

**Holy Innocents’
Episcopal Church
Pearl & Marine Streets
Beach Haven, NJ 08008**



**A community of faith, sharing the love of the Holy Spirit,
seeking and serving Christ in his creation.**

**Church Email
hichurch08008@gmail.com
Website: www.hiecbh.com
Office: 609 492 7571
Parish Office Hours
Monday thru Thursday
9:00am - 2:00pm**

The Parson’s Place

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Grace and blessings to you as we enter the month of June (!!!) I give thanks to God each day for the people of Holy Innocents’, and for the blessing you are to me, to each another, and our surrounding community. I hope you will take good note of all the things we have going on this month and find something you’ve either never tried or something you’re curious about and give it a try! The Summer Circles are back and plentiful, we have a Prayer Vigil tonight (June 1st at 7 PM), a Capital Singers concert this coming Sunday (June 5th at 4 PM), and SO MUCH more! I also hope you will be able to visit with or host or enjoy friends and family during this high season on the island! Carve out some time for the care of your soul too. Come on by and see me at the church, come into the lovely sanctuary and sit in simple prayer, walk in our gorgeous Memorial Garden, join us on the Solstice walk, Evening Prayer around a firepit, or a casual Mass on the Beach, and know that you are loved!

DID YOU KNOW?!

Our 140th Anniversary is coming up on July 9th! I am going to be seeking ideas for a celebratory fellowship event so if you have any ideas of how we can honor the day and/or do something fun together on July 9 or 10, please be in touch with me!

I hope you will enjoy this Summer Poem by Mary Oliver

*Who made the world?
Who made the swan, and the black bear?
Who made the grasshopper?
This grasshopper, I mean -
the one who has flung herself out of the grass,
the one who is eating sugar out of my hand,
who is moving her jaws back and forth instead of up and down -
who is gazing around with her enormous and complicated eyes.
Now she lifts her pale forearms and thoroughly washes her face.
Now she snaps her wings open, and floats away.
I don't know exactly what a prayer is.
I do know how to pay attention, how to fall down into the grass, how to kneel down in the grass,
how to be idle and blessed, how to stroll through the fields,
which is what I have been doing all day.
Tell me, what else should I have done?
Doesn't everything die at last, and too soon?
Tell me, what is it you plan to do with your one wild and precious life?*

~ Mary Oliver

Caroline +



Community Volunteer Opportunities



LBI GIVES TOGETHER

“100,000 Meals to FulFill for the Ocean County Food Banks”

Thursday, August 4, 2022

An all-day, hands-on event hosted at SBYC

On Thursday, August 4th, Spray Beach Yacht Club will host the LBI community for a one-day meal prep event with the goal of 100,000 meals. We are calling the event “LBI Gives Together” and hosting the event in honor of our centennial year. Working in assembly lines we will prepare (measure, weigh and bag) ready-to-eat meals for those in need. Today, food insecurity is a growing concern and right here in Ocean County, families are experiencing a 22% greater need than before the pandemic. SBYC hopes to address this issue with this community event and we welcome you to join us.

Right now we are in the fundraising stage of this project. In order to assemble 100,000 meals, we need to raise \$30,000 in donations by July 1st. We hope you will help us spread the word of our fundraising and volunteering efforts. Please share the QR code so that others can donate to the event!



We are partnering with and have set up a website with *The Outreach Program* to handle all the donations. Donations of any size can be made directly on the site anonymously or with the donor’s name, and/or anyone can note their business or charity in the comment section. Put your phone camera on this QR code and the donation page with the information will open up.

The Outreach Program will provide the equipment and supplies, as well as, deliver the meals directly to *FulFill*, formerly known as the Food Bank of Monmouth and Ocean counties. The Outreach Program began in 2004 and is a recipient of the 5,000 Points of Light Award. It has a four-star rating with Charity Navigator and GuideStar. It also has an exceptional rating for accountability and transparency. The Outreach Program is Spray Beach Yacht Club’s partner and the source for all our needs to reach our goal of feeding 100,000 people.

The best part is that this goal can be met on one very busy and exciting day, Thursday, August 4, 2022 at SBYC. The entire assembly process and selection of food is FDA approved. The food supplies 21 essential vitamins and minerals and 10% daily protein. The best part is that there is no cooking!

