups, and plastic bags.
- Frozen food-ice cream or frozen juice containers.
- Waxed paper or waxed cardboard containers.
- Shelf-table cartons or refrigerated cartons (Milk, juice, egg substitute)
- File folders, stickers or address label sheet waste.
- Gray or chip board such as tissue, cereal, pasta, beverage carriers, gift boxes, pizza boxes, paper plates, paper to-go containers, paper towel or toilet tissue rolls.
- Soiled Cardboard Pizza boxes
- Aluminum foil or plastic wrap, shrink wrap and stretch film.
- Aluminum throw-away pans, plastic or metal deli trays.
- Dinnerware or glassware, window glass, mirrors, ceramic containers, ceramic knick knacks, Pyrex dish or cookware, Light Bulbs
- Pots and pans
- Scrap Metal
- Telephone books (recycle separately)
- Aerosol cans for paint, lubricants, motor oil or other hazardous materials

NO PLASTICS OTHER THAN THOSE LISTED UNDER ACCEPTABLE

ACCEPTABLE



Plastic Bottles – Where the neck is smaller than the base of the container like beverage, shampoo/conditioner, laundry/dish detergent, milk jugs, condiments-ketchup & salad dressing



Cans – Aluminum cans, steel, tin and empty aerosol cans



Glass bottles, jars, containers (all shapes, sizes and colors)

Empty and rinse all bottles & containers

REMOVE ALL CAPS, LIDS AND PUMPS AND THROW IN TRASH



Corrugated cardboard boxes

Clean cardboard Pizza boxes

Please flatten all cardboard boxes



Mixed Paper – Magazines, catalogs, paperback books, hardcover books with cover removed, junk mail (including envelopes), office paper, computer paper, school papers, newspapers plus inserts, brown paper bags, construction paper, wrapping paper, greeting cards.

NO SHREDDED PAPER

DO NOT TIE OR BUNDLE PAPER

DO NOT BAG MATERIAL

NO PLASTIC BAGS



Ocean County Department of Solid Waste Management

HYPERLINK "<http://www.co.ocean.nj.us/recycle>"

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1-800-55-RECYCLE



Prepared and Printed by the Ocean County Planning & Design/Architectural Department





In the Spotlight

Parishioner Spotlight is a regular feature in The Post. The purpose is to provide insights into the background and personalities of our fabulous parishioners! We hope you enjoy getting to know the people of Holy Innocents'!

Born in Philly, raised in Burlington, NJ. (St. Mary's Episcopal Church), with summers in Ship Bottom. I learned to "swim" in any angry surf after a Nor'easter — explains why I never progressed out of the "Yellow Cap" Beginners at choir camp in the Poconos in the freezing Delaware! My mom finally allowed me to live and work at the shore in 1962 after my senior year in high school. I worked in Kapler's (it had a soda fountain then!) and the Style Shop (next to the Colonial Movie Theater and now How to Live, Bayside) I lived at the Green Gables, now the fancy restaurant, but THEN, an all girls guesthouse, complete with a "lights out at 11 p.m." policy which we violated repeatedly! I remember sneaking down the rusty, crumbling fire escape to procure the freshly baked doughnuts at the adjacent bakery at 3 a.m. I met John that year, he was a lifeguard and linen boy at the Sea Shell. We married five years later. He would later come to own the business and we worked it until his death in 2008.


I graduated from Cedar Crest College in Pennsylvania with a B.A. degree in English and Elementary Education. I taught school in Pennsylvania, returning to Beach Haven on Fridays to work at "The Shell". We had two children, raised here and in Doylestown, PA. My husband didn't meet his son, John for six months, as he was serving in the Vietnam War. We also had a daughter, Kara, and the two have blessed me with five grandchildren.

The ocean is my favorite thing in Beach Haven. It is in my veins. I also love the people, the restaurants, and the winters BEFORE Covid!. Holy Innocents' people, ministerial staff, and her diverse activities and outreach programs score high on my list. I am in heaven with a lobster dinner and a glass or two of Pinot Grigio and though I don't presently indulge, on my deathbed, I would welcome a large bag of Cheetos, not the fat ones but the ones that turn your hands, clothing and furniture orange!

Each season holds its own special magic for me and I could never live where there aren't all four. Blue is my favorite color and I LOVE all kinds of music! I'm a Broadway musical junkie (Les Mis #1) and my radio is often blaring 60's oldies, the Beach Boys or Jimmy Buffett, whose concerts I still attend. I cry during parades with bands, patriotic songs, "Hallelujah", "Bring Him Home" and lots of hymns. Fr. Martin baptized my son in the old Holy Innocents' Church and years later, Fr. Frank baptized two of my grandsons with what he called "The Holiest of Water" - the Anheuser Busch cans of water which were sent to sustain everyone here after hurricane Sandy! My favorite scripture is John 3:16 "For God so love the world...". In January 2018, I was fortunate enough to take the trip of a lifetime. National Geographic's small ship Lindblad Expedition to Antarctica. Be it encased in an ice flow or atop a glacier, my friend and I would spontaneously break into "How Great Thou Art". A magical, spiritual life changing trip.

June Parishioner Spotlight ~ Susan Hughes

JUNE 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 6pm Taizé Service (Church & FB)	2 7pm-8pm Choir	3 2pm Bible Study (hybrid) 9pm Compline	4 <i>Parish Office Closed</i> 7pm Kids Korner (online)	5 <i>Dio NJECW/UTO Ingathering (YouTube)</i> 7pm Praying the Psalms
6 Proper 5 7:30am Rite I 9:30am Rite II 4:30pm Concert 9:00pm Compline	7 9am MP <i>6:30pm EP & Firepit at Rectory with Mtr. C.</i>	8 6pm Sung EP	9	10 2pm Bible Study (hybrid) 7pm Vestry (hybrid) 9pm Compline	11 <i>Parish Office Closed</i> 7pm Kids Korner (online)	12 7pm Praying the Psalms
13 Proper 6 7:30am Rite I 9:30am Rite II 9:00pm Compline	14 9am MP	15 6pm Taizé Service (Church & FB)	16	17 2pm Bible Study (hybrid) 9pm Compline	18 <i>Parish Office Closed</i> 6pm Mass on the Beach 7pm Kids Korner (online)	19 7pm Praying the Psalms
20 Proper 7 7:30am Rite I 9:30am Rite II Father's Day Summer Begins! 9:00pm Compline	21 9am MP	22 6pm Sung EP	23	24 <i>*No bible Study today</i> 9pm Compline	25 <i>Parish Office Closed</i> 7pm Kids Korner (online)	26 7pm Praying the Psalms
27 Proper 8 7:30am Rite I 9:30am Rite II 9:00pm Compline	28 9am MP 4:50pm Hymns in the Garden	29 6pm Taizé Service (Church & FB)	30			

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so very generously purchased ads for this Parish Post year!

Enos/Kleber Family ~ The Hillman Family

Larry & Pat Peacock ~ The Hughes Family

Jay Cranmer ~ Bill Martin ~ Murphy's Family of Stores

These ads greatly help defray our publishing costs and support
our ministries and church operations!



Holy Innocents' Episcopal Church
Pearl and Marine Streets
Beach Haven, New Jersey 08008

Sunday Morning ~ 7:30 a.m.
Rite I Worship Service (through Labor Day)
Sunday Morning ~ 9:30 a.m.
Rite II Worship Service with music
609-492-7571