At a later date, we will be sharing a link to sign up as volunteers for *LBI Gives Together*. We hope you will help us spread the word again at that time.

For more information about the event, please reach out to Carol Kirschenmann at 609-709-5291 or carolkirsch@aol.com or Maggie Culley at 908-507-4606 or mgculley@yahoo.com.

From Our Minister of Music

**Capital Singers of Trenton in Concert at Holy Innocents!
All are welcome ~ Free will offering
Sunday, June 5, 2022, at 4 p.m.**

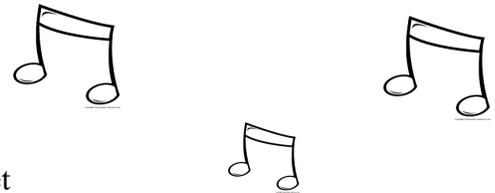
Please join us for Capital Singers of Trenton's Annual Concert Celebrating CST's 15th year!
Under the direction of Ellen J. Dondero, Associate Conductor
Spenser Gallo, Accompanist

The program will include: "The Last Words of David" by Randall Thompson; "God is Seen" and "Hark, I Hear the Harps Eternal" by Alice Parker/Robert Shaw; "One World" by Mark Hayes; and "Ubi Caritas" by Ola Gjeilo."

Selections by the newly formed CST's Women's Ensemble will also be featured. They include: "Light" by Marie-Claire Saindon; "Hear In My Heart" by Sarah Quartel; and "Alleluia, Alleluia" by Amy F. Bernon.

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Phone: 609-492-7571

Contact: Ellen Dondero, Minister of Music ~ ejdondero@comcast.net



HI Happenings!

RECTOR'S FORUM

RECTOR'S OPEN FORUM

Held at Coffee Hour on **JUNE 19th**. "Ask me anything!"
Got something on your mind? Have an idea? Suggestion, gripe, joy, or oddball question? Bring it!



UKRAINE SUPPORT

Please see Deacon Judy, Chuck Hall, Ruth McLaughlin, or Floss Boulden, committee members. They are selling pins to raise funds. We will host a summer Hymn Sing to raise funds. Volunteers will be needed to help with set-up, publicity, outside reception, baked goods, etc.



Exercise classes are resuming at Martin Hall!

Exercise classes with Eileen Jacobs will be starting on June 7th in Martin Hall. Classes will run on Tuesdays and Thursdays from 9:15 - 10:15 am.

Parish Prayer List June

If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator

Diane Balbi	Beth C.	Bonnie Benoit
Beverlee	Charles Bishop	David Bishop
Jeannette Bond	Jackson Brackett	Chris Burlaga
Carol	Rich Cashel	Joan Connolly
Judy Contreras	Vince Contreras	Lynn Cowper
Mary Ann Crewdson	Marie Elena D.	Dennis
Carol Dobbins	Meg Dougher	Dave Elfreth
Faye	Frank	Gary
Jan	Ryan Jastrzembski	Jeannine
Joan, Susan & Bob	Rick Johnson	Carol Jordan
Anne Joyce	Karen & DJ	Karen Grossman
Gordon H.	Judy Hamilton	Adam Houser
Kathy & Walter	Mary Keough	Chris Keegan
Kitty	Chester Krom	Dave Lamon
Cyndi Lamon	Alan Lee	Diane Lee
Beth Lippincott	Lovas Family	Lucas
Walt Luwenduski	Virginia Nicholas	Sharon Osborn
Brian O'Sullivan	TJ Patton	Lucien Picard
Oliver Jack Powell	Prindible Family	Pat Pritchard
Marie R.	Cora Raggiucci	Debbie & Joe Reising
Kathy Rice	Ron	Rosalind
Rich Rosenbaum	Schmidt Family	Shirley
Simone	Lara Sparks Deitz	Bill Todd
Robert Thomas	Colin Walker	Bill Ulmer
Ann White	Fred T.	Ellis Barbieri
Mike DeCicco	Cynthia Clarke	Julie
Joan K.	Pat Meyer	Barry Longenbach

Those serving in the military and other dangerous professions:

Paul Bailey, Justin A. Dumhart, Danny Melega, Andrew Wall, Brandan White

Our Sunday Coffee Hours

Please refer to the June Calendar on the bulletin board outside Martin Hall.

A July-September Calendar to signup is posted, as well.

The protocol is as follows:

First Sunday- A few parishioners to provide treats

Second Sunday- Vestry Birthday Cake

All remaining Sundays – Coffee & one snack tray (*except for special Sundays like Easter*)

We offer tutorials on EVERYTHING you need to know: Making coffee, navigating the kitchen, setting up/cleaning up, food choices. Please consider volunteering for this ministry of sharing and fellowship. Instructions for making coffee are available by contacting Bill at bkehrfl@comcast.net or 814-598-0116.

Thank you!

Ellen & Bill Kehr



Environmental Education and Advocacy Committee



Environmental Education and Advocacy Committee

Thank you to our friends at Woods Hole Oceanographic Institute
for the following article

The ocean plays a central—yet underappreciated—role in global climate and regional weather patterns, including droughts, rainstorms, and hurricanes.

Through its food webs and chemical reactions, the ocean helps to regulate Earth's climate by taking up carbon dioxide from the atmosphere and moving a fraction of that carbon through the ocean twilight zone to the deep ocean, where it can remain sequestered out of the atmosphere for hundreds or even thousands of years. The ocean also absorbs heat: ocean waters have absorbed most of human-caused global warming.

The ocean also plays an important role in regional weather patterns. The saltiness of surface water in one part of the ocean has been linked to rainfall patterns on land thousands of miles away. Surface water temperature can help predict the intensity of storms—something scientists have learned by launching temperature probes from military aircraft into the path of a hurricanes.

In turn, a warming global climate is affecting the ocean in significant ways, through shifts in major currents, sea level rise, and changes in water temperature, pH, salinity, and productivity. Climate change is visible in Greenland's receding ice sheet and declines in Antarctic wildlife, but also in the "super corals" that have found the means to survive in a warming ocean. The ocean preserves records of past changes in climate and weather—in its sediments, in coral skeletons, and even in whaling log books—just as present-day commercial fishers bear witness to ocean warming and its impacts on fisheries.

Using sophisticated computer models, satellite remote sensing, and long-term datasets, scientists can analyze interactions between the ocean and the atmosphere to better understand climate and weather patterns on a variety of timescales. Climate change is the environmental crisis of our time, and understanding the ocean's role in climate is essential to mitigating its impacts—for our ocean, our planet, and our future.



Mtr. Caroline recently visited Quito, Ecuador on behalf of our Diocese of NJ and as Chair of our Companion Diocese Committee. For over ten years, our diocese has been partners in prayer, spirit, fellowship, and ministries with the diocese of Ecuador Central and Ecuador Litoral. Yet, we only have one church-to-church relationship within the diocese. Mtr. Caroline, as chair of this committee would like to offer more partnerships to churches in our diocese. One mission she visited is *Iglesia El Salvador* (The Church of Our Savior) in Ambato, Ecuador. They would like to partner with us. WHAT DO YOU THINK?

Please contact Mtr. Caroline+ and/or ask her some questions at the upcoming Rector's Forum. This partnership is NOT about simply giving money to another church. Yes, it might mean that we do something for them once a year monetarily, like take up an offering, but it is based in prayer, communications, learning from each other, possible visits between churches, and can take many MANY varied forms!

Kitchen Renovation!!



Well, I was hoping to be able to share kitchen plans with you all, but not just yet...

I think it's okay to share some of our thoughts with you though. We are looking to remove all the cabinetry on the southeast wall where the dishwashers and sink now exist and end up with an L-shaped kitchen. Where the cabinetry will be removed an island with seating and storage is to be constructed.

On the southwest wall where the pass-through into Martin Hall exists, the plan is to remove the upper cabinets and open the pass-through to 8' wide and not sure of the height but that area will now become our "Coffee Bar" area with everything for Coffee Hour stored in the cabinetry there. The counter top will extend out into Martin Hall 8-10". The cubbies can go away!

Our sink and dishwashers will be along the wall with the ranges and a second deep sink will be placed under the window where there is now a seldom used 3rd dishwasher (gone!).

Our clean-up/out of the Hope & ECW closets is just about complete with a few minor items to be addressed. Both rooms have a fresh coat of paint! Martin Hall is back to normal!!

The ECW Closet now has our folding chairs stored inside and we're hopeful very shortly we will also have our tables stored there! This makes for easier set-up/break-down of seating in the Hall.

We did get involved in some clean-up of the back hallway behind the kitchen too! A refrigerator was moved to the curb along with a dilapidated cabinet and shelving unit. Shelving from the ECW Closet and brand new shelving were installed to make room for storage of infrequently used kitchen items.

We have not yet committed to a planner. Both planners have designs for the L-shape. I have met with some of the women who frequent our kitchen to discuss plans and got their much needed in-put. A meeting is scheduled with the ECW to get a consensus on some items.

My hope for the new kitchen to be in place by year's end seems to be fading...not gone, but fading a bit due to manufacturing and shipping delays.

Still excited!

Jeanne Cashel, Committee Head ~ 609-276-7710 or jcashel@comcast.net

THANK YOU to Rich Cashel and the TEAM of church grounds cleaner-uppers for our Spring clean-up! Don't forget we have a clothing bin now (**thanks Rob Meyer and the EEAC (Environmental Education & Advocacy Committee)**) so if you're doing any Spring Cleaning, feel free to bring by as many as you like of small to medium bags of clothing and shoes to drop off!

MORE TRAVEL OPPORTUNITIES

Deacon Judy and Mtr. Caroline+ will be cooking up some opportunities for a Holy Innocents' Congregation (and friends) pilgrimage. We know you've been to Jerusalem before, but we'd like to offer this as one of our options. We are also considering programs to Iona, Scotland, and a "Steps of Paul" journey to Istanbul, Ephesus, & Cappadocia. We are looking at 2023 for this and would love to hear your positive thoughts and gauge any interest in whichever location. Please send an email to Mtr. Caroline+ or to Deacon Judy and let us know if you might be interested and to where!

June Birthdays

Jeannette B. Bond	01	William E. Martin	15
Chloe Ann Dondero	01	Arthur Curtin	18
Ann White	03	Jerry South	19
Brian Charles Peacock	07	Alexa Fahner	22
Jay Cranmer	08	Emma Southwick	23
Cindy Wanek	09	Patrick Kelly	24
Marilyn Ackley	12	Olivia Ming-Tang Meyer	25
Susan Hughes	13	Mike Fahner	26



June Anniversaries

Brian Hala & Angela Partridge	2	John & Ellen Dondero	21
Michael & Kay DeCicco	3	Carl & Carroll Sheppard	27
Carmen & Lisa Mack	4	Richard & Meg Neff	28
Roy & Joanne Bray	13	Barry & Cynthia Longenbach	28
Mike & Alexa Fahner	15		

WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of **June**.

JUNE ALTAR DONATIONS

5th -
 12th -
 19th -
 26th - Schult Family

JUNE FLOWER GUILD

5th - Kim Sparks
 12th - Sherry Johnson
 19th - Joyce Hillyer
 26th - Carol Hammond

JUNE ALTAR GUILD

5th - Jackie Sparks, Jeanne Cashel
 12th - Diane C., Jeanne Cashel
 19th - Ellen Dondero, Melissa Wall
 26th - Carol Hammond, Jackie Sparks

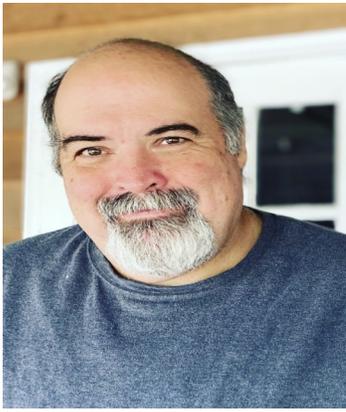
JUNE USHERS & GREETERS

5th - Kay DeCicco, Gail Jacobsen
 12th - Bill Cowper, Bob Weidmann
 19th - Melissa Wall, Sue Hughes
 26th - Mike Fahner, Bill Kehr



If you are interested in reading a children's book for Kid's Korner, please contact Leila Sullivan at lygs27@gmail.com

If you are able to volunteer as an usher at anytime during the upcoming months please contact Rob Meyer at 609 618-3914 or rmeyer1394@aol.com



In the Spotlight

Parishioner Spotlight is a regular feature in The Post. The purpose is to provide insights into the background and personalities of our fabulous parishioners! We hope you enjoy getting to know the people of Holy Innocents'!

June Parishioner Spotlight ~ Richard Vaughan

Tell us about yourself – where you grew up, what you're interested in, your education or your family

I was born and raised in Claymont, Delaware, a working class town at the very edge of Pennsylvania which I like to describe as “the Gateway to Marcus Hook.” If you know Marcus Hook, you’ll get the joke. I went to Wilmington Christian School. After that, I had a bicoastal education, attending the University of Delaware for my BA and then graduate school at UCLA. I studied Medieval History, specifically Medieval paleography, subjects about which I still am passionate. With that kind of practical, marketable education, grounded in Latin and research into obscure 14th century reformist monastic establishments in the Low Countries, I naturally gravitated toward professional cooking. What started as a way for me to pay my bills while in college became a way to feed myself and my new bride, Karen Deitz Vaughan. It is a long and tedious story from there on, mostly about our learning about the restaurant industry, opening Great Bay Seafood Co., and eventually opening Bistro 14. The tedium of our lives gave way in the last 10 years to excitement after we adopted Gabriella, William, and Owen. Becoming new parents of three at 46 pretty much takes tedium off the table. Now we run from pillar to post and count ourselves immeasurably blessed by God to do so. Mostly. Well, often. Ok, occasionally.

Your favorite things about LBI and Beach Haven

Sunsets? Sunrises? The pounding of the ocean on the beach? The howl of a good Nor'easter? The sun sparkling on the waves? Finding a perfect shell, maybe the perfect shell? The cracking and grinding of the frozen bay? Sand between your toes? Sandy Gingras does this better. People say that LBI gets into your heart and always draws you back. Almost 90 years ago, Charles Nash called his history of the island, “The Lure of Long Beach.” Nash wouldn't recognize much of his island today, but underneath some unfortunate developments, behind many other dubious decisions, the lure remains. We are still a quiet, sleepy little island community that swells each summer into a raucous holiday mecca, only to dwindle again. It is a cycle, endlessly repeated, that always delights me. People ask how “you locals” live here in the Winter, and I always say, because we know that Summer is right around the corner. Then, in August, when I'm asking myself “how much more can I stand these maniacs,” a glance at the calendar comforts me; soon they will all migrate back to their homes and be replaced by Brant, Buffleheads, Bluebills, and Black Ducks.

Your favorite things about Holy Innocents'

Everyone says the congregation. And it is true. We have a loving and faithful congregation. Or, they praise the music. And it is true. We are a “nest of singing birds.” However, what I have found since I've joined, is that the congregation and the music, together, make our liturgy deeply meaningful and moving. It was something I had never found before Holy Innocents'. Our communal worship of God is a weekly act of beauty and devotion that draws the heart closer to the true nature of the Christian life. It's my favorite thing.

Favorite food and drink

I am tempted to say “foie gras and champagne,” but honestly my favorite food is any food that is prepared with care and offered with love. If that happens to be foie gras and champagne... all the better.

Favorite season

Autumn and Winter.

Continued on next page

Parishioner Spotlight Continued...

Favorite colors

Dark Green

Favorite kinds of music

I am very ecumenical when it comes to music. My iPod is a cacophony of classical, jazz, country, rock, lofi, alt-rock, punk, post punk, new wave, post-punk-alt-new wave, funk, R & B. Now that I have a teenager in the family, however, my true favorite music genre will be whatever will get Gabby to cringe the hardest, or beg for mercy the fastest.



How did you come to Holy Innocents'?

I followed my loving bride, via her family and Jackie and King Sparks.

Karen became an Episcopalian at the same time as our niece, Zoe Sparks. It was then that I got to know The Rev. Frank Crumbaugh. We began attending regularly when we moved down to LBI full time in 2000. After that Father Frank and I became friends, chased the ducks together, and enjoyed many good conversations. His wisdom and the beauty of the Episcopal liturgy convinced me to become an Episcopalian.

Favorite line of scripture

In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning. Through him all things were made; without him nothing was made that has been made. In him was life, and that life was the light of all mankind. The light shines in the darkness, and the darkness has not overcome it. (John 1:1-5)

What might people be surprised to learn about you?

I really can't whistle.

Anything else you'd like to share?

Publicly? No. I think not.



MARK YOUR CALENDARS FOR UPCOMING CIRCLES!

EVENING PRAYER AROUND THE FIREPIT~JUNE 7 @ 7PM Rectory

MASS ON THE BEACH ~ JUNE 11 @ 6PM
(BYO dinner for Rectory "Magic Porch")

HYMNS IN THE GARDEN ~ JUNE 13 @ 5PM

DINNER & SOLSTICE BEACH WALK ~ JUNE 21 @ 7 PM

MOVIE AT HOLY INNOCENTS' ~ JUNE 23 @ 6PM

SPEAKING OF TRAVEL... You may have noticed that I traveled to several places this Spring. This was to use some of my Sundays and surrounding days off in that slower time rather than the "high seasons" of Summer and Fall. I have four Sundays and surrounding days for personal time away/off and one additional Sunday for Continuing Education and a week to go with that. My first year, I did not take any Sundays off. The following year, I took two. The bishop gave clergy a Sunday and ten days to carry over from that difficult and huge swath of restricted time during COVID. I have not used that, but I can. I am not one to sit at home unless I just feel like it. Many who have connected with me via personal Facebook page (all my posts are public) can see that! Now that many restrictions have eased somewhat (for now), I have gotten some pent up travels done. Remember that you called a Global Missioner to be in your midst and it makes me happier than a June bug in July (that means super happy!) to be here and grow in ministry, love, and mission with you. In fact, at the end of this month, I will begin my fourth year with you. Time flies when you are having fun!

JUNE 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 7pm Prayer Vigil for those lost to gun violence and for God's Peace	2 10:30 am ECW Meeting 2pm Book Study @ Rectory 9pm Compline (FB)	3 <i>Parish Office Closed</i> 7pm Kids Korner (FB)	4 10am Committal (Thompson)
5 <i>The Day of Pentecost</i> 730am Rite I 930am Rite II Baptism Johnnie-Lynn Wells  12pm Funeral (Potts) CONCERT 4pm Capital Singers of Trenton	6 9am MP (FB)	7 9:15-10:15 Let's Get Fit!  7pm EP (Firepit @ Rectory)	8 World Ocean Day	9 9:15-10:15 Let's Get Fit! 2pm Book Study @ Rectory 7pm Vestry Mtg. 9pm Compline	10 <i>Parish Office Closed</i> 7pm Kids Korner (FB)	11  6pm Mass on the Beach (BYO dinner for the Magic Porch)
12 <i>The First Sunday after Pentecost</i> 730am Rite I 930am Rite II Coffee Hour Speaker LBI Speaks	13 9am MP (FB)  5pm Hymns in the Garden	14 9:15-10:15 Let's Get Fit! 6pm EP (FB)	15	16 9:15-10:15 Let's Get Fit! 2pm Book Study @ Rectory 9pm Compline (FB)	17 <i>Parish Office Closed</i> 7pm Kids Korner (FB)	18
19 <i>The Second Sunday after Pentecost</i> 730am Rite I 930am Rite II 7-8:30pm Zoom Event World Refugee Day	20 9am MP (FB) World Refugee Day	21 9:15-10:15 Let's Get Fit!  6pm EP (FB) 7pm Dinner & Solstice Walk	22	23 9:15-10:15 Let's Get Fit! 2pm Book Study @ Rectory  6pm Movie at HI 9pm Compline (FB)	24 <i>Parish Office Closed</i> 12:30pm Committal Service (Onorato) 7pm Kids Korner (FB)	25 10am Committal Service (Schult)
26 <i>The Third Sunday after Pentecost</i> 730am Rite I 930am Rite II Olivia  Mitkowski	27 9am MP (FB)	28 9:15-10:15 Let's Get Fit! 12-7pm Atlantic Clericus & Bishop hosted at Rectory	29	30 9:15-10:15 Let's Get Fit! 2pm Book Study @ Rectory 9pm Compline (FB)		



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Sunday Morning ~ 7:30 a.m.
Rite I Worship Service
(through Labor Day)
Sunday Morning ~ 9:30 a.m.
Rite II Worship Service with music
609-492-7